

New System of Fat Reduction

Here's a new way for all fat people to laugh together at that old bugaboo—Obesity. The saying that "there is nothing new under the sun" does not now apply to fat people any more. Here is something new for them—a new sensation, a new pleasure, a new and graceful figure, easily found by anyone who is passing beyond the limits of illness. Everyone has heard of the Marmola Prescription; that harmless combination of fat-defying elements perfected by one of the foremost physicians. Now, from the same high authority, there comes another idea—the idea of condensing these same, pure, harmless ingredients into a pleasant little tablet. Taken after eating and at bedtime they help the stomach to dispose of all the fatty foods, converting them into compact, solid flesh, muscle and energy without dieting or exercise. Marmola Prescription Tablets regulate the entire system—do for you what bodily exertion and self-denial cannot do, and the fat once routed, is gone for good. You can prove all this at a trifling cost. Marmola Prescription Tablets are sold by all druggists or sent postpaid by the Marmola Company, 4415 Woodward Avenue, Detroit, Mich. A box—sufficient to bring results—is but one dollar.

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Consider the ability, skill and experience necessary in prescribing correct glasses for impaired vision. We know eyes thoroughly—it's our business to know. Therefore—come to us with the assurance of competent service, correct in every detail.

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when symptoms of indigestion occur. Act quickly before these become obstinate.

Take

Beecham's Pills at once. In many cases a few doses will bring relief. Their success in curing liver and bowel disorders proves the worth of

BEECHAM'S PILLS

Mixed-Dry Mixed Firewood

Hardwood and Slabs. Prompt Service.

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Mother's Coughs and Colds Go Quickly

She cannot afford to be sick and neglect her household duties. At the first symptoms she prepares the way for quick recovery by the immediate use of Gray's Syrup—a household preparation of sixty years standing.

GRAY'S SYRUP OF RED SPRUCE GUM

Prepared by WATSON & CO., New York

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we show for your appreciation, are of most artistic design and of superior utility.

They are designed to meet with your approval and with your sense of money saving.

Everything electrical for everybody—if we have not got it in stock we will get it for you promptly.

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Sunday Services in Churches

St. Paul's—Morning Prayer, 11 o'clock. Procher, Canon Fitzgerald, M.A. Sunday school, 3 p.m. Evening Prayer, 7 o'clock. Preacher, Canon Fitzgerald, M.A.

Sydenham Street—R. H. Bell, minister, will preach in the morning; Rev. E. Leroy Rice, B.A., in the evening. Morning class, 9.45 a.m. Sunday school and Bible class, 2.45 p.m.; W.M.S., Friday, 3.30 p.m.

Bethel Church, corner Barrie and Johnson streets—Pastor, A. Sidney Duncan. Services 11 a.m. and 7 p.m. Helpful singing. Talks on vital questions. Sunday school, 2.45 p.m.; annual meeting, Wednesday 8 p.m.

Calvary Congregational Church—The friendly church—corner of Bagot and Charles streets. Meeting in St. George's Anglican Mission, 10 a.m. Sunday school; 11 a.m. "Christian Values"; 7 p.m., "Eternal Life." A hearty welcome and helpful message.

St. Andrew's Presbyterian—Rev. John W. Stephen, minister. Services, 11 a.m., Dr. Paul Harrison, missionary from Arabia, 7 p.m., the minister. Students, soldiers and strangers invited. Sunday school 3 p.m. Annual meeting of congregation Wednesday 8 p.m.

St. James' Church, corner Union and Arch streets—T. W. Savary, rector, 152 Barrie Street, 8 a.m. holy communion; 11 a.m. morning prayer and Litany. Sermon subject, "The Joy Bringer." 3 p.m. Sunday school; 7 p.m. evening prayer and sermon, "The Secret of Success."

Seventh Day Adventist Church, corner Union and Collingwood streets—Service Sunday 7.30 p.m. The exangelist's theme will be "Are You Ready to Meet Jesus, or Are You at Peace With God?" Lecture on the prophecies of Revelation every Friday evening at 8 o'clock. All come, we'll come.

First Baptist Church, Sydenham and Johnson streets—Rev. J. S. LaFlair, pastor, 19.30 a.m., prayer service; 11 a.m. sermon theme, "Four Puzzling Questions." 2.45—Bible school; 7 p.m. sermon theme, "Making Good." A sermon to young men. The service of song will be led by a male chorus.

Cooke's Church, Brock Street—Rev. T. J. S. Ferguson, minister, 11 a.m., "Ye Shall Know the Truth and the Truth Shall Make You Free." 7 p.m., Dr. J. H. Edmison of Toronto, who is giving the Robertson memorial lectures at Queen's, Kindergarten at 11 a.m. Sunday school and Bible classes at 3 p.m. Everybody welcome.

St. George's Cathedral—Third Sunday after Epiphany, 8 a.m., holy communion; 11 a.m., morning prayer. Preacher, the Rt. Rev. J. C. Farthing, D.D., Bishop of Montreal

WHO SHALL INTERPRET LIFE?

By the Rev. Charles Stelzle.

There was a big job to be done by the churches in this particular town. Immense factories employed hosts of workers. Housing and sanitation problems stared one in the face. Half a dozen railroads ran to the city. There were motion-picture shows galore. Dance halls flourished. This was one aspect of the church's problem.

Not that all of these features were necessarily bad, but they did raise important questions, which demanded answers. When one considered the possibilities for real service among the workers in the town the church was making scarcely a dent on this part of the population. There weren't many foreigners, either; virtually all of the "common" folks were American born.

But there was another group in that city—the "upper-middle class," as they'd say in England. The group that included the intellectual people, those who are supposed to stand for the best things in life. The preachers frankly said that they were not reaching this group, either. Instead of going to church, these people had formed a semi-religious open form, securing the best speakers in the country to deliver lectures on the vital themes that are

stirring our American life.

The lectures were given on Sunday afternoons. The preachers felt rather bitter about this arrangement. The looked upon the forum as their most formidable rival, although the churches held no service at the same hour. For this forum was evidently gripping the class which constituted the leaders, the very people the churches needed, but couldn't get. The work being done by the forum was so close to that which the church was doing, or should be doing, that the rivalry became all the more bitter.

The people who did attend the churches in this town consisted of the comparatively poor laborers, the storekeepers and clerks and some of the rich. They were not attracting the highly skilled and presumably the more intelligent men in the industrial group, and they had little hold upon the best-informed people among the middle class.

Now, this probably is not at all typical of the average city in this country. The churches in most cities and towns are usually made up of the most intelligent people in the community. It would be foolish to deny this fact. But I'm not denying anything. I'm stating what

MOTHER!

Child's Best Laxative is "California Fig Syrup"



Tongue Shows if Bilious, Constipated

Hurry Mother! Even a fretful, peevish child loves the pleasant taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow.

Ask your druggist for genuine "California Fig Syrup," which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

These preachers told me about their own city. I've covered this country from end to end and a good many times. I've visited industrial centres in particular. Unless I am badly mistaken, the general tendencies are toward the sort of thing that I am describing. This factory town in the middle west is typical of what is taking place in dozens—aye, hundreds of places which have modern social and economic conditions.

And this is peculiarly true of the smaller cities. The ministers are becoming disheartened. They go to conventions and flock to conferences to learn of some panacea whereby this situation may be met. There is no panacea. There can be none, for no two towns and no two churches are exactly alike. Each town and each church demands individual treatment.

Evangelists may damn the young people because they want to dance. They may continue to declare that motion-picture shows are of the devil. One noted evangelist is offering chess—a game for kings—as a substitute for all other recreational features. But all this isn't honestly facing the facts. No doubt the evangelist helps mightily a good many people. I thoroughly believe in the right sort of evangelism. But there is a great mass of people, both inside and outside the church, which the evangelist doesn't touch—not by a thousand miles.

And, mark you, these people—many of them, at any rate—are perfectly sincere. They are neither vile nor vicious, in spite of what the evangelist may say about them.

Isn't it about time that we stopped our everlasting cry, as churches, that everything we don't like be shut up? No doubt there are many places which ought to be closed, and we should go after them here. But isn't it a lot better to shut them up by opening up something else that will simply drive the evil influence out of business? Must the programme of the church always be merely destructive and negative? Can't we work out something that will be positive and constructive?

The institutional church is not offered as a cure-all. Few people know how to run an institutional church successfully. Anyway, it's a bigger thing than mere sociability for which I'm pleading, important as social life undoubtedly is. These high-grade people who are out of the church are thinking people. They are conscious of the big things that somebody must work out, or at least, think through.

It is quite true that the church is not a social-reform agency nor a labor union nor even an open forum. But the church has declared, from its very beginning, that it held the only solution for these social problems, for great problems have always faced the people. We have always been "on the verge of a great crisis."

No, the church is not asked to go to the task of directing legislation or running amusement parlors; but if the ministers in our churches are not prophets for the new day—if they cannot interpret life in the biggest, broadest fashion—then the churches will continue to lose their grip upon the people who are earnest and sincere in their desire to see the light.

BRITISH MEDICAL SOCIETY.

To Meet in Toronto from August 6th to 13th.

Toronto, Jan. 26.—The British Association for the Advancement of Science will hold its ninety-second annual meeting in Toronto this summer from August 6th to 13th, to be followed by a tour of the hundreds of distinguished visitors throughout the Dominion. The Association will meet under the presidency of Sir David Bruce, the celebrated parasitologist, famous for his discoveries of the causes of Malta Fever and Sleeping Sickness.

The last meeting of the Association in Canada was at Winnipeg in 1909 and it is difficult to overstate the importance to Canada of the coming meeting, not only through the great popular value in stimulating scientific knowledge and thought throughout the Dominion but because of the opportunity thus afforded the leading scientists of Britain for studying at first hand Canada's problems, of which perhaps the most insistent is immigration of the right type. This meeting will be under the

auspices of the University of Toronto, which has already a strong committee at work, presided over by Professor J. C. McLaughlin, F.R.S.

"WHAT IS YOUR LIFE?"

(James IV-14.)
Life is a Gift from God above, for we are made to live and move; let us then seek to be wise, and care God's precious gift despite.

Life is a Workshop, where we make life form our character shall take, throughout the ages yet to be, fixing our endless destiny.

Life is a School where we may learn The will of God, and thus discern, His loving kindness day by day, while travelling on life's toilsome way.

Life is a Road; we're travelling on, And soon our journey will be done, Let us make sure we're on the road That leads us to the best abode.

Life here, is short and soon 'twill be Merged into vast eternity. How rapidly the moments fly. This life is swiftly passing by.

Life is uncertain; none can know Tomorrow's gift of joy or woe; Now is the time to seek God's grace, That we in peace may see His face.

—Rev. Dr. James Lawson, Verona, Ont.

NOTES FROM PITTSFERRY.

Ladies Are Preparing to Put on a Play in the Near Future.

Pittserry, Jan. 24.—Cutting wood and pressing hay is the order of the day. Mr. and Mrs. Clinton Grice have gone to Hamilton to reside, where Mr. Grice has secured a position. Our school is closed owing to the death of the teacher's father. Much sympathy is extended to Miss E. Leatherland in her bereavement.

The Ladies of the Community Aid of St. Lawrence church will hold their next meeting at the home of Mr. and Mrs. E. W. Jackson. The ladies are planning to hold a play in the near future. We are glad to say that the sick in this community are very much improved. The many friends of Mrs. George Gates are glad to hear that she is recovering from a very serious operation. We all join in wishing her a speedy recovery. Mrs. George Simpson and son, Donald, are spending a few holidays with Mrs. A. Simpson.

The Ladies' Aid of St. John's church met at the home of Mrs. D. McClement on Wednesday afternoon. Mr. and Mrs. Robert Crawford, Winnipeg, spent a few days with Mr. and Mrs. Robert Ballantyne this week. Mr. and Mrs. Crawford will spend the winter in Florida. Miss Doris McAdoo, Wolfe Island, is visiting with her grandmother, Mrs. E. McAdoo and friends.

Ex-Luxembourg Ruler Dead.

Munich, Bavaria, Jan. 25.—Former Grand Duchess Marie of Luxembourg is dead at Hohenburg castle, at Lengries, Bavaria. She was reigning duchess of Luxembourg at the outbreak of the war and protested against the German invasion of France.

Dissolves Italian Parliament.

London, Jan. 25.—King Victor Emmanuel yesterday signed a decree dissolving the Italian Parliament, says an agency despatch from Rome. The despatch adds that it is officially stated the elections will probably occur on April 6th.

Much Improved in Health.

Marble Billings, Lyn, who underwent an operation about two months ago at the Brockville General hospital, has recovered sufficiently to leave the institution much improved in health.

GUARD THE BABY AGAINST COLDS

To guard the baby against colds nothing can equal Baby's Own Tablets. The Tablets are a mild laxative that will keep the little one's stomach and bowels working regularly. It is a recognized fact that where the stomach and bowels are in good order that colds will not exist; that the health of the little one will be good and that he will thrive and be happy. The new sales tax will not increase the price of Baby's Own Tablets, as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, postpaid, from The Dr. Williams' Medicine Co., Brockville, Ont.

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Let us supply you with Seaman-Kent Hardwood Flooring for your floor needs.

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No medical examination is required, and there are Plans of purchase to suit all.

You get every penny that your money earns, and your investment will be safe.

For further particulars send for this booklet.

Fill out this coupon immediately and mail it in an unstamped envelope. No postage necessary, as it is Canadian Government business.

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To Department of Labour, Annuities Branch, Ottawa, Ont.

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NO NARCOTICS—PLEASANT AS SUGAR

Mathieu's SYRUP OF TAR & COD LIVER EXTRACT

STOPS COUGHS

Sold in generous size bottles by all dealers.

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Makers also of Mathieu's Nerve Powders the best remedy for Headaches, Neuralgia and Feversish Colds.

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Hot Blast Oil Heaters—regular \$3.00 Now \$1.75

Electric Heaters, reg. \$7.00 Now \$5.50

Ash Sifters, reg. 50c., Now 25c.

Enamel Potato Pots—regular \$1.60 Now 90c.

and many other specials too numerous to mention.

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Clean, pure milk from healthy cows. Not pasteurized or sterilized in any way.

Herd Tuberculin tested.

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We guarantee that every bottle is from our own stable. Delivery to all parts of the city.

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