Swagger cut rather than precision in following the

body-lines give to these

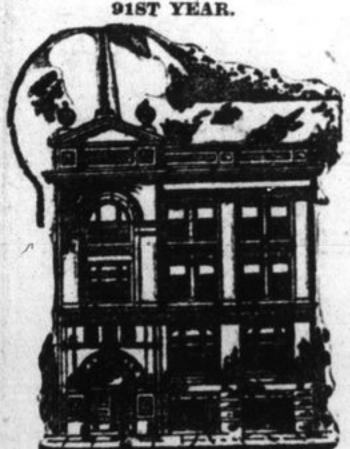
new type English Suits a

distinction to which the

well-dressed man is tak-

ing kindly.

THE BRITISH WHIG



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Time you get your overcoat paid for-spring suits are on the market.

get high enough to drink some day. Many a man who passes you with

Tris auto is behind with his payments.

holes. wanted, where on earth would we

put it?

About the only way to assure an early spring is to buy two more tons of coal.

If changing clothes wasn't necessary some people would forget where they live.

An intolerant man is one who abo minates your standards as you abo minate his.

Well-formed girls get before th public eye much more often than the well-informed girls.

Horse races are held early in th morning in Manila, so the bettors can cuss the rest of the day.

If his telephone voice is soft an respectful, you probably have the big boss on the line.

Nice thing about bobbed hair is you can claim one on your coat came out of your own head.

With 18 hours a day to worry some people spend it all worrying about how they look.

The wonder of the time is how to get another ten thousand miles out of last summer's suit.

There is hope for a people so long as it has enough respect for law to watch the traffic signals.

Nine times in ten the tough guy is bluffing. The hardest boiled egg is yellow on the inside.

The Germans are saving marks because if you get enough you can swap them for a cigar store coupon.

No cause is hopeless until it must depend for support on quotations from some great man long since de-

serve our timber supply the next novel he has written exclusively generation won't have any material about American characters and with for billboards.

Canadian institutions" until he be- tinent after being graduated from gins to make more money than you Oxford. are making.

sentence: "The roses," repeated the husband; "why, ory the fit survive and the unfit go have you forgotten that this is our to the wall. The strong persist befourteenth anniversary?"

is like learning to write checks. swift. Red in tooth and claw, na-Cashing in on either is the hard ture, often unabashed, confronts us. part.

It isn't pure wickedness that keeps city folk from going to church as spirit of unselfishness, often hardly villagers do. They don't even go discernible, but still ever present, down to the depot on Sunday.

BIBLE THOUGHT THE FRUIT OF THE SPIRIT is love joy, peace, ongsuffering, gentleness, goodness meckness, stempjerance 5:22, 28,

FIXING OF EASTER.

should also be fixed as near as possible to a mid-April date. There should be no more Easter Sundays in

"SPRING FEVER."

One has probably heard of "Spring Fever' ever since infancy, and, like other mortals, has doubtless blamed many a lazy afternoon on it. But do you know what causes it?

In an article on "What to Eat in One year, to United States \$5.00 of Physical Cluture Magazine, Dr. Mathias D. Nicoll, Jr., wirtes:

"In the winter too many people OUT-OF-TOWN REPRESENTATIVES, shut themselves up in overheated and ill-ventilated houses and offices. At the same time they are apt to pend upon your answer to the rid- firm. only over the actual name of the eat too much, and bathe less, than die of the universe. However, no-Letters to the Editor are published Attached to one of the : at job fire leaves ashes of combustion, so law as the humane movement the process of chemical reaction in the last hundred years. the body leaves waste materials, or fatigue products."

To cleanse the body of these winter ashes in the shortest possible time, according to Dr. Nicoll, foods containing "Vitamin B" should be eaten. These include fresh fruits. green vegetables, coarse cereals, and 'greens" of all sorts. The quantities If gasoline keeps going up it may of meat, pastries, sweets and greasy food should be reduced at this sea-

HARD FIGHT TO "STICK." To the members of the Canadian An old-timer's notion of dressing National Newspapers and Periodicals for dinner was to let his belt out two Association, an inspiring message was given recently by the Hon. J. S. Martin, minister of agriculture in es of the electorate in great swathes If all of us got everything we the Ontario government, when he pointed out that the biggest fight in life was not to reach the top but rather to stay here.

"People tell me that I have arrived, that now my reputation is made I shouldn't have to advertise," said the Hon. Mr. Martin, adding: "But that's where they make a mistake. It is usually a hard fight to reach the top, but it is even harder to stay there. The man who is a success is hammered at on all sides and he has to work and fight even harder than before to keep the advantage he has

In the foregoing statement is a message for every man in the foodstuff business-manufacturer, wholesaler and retailer, says the Canadian Grocer. A substantial business and a growing bank account may tempt a man to quit, to rest on his oars. But, as Mr. Martin points out, this is a dangerous policy. The struggle the struggle to "stay."

WRITES BEST SELLER.

Wholesale booksellers in twentyfive large cities report that the bestselling new novel for the month of February was the "Coast of Folly," by Coningsby Dawson.

Dawson will be remembered by many readers as the young author who, after achieving fame with a romantic novel entitled "The Garden Without Walls," enlisted with the crease their efforts to raid the public Canadian forces in the early part of the war, and who found time between bombardments to write several of the most popular of the many war books. The Whig well remembers meeting Dawson one night at the British-American hotel in the early days of the war and shortly after the publication of the book that brought him almost instant fame. ed in the madhouse chorus arising He had come to Kingston to join a Canadian battery, and qualified here as a lieutenant. He was quartered for some months with his unit at the

Cohen building, Cataraqui street. His "Coast of Folly," which was If something isn't done to con- published in January, is the first an American setting for most of the chapters. Dawson himself was born The alien is seldom a "menace to in England, but came out to this con-

FORCE AND KINDNESS. According to the Darwinian thecause they are strong, the weak perish because they are weak. The bat-Learning to write movie scenarios the is to the strong, the race to the But, strange to say, side by side with the operation of this law, there rups another, its very opposite. A

> ter destruction. No clearer evidence of this, Our Dumb Animals magazine declares, is to be found than that embodied in the work of the humane societies of Down with the Chinese invasion! the world, True it is, millions of

this spirit the unfit, the defeated.

the handicapped, are saved from ut-

men and women kill animals for This year Easter Sunday falls on food, shoot them for sport, torture the 20th of April, which is probably them that they may wear their beauabout the best time this great event tiful coats; these are they who bein Christendom could be commemo- cause strong use their strength for rated. An Easter in March, when their own advantage. But over winter is still with us, is not like an against these are the other millions Easter in April when spring has whose gracious spirit - the autithecome and buds are bursting forth. sis of that of those others - leads For the past few years there has them to care for and protect the been a strong agitation in England multitudes of weak, defenceless and in favor of fixing a definite date for speechless beings who are about Easter, and the second Sunday in them. The altruistic spirit we scarce-April is favored. This would bring ly wonder at where it prompts man Easter Sunday not earlier than to be thoughtful and considerate of April 8th and not later than April his own family, or friends, or race, 14th. The present method of fixing but when it leads him to take into Easter is anything but satisfactory, the realm of his interest and compas-Christmas is fixed definitely. Easter sion hosts of sentient beings below him in the order of lire, then stands in greatest contrast to that conception of the world which built on force and which drives man ruthlessly on to reach his goal matter how many fall by his side vanquished or exhausted. To be kind and helpful to one's own family is good; to bear oneself toward one's race in this manner marks a still further advance in character; but to manifest this spirit toward the world of animal life is still finer evidence of that other law of life which runs working too hard. parallel to the law of force according to which only the strong survive and the swift reach the goal. How do you explain it? That will dein warm weather. Just as a furnace thing so reveals this higher, holier

PRESS COMMENT

Moderate Protection We believe that a moderate measure of Protection would be good for the country. But the country will not have it, and there is no more to be said. To keep the Protectionist flag flying means that the Socialists will be made a cheap present of the next general election, unless of course, in the meanwhile a Protectionist propaganda can be organized which will convert the mass-But who is to conduct it? What new arguments are there to adduce? Where is the golden-mouthed advocate to be found? If Mr. Joseph Chamberlain failed utterly, as he did, to storm the Free Trade citadel after two years and a half of con-

Work for Thousands.

Daily Telegraph.

centrated and passionate agitation,

who is to do better now?-London

As a matter of fact there are many projects of a productive character which could be undertaken at home. and which would doubtless result in a considerable alleviation of unemployment. A comprehensive scheme of electrification is one of the pressing needs of the day. Harbours and ports require reconsidering, and the whole canal system of the country is hopelessly inadequate and ought to be developed. All these and similar enterprises, besides finding work for many thousands, would lower the cost of production and lead to vast to "get there" must be succeeded by increase in its volume. America, France and Belgium have not waited for the international situation to right itself before embarking upon such undertakings. Why then should we be content to lag behind?-London Chronicle.

> In Cold Blood. Radicalism is in the ascendancy and demagogues under the spotlight occupy the centre of the stage; groups who yammer to get at the public treasury are heartened to inpurse; every last thing that is subversive of the best interests of the land is on parade; all the foes of the Constitution are making ready to attack it; the enemies of business, armed and led by people who envy the thrifty and the industrious, are getting ready for a mighty assault upon our industrial and economic life and the voice of sanity is drownfrom those who have been made hysterical by the paranoiacs in Congress obsessed by the notion that when they strive for partisan advantage they are blessed of God. The country may go to hell before they will do the right thing, lest their political opponents prosper from such action. And in saying all this the writer speaks in cold blood!-New York Commercial.

> > THE CHINESE INVASION. East Wind, West Wind. Winds of no direction. North Wind, South Wind-Quite a large selection. Mah Jongg's crazy. Pung Chow's worse, Both fool names

Red Dragon, White Dragon, Build the Chinese Wall. Sooner or later The Bug gets 'em all. Sis says it's "subtle." Father says it's "fine," And even dear Mother Calls it "divine."

. For a Chinese curse.

pervades the world of life. Through Pick up a Sparrow from the bottom of the sea. You get the bamboo, the drinks are suffer in silence this pother and

The while my heart yearns for a good game of Bridge!

-D. W. G. in Life,



By James W. Barton, M.D.

Double the Work. A patient came to his physician in reat distress.

His history was about as follows: He worked in an office where there were a great many other employees. Quite a number were doing exactly the same kind of work as him-

However, where before he was able to accomplish as much work as any of the others, he new found he was hardly as good as the average, just a little below in fact.

He had always done office work and was only thirty-five years of age. His employers said nothing. In fact when he stayed away a day or two on account of his 'nerves," they were very sympathetic in the matter and advised him that perhaps he was

"Now doctor," he said, "as a matter of fact I don't think I'm working too hard, do you?"

The doctor said "Yes, you are working too hard, but not for your

"What do you mean?" "Well, you are a natural born worrier. You are over conscientious about anything. You'd go back to the office at midnight if you thought you had made one little slip. You worry about your wife's health, your own health, the possibility of your losing your position. Am I right?" "Yes," answered the patient.

"Well you can't work day and night and expect to do justice to your work at the office. All this intense thought, worry, imaginings, are wearing out your nervous system. just the same as if you were doing hard mental work. You are an accountant. You have to concentrate on your work at the office because you can't afford to make mistakes.

Perhaps during your work in the office your mind will go off on some of these things that are worrying Your office work is not so efficiently, or so quickly done under such circumstances.

Then when you come home there is no mental rest, because your mind goes off and works just as hard on these "self" problems as it does at your work, perhaps even harder. So you see you are really working

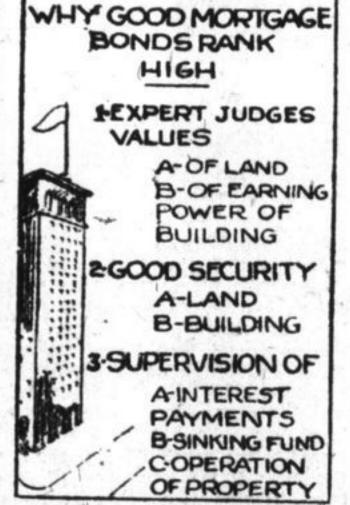
harder than some of your fellow employees, but it doesn't turn out as much "office work." "What shall I do?"

"You don't need medicine. Just summon your common sense to your It will show you what a mistake you are making in trying to do "mental work" day and night.

MONEY

AT WORK

Brief but Important Lessons in Finance, Markets, Stocks, Bonds and Investments



The real estate mortgage enjoys one of the best records of any class of investment. . Why?

There are three reasons why some of the real estate bond houses and banks have been so successful in real estate mortgages: 1. The houses are managed by

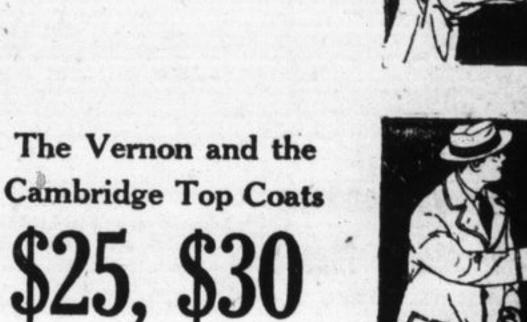
men who have been in the business for years and consequently have become expert in choosing good secur-

2. The mortgage itself is inherently safe. It is easy for any one to understand that land is fundamentally good security. 3. The selling house keeps the property under continuous super-

That Body

Dours

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Constitution of the Consti the interest to the bondholder is only

paid semi-annually.

WHY THE WEATHER? DR. CHARLES F. BROOKS Secretary, American Meteorological

ociety, Tells How.

Winter Weather and Health. A recent statistical study made by the Metropolitan Life Insurance Company shows a clear correlation between low temperatures and the frequency of colds among its employees in New York City. colder the weather, the greater number incapacitated. Similarly, a committee of the National Research Council, studying the atmosphere and man, found the coldest days in

New York followed by a distinct increase in the death rate of the city. gator, has pointed out that cold, dry, windy weather is much more wholesome than chilly, foggy, calm weather. "In 1909 Glasgow experienced fogs which appear to demonstrate clearly their effect in increasing the death-rate from respiratory disease; born hang-on cough to cease almost the death rate for that period com- instantly. No ordinary slow-acting towns in Scotland where the condi- ingredient. tions of life were similar and where vision. The installments to pay the the temperature was the same, but interest and sinking fund on the where, owing to their geographical bonds are usually paid monthly by positions, they had not fog when deafness. the owner of the property, although Glasgow had it."



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for chest colds and acute catarrh. Children love it. Get from any druggist one ounce of Parmint (double strength)-to this Leonard Hill, an English investi-, add a little granulated sugar and enough water to make half a pint-

that's all there is to it. Like a soothing, healing poultice one costly substance in this home made cough mixture spreads itself completely over the membrane of the throat. This causes the most stubparing unfavorably with seven other cough syrup contains this expensive

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