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THAT IT HAS BEEN SOLD FOR NEARLY FIFTY YEARS AND IS TO-DAY A GREATER SELLER THAN EVER BEFORE IS A TESTIMONIAL THAT SPEAKS FOR ITS NUMEROUS CURATIVE QUALITIES.

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Bring your car in, or send for us to call and get it. We will give you a flat rate for overhauling it or repairing it. First class mechanics. Special Compressed Air Oil Spray for removing squeaks, and the Greasing Rack, are some of the features. Service day or night (repairing and washing).

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For Auto Repairs

For all kinds of Automobile repair work, and where a real mechanic is needed, see us and have it done right.

R. GREENLEES

Angrove's Auto Sales, 146 Sydenham Street, Phone 1232.

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FROST'S AUTOMOBILE PAINTING

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Some men would rather put up a weak argument than furnish strong proof.

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CANADIAN NATIONAL RAILWAYS

NEED FOR NEW SCHOOL INSPECTOR STUART SAYS

The Enrollment in the Present Schools is Far Too High.

In his annual report Inspector J. Russell Stuart of the public schools of Kingston states:

The staff of the public schools consists of 65 teachers, of whom 61 instruct grade classes, and there are special teachers of writing, household science, manual training and music. Ten hold first class certificates and 53 second class. The special teachers hold the necessary qualifying certificates. The staff is not only fully qualified legally but as a whole is highly qualified practically. Their devotion to their work appears not only in the faithfulness with which their classroom work is done, but also in the efforts made, sometimes at considerable personal expense, to maintain or improve their qualifications. In addition to their special responsibility for the instruction of a class, the teachers cooperate with the supervisors in music, manual training and writing and take special courses of instruction out of school hours to qualify themselves for work in these subjects. In addition, the teachers of each grade meet monthly to discuss the progress of the work, and the means and methods employed, as well as to coordinate the programme for the following month. In grades above the primary they also co-operate in conducting monthly tests. These are helpful to those of less experience, and supply valuable information as to the standing of the class, and of individual pupils, for the benefit of teachers, parents and the pupils themselves.

Class Enrollment.
In October there was an enrolment of 2734, with an average daily attendance of 2487, showing a slight falling off from that of last year. The regulations prescribe that the average daily attendance in any classroom should not exceed forty. In October there were 35 classrooms with an average daily attendance in excess of forty. In ten of these the average was over forty-five. The average daily attendance per teacher throughout all our schools was 41. From the statistics available, this appears to be the highest of the cities of the province. The general average elsewhere is about 35. A concrete example will show more clearly what this means. In Peterboro, with a staff of 77 grade teachers, the average daily attendance was 2,665, or, per teacher, about 34½. To stand level with Peterboro, it would be necessary to add eleven teachers to our public school staff. A similar comparison with other cities of Ontario will show similar results. However earnestly or skillfully our teachers may work it is evident that it is unreasonable to expect an acceptable standard of efficiency. A strong disciplinarian may keep good order in an overcrowded class, but her methods, both in government and teaching, necessarily become more formal and less personal. The weaker pupils, those most dependent upon the teacher, necessarily suffer most.

School Accommodations.
In estimating the acceptability of school accommodations, considerations of health come first. The most essential are good lighting, ventilation and heating and the state of the sanitary equipment. Only one school fully satisfies the standards prescribed by the regulations, though the addition to Victoria school is excellent with respect to lighting and ventilation. Frontenac and Macdonald schools may be graded "good;" though, owing to insufficient radiation at the fresh air intakes, the ventilation in Macdonald School is inferior. The old wing of Victoria School and Central and Sydenham schools, with serious defects, are "fair." Louise, Rideau and Depot schools are quite inferior to any to be found in any other city of Ontario. These should be replaced by modern buildings.

A New School Required.
May I direct attention to the representation made in detail last year of the need of a new school, preferably located in the western part of Rideau Ward. Such a school is required:

- To provide sufficient classroom accommodation, suitably located, to permit the enrolment per teacher to be brought within legal limits, and to give our teachers conditions equally favorable for successful work to those enjoyed in all other cities.
- To replace obsolete buildings quite inferior to any to be found in other cities.
- To provide for additional classes in manual training and household science.
- To secure accommodation, for auxiliary classes for subnormals and other classes of exceptional pupils whose needs are not satisfactorily provided for.

Given a License.
During the services in St. James' church, Tweed, on Sunday evening last, Garfield Kincaid, who has been assisting in the reading of the services, was presented by the Rev. A. E. Smart with a lay reader's license. The license was issued by the Bishop of Ontario on Jan. 1st. Mr. Kincaid's assistance is much appreciated.

The abuse of money is the root of considerable evil.

EDWARD CRUMLEY WRITES

Met Many Kingstonians on His Trip Across Continent to California.

Edward Crumley, 2032½ Sixth avenue, Los Angeles, Cal., writes to the Whig:

Here I am with windows and doors open 3,500 miles away from Kingston, to tell you what I saw on the homeward journey. Nearly half a hundred friends and relatives, drove to the outer depot to see me off on the midnight train. High links and Highland flings for a time—rather ere train appeared then hand shaking and leave taking interspersed by smacks from sisters, cousins and aunts.

A day in Toronto was enjoyed with short visits to Lieut.-Col. Massey, Dr. Russell Reid, Alfred Goodcarle and Mrs. Margaret Robinson, also an evening of enchanting music at the home of Mr. and Mrs. Harry Martin by their talented daughter, Mrs. Peter Kennedy. A week was spent in Chicago with calls and visits on old time friends, all former Kingstonians. I had an evening with Mr. and Mrs. Richard Newlands, their married sons and daughters, Mrs. Newland's brother and wife, Mr. and Mrs. James, formerly of Belleville, a real Christmas feast when nineteen sat down to a real gobbler dinner. Similar evenings and feasts were had with William Smythe, whose wife was Laura Savage. Another with Alfred and Mrs. Dean, whose home is a veritable fairyland. It was here I met Dave McCammon and his charming wife, Queen's College and her marble halls, when Alfred was there, was talked of freely. A night or two was spent with Mr. and Mrs. John Middleton who drove me through the parks and boulevards so beautiful; one evening with Harry Middleton, wife, son and charming daughter. Harry is now proprietor of a large electric plating foundry. He delighted to introduce me to his friends and foreman as his first boss who paid him the fabulous salary of \$4 a month as did also David Laidlaw. He took us to Coconut grove for a dinner, not an out door place but a spacious hall as large maybe as Memorial and Ontario Hall combined. A large space in the centre was for dancing. Outside a rail were hundreds of tables for four and palm and cocoanut trees extending around the building. Hundreds were dining and feasting under myriads of soft tinted lights, the centre one being a cluster of illuminated cocoanuts. A Hungarian orchestra dispensed enchanting music so tempting that the floor was soon a mass of Beau Brummels and partners, then to tables again. All was artistic, beautiful and refined, each little party's enjoyment was separate.

Christmas and the following day were spent at Glen Ellyn, an outpost of Chicago, the home of Mr. and Mrs. Samuel Montgomery, a large home in the centre of huge oaks whose branches tower to the skies. Three great Dane dogs acted as guardian angels, or keepers of the peace. Some of the days had rain, but as one gazed out of the windows on Christmas morning, it was beautiful to behold. The trees and grounds were covered with snow and visible, or invisible, tracks of Santa and his reindeers after his filling the stockings of all good little boys and girls.

I was billed for an evening with Mr. and Mrs. George Kinnear, but George, somewhat indisposed, took an aeroplane ride to spend Christmas with his sister, Mrs. R. J. Reid, in Kingston.

Chicago during Christmas week was a sight to behold: stores beautifully decorated and a mad rush to gain admittance. Samuel Montgomery, Harry Middleton and myself started out to call on old Kingston folk. We had chats with Fred Pugh and Albert Taylor, both in the Boston store, silk department; Albert, formerly of Murray and Taylor, both well and doing well; Donald McMillan was next on our list, but he was ill with rheumatism in hospital. We conversed with his daughter there and left our New Year greetings; a chat with Tommy Kennedy, formerly of Portsmouth, found him well, and selling wall paper wholesale.

And then we rolled the Santa Foe to the land of sunshine and flowers, but as the saying goes, "The old lady of Scotland was plucking her geese" and we were fairly buried in snow near New Mexico, On approaching Los Angeles and Pasadena, when on New Year's Day the Festival of Roses is held, saw shine and soaps, so beautiful, containing millions of roses, viewed by hundreds of thousands, greeted us, and what a game of rugby, viewed by 60,000 persons, Navy of Washington vs. University Huskie, score 14 to 14.

Home at last, met by my wife and daughters, and dinner, to place of abode by Johnny Hendry and wife, formerly of Kingston, in his new Jewett sedan. Home again but with a trail of loving thought of the dear home land, Dead Man's Bay, friends and relatives.

After Feb. 1st we will be in our new bungalow home, 1277 Meadowbrook avenue.

Desert Lake News.
Jan. 10.—We have had some very cold weather but it ended up in an old fashioned thaw. Our new mail man, W. Bauden, has given us good mail service. George Wilson has been engaged sawing wood for J. Campbell. School has started again with the same teacher, Miss Smith, who has given good service. The telephone meeting was held at J. N. Abrams' to settle up the year's business. Miss May Wilson has returned after a lengthy visit. The wood bee at Frank Clark's was a success. J. Smith and family have returned to their home after a lengthy visit at A. Pomeroy's.

MOTHER!

Clean Child's Bowels with "California Fig Syrup"



Even if cross, feverish, bilious, constipated or full of cold, children love the pleasant taste of "California Fig Syrup." A teaspoonful never fails to clean the liver and bowels.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottles. Mother! You must say "California" or you may get an imitation fig syrup.

SMOKE SENATOR CUT PLUG

Deliciously Fragrant

15¢ packages ½ lb. tins.

Valuable Coupons in Each Package and Tin



Teach your child internal cleanliness

THE mother who permits constipation in her baby or older child is risking the health, even the life of her little one. It must be remembered that an infant is helpless, unable to tell that constipation is making its life miserable. Consequently the mother must be able to recognize signs of constipation in her baby. Convulsions, night terrors, grinding the teeth in sleep, feverishness, fretfulness and such symptoms—any of these may indicate that poisons from baby's stagnant intestine are flooding the little body.

In older children biliousness, coated tongue, loss of appetite warn the mother that constipation is present. Constipation, unchecked in youth, may lead to serious consequences. In constipation, according to intestinal specialists, lies the primary cause of more than three-quarters of all illness, including the gravest diseases of life.

Laxatives Only Aggravate Constipation
The mother should not resort to laxatives. A noted authority says that laxatives and cathartics do not overcome constipation but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Why Physicians Favor Lubrication
Medical science, through knowledge of the intestinal tract gained by X-ray observation, has found in lubrication a means of overcoming constipation. The gentle lubricant, Nujol, penetrates and softens the hard food waste and hastens its passage through and out of the body. Thus Nujol brings internal cleanliness.

Not a Medicine
Nujol is used in children's and general hospitals and is prescribed by physicians throughout the world. Nujol is not a medicine or laxative and cannot gripe. Like pure water it is harmless. Let your infant or child have Nujol regularly—and see rosy cheeks, clear eyes and happiness return once more. Get rid of constipation and avoid disease by adopting the habit of internal cleanliness. Take Nujol yourself as regularly as you brush your teeth or wash your face. For sale by all druggists.

Nujol

For Internal Cleanliness

WHY THE WEATHER?

DR. CHARLES F. BROOKS
Secretary, American Meteorological Society, Tells How.

The Winter Thunderstorms. Thunder in winter almost invariably marks a considerable change in the weather. It announces the arrival of the most trying winter weather, the rapidly changeable kind. Near the close of a cold spell the coming of the eastern flank of a warm wind shift may be marked by a line of thunderstorms where the greatest local contrasts between the cold and warm air masses occur. Soon after, the warm wind may wear its way to the ground through the denser cushion of cold air. Then again, at the western flank of the warm current, where cold air is pushing in, another line of thunderstorms may give warning of the imminence of a cold wave. Temperature in winter 25 degrees above normal are likely to end abruptly with a thundering shift of the wind to a cold direction.

The winter thunderstorm is the result of local overflow of cool air aloft rather than of heating below. The night is the usual time for these disturbances in winter, largely because winter nights are longer than winter days. To be awakened by a crash of thunder, and to see by lightning the downpour of rain, perhaps with hail, soon followed by snow, is to receive a lasting impression.

Typical Cases From the Hundreds of Thousands Relieved by BUCKLEY'S BRONCHITIS MIXTURE

You, too, are guaranteed this relief

Keeps Him Alive
"My son who has been overseas has been using your Bronchitis Mixture since coming home with a cold on his chest and tubes. He also has a cough. He could not live without Buckley's." Mrs. Ella Robinson, Box 422, Rodney, Ont.

Other Remedies Failed
"I have tried all sorts of cough remedies but have never tried anything before which has given so much relief as Buckley's Bronchitis Mixture." J. S. 613 Maryland St., Winnipeg, Man.

Sold by all druggists for Coughs, Colds, Laryngitis, Bronchitis.

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