Founded 1847

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You'll Have to Hurry

IF YOU GET IN

On 20% Discount Sale

TO-NIGHT

WHEN WE CLOSE OUR DOORS IT WILL BE ALL OFF.

Come To-night

Don't let this opportunity get away!

All Ready-to-Wear Clothing and Furnishings in this sale.

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75-79 BROCK STREET "If Off Your Route It Pays To Walk"

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Quality—Larger Market—Service

Retail Market Phones 458-459. Wholesale Department 1767.

Four Kousing Specials for Monday and Tuesday

These Four Items Needed in Every Household Every Day

FINEST CREAMERY.

Prime, rich September

Government graded firsts

BOILED DINNER SPECIALS:

Pickled Bacon-streaky side, fat and lean.

Boiling Pork-nice, meaty cuts from shoulders, 2½-6 lbs. each ...

Corned Brisket 10c. | White, crisp Cabbage, lb. .. 5c. Corned Shoulder Cuts . . 1214c New Southern Cabbage, lb. 16c. Corned Boncless Rolls ... 15c.

New Carrots and Beets, large bunches . 2 for 25c.

SEA CADETS ENTERTAINED

At Banquet Friday Evening-President of Canadian Naval League Gives Addresses.

A unique event was held in the British-American Hotel on Friday evening when the members of the Kingston Sea Cadets were entertained to a banquet provided by the executive committee and some of the citizens who are interested in the work of the Navy League.

Samuel Harris, Toronto, president of the Canadian Naval League, was the guest of honor, and he gave an inspiring heart to heart talk to the boys. Colonel Leslie, the president of the Kingston Sea Cadets, acted as chairman, and a musical programme was rendered. The banquet was served at seven o'clock and at 8.15, Colonel Leslie in a few well-chosen words, introduced the speaker of the evening.

Colonel Leslie took occasion refer to the fact that with exception of the instructor, all those who are interested in the promotion of the Kingston See Cadets are doing the work without any remuneration whatever.

Mr. Harris stated that he was delighted to be in Kingston, and to have a personal talk with the boys through and through. "The British Empire," said he, "has given us the greatest amount of justice and security that any nation in the world has ever given." Mr. Harris referred to his recent visit to the old land. and told of the different places which he had the privilege of visit-

His description of the scene at Zebrugge, where the British Navy has been issued by the Board of performed one of the greatest feats | Health: intensely interesting. He told of how of Health on Friday, the question of the boats had been brought to the preventative measures for Goitre mouth of the canal loaded with ce- was introduced by the medicar ment and sunk and so prevented the health officer, Dr. A. R. B. Williamentry of the German submarines in- son, and thoroughly discussed by to the canal. Mr. Harris said that the medical members of the Board, he was proud to realize that he be- Drs. Williamson, Bogart and Kane. longed to a race of people that could | The important points brought before do a thing of that kind. He also the board were briefly as follows: what the British navy had accomplished during the war, at that point. it, "big neck."

Mr. Harris reminded the local Sea Cadets that if at any time temptation was thrown in their way, think of the local corps, and he was sure that the teaching which they have received would keep them from yielding. He told the boys what was being done for the Navy League in the public schools in Toronto. The Toronto Board of Education had allowed one day of the year when envelopes are distributed to the scholars, and on he envelope it explains what the Navy League stands for, and the money contributed is used for different purposes, such as taking care of the widows and orphans of the men who paid the supreme sacrifice during the war; taking care of the seamen who need assistance, and other things pertaining to the naval men. When Mr. Harris took his seat he was loudly applaud-

General Elmsley, officer commanding Military District No. 3, presented the Laura Secord trophy to the junior rifle team from the Kingston Naval Sea Cadets. This trophy was donated by the Laura Secord Company for the team making the highest points in the rifle competition held recently.

Dr. L. J. Austin, who is very much few words, gave a very interesting ing the administration of iodine, or account of some of the big guns its compound, sodium iodide, is the which he had the privilege of see- proper place to carry out this treating during the war. One German ment. gun, which was a fifteen inch naval gun, would fire a distance of twenty. board that one-half dose, very small, eight miles. He also informed the of medicine once daily for ten daysnaval Boys that a gun used by the twice yearly is sufficient-not only British and erected on a monitor to prevent goitre occurring but for was responsible for striking this pow- curing a large percentage of cases of erful German gun the first time that those young people who already have it was fired. The German gun enlarged thyroids. And also that was put out of action for a period British Columbia is believed to of nine months. Dr. Austin an- the only province that has done any nounced that on Tuesday night next sotive work along this line. Is if the Naval Cadets have been invited too much to ask our banner province to attend the Assault-At-Arms Queen's University. Seats are to be There are thousands of children in reserved for the boys, and at the conclusion of the performance they are to be entertained to a supper. Dr. Austin was called from the meeting, and as he was leaving the boys follow. gave him three lusty cheers. At the conclusion of the addresses,

programme consisting of the fol lowing was given: Two vocal solos, Miss Helen Guild; solo, Cadet Van Luven; solo and recitation, Instructor Morris; recitation, Cadet J. Macdonald, treasurer of the Sea Cadets; piano solo, R. R. F. Harvey, Mr. Harris also gave an imitation of a cornet solo.

Concert at Mowat, The Queen's Dramatic club very kindly gave a concert for the tients of the Mowat Sanatorium Friday night. The play was "The Man Who Married a Dumb Wife." It was excellently rendered by a company of about sixteen of the students and staff of the university and was much appreciated by those in the audience. Musical numbers were given by Miss Keitha Lloyd and Miss Kathleen Elliott. The evening was most enjoy-

The Market. The market Saturday morning was a very small one But few of the pople from adjoining islands appeared with their produce. Butter was the usual level of 40c and 45c pound and eggs at 60c and 65c dozen. Fresh meats were offered at current local prices. There were only about fifty vendors in all and buyers ere not so numerous as usual.

LETTERS To The Editor

Rev. T. J. S. Ferguson's Statement. Kingston Jan. 24 .- (To the Editor): Would you allow me a little space to correct a few sentences relating to myself in the report of the anti-church union meeting held in Cooke's church. It reads "Rev. Mr. Ferguson also expressed his thanks to the speaker although he remarked that he did not agree with all the

views he had expressed." What I did say was this: "I was pleased to hear the speaker express what was on his heart and mind, just as I was always glad to know the heart and mind of any man, but that I was absolutely opposed to the speaker's views and his presentation of the subject."

I would also like to add that I repudiate the wily insinuations of the speaker against the character and honor of the General Assembly of the Presbyterian church. I regard deeply lamentable the speaker's at tempt to stain the character of the

It is only fair to state that Cooke's church, which has voted in favor of union, opened its doors at the request of the Presbyterian Church Assoof the local brigade. He was pleas- assumption, that the same courtesy will be extended by the anti-unionchurches to union speakers.

> Sincerely yours. -(Rev.) T. J. S. FERGUSON.

GOITRE TREATMENT.

Statement From the Board Realth For People's Benefit. The following official statement

in the history of the great war, was At the meeting of the city's Board

gave a brief account of his visit to 1. Goitre is any enlargement of Ostend, and had a first hand view of the thyroid gland-generally speaking, or as the Ancient Gauls called

> 2. That we live in a truly goftrous region, included in the basin of the Great Lakes and the valley of the St. Lawrence and Ottawa rivers,

hence an area of endemic goitre. 3. That the disease is almost positively known to be due to the water supply coming from mountainous or rocky areas-e.g. British Columbia, Alberta, Ontario (particularly northern and eastern), Quebec, portions of United States, southern France, Italy, Switzerland, India,

4. That there is no such condition as an "innocent" goitre-any case may sooner or later become

5. That experiments in several countries have proven beyond a question of doubt that the lack of sufficient iodine in the body is the real cause of goitre, therefore no subject in preventive medicine has a sounder or more scientific basis for its practical application to man, on a large scale, than the prevention of En-

6. That as the treatment is not only preventative but curative to young people of twenty and under, the schools of this province or of interested in the boys, was pre- this country, by proper medical in-

> It was also brought out by the to investigate this great problem? our schools to-day receiving no treatment, who sooper or later must inevitably face a very grave surgica! condition, and thousands more

> Addressed Students A very interesting address given to the students of the Kingston Business College Friday afternoon by ex-Mayor John M. Hughes. who took for his subject, "The Broom Industry and the Production Broom Corn." Mr. Hughes also gave the students some practical remarks on going into the business world. His lecture was much appreciated. Musical numbers were given by Miss Muriel Hyland and Messrs. Edgar Vandewalker and Ronald Alcorn. rangements are being made to have prominent business men address th

DAILY MESIORANDOM.

CARRECLLY EXECUTED

For list of Births. Marriages and Deaths, see Classified page, column onc.

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Shop Early—Shop Often

LADIES' Silk and Wool Hose :

Very new and quite fashionable. High grade Silk and Wool in Black and White, Fawn and White, Silver or Brown. Sizes $8\frac{1}{2}$ -10.

\$1.25 to \$2 pr.



Cashmere Stockings

We have a fine assortment of serviceable, Cashmere Hose in Black and colors - Meadow Lark, Brown, Coating, Fawn, Light Grey, Mastic. Sizes $8\frac{1}{2}$ to 10.

90c up



Boys' Heavy Ribbed Stockings

Fine quality Black Cashmere for Boys
—sizes 8-10.

95c pair

Boys' Wool Hose

High grade Wool Yarns are used in these serviceable Hose for Boys. Heavy Ribbed quality in Black, Brown, Heather, White and Grey Sizes $6\frac{1}{2}$ -10.

90c to \$1.35 pr.

Ladies' Bloomers

Serviceable winter weight Bloomers in White at 75c., and White, Pink and Grey at \$1.00.

Vests and Drawers

Of Wool or Silk and Wool. Splendid winter garments-all styles in stock. Prices per garment-

\$1.50 up

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