

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 2613. Private phone 857w.

In honor of the visiting hockey team from West Point, the staff and gentlemen cadets of the Royal Military College of Canada gave an afternoon dance on Saturday. Golden winter sunshine, beaming white snow and overhead a sky of cloudless blue, enhanced the beauty of the grey stone buildings of Canada's Sandhurst. The dance was held in Sir Arthur Currie Hall and the visitors had the opportunity of reading there, in the records in evidence everywhere, the story of Canada's part in the world's war.

Kingston friends will be interested in the announcement of the marriage in St. Paul's church, Lachine, on February 5th of Kenneth C. Winans to Miss Violet Nicholas Liffiton, daughter of Charles A. Liffiton, Mr. Winans, who is a nephew of Bishop Farthing, Montreal, was for a number of years connected with the Merchants bank, Hamilton, and popular in society circles.

Mrs. S. A. Mitchell, wife of Prof. Mitchell, director of the Leander McCormick Observatory, Virginia, will arrive in Ottawa this week to visit Dr. Mitchell's sister, Mrs. Herbert Holbrook, formerly of Kingston.

Mrs. A. W. Winnett, Bagot street, was the hostess of a small tea on Friday for Mrs. Arthur Craig, Toronto, who with Mr. Craig, spent several days in town, and returned home on Saturday.

Mrs. J. T. Sutherland, Clergy street, was the hostess of a small bridge on Friday evening for Mrs. S. Sutherland, St. Louis. The prizes were won by Miss Eva Martin and Miss Deloraine Craig.

Bishop and Mrs. Farthing will hold a reception at Bishopscourt, Montreal, on Wednesday evening, in connection with the annual meeting of the Montreal Diocesan Women's Auxiliary.

Mrs. A. E. Ross, Mrs. R. J. Diack and Mrs. John Angrove are the patronesses of the dance being held this week by Louise Rebekah Lodge No. 10, I. O. O. F.

A dance was held in the Queen's gymnasium on Saturday evening after the basketball game when the patronesses were Mrs. Douglas Jemmett and Mrs. Spencer Melvin.

Misses Beatrice Bedore and Myrtle Sidley spent the week-end in Cape Vincent, N.Y., with the latter's aunt, Mrs. M. A. McLaughlin.

Mrs. Lorne Richardson, Frontenac street, is entertaining at bridge this afternoon for Miss Jean Lewis, Brockville, who is her guest.

Mrs. Philip Du Moulin, Sydenham street, entertained at supper on Saturday evening after the R. M. C. West Point hockey match.

Mrs. George Huntback and son, Lawrence, Batterssea, spent the week-end in town.

Archbishop Spratt is visiting his brother, R. P. Spratt, Lindsay.

Miss Charlotte Whitton, Ottawa, president of Queen's Alumnae, Dr. A. E. Marty, Toronto, Mrs. Frank Yeigh and Miss Florence Stewart, Toronto, and Miss Margaret McIntosh, Ottawa were in town on Saturday for a meeting of the executive and the building committee of the Woman's Residence.

Miss Audrey McLaughlin, Ottawa, who was in town for the hockey match and the tea dance at the Royal Military College, was with her sister at Mowat Sanitorium.

Mrs. W. P. Bridger, Barriefield, is in Washington, D.C.

Miss Constance Cooke, St. Mark's rectory, Barriefield, will leave on Wednesday for Montreal to visit her sister, Mrs. J. Farrand Pringle.

Mrs. Eawn Rice, Gore street, entertained at the tea hour on Saturday in honor of Mrs. S. G. Sutherland, St. Louis. Spring flowers about the rooms and a glowing grate fire gave an added touch of cheeriness to the pretty drawing-room where the hostess received her guests. Pink tulips adorned the tea table presided over by Mrs. George Bawden, who was assisted by Mrs. W. J. Crothers, Mrs. Frederick Mahood and Miss Esthler Mahood and Miss Edith Rees.

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Mrs. W. B. Patton, Prescott, spent the week-end at "Danemere House."

General W. B. M. King, and Mrs. Shuttlesworth King spent the week-end in Walkerville, guests with Col. and Mrs. Robinson, for the military ball at the Royal Aero Club; Windsor, on Friday night.

Lady Kirkpatrick, who is with her brother, Mr. Macpherson, in Pasadena, California, is sailing for England on March 1st to meet her son, Colonel Eric Kirkpatrick, of

COMING EVENTS

Notice of future events, not intended to raise money, 2c. per word, minimum 50c.; if held to raise money, 4c. per word, minimum \$1.00. Reception and Personal Notices 25 words or less, \$1.00.

India, who is spending his leave in London.

On Being Beltless.

By ELEANOR GUNN

The beltless frock is still unusual enough not to pass altogether unnoticed even in a crowd of lovely dresses. The beltless suit has so completely ousted other varieties that it has almost become the exception to find a suit with a belt, although many of the newest have a definite, one might even say exaggerated waistline. Such suits are typically French and play at being masculine, often developed of men's suiting and worn with either a waistcoat or a blouse which has that effect.



The beltless mode having won recognition, it is not to be wondered at that we find its path leading into the ballroom. Many of the loveliest beaded dresses, some velvets in the new printed effects, in fact in almost all materials, are made up on the straight line. How surprising that a mere bit of ribbon—a string belt we call it—can make such a difference in the general effect of the silhouette which when all is said and done, retains its same straight line. By omitting a belt, making the frock longer, and changing the neckline from a curve to a sharp angle, we achieve distinction, which is what we are all aiming for just now.

Among the loveliest evening frocks, tulle must not be omitted, for while not as elegant in effect or as costly as other materials, it is nevertheless cast as reckoned on to charm the eye, especially since it is a comparatively short time since tulle has re-appeared at social functions. It is, unlike most materials, strictly confined to night life. One may wear chiffons and even laces to luncheon, but not tulle. In its most modern expression, it is ruffled to the knees or sometimes above. Ruffles known as Spanish, the type which is very wide and either higher at back or side appear again, for just now, skirts are in tiers, which is not as lugubrious as it sounds. (Copyright, 1924, Fairchild.)

Old St. Paul's. St. Paul's Cathedral, London, England, the masterpiece of Sir Christopher Wren, commenced in the year 1675 and completed in 1710, cost \$747,660. The cross on the dome is 365 feet above the ground level and the inner cupola is 218 feet above the floor. The bell, "Great Paul," in the southwest tower, weighs 17 tons. To the south of the cathedral are remains of the Chapter House and Cloisters of "Old St. Paul's," destroyed by the fire of London in 1666.

Purpose of Art. The end of art is not to amuse. The end of art is as serious as that of all other beautiful things—of the blue sky and the green grass and the clouds and the dew. They are either useless, or they are of much deeper function than giving amusement.—Ruskin.

Says Jud Tunkin. "Many a man," said Jud Tunkin, "inquires about the baseball score not because he's particularly interested, but because he wants to get his mind off the League of Nations."



TOMORROW'S MENU

- Breakfast: Stewed Dried Apricots, Cereal, Scrambled Eggs, Wholewheat Toast. Luncheon: Apple "Slump", Wholewheat Bread, Cream Cheese. Dinner: Lamb Stew (with Peas, Potatoes, Onions), Cole Slaw, Coffee, Cherry Snow.

Dishes in This Week's Menus. Cherry Snow: Soften one tablespoon of granulated gelatin in one-half cup of cold water. Drain the juice from one can of cherries and bring it to the boiling point in a saucepan. When hot, add this juice to the gelatin with one-half cup of sugar and the juice of one lemon. Turn in a bowl and when nearly set beat it to a froth. Now fill glasses with alternate layers of this frothy gelatine mixture and halves of cherries. Top with three whole cherries. (Contributed by Mrs. C. M.)

Bread Griddlecakes: Break stale bread into small pieces. You will need two cupfuls; cover this amount with sour milk and let stand overnight. In the morning put the soaked bread through a wide-meshed sieve and add to it one-half teaspoon of salt, one teaspoon of soda and one-half cup of flour (mixed). Beat the mixture well and add one beaten egg. Fry as any griddlecakes. If you use an aluminum griddle you will need no grease, which is quite a help (in fact, any aluminum utensil is an excellent purchase). Ham Mexican Style: Buy either

one whole, or one-half ham. Some women buy a ham jointly with a neighbor, then divide it. Take enough cold water to cover the ham and add to it one-half cup of sugar and one tablespoon of Chili Powder (for a whole ham, however, you will need two tablespoons of Chili Powder and one whole cup of sugar). Let the ham soak overnight in this water and in the morning simmer in a covered pot in the same water. Allow 20 minutes to the pound in boiling it. When cooked in this manner, remove it from the water, take off skin and sprinkle with a little black pepper. Bake 30 minutes in a hot oven, to brown the outside. (Contributed by Mrs. C. M.)

Tomato Sauce for Cold Meals: Blend two tablespoons of butter, two tablespoons of flour, one teaspoon of salt and two teaspoons of chili powder; melt this mixture over mild heat, then add to it the contents of a three-pound can of tomatoes, one large green sweet pepper seeded then chopped and one garlic button, also chopped. Simmer this mixture for 20 minutes, stirring occasionally to keep smooth. (If your local grocer does not carry Chili Powder, write to me, enclosing a stamp, and I will tell you where you can buy it by mail.) Tomorrow:—Answered Letters.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope may be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and province. —The Editor.

WOMAN'S INSTITUTE.

ELGIN.

The regular meeting of the Women's Institute was held at the home of Mrs. R. J. Mustard on Thursday afternoon, Feb. 7th, with an attendance of thirty-one members. The meeting opened with the singing of the "Maple Leaf." A letter was read from the Secley's Bay Institute inviting the Elgin Institute to visit them in February. A letter was also read from Mr. Putman asking the institute to arrange for the summer delegate. The convenor of the sewing committee gave a report of the sewing done, the cost of material used and of the bale that was sent away. A report of the concert that the institute is planning to give in the near future was also read. The institute has been purchasing supplies for the different schools that are represented and these are now ready to be placed in the schools. A committee was formed to meet a committee from the Athletic Association to discuss plans for the building of a new hall. This committee consisted of Mrs. J. C. Penneck, convenor; Mrs. George Stanton, Miss Mary McGuigan, Mrs. C. F. Smith, Miss E. A. Halladay and Mrs. H. H. Ripley. One of the members suggested that there was a needy family who should be given assistance. Several donations were made for their relief.

The "Ode" was sung and the roll call followed. This was answered by "Don'ts for the Sick Room." Mrs. L. A. Mustard sang very sweetly, "Where the River Shannon Flows." Mrs. R. J. Powell gave a reading entitled "A Joy Ride." Mrs. George Howard gave a demonstration of pressing trousers. This proved to be a very instructive item on the programme. Mrs. L. A. Mustard sang another solo. An address by the district resident, Miss McGuigan, followed and was much enjoyed by the members. Miss McGuigan brought out several good points as to what makes a good institute. She thought we should have more standing committees and especially an agricultural committee that might encourage people to beautify their homes by offering prizes.

Valentines and hearts were passed around that each member might draw and find a partner. Having found their partners, all became interested in a "Heart Contest." Mrs. C. F. Broad, Brockville, donated a book to the winner in this contest and Mrs. J. C. Penneck and Mrs. R. J. Powell were the successful ones. Refreshments consisting of beans and brown bread, cake and ice cream were passed by the directors. All reported an enjoyable afternoon and especially was the drive out in the country on such a beautiful day appreciated.

Cook's Regulating Compound. A safe, reliable regulating medicine. The Cook-McGee Company, Toronto.

The Editor Hears

That the West Point cadets and their officers saw Kingston at its best. Glorious winter sunshine, pure white snow and keen ice for the hockey players were all on hand to welcome the boys from U. S. A. and the Kingston girls formed an admiring audience at the game and proved excellent partners at the dance on Saturday afternoon.

That the I. O. D. E. has done much for Kingston and the gift of pictures, copies of the official paintings hung in the National Gallery at Ottawa commemorating the part Canada took in the great war will shortly be presented to the city schools as part of the War Memorial of the I. O. D. E. Our children will learn from them of the struggles and victories of their fathers in the cause of liberty.

That Prince and Princess Erik of Denmark are now safely on the high seas and out of reach of the movie men and the souvenir hunters who made their brief stay in New York uncomfortable.

That a Mah Jongg school has been opened up in East Sixty-third street, where fashionable New York is for a time deserting bridge tables to learn to kang, to chow and to pung.

That the rising generation in England has produced a champion in Mollie Panter-Downes, a 15-year-old school girl. She has published her first novel—"Shoreless Seas." The book has much merit, the critics say, and for knowledge of life and analysis of character and style, excels the work of many experienced writers. The story deals with the modern domestic problems and contains a variety of human types. This quiet, provincial girl, who wears her hair down her back, is still attending school and still thinks that hockey is the greatest game ever. She told reporters that she had no opinions on sex triangles and hadn't an idea of her own on matrimonial problems.

Child Welfare Clinic. Will be held in Sydenham village at the home of Joseph Brawley on Feb. 26th from 10.30 to 11.30 a.m. and 2 to 5 p.m. The medical staff of the clinic will consist of the local physicians with Dr. W. J. Bell of the Provincial Board of Health. Mothers are invited to bring their babies and children up to 5 years of age. Each child will be weighed, and measured and given a complete physical examination. Advice and instruction regarding care and feeding of the baby will be given to the mother and defects interfering with the child's development will be pointed out. No treatment will be given. Any child, who, in the opinion of the physicians, requires treatment, will be referred to his own family physician for the same. The aim of the clinic is to promote health and reduce to a minimum, physical or nutritional handicaps. This service is offered freely to the people of Sydenham village.

Some Shoes at \$4.98



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LOCKETT'S. A few small sizes left in Jersey Cloth Overshoes—5 buckle—left at \$3.98

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Pure Linen Table Cloths with borders all around, in splendid, new patterns; 2x2 and 2x2 1/2 yds. long, for \$4.50, \$5.00, \$5.95 and \$6.50.

Pure Linen Napkins in all the new designs at \$3.50, \$4.50, \$5.00 and \$6.00 a dozen.

Huck Towels—all pure linen with hemmed ends at 75c. a pair. Hemstitched at 50c. each.

Pure Linen Crash, all white and with colored borders, at 18c., 20c. and 25c. a yard.

Linen Glass Cloths, typed edges—Blue and Red, for 35c., or 3 for \$1.00.

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CHASE SANBORN'S SEAL BRAND TEA AND COFFEE.