

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 248. Private phone 957w.

In aid of the fund for furnishing the new nurses home at the Hotel Dieu the Nurses Alumnae gave an entertainment on Tuesday evening in the recreating hall. A play entitled "Mrs. Temple's Telegram" was put on under the direction of Charles Gates and was well acted. Mrs. Mary Gratton took the part of "Mrs. Temple," Miss Bessie Kane was "Mrs. Fuller," Miss Alice Finn, "Mrs. John Brown," E. Cousins took the part of "Mr. Temple." Charles Gates was splendid as "Mr. Fuller," John Lathley as "John Brown," J. Whelan as "Capt. Sparks," and Mr. Woodhouse as "Wilson," the butler. Miss Marie Macdonald played several piano numbers between the acts.

The very pleasant function known as the birthday party of St. Andrew's Young Women's Auxiliary was held in St. Andrew's Hall on Monday evening. Mrs. John Wright presided and the evening was spent in progressive games and music. Miss Ardelle Elder being the soloist. The life membership awarded annually was presented to Miss Ethel Davis and Miss Catharine Fairlie, and Mr. Woodhouse was greatly surprised by the gift of a beautiful ornate clock. Miss R. McLean read the address and

Miss M. Gavine made the presentation. A feature of the evening was the grand march of the members who passed the great cardboard birthday cake and dropped their annual fee into its depth. Refreshments were served and "Auld Lang Syne" sung as the party broke up the evening of the fifth anniversary of the society.

A very enjoyable evening was spent on Friday at the home of Mr. and Mrs. O. B. Hegadorn, Westbrook, when they opened their hospitable doors to some of their friends. The entertainment took the form of a card party and the prizes were won by Mrs. E. M. Sproule and S. M. Burt.

Mrs. Charlie Keeler, Regina, Mr. and Mrs. Charles Gibson, Inverary, Miss Mabel Laturney, Kingston, also Goldie Whitty, Queen's University, Kingston, were recent visitors at Edward Whitty's, Sydenham.

Miss Doris McKay, Sydenham street, is entertaining the Junior Tuesday Bridge Club to-day.

Mrs. J. E. Mackay and her little son Teddy, Brockville, are with Mr. and Mrs. W. T. Minnes, "Hillcroft."

Mrs. W. R. Givens and Mrs. Se-combe, "Maitland House," with Mrs.

Harmless Means Of Reducing Fat

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H. K. Hill and her little son Harry, will leave on Wednesday for Asburndale, Florida, to spend several months. They will be joined later by Mrs. A. Ashby, who is at present in Alexandria.

Mrs. Charles Abbott and her baby returned to Dunville to-day after a visit at "Hillcroft" with Mr. and Mrs. W. T. Minnes.

Mr. and Mrs. John Nicolle, who have been in Hamilton with Dr. and Mrs. Noble Armstrong, have left for California.

Mrs. George W. Prescott, Huron street, Toronto, spent New Year's with George W. Prescott, at the Hotel Frontenac, Kingston.

Mrs. Joseph Tyrrell, Toronto, who was with her daughter, Mrs. Arthur Dalton, Gore street, has returned home.

Capt. W. and Capt. S. Macdonald, Buffalo, N.Y., are with their sister, Mrs. R. A. Caughey, Collingwood street.

Mrs. James Massie, Toronto, is in town with Mrs. R. J. McKeivley, Bagot street.

Dr. Dotwiler, Kitchener, who was in town on Monday in connection with the work of the W.T.C.U., was at the Y.W.C.A.

Mrs. J. L. Fitzpatrick, Sr., Adolphustown, is visiting her daughter, Mrs. L. L. Vosper, Alfred street.

Alexander G. Sexsmith, Wolcott, N.Y., is spending a few weeks in Kingston and Napanee.

The latest cable from Berlin reads: "The cabinet's decision to go after German spenders who are hampering the relief campaign abroad by their lavish display of wealth and spending ability at winter resorts has sent the cold shivers down the backs of revellers at expensive German and foreign resorts alike.

That Monday was a typical winter day and several hiking parties were arranged among the younger set.

That Mr. and Mrs. Snelgrove, otherwise "Rex" and "Zana" have been popular as ever in Kingston and have played to large playhouses. Everyone is sorry to hear this is their last week.

That the report of the Red Cross society shows the splendid work that has been done for the returned men who still bear in their bodies the wounds and infirmities of war. Mowat Hospital has been in the care of an energetic committee and the funds of the society were used to provide presents for all the patients.

TO-MORROW'S HOROSCOPE BY ORNEVVS KEELLS

WEDNESDAY, JANUARY 16. This is to be read as a day of "mixed influences," according to the vocabulary of the astrologers. While the luminaries and the convertible Mercury are in benefic aspect, Mars, Neptune and Venus are adverse. This must be interpreted as bringing good fortune to those in the employment of others and generally forecasting encouraging transactions with those in authority, as well as promising a satisfactory business condition. Yet the Neptune rule warns of the possibility of intrigue or subtle attack. The Mars position warns against rash and quarrelsome conduct, and the Venus figure may bring inharmonious.

Those who birthday it is may look for a generally favorable year if they will shun rash and ill-governed conduct and keep home affairs harmonious. Those in the employment of others should benefit, and there may be recognition from superiors. A child born on this day will be clever, versatile and generally successful in life.

Mrs. Milton Sherman, Smith's Falls, while walking near the Methodist church was struck on the head by an icicle which fell from the roof of the building. Four stitches were required to close the wound.

The Rideau Gleaner is said to be the first paper published in Smith's Falls, published there in 1853 by G. E. Nelson.

Efficient Housekeeping

TOMORROW'S MENU

Breakfast	Stewed Prunes
Coffee	Fried Slice of Ham
Wholewheat Muffins	Luncheon
Fried Cornmeal Mush with Maple Syrup	Lettuce, French Dressing
Tea	Rolls Preserves
Dinner	Puree of Vegetables
Pot Roast Pie	Baked Potatoes
Canned String Beans	Diced Oranges and Bananas
With Mock Whipped Cream	Coffee

ANSWERED LETTERS. S. B.: Kindly publish directions for knitting a man's necktie."

The Children's Cough Remedy

MINTINE

Hair Often Ruined By Careless Washing

If you want to keep your hair looking the best, be careful what you wash it with. Do not use prepared shampoos or anything else that contains too much free alkali. This dries the scalp, makes the hair brittle, and ruins it.

The best thing for steady use is Mulsified coconut oil shampoo, which is pure and greaseless, and is better than anything else you can use.

Two or three teaspoonfuls of Mulsified is sufficient to cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dirt, dandruff and excess oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, fluffy, wavy, and easy to manage.

Trapper Finds Vicks Handy For A Host of Ills

Ontario Man Says It is a Most Useful Remedy.

Mr. C. Phoenix, of 755 Grey St., London, Ont., writes: "I am very pleased to recommend Vicks VapoRub. I am a hunter, trader and trapper, also a fisherman. I use Vicks VapoRub in place of liniments, because it is very handy to carry and always gives quick relief for small ailments and insect bites, and for chapped hands and lips. My boots would blister my feet and I rubbed it on them and it made them just right. When I go trapping next fall I will have plenty of Vicks VapoRub in my kit. I call it the 'Trapper's Friend.' I have not had a cold all winter and I go out all the time and sometimes stay out all night with my traps."

Vicks VapoRub, the discovery of a Southern druggist, is a combination in salve form of Camphor, Menthol, Eucalyptus, Thyme, Turpentine, etc. Absorbed through the skin and at the same time inhaled as a vapor, Vicks reaches immediately inflamed, congested air passages.

It is the modern, direct treatment for all cold troubles, the successor to goose grease, camphorated oil, liniments, poultices and plasters. Used for croup and children's colds, Vicks gives remarkably quick results, and also avoids nauseating internal dosing. Just as good for cuts, burns, bruises, bites, stings.

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Tablecloths, Napkins, Towels, Sheets, Pillow Cases and many other useful articles can be purchased to splendid advantage. All high class quality goods from the best British and Canadian manufacturers.

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