NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

hone 243. Private 'phone 557w.

"One of the most delightful dances over given at R.M.C.," was the verlict on the lips of the hundreds of guests who accepted the invitation of the commandant, staff and gentlemen cadets of the Royal Military College to the Christmas dance 1923 on Friday evening. Under gay flags of the college, the guests pased up the stairway to the entrance to the ballroom of Sir Arthur Currie Hall, where they were welcomed by Lady Macdonell, who wore a hand-Over and carried a bouquet of roses. s, unfortunately, General Sir A. C. Macdonell was confined to house, Col. Victor Anderson received with Lady Macdonell. The ballroom from the gallery was an entrancing sight. Women and girls in lovely frocks of white, crystal, flame, blue or rose with black and sequined gowns as men's uniform of the staff or scarlet tunics of the cadets. On the windows were the scores of the series of the rugby games that won the cadets the intermediate Dominion championship, and on the platform, with a football on either side of it, tied with red and white ribbons, was the trophy. Large lights haded with red and white, and a re volving light in the centre with a spot-light used at intervals, added to the charming effect. At the back of the stage were the college arms and motto shining forth in colored lights. The music of the Ionian Or. chestra. Ottawa, was excellent.

and Mrs. F. W. Hill, Col. and Mrs. (Brockville), Miss Mary Macgilli. Francis Constantine, Col. and Mrs. vary, Miss Athol Jackson (Brock-Norman Leslie, Col. and Mrs. G. ville), Miss Olive Allen (Goderich), Hunter Ogilvie, Col. and Mrs. Miss Ruth Ladore (Windsor), Miss Stockwell, Col. and Mrs. A. E. Har- Francesca Foulkes, Miss Helen Stea-

WE TRIM HATS WE SELL HATS. Parisian Shop 22 BROCK STREET

Old Dutch

Alittle goes a long way.

MAKE THIS AN

ELECTRICAL CHRISTMAS

See that this year's gifts are the kind that will give life-long happiness. Here are a few suggestions:

appropriate. It will give them years of entertainment.

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Irons, Boudoir Lamps, Table and Piano Lamps.

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FOR THE WOMEN FOLK-Curling Irons, Boudoin

Keeps

everything in

the bathroom

spotless. Use it

on walls, enamel

nickel fittings

etc.

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tubs, basins and

WE MAKE HATS

Editor of Women's Page, Teles | Halloway Waddell, Mr. and Mrs. N. Lyster, Mr. and Mrs. P. Du Moulin, Mr. and Mrs. S. M. Robertson, Mr. and Mrs. As N. Lee, Capt. and Mrs. Lee, Major and Mrs. Frederick Alderson, Mrs. A. S. Evans, Mr. and Mrs. W. A. Mitchell, Mr. and Mrs F. A. Dench, Mrs. W. A. Sawyer, Mr. and Mrs. Edward Rees, Mrs. Guy of Boyer, (Montreal), Mr. and Mrs. W. J. Fair, Dr. and Mrs. A. W. Winnett, streamers of red and white and the Mrs. R. McMichael, Judge and Mrs. Lane and a party, Mrs. T. C. Boutil-

lier, (Montreal). The Bishop of Ontario, the Dear of Ontario, Mrs. Constantine, Major and Mrs. Turner, Mrs. W. B. Carey, some gown of amethyst brocade and Mrs. G. B. Rooney, Col. and Mrs. Ernest Sparks, Col. and Mrs. H. E Boak (Toronto), Mr. and Mrs. H. C Nickle, Brig.-General and Mrs. A. E. Ross, Dr. Carl Ford (Montreal), Mr. and Mrs. W. J. Gibson, Mr. and Mrs. Ambrose Shea, Lieut,-Col. and Mrs. J. S. Skinner, Mrs. A. H. Fair, Mr. and Mrs. C. E. Taylor, Mrs. Van Wren, Mr. and Mrs. W. K. Macnee, Col. and Mrs .Felix Johnson, Rev. gaily with partners in the scarlet W. E. Kidd and Mrs. Kidd, Mr. and Ernest Cunningham, Mr. and Mrs. T A. Kidd, Col. and Mrs. W. T. Connell, Mrs. Ford, Capt. and Mrs. Hurd Col. and Mrs. W. P. Wilgar, Major and Mrs. Hugh Wotherspoon, Prof. and Mrs. Manley Baker, Dr. and Mrs. James Miller, Prof. and Mrs. Jemmett, Mrs. Ganong (Toronto).

Miss Altson Macdonell, Miss Barbara and Miss Peggy Bidwell, Miss Helen Strange, Miss Kitty and Miss Jessie Torrance, Miss Ottalie Kerr, (Toronto). Miss Caroline Mitchell, Miss Rosalie Britton, (Montreal). Miss Mary Mann, Miss Nan Lewis, Judging by the number of waltzes | Miss Ganong, Miss Broughall, (Toronto), Miss Vivien White, Miss Doris McKay, Miss Charlotte Harwood, Miss Lilian Adair, (Montreal), Miss Helen Tofield, Miss Grace Mooers Among those present avere: Col. | Miss Carol Patterson (Montreal) and Mrs. Victor Anderson. Col. and Miss Vivien McCartney, Miss Anna Mrs. Schmidlin, Col. and Mrs. H. J. Mahood, Miss Jessie Wright (Tor-Dawson, Major and Mrs. Greenwood, onto), Miss Shirley Stewart (Ot-Major and Mrs. Tremaine, Major tawa), Miss Lilian Fair, Miss Mary and Mrs. Jeffries, Major and Mrs. | Ogilvie, Miss Audrey Cook (Mon-Lawson, Capt. and Mrs. Vokes, Capt. treal), Miss Nevada Best, Miss md Mrs. A. W. Kelly, Capt. and Gwendolyn Dawson, Miss Louise Mrs. Finnie, Prof. and Mrs. Frank | Hill, Miss Kathleen Rosamonde (Al-Day, Capt. and Mrs. Dickinson, Prof. | monte), Miss Anne Langwith, Miss and Mrs. Gelley, Prof. and Mrs. W. Frances Murray, Miss Marjorie Har-R. Bridger Prof. and Mrs. Lorne vey, Miss Marion and Miss Jean Richardson, Capt, and Mrs. E. J. Lambley (Montreal), Miss Jessie Harvey, Dr. and Mrs. Browne, Mr. | Mair, Miss Jean Fraser (Montreal), Lowe, Mrs. H. P. Lowe, Prof. and Miss Marjorie Evans, Miss Lois Tay-Mrs. Leroy Grant, Capt. Harvey, V. lor. Mise Maybell Forest (Port C., Mrs. Harvey, Mr. and Mrs. Twiss, Hope), Miss Grace Rowley (Mon-Prof. Vattier, Madame Vattier, Gen- treal), Miss Gwenyth Matheson (Oteral and Mrs. J. H. Elmsley, General | tawa). Miss Amy Wilkinson

is. Col. and Mrs. Beverley Browne, cy, Miss Clara Farrell, Miss Marjorie Major and Mrs. Garnet Greer, Ma- Booth, Miss Jøyce Cowie, Miss Heaor and Mrs. Lafferty, Capt. and Mrs. | ther Cassles (Montreal), Miss T. toberts, Capt. and Mrs. J. C. Mur- Gallagher, Miss Nan Heeney (Othie, Capt. and Mrs. J. F. Preston, tawa), Miss Nora Macnee, Miss Cecil and Mrs. H. Cassels, Major and Mrs. Eleanor Phelan, Miss Mary Morrison, James, and Mrs. O'Reilly. E. F. Osler, (Toronto), Mr. and Mrs. Miss W. Nobes, Miss Elizabeth Lys-

Flo Cunningham, Miss Margaret Dec. 25th. Light, Miss Hilda Langwith, Miss Alma R. Graham, Miss Beatrice Be-

treal). Miss Dorothea Sands, Miss. Peggy Hearn, Miss Mary Mann (Toronto), Miss Katherine Acer, Miss Gerda Parsons (Montreal). Miss Agnes Bellhouse, Miss Catharine Minnes, Miss Harriet Vair, Miss Nora Bidwell, Miss Marion O'Hara (Ottawa), Miss Helen Campbell (Guelph), Miss Jessie Dickson (Toronto), Sheriff Vair, Capt. Matheson (Halifax), Prof. Rory, Dr. O'Connor, and a number of ex-cadets, including Hughes (Montreal), Kirkpatrick, Mann, Ferry, Ogilvie (Toronto), Macconald and Poroitt.

The "At Home" at the Kingston Collegiate Institute on Thursday evening was a jolly affair and one of the most successful events of the kind ever held in Kingston. Mrs. E. O. Sliter, Mrs. J. W. Kelly, Mrs. E. P. Hedley, Mrs. W. J. Fraser, Miss Hattie Chown and Miss Margaret Hall received. The rooms were decorated with the K.C.I. colors.

nee, Miss Ethel Olive Joseph (Mon-

. . . Mrs. Philip Du Moulin, Sydenham street, was the hostess of a pleasant tea dance on Friday afternoon for the visitors in town for the Christ-

Miss Lois Taylor, The Principal's Residence, Queen's University, gave a small dinner before the dance at the Royal Military College on Friday evening, for her guest, Miss Nan Lewis, Toronto.

Mrs. A. B. Cunningham gave Christmas tree on Friday afternoon for her little grandson and her small niece, Elizabeth Boak, Toronto.

A jolly dinner was given at th Frontenac Club on Friday evening before the dance, by some of the excadets in town.

Mrs. James Collins and J. P. Col ins, Montreal, and Margaret Water. New York, will be with Mr. and Mrs. Norton Collins, Alfred street;

Prof. B. K. Sandwell, of Queen's inversity, and Mrs. Sandwell leave guests of Mr. and Mrs. C. W. Simpson, until after Christmas. .

Miss Maybell Forest, Port Hope who was in town for the dance a the Royal Military College, was with Dr. and Mrs. L. G. Bogart, Welling.

George Kirkpatrick, Toronto, was one of the ex-cadets in town for the dance at the R. M. C.

Miss Dianthia Herbert, Queen' Iniversity, has left for Ottawa, Mrs. H. P. Lowe and Mr. Lowe, 'The Winston," will spent Ohristmas in Toronto.

Miss Bessie McLellan, Queen's Un. iversity, left on Friday for her home in Perth.

Miss Norah Kavanagh, who is arending Queen's University, will be n Ottawa to send the Christmas no.

Judge and Mrs. O'Reilly, Corn. fr. and Mrs. William Harty, Mr. Macnee, Miss Laura Kilborn, Miss spend Christmas with their son,

Mr. and Mrs. Mac. Howell, Kingter, Miss Isabel Minnes, Miss Anella ston, are visiting relatives in Pic-

Miss Gildersleeve, Miss W. Gordon, The Bankers' Club of Picton, have New York and Boston. Miss Tation (Montreal), Miss Wilna issued invitations for their fourth Luxton, Miss Marion Bruton, Miss annual at home at the armouries on

. . . dell (Bowmanville), Miss Nora Mac- will spend Christmas in Ottawa with her son, H. M. Fair and Mrs. Fair Miss Edna M. McDonald will spend Christmas in Ottawa with her mother, Mrs. W. H. McDonald, and her sister, Miss Amy McDonald.

North Augusta, will spend the festive season with the latter's parents, Mr. and Mrs. J. F. Davis, 210 Union street.

Mrs. E. J. Lake, Alfred street, visited her sister, Mrs. Albert Collier. Picton, who left this week on trip to California.

Mr. and Mrs. J. Russell Stuart, Alfred street, will go to Ottawa will Monday to spend Christmas with their daughter, Mrs. Stuart Black-

ney and Mr. Blackney. Mr. and Mrs. C. J. Harper, Nelson street, left today to spend the Yuletide in Toronto.

W. McK. Wright, Windsor, reach- the holiday season. ed the city today to spend Christmas with his wife and her parents, Mr. and Mrs. J. E. Hopkirk, Frontenac

Vernon Crawford, Pittsburg, Mass. will reach the city on Sunday to spend the Christmas vacation with his parents, Mr. and Mrs. Robert Crawford, Barrie Street.

street, entertained at dinner last eve. bride and groom leaving immediat if they are in the employment

Mrs. J. Bell Carruthers, "Annan-satin hat and brown suede shoes, Monday's astrological chart holds expect a lively, happy and prosper-store at Simons."

TOMORROW'S MENU. Breakfast. Grapefruit Cereal Wholewheat Griddlecakes

Dinner Roast of Pork Mashed Potatoes Lima Beans. Apple Sauce Lettuce, French Dressing

Maple Sirup

Cottage Cheese Loaf with Pimiento Sauce Quick Biscuit

Preserves Cakes

Raisin Pie

eeding the Child of School Age. So many mothers write me to ask

prunes, or an apple. One helping of cereal if no egg is served; otherwise, two helpingeof cereal. cereal and to drink. (Of course sugar on cereal). Two slices

potato perpared in any way that re- tea. quires no frying. Some sort of vegetable (one of the "bulky" vegetables should be served frequently-such as carrots, squash, beets, stewed celery, spinach or turnip; the stringy fibres of these vegetables are called "roughage" and act as a broom in sweeping out the intestines). Bread and butter. A simple desert such as bread pudding, corn starch puddings, custard, or a fruit desert.

Supper: A cream soup is very nourishing and may be served as the main dish for supper. Other good

street, has returned from Toronto where she was with her daughter, Mrs. R. F. Segsworth. Mrs. Edward Smythe, Mexico, who

ily is now with Mr. and Mrs. W Bartlett Dalton, West street. Major and Mrs. Noel Carr. "Elm-

has been in Montreal with her fam-

hurst," will spend Christmas Napanee. Miss Florence Jackson, New York.

Mr. and Mrs. Grant Potter and their son, Toronto, and William Potter, Tweed, will spend Christmas with Mr. and Mrs. William Jackson, William street west.

Dr. Carl Y. Ford. Montreal. with the Dean of Ontario during his stay in town.

Mr. and Mrs. Harold Davis, King street west, will go to Newmarket on Monday to spend the holiday season with Hon, E. J. Davis and Mrs. Davis, gregation that a memorial of the

The Dean of Ontario will go to Montreal on Christmas Day to spend a few days with Dr. Carl Y. Ford. Prof. and Mrs. Manley B. Baker. William street, leave on Sunday for home for Christmas say Kingston is

Miss Mary Ferguson and Robert Ferguson, Dental College, Toronto. will spend Christmas with their par-Mrs. J. M. Fair, Aberdeen avenue, ents. Mr. and Mrs. T. H. Ferguson, student who got a knock in the eve C. A. Donnelly, Montreal,

Dr. and Mrs. A. I. Armstrong, the boliday season with Mr. and damage was repaired. Mrs. Archibald Copley.

Mrs. George McKay and her children, Chicago, Ill., will arrive in make the trip in a motor this year Year's.

Miss Ethel Olive Joseph, Montreal, was with the Misses Waldron, Barrie street, while in town for the dance at the R.M.C.

Mr. and Mrs. S. D. Robinson and their daughter. Joan, - Fredericksburg. Miss., and Mrs. J. A. Waddell. Winchester, with her daughters, Ma- more cheerful. bel and Jean, are with Mr. and Mrs. W. J. Robinson, Division street, for

(Continued on Page 18.)

WEDDINGS.

Fair-Watts. There will be a family reunion at marriage was solemnized in the the removal of a long-thwarting and the home of Mr. and Mrs. J. B. chapel of St. James' church of Elsie perplexing situation. Those in the Cooke, Union street, at Christmas, S. Watts, daughter of John O. employment of others should be Among those who are coming are Watts, Stuart street, and Roland J. careful not to offend their super-Dr. Harry Cooke, Oshawa, Dr. Allan Fair, son of Mrs. J. Marshall Fair, lors. Cooke, Brockville, Norman Cooke, Aberdeen avenue. The br.de wore a Those whose birthday it is may B.Sc., Cornwall, their sons; and smart frock of bamboo colored nat look for a year marked by the re-Mrs. Wilson, Keswick, a daughter, crepe and hat and shoes to match moval of an old obstruction, bu and carried a bouquet of roles. The they should shun quarrels and be Mrs. Valentine Stockwell, Alice wedding was a very quiet one, the especially careful not to give offence ning before the dance at the Royal ely on the fact train for the others. A child born on this day prosperous activities in many avewest, the bride wearing a dress of should be equipped to work hard for nues. navy blue pooret twill, a small brown its living.

main dishes are: Any favorite cooked cereal, an egg (if no egg was served for breakfast) milk toast, creamed peas on toast (or any favorite vegetable creamed) steamed brown rice, or macaroni.

Every child needs, daily, quart of milk. This quart may be served in many ways-in soups, in puddings, on cereals, in the form of cocoa, or drunk from a glass. Children who do not like to drink milk can frequently be persuaded to do so after school if ginger snaps or some kind of cookles are given with the milk. As few raisins and dates are also excellent for the child to eat after school (in place of candy).

"What beverages may my child drink?" is another question I am often asked. My answer is just school age. Here is a nourishing with too much cocoa powder. It may dist for children from nine to 15 be served at breakfast in place of coffee in cases where a child has Breakfast: An orange, stewed been allowed to form the coffee ha-

bit too early. One mother recently wrote me that her 14-year-old boy insisted up. on a cup of tea at breakfast and that Noon Dinner: An ordinary serving give him cocoa instead, or else giv of some meat. White potato or sweet him hot milk barley flavored with

> All inquiries accressed to Miss Kirkman in care of the "Efficient Housek'seping" department will be answered in these columns in their turn. This requires considerable ime, however, owing to the great number received. So if a personal or quicker reply is desired, a stampand self-addressed envelope mushe enclosed with the question. Be

COMING EVENTS

Notice of future events, not inminimum 50c.; if held to money, 4c. per word, minimum \$1.00 Reception and Personal Notices 25 words or less, \$1.00.

The Eaitor hears

That the handsome oak pulpit in St. George's cathedral was presented to the cathedral by the children of the Sunday school and is most suitable and in keeping with the other church finishings. It is felt by many members of the cathedral conlate Bishop of Ontario should take some other form than a pulpit.

That the boys and girls who come a pretty good old city after all.

That Queen's girls care not whit what they look like if only they get home for Christmas. Brock street, who will also have at basketball and who was in for with them Mr. Ferguson's niece, Miss a bad black eye if treatment was not applied at once, refused to miss the Mr. and Mrs. Thomas Copley, Pine train home and started off with an street, and their daughter, Dorothy, eye that will astonish her family, have left for Detroit, Mich., to spend, rather than be delayed while the

That Santa Claus will have town on Monday to spend the Christ- The poor old reindeer are quite out mas season with Mr. and Mrs. Wil- of it and instead of the merry jingle liam McKay, 303 Collingwood street. of sleigh bells the bonk of a motor Mr. McKay will join them at New horn will break the stillness of the morning air.

> That the Kiwanians will see that no child in Kingston is left toyless at Christmas. We will hope the weatherman will at least give us a touch of frost to make things a bit

TO-MORROW'S HOROSCOPE BY GENEVLEVE KEMBLA

SUNDAY AND MONDAY DECEMBER 23-24.

Sunday's horoscope holds conflicting figures which augur uncertainty At 12.45 o'clock on Saturday, the and disagreements, notwithstanding

christmas tree on Christmas sent coat trimmed with beaver. On conditions with much changing benefit and successful issues. R. J. Fair will live at 34 Aberdeen able excitement generally. The prising, perservering, original and "Buy all Yardley goods." planetary positions favor happy and independent in thought and action son's.

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-the wonderful medicine made from the juices of apples, oranges, figs and prunes and tonics. 25c. and 50c. a box-at all dealers. FRUIT-A-TIVES LIMITED, Ottawa, Ont.

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MacKey's Bread

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TO-NIGHT

AN OPPORTUNITY TO PUR-CHASE THAT GIFT YOU HAVE FORGOTTEN - LOTS OF USEFUL ARTICLES THE KIND OF GIFT THAT IS AL-WAYS APPRECIATED.

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THE WEBER PIANO

An Ideal Gift For Your Family This CHRISTMAS

We invite you to come in and hear the Style "L" at \$465

Even though you may not wish to purchase just now, let us assure you that it is always a pleasure for us to give a demonstration of the qualities of this remarkable Piano.

CWLINDSAY LIMITED

121 PRINCESS STREET KINGSTON

Those whose birthday it is may fur coats stolen from Willis Kindy's dale," will give a children's party she also wore the groom's gift, a the forecast of pleasant and lively our year, with enange or travel of The Canada Radio Stores' uncontheir return to the city Mr. and Mrs. about and travel and with pleasur-child born on this day will be enter- Back if you are not satisfied."

"Buy all Coty goods." Gibson's. Seven thousand dollars worth of

A ditional guarantee "Your Money