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Trade in your old watch on a new one. Many people are carrying an old model watch or one that is unsatisfactory and unreliable.

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Either a thin model pocket watch or a new style ribbon

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Vanity isn't on the official list o virtues, yet unless a man has a good opinion of himself he will never amount to much.

If the average man was as good as he thinks other men ought to be it wouldn't be long until his vanity made him top heavy.

Probably more young men would be able to make their own living if they didn't have fathers to sup-

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Cups and Saucers .... . \$1.20 dozen Dinner Plates ......\$1.50 dozen Soup or Cereal Plates . . . . \$1.50 dozen

DECORATED CHINA-

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'Phone orders filled C.O.D., but no exchanges.

73 Princess St.

For Men, Women and Children

GIRL GUIDE AND BOY SCOUT -RUBBERS-

Be prepared for sloppy, wet Spring weather

ALLAN. M. REID SHOE STORE

## REMARKABLE RESULTS OBTAINED IN SCHOOLS

Through the Proper Teaching of Music to the Pupils-What One Finds.

There have been many arguments passed concerning whether or not the teaching of music in the public schools-scientific instruction by qualified musician—is worth time and expense put on it. may not jump at a conclusion hast ily. There may be different results obtained in one city from those obtained in another. The response from one gathering of pupils may be much better than from some other section. But from observation of music as taught in the schools of Kingston it would be a very difficult thing to arrive at any other conclusion than favorable.

A member of the staff of this paper had the pleasure of accompanying Harry Hill, musical instructor of the Kingston public schools, during one of his regular afternoons of instruction. It happened that Central school was down on the time table for that day. In Mr. Hill's estimation, though he is pleased with the progress made in that school just as much as in any other, Central is rated sout average and probably not quite so high as others where the classes of pupils are not so varied. Yet the response of the children there amazed the layman who observed the regular lessons in pro-

Little tots, scarcely more than five years old, striking given notes and tones from symbols and gestures made by the instructor, and going through a whole song in perfect unison after being given the key note but once-that was but one of the surprising things of the afternoon's observations. This was in the junfor first, commonly known as the "baby class" or the "kindergarten," though the latter term, by reason of its Teutonic derivation, has lost in favor in the past few years. Knowing the processes by which the result was brought about, a student of music would no doubt have been pleased, but he could scarcely be so surprised as one with only a rudimentary knowledge, who had never expected such a group of children to handle familiar letters of the alpha-

bet as well as they did musical notes. As the classes advanced, and older children were taking instruction, the astonishing features of the little impromptu tour of inspection became more and more pronpunced. It is one thing-no small thing at thatfor a class of thirty or forty pupils to recognize a musical note as it is written in the clef on the blackboard or signified by signs from the hands of their instructor. It is quite an other and more amazing thing to find the whole class striking that note with their voices in perfect accord. In the junior third, books of instruction first came into use, and shading of the voices commenced one side of the class taking an alto tone while the other sang a treble. It was not parrot work, as some might immediately say, for a minute later the sides would change parts and where alto was before one found gramme. treble and treble voices where but

alto before sounded. In the junior fourth, the highest grade in Central school, there is a particularly large class. Here the room was divided into three different sections. It is difficult for a layman to describe the technical term for what was done, but suffice to say that the three sections adhered to separate notes and shading in the same key and produced a harmonious volume of song that was a treat to hear-and the writer doubts if there is a church choir in Kingston that can go through that entire performance without error and without any previous coaching.

One significant fact about the whole tour-a very, very important one-was the attitude of the pupils toward their music lesson. In the

So-called stomach troubles, such as indigestion, gas, sourness, stomach-ache and inability to retain food are in probably nine cases out of ten, simply evidence that excessive secretion of acid is taking place in the stomach, causing the formation of gas

24 LIVES LOST WHEN

VESSEL SANK IN

The Survivors Found Gas distends the stomach and causes that full, oppressive, burning feeling sometimes known as heartburn, while the acid irritates and inflames the delicate lining of the stomach. The trouble lies entirely in the excess development or secretion of add. the food contents of the stomach and to neutralize the acid, and make it bland and harmless, a teaspoonful of Bisurated Magnesia, a good and effective corrector of acid stomach, should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or acidity is felt. This sweetens the stomach and neutralizes the acidity in a few moments and is a perfectly harmless and inexpensive remedy to use.

An antiacid, such as Bisurated Mag-An antiacid, such as Bisurated Mag-nesia which can be obtained from any druggist in either powder or tablet form enables the stomach to do its work properly without the aid of arti-ficial digestents. Magnesia comes in above purpose.

## Is Tongue Coated?

sign of stomach or bowel trouble. To From there it has been carried by might have proved a very serious overcome this and make the tongue clean and red try simple glycerine, throughout the world. buckthorn bark, etc., as mixed in Adierika. Most medicines act only on lower bowel, but Adlerika acts on BOTH upper and lower bowel and

very young pupils one expects to find | DR. CHASE DIARY enthusiasm. But when one goes to the higher classes, to older and more sophisticated pupils, and finds that on a certain part of the curriculum, and show the same interest with every session, then there is something unusual. True, it breaks the monotony of the day, but a great deal of the eagerness was evidently

a love of the music for its own sake By such a course of training the ideals of the children are elevated That is something which must happen. Music has one of the greatest refining influences that could be found and to those who learn it, be ever so little, it is a life-long joy and asset. Many fine voices also, which might otherwise be lost through lack of notice, natural reserve about singing, or improper development, are taken there at the beginning and given the proper

These results were found in only one school. In other institutions they are the same, the instructor informed the self-appointed inspector. In Victoria school there is a boys' choir which will shortly compete at the musical festival in Toronto and for which Mr. Hill has high hopes.

Just whether the teaching of music in the schools of Kingston is governed by the music itself and the love of it which the children have, or by the excellent instruction of Harry Hill-or by all those things put together-the writer is not prepared to say. It is, however, an amazing success and one of the most beneficial courses on the curriculum. Few, if any, persons could reach another conclusion after observation of the results obtained.

### RADIO BROADCASTING

The following is a list of the stations and their broadcasting programmes which may be heard locally on Friday:

326-KDKA-East Pittsburgh, Pa. 6.15 p.m.-Organ recital. 8 p.m.-Radio Boy Scout meeting.

360-KQV-Pittsburgh, Pa.

9 p.m.—Instrumental and vocal 476-WBAP-Fort Worth, Texas-

7.30 p.m.-Concert, 9.30 p.m.-Concert, 448-WJAZ-Chicago, Ill.

10 p.m .- Special programme, 492-KGW-Portland, Ore. 8 p.m .- Accordion solos.

8.15 p.m.—Dance programme.

9 p.m .- Educational lecture. 484-WOC-Davenport, Ia. 6.30 p.m .- Sandman's visit. 8 p.m.-Musical programme.

425 CKAC Montreal, Que, 4.30 p.m.-Orchestra dance music.

476-WFAA-Dallas, Texas. 8.30 p.m.-Varied programme.

880-WGY-Schenectady, N.Y. 6.30 p.m .- Children's programme, p.m. - Orchestra pro-

448-WMAQ-Chicago, III. 7.30 p.m.—Music memory contes 8.40—Orchestra music.

429-WSB-Atlanta, Ga. 8 p.m.—Quartette music. . . . . .

337-WBZ-Springfield, Mass. 7.30 p.m .- Bedtime story. 11 p.m.-Orchestra music.

536-KYW-Chicago, Ill. 6.50 p.m.-Children's bedtim 10 p.m .- Midnight revue.

492-WEEF-New York City .7.30 p.m .- Musical programme.

895-KHJ-Los Angeles, Cal. 8 p.m.-Orchestra music, 10 p.m.-Orchestra music.

800-WGI-Medford Hillside, Mass. 7.30 p.m.—Special programme.

Complete radio programmes sold t Canada Radio Stores.

VESSEL SANK IN GALI

Survivors Found After Being Tossed About All Night.

New York, March 13 .- Twentyfour or twenty-six members of the crews of thirty-five of the Ward Line freighter Santiago, including Captain Eldwin, are believed to have been lost when the vessel foundered sixty miles south of Cape Hatteras in Tuesday's storm, it was learned today through information received at the offices of the Ward Line here.

The survivors spent the night in a small lifeboat, tossed about in a high sea. They were only sighted after the gale which swept the Atlantic seaboard abated. It is feared several forms, so be certain to ask for lantic seaboard abated. It is feared and take only Bisurated Magnesia. that they are in a critical condition, which is especially prepared for the suffering from exposure to the cold suffering from exposure to the cold

Try Glycerine Mixture native of Brasil, whence it was in- were given a run. The pipes set fire place. Taylor K. Franklin and Wiltroduced into Europe shortly after to a beaverboard partition but was liam Purvis, of the Brockville Col-A badly coated tongue is a sure the discovery of South America. caught in the nick of time and what legiate, spent the week-end at their man to nearly all warm climates fire was nipped in the bud.

> ber of Baptists in Russia has increased from 100,000 to 2,000,000, according to the president of the Baptist World Congress.

Helps any case gas on the stomach in Water from boiled rice is excellent COUGH REMEDY TEN minutes. W. H. Sargent.

CONTEST WINNERS

they are eager to begin their work Every Province in Canada Was Represented in This Popular Competition.

> Among the winners this here appears the names of sevnew contestants, although some of the old experienced diarists show their ability to stand up against the strongest competition.

There is a copy of Dr. Chase's Almanac printed for every home in Canada (1,550,000) if you have not received a copy, it will be sent postpaid, on receipt of your address. Edmandon, Bates & Co., Ltd.

The winners for 1923 are 1st prize-\$50-Russell Ellerby

Burford, Ont. 2nd prize-\$37.50-Mrs. Walter Edwards, "Glenwood Farm," R. No. 4. Cookshire, Que.

\$37.50-Ivor C. Bice, Clandeboye, 3rd prize-\$25-Mrs. A. H. Gardiner, 11324-92nd St., Edmonton,

\$25-Miss Adelaide Attridge. Highgate, Ont. 4th prize-\$25-Miss Sarah Law-

rence, 295 Wharncliffe Rd, N., Lon-5th prize-\$15-Thomas Humphries, care Ayre & Sons, Ltd., St. Johns, Nfid,

6th prize-\$10-Mrs. Wallace Burwell, R.R. No. 7, Thamesville, 7th prize-Receipt Books, \$6.75

-Miss M. Gertrude Savage, Gilroy, 8th prize-Receipt book, \$6.75-

W. Davidson, South Durham, Que, 9th prize-Receipt book, \$6.75-Mrs. J. Smith, 2309-6th Ave. N.W., Calgary, Alta. 10th prize-Receipt book, \$6.75-Clifford Woodruw, Coldwater, Ont

11th prize-Receipt book, \$6.75-Mrs. W. R. Woodland, Box 71, Beamsville, Ont.

12th prize-Receipt book, \$6.75-Mrs. William Hirlehey, Bradford,

13th prize-Receipt book, \$6.75-James Arthur, North Rustico, P.E.I. 14th prize-Receipt book, \$5.90-Miss Doris Sandford, 1194 St. Mary's Road, St. Vital, Winnipeg,

15th prize-Receipt book, \$5.90-Mrs. John Ayres, 716-10th Ave. East, Vancouver, B.C.

16th prize-Receipt book. \$5.90-Mrs. F. W. Wolfe, (Lightkeeper) West Ironbound Island, N.S. 17th prize- Ceceipf book, \$5.90-Rev. Ernest S. Weeks, Bayfield, N

18th prize-Receipt book, \$5.90-Mrs. F. J. Campbell, 210, Humberside Ave., Toronto, Can, 19th prize-Receipt book, \$5.90-

Henry E. Negus, Kinley, Sask. 20th prize-Receipt book, \$5.90-Miss Harriet S. Turner, Albert, N.

## GANANOQUE

March 13 .- The funeral of Mrs. George Turner, sister of James Sophie, took place yesterday morning from the latter's residence to St. John's church, where a solemn high mass of requiem was chanted for the repose of her soyl by the Rev. J. Ryan. The pall bearers were P. Pelow, Joseph Lachapelle, Sr., Captain Kenney, John Nalon, Nelson

Amo and Thomas Nalon. The funeral of the late William Ford took place yesterday afternoon and was largely attended. Mr. Ford served overseas with the 21st Battalion, and a large number of the war veterans were present to pay their last respects. Services were held in the Anglican church at which the rector, Rev. Louis Barber, officiated. Following were the bearers: Edward Phillips, Alexander Hardy, W. Rea, Mr. Robertson,

Joseph O'Hearn and William Gerard. Word was received here today of the visit of the stork at the home of Mrs. Matthews (Hazel Lachapelle)

Oshawa, where he left two boys. Gordon Davis, Syracuse, N.Y., spent the past week-end with his family here.

town yesterday. has been here visiting her parents.

large number of her friends on Tues- roads are very bad now. Miss Minday evening at her home, Wilstead, | nie York, Marlbank, is spending The prizes for progressive euchre some time with Miss Amy Doidge. were won by: Ladies' first, Miss Alma Sinclair; gentlemen's first, Dr. Sunday, on Roblin Apartments. Mrs. Fraser; consolation, Miss DeWolfe K. Weese and son, Centreville, are and Hubert Rogers.

Prof. Jacobs is arranging a musi- Rickley visited her daughters at cal programme in connection with Arden. Julian's Day. This will include the best local talent, drawn largely from members of the several church choirs of the town. The exact date is not set, but it is understood will be on the nearest Sunday evening that can be conveniently arranged around the 23rd of April.

Fire On Stuart Street. Overheated stovepipes caused of fire at the home of C. M. Smith 179 taken possession of the Avery farm.

Between 1914 and 1923 the num- WHOOPING COUGH Hard on child-hard on parents. Control dreadful whooping and coughing, help to quiet sleep with

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Protect and insure your life by wearing good Rubbers.

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In the average home to-day the quest is for space with economy. When the day is over a slight pull transforms your "KROEHLER" into a real BED-roomy, comfortable and sagless.

Mattress, Pillows, Sheets and extra Covers all made up into a sleep inviting bed, unfold with astonishing ease. In the morning it is only a minute's work to close the Kroehler and it again stands a lovely piece of Furniture.

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400 ALBERT STREET PHONES 2267F-928W.

News of Selby. recently at Chambers'. A number now. is spending a few days with friends are on the sick list; we hope for speedy recovery. J. E. Hudgins Miss May Wilson entertained a unloaded a car of feed today. The G. Richmond took the services, on visiting her parents here. Mrs.

> Vaccination is the Rage. Junetown, March 10 .- The farmers are busy wood-cutting. Mr. and Mrs. Alvin Avery, also Mr. and Mrs. Arnold Avery, are settled in Mac. Trickey's house at Mallorytown. Mr. and Mrs. Clinton Avery and son are spending some time with her parents,

Mr. and Mrs. R. Mulvaugh. Mr. and Mrs. Fred. Graham have Stuart street, about 8 o'clock on Benjamin Ferguson has moved to The peanut is considered to be a Thursday morning and the firemen his new farm, the Samuel Burtch homes here. Mrs. B. L. Webster and Miss Taylor, Greenfield, visited re-

cently at W. H. Franklin's. Several around here are being vaccinated, especially the school pupils. Mrs. S. Percival, Lillies, spent last week with her sisters, Mrs. R. K. and A. B. Ferguson.

Miss Virlin Green is spending the week-end with Mrs E. J. Kahut,

| Caintown. Samuel Burtch has moy-Selby, March 11 .-- A number at- ed to his home in Rockfield. Duncan M. Macdonell, Kingston, was in tended the open meeting last Wed- | Warren and family will move shortly nesday night of the W.C.T.U. Mr. I to the cheese factory house, as the Mrs. M. B. Stack, Brockville, who and Mrs. D. Fitzpatrick spent a day factory will open in a few weeks



MONTREAL

8T.C.-18-24