# MAKE a Daily Need

MHETHER it be a cut, a bruise or sprain, burn or scald, Zam-Buk provides the handiest, surest means to quick perfect healing.

It is from certain rare herbal extracts that Zam-Buk gets its power for subduing pain, soreness and inflammation, and its fine skin-growing property.

Be sure and keep a box of Zam-Buk on the handiest shelf. geady for every emergency.

#### MIGHT HAPPEN ANY DAY!

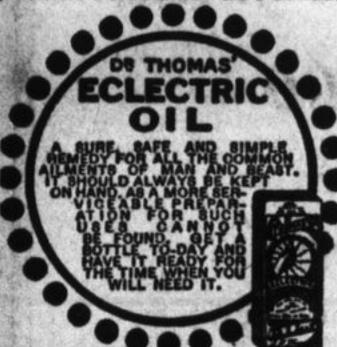
Mrs. A. Riseley, 416, St Timothy St. Montreal, writes :- "The kettle boiled over and badly scalded my hand Though the skin blistered and peeled and pain was intense, yet the first dressing of Zam-Buk cooled and soothed in a surprising manner. A fine new skin speedily covered all the scalded surfaces as I continued with Zam-Buk."





### Dr. Martel's Female Pills

contury, correcting cause, building up and strengthening organs, relieving DELAYED, and PAINFUL MENSTRUATION, NER-VOUSNESS, BACKACHE, DIZZINESS, etc., nodangerous drugs. Sold only in Scaled Hinge-Cover TIN BOX with our signature. Druggists everywhere, or direct by mail, plain package 25 60 Kalcherbocker Remody Co., 71 E. front St., Teroste, Cas. Circular mailed on request.







and ought to be a constant prayer. I Thou art there.

## Eight Ladies In Commons

proper shape.

circulation being po soned.

and enriching the blood.

an awful attack of pimples.

Forest Resources Weakened.

cuts' will never remedy the decadent

tendencies of Canada's forest re-

sources. In the history of this coun-

try we have only planted six thou-

sand acres of timber areas, while for-

six hundred thousand square miles of

Forestry Association at Ottawa.

This statement formed part of a

"The most alluring and substantial

commercial opportunity before the

people of this country to-day is jeal-

ousy to look after an estate of young

forests, all on public-owned land,

totalling 50 million acres in extent.

These young forests are the sole

hope of the future, not only for the

making of lumber and paper, but

without which agriculture, fisheries,

mining, power development and all

other constructive activities will have

Fallacy About Violins.

It has been asserted, and the state-

ment has gained considerable credence.

that makers of vielins often break

the finished product into pieces and

put it together again in order to im-

prove the quality of the violin. This

ingenious principle of manufacture is

pronounced absurd by every author-

ity upon the violin. If these super-

stitions had any foundation in fact, it

would be an almost hopeless task for

a maker of volins to try to sell his pro-

duct. He would find himself forced to

lend his newly made fiddles for a year

or so to some such organization as a

boys' boarding school, where they

would be certain of rough treatment.

At the end of this "conditioning"

period he would reclaim the instru-

ments, put them through a first-aid

treatment in the repair shop, and sell

Famous Airedales.

The first dog under the classification

Airedale to win a prize in a regular

and formal English bench show was

Neighley Crack. That was in 1885,

and the classification Airedale ap-

peared in the English stud book in

Newboll Test. Coine Test, Cholomon-

From these Airedales came Clonmel

Monarch; a great Airedale, who, or

which, was brought to the United

States and became the head of the

first line of American Airednies, Clon-

mel Bedrock was brought over from

ingland with the idea that he would

est Clonmel Monarch in a bench

how, but Monney's mor the decision.

are very poisonous.

for making speeches.

Year Revolution.

them as old masters.

a struggle for survival."

providing essential materials

The spotlight of attention used to be focused upon Lady Astor as she sat in the House of Commons-one little woman in the midst of six hundred big, little and middle-sized men -has now to diffuse its beams to all sections of the chamber when Parliament convenes, for there are sight women to answer the roll, three Conservatives, three Laborites and two

Lady Aster talked her Plymouth broke out all over my face and constituents into sending her back to | could not get rid of them in any way. Westminster in the last election, and | One day a friend told me about your Wintringham, Liberal, and Mrs. Margaret Philipson, Conservative.

No longer is Lady Astor the only I don't know there is such a thing as "noble lady" among the commoners in the House. Two other peeresses won their way to Westminster-her Grace, the Duchess of Atholi, the arst woman to be sent to Parliament from Scotland, and Lady Terrington, who, like Lady Astor, is witty and vivaclous, but who, unlike the member from the Sutton division of Plymouth, says she is going to wear the best clothes she has when she enters the House of Commons. The Virginia-born lady always satisfied herself by appearing in her seat in a plain black frock with a demured feiting to human-set fires more than white collar.

Lady Terrington has another point original forest." of similarity to Lady Astor in her love of horses and her ability to ride public address delivered by Mr. Robwell. She made her campaign among son Black, manager of the Canadian the villages of Buckinghamshire in the saddle, riding one of her favorites from the stables on her farm. It was her second experience of running for Parliament. Her victory was the first the Liberal party had won in her constituency since the free trade fight against protection in

The Duchess of Atholl is one of the best women linguists in the land and is a fine platform speaker.

The three women who will sit with his Majesty's Opposition on the Labor benches are all converts to the Labor cause. Miss Susan Lawrence joined the Labor ranks in 1912 as the result of the appalling distress she had seen in her investigations of living and working conditions among the poorer, perspiring classes. She is a middle-aged woman, used to sit as a moderate on the London School Board, and since joining the Labor party has been a member of the London County Council which rules the great metropolis.

Miss Dorothea Jewson, most prpminent of the younger women in the Labor movement, is the daughter of a wealthy Norwich farmer and a graduate of Girton College, Cambridge. To acquaint herself with the joys and sorrows of domestic servants, she filled the post of chambermaid in a large London hotel.

Miss Margaret Bohdfield, in winning the seat for Northampton, defeated the former Cabinet Minister, C. A. McCurdy, Liberal. She has had a wide experience with industrial ills and was the first woman member of the Trades Union Congress, of whose general council she now is chairman. It was largely through her labor and influence that the recent boilermakers' strike was brought to an end. Like Miss Lawrence, who ran for arliament three times before succeeding in winning a seat, Miss Bondfield achieved her political ambition by trying again, the recent contest being her second for a place in Parliament.

Meteor Hits Statue.

A meteorite fell at Abingaon, England, recently which damaged a statue. It was an unusual large specimen and it was fortunate that nobody was hurt. It has been estimated by scientists that some 20,000,000 day. Their average weight is about one-fifth of an ounce, and each year over 40,000 tons of meteoric dust falls on the earth's surface. Analysis of meteorites found after failing shows them to be composed of a kind of iron, about the some specific gravity as wrought iron. Fortunately nearly all big meteorites have fallen in sparsely populated districts. The biggest known to have fallen in Great Britain, fell in a field at Rowton, Shropshire, on April 20, 1876. It can be seen in the Natural History Museum, South Kensington. It is composed of pure iron, weighing 8 lb.

Variegated Burmese Trains. The Burmese railway officials have solved the question of the illiterate traveller by painting their first carriages white; second class, green; third class, brown. Of course they also are lettered, first, second and third in the usual manner but the native, whether Burmese, Shan or other tribe, cannot read these figures. He ean, however, distiniguish one color from another, and he knows that brown is the color for his part of the train. The Burman has quite reconciled himself to the railway as a mode of transit, but whether he goes to-day or to-morrow is immaterial to him. It is quite common to see a party of Burmese peacefully slumber-ing on the platform while the train is steaming out of the statioin.

Rubber Washed Ashere. The Raider Emden sunk the British steamer Bibby off Colombo, Cerion, nine years ago. When a cargo quantity of rubber was washed ashore on the Galle Face beach (Cey-ion) it was taken by the police to Fort Police Station. In some of the sheefs of rubber the following estate marks are just decipherable: Kempsey Estate, Kandagama Estate, Indilande, Bentota and Blackwater. The rubber appeared to have been in the sea for a number of years. It is believed that this rubber just washed ashore, totalling about five carloads represents a part of the cargo carried oy the Bibby when she was sunk.

Singing should only be indulged in by those who have good voices; others should be content to

We don't know how Russians seep the wolf away from the door, unless

Human life is a constant want If I make my bed in hell, behold

### AN AWFUL ATTACK DAYS OF CLAYTON'S GLORY OF PIMPLES

Observer Tells of Shipbuilding **ALL OVER HIS FACE** Century Ago-Thirty-five Pimples breaking out on the face Schooners Built. and other parts of the body is a sure sign that the blood is not in

On-the-St. Lawrence, Clayton, N. Y. But few of our residents who have While the skin is the object of the attack the real seat of the disease is come in recent years to dwell among in the blood on account of the entire us know that Clayton was once one of the liveliest, hustling, ship-build-Burdock Blood Bitters quickly and ing stations along the great lakes effectually banishes pimples and all other skin diseases as it goes right to route.

The prosperous, or as we now the root of the trouble by cleansing would say, boom times, were from Mr. Conrad Anderson, Kelfield. 1845 to 1865, during which period Sask., writes:--"A year ago I had more big sailing vessels were constructed than at any other place of its size between Ogdensburg and Chicago. And besides, there were sevso did the other two women who sat Burdock Blood Bitters and let me eral steamers that with the sailing in the last Parliament, Mrs. Margaret have a bottle he had to spare. After fleet numbered forty-five in all, and using it. I noticed a change, so I all built on the site of our present bought three more bottles, and now town hall. Five big sidewheel passenger steamers were successively launched from the same place, their B.B.B. is manufactured only by names being Bay State, Ontario, The T. Milburn Co., Limited, Toronto, Cataract, Northerner and New York. all owned by the Ontario Steamboat Company, of Oswego and valued at 20.000 dollars each in those times "The popular dogma of 'making when labor and material were 80 per the lumberman plant as much as he

ent, cheaper than now. The Bay State, Ontario and Cataract formed a regular daily line between Charlotte, on Lake Ontario, and Ogdensburg and for some years prosperous business until completion of the railroad along the lake shore brought about the decline of water transportation, and the three boats were sold to a Canadian navigation company and rebuilt and re mained Abysinian and Athenian.

The names of the thirty-five sailing vessels constructed at Clayton were American, Adirondack, Brooklyn, Clayton, Creole, Clayton Belle Dashing Wave, Dawn, Eagle Wing, Flying Cloud, Glenarvon, Greyhound, Kearsarge, Lawrence Saint, Medora, Madison, M. F. Merrick, Mediator, Mountaineer, Montano, Monticello, Northern Light, New York, Northern, Oneida Chief, Northern Belle, Portland, Republic, Reindeer Sovereign of the Lakes Senator, Snow Bird, Watchful, White Cloud and White Squall; and besides those there were the Marshfield, and Omar. built by the Piersons company, at Wells Island, opposite Collin's Landing, within a few rods from where the lake passenger Akron was burn-

ed in 1871. A long story might be written of the career and fate of Clayton built vessels, many of them scattered along the large bottoms all the way from Cape Vincent to Chicago. There was temptation to owners and masters in the high freight rates, and there was temptation to crews by abnormal wage offerings, to take desperate chances, and one more trip even when winter was upon them, and hardly a home in Clayton but there was mourning for those who could never return, more of them frozen to death than drowned.

BRITISH DRINKING LESS. Extraordinary Reduction in Con-

sumption in 30 Years. London, Feb. 12.-Consumers of alcoholic liquors in Britain have either not been so thirsty during the 1886. Some of the great and famous last two decades or have lost the show Airedales of those days were desire to drink, for the consumption of beer, spirits and wine in the Unitdeley Briar and Cholomondeley Bridesed Kingdom has undergone an immense reduction since the end of the last century, according to the Alliance Year Book, the temperance reform handbook, just issued.

Beer consumed in 1899 per head gallons; spirits, in 1899, 1.09 gallons, in 1922, 0.36 gallons; wine, in 1899, 0.41 gallons, in 1922, 0.26 gallons.

A contrast is made between the A Mexican looks like a mushroom amount of beer consumed in 1922 from an aeroplane, but some of them | and 30 years ago. Then a population of 29,000,000 in England and The Mexicans are fighting again. Wales accounted for 27,500,000 bar-They should call this their New rels. In 1922 the amount was 21,-000,000 barrels, though the popula-Some claim Russians throw the tion has increased to 38,000,000. soap away and use the soap boxes

The king slipped in Greece.



Captain Joseph Bernier, who plans | Polar regions, has arrived in Lonto anticipate, on Canada's behalf, the | don. He has come to make arrange. flight of the Shenandoah to North ments for his Polar expedition



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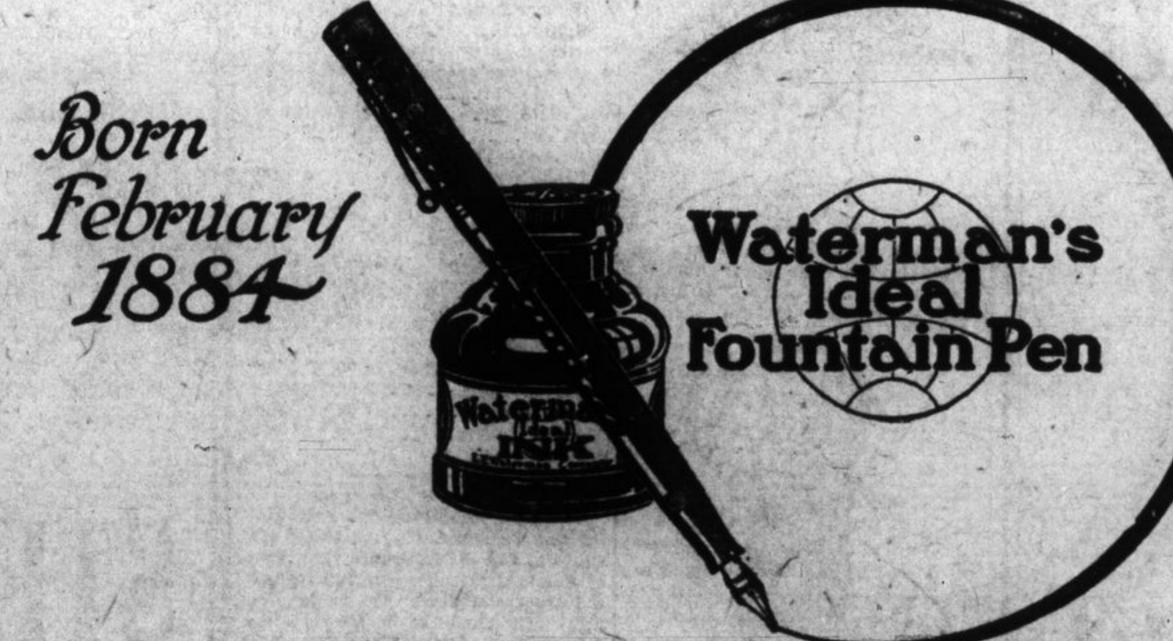
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