

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 248. Private phone 857w.

At the Wednesday meeting of the Dominion Club at the Armouries it was announced that Major Williams and Miss Mary Ogilvie had won the Douglas Young cup. Among those present were Col. and Mrs. Anderson, Col. and Mrs. Stockwell, Col. and Mrs. Dawson and Mrs. Gwendolyn Dawson, Mrs. Francis Constantine, Col. and Mrs. Beverly Browne, Mrs. Horace Lawson, Mrs. W. P. Wilgar, Col. and Mrs. A. E. Harris, Major and Mrs. V. Williams, Major and Mrs. Tremaine, Mrs. James Miller, Mrs. K. N. Halliway, Mrs. Hugh Wotherspoon, Mrs. Harvey, Prof. and Mrs. Bridger, Miss Mabel Gildersleeve, Mrs. P. G. C. Campbell, Miss Aileen Rogers, Mrs. Nora Macnee, Miss Ritchie, Miss Laura Kibborn, Miss Cecil Macnee, Miss Helen Strange, Miss Cecily and Miss Aline Rutherford, Col. Ritchie, Prof. McKee.

Mrs. J. S. Johnstone, 158 Frontenac street, was hostess of a pleasant surprise party, that a number of her friends planned in honor of her birthday on Tuesday. The mysteries of Mah Jong were thoroughly enjoyed also the dainty refreshments which were followed by speeches and Mrs. Johnstone was made the recipient of a beautiful Christmas plant. The happy evening was closed by those present joining hands and singing "For She's a Jolly Good Fellow," and finally Auld Lang Syne, and while every one gave the parting wish of many happy returns they also were earnest in their hope that they might be invited to spend many another happy birthday with their host and hostess.

Col. and Mrs. Alexander Macphail, Clergy street, entertained at dinner on Wednesday evening before the lecture in Grant Hall for Dr. Bliss Carman, when their guests included Principal Taylor, Prof. and Mrs. Sandwell, Miss W. Gordon and Prof. A. E. Ferguson.

The staff of the Royal Military College will give a tea dance on Saturday afternoon for the members of the rugby teams that won the Dominion championship, Queen's and R. M. C.

Mrs. Norman Fraser, Queen's residence, Earl street, will entertain on Saturday evening for the girls in residence.

WE MAKE HATS WE TRIM HATS WE SELL HATS. Parisian Shop 322 BROCK STREET

GALLAGHER'S TAXI SERVICE 960 DAY AND NIGHT

A RIDDLE "Why get along with just one pair of CUFF LINKS?"

That's a riddle to suit any man. He'll have three Suits of clothes, and as many pairs of boots, but only one pair of Cuff Links. Some men make one pair do for every occasion, from tweeds to evening clothes.

Have at least two or three pairs—one pair for dress occasions. We have several dozen designs to choose from—Mother of Pearl or Platinum. Priced from \$1.50

Kinnear & d'Esterre JEWELERS, PRINCESS ST., KINGSTON

IF COUGHS AND COLDS INTERFERE WITH BUSINESS

Supplied with GRAY'S SYRUP OF RED SPRUCE GUM

A Vegetable Preparation that gives quick results without drugging the system

Theodore Du Moulin, Trinity College School, Port Hope, will spend the holidays with Mr. and Mrs. Philip Du Moulin, Sydenham street.

On Tuesday Mrs. A. W. Winnett entertained the Bridge Club of which she is a member.

Miss Evelyn Gilbert, Centre street, was the hostess of a small tea on Tuesday for Miss Doris Donnelly.

Mr. and Mrs. Stuart Bleakney, who have been with Mr. and Mrs. Russell Stuart, Alfred street, will leave for Ottawa on Monday to spend the holiday season with Mr. and Mrs. Bleakney, Sr. Mr. and Mrs. Stuart will be with them at Christmas.

John McKelvey and his daughter, Mrs. Nora Macnee, will leave for Long Beach, California, on December 20th.

Miss Nora Bidwell will return from Bishop's Bethune College, Ottawa, next week to spend the holidays with her parents, the Bishop of Ontario and Mrs. E. J. Bidwell, Bishop's Court.

Mrs. Sidney Sobell, Clergy street, west, gave a duster shower and tea, on Wednesday for Miss Doris Donnelly, who is a much feted bride-elect.

Mrs. W. H. Graham Bagot street, entertained on Wednesday evening for Miss Doris Donnelly.

Mrs. Hugh Wotherspoon, Port Hope, is with Major Wotherspoon, Wellington street.

Mrs. A. E. Ross, William street, has returned from Toronto where she was a guest at the luncheon at Government House, on Tuesday.

Mrs. F. S. Ferguson, Inverary, was in town on Thursday for the meeting of the executive of the Women's Institute of the district of Frontenac.

Miss Ida Roman, Bagot street, has returned from Toronto, where she attended the luncheon at Government House.

Mrs. J. H. Elmsley and Mrs. William Hart were among the Kingston women who were guests at the luncheon given at Government House, Toronto, on Tuesday, to the outstanding women of the province.

BLISS CARMAN AT QUEEN'S. Noted Canadian Poet Appears Before a Large Audience.

That the poetry of Bliss Carman is not only well known but has touched a responsive chord in the hearts of his fellow Canadians of Kingston, was shown by the large audience that filled Convocation Hall on Wednesday evening in spite of the other attractions in the city. Those who chose the reading of Canadian poems by their writer in preference to theatre or banquet were rewarded, not only by a rare treat but by hearing from the author that he had seldom appeared before a more sympathetic audience.

Principal Taylor introduced Dr. Carman, who read poems, new and old of his own, some of them only published recently and other old favorites. Bliss Carman has lived close to nature, caught her every mood, learned her wondrous lessons and given them to the world in pure, lyrical verse. God for him is the directing power that sends the wild geese flying north in April along the old, yet ever new trail to the "waters of desire." He tells the "mud turtles" to sleep in the roots of the lilacs under the black ice and when the spring winds blow, to bask in the sunshine. The nature poems of Bliss Carman are so simple, so true that one feels the poet has perhaps lived so apart from the world of men the better to learn the mystery of the great things, that the world of men and things is a sealed book to him. But in "Shamballa," one of the finest poems read on Wednesday evening, and one of his most recent works, he takes us to the city "where the keys of all mystery are," from whence come the prophets of all ages to heal the ills of the world, and we realize that the poet knows the sins and sorrows of mankind as he does the wonders of nature. Some of the new poems were of the great west and the Rocky Mountains among them an Indian legend "The Truce of Manitou" and the song of Vancouver. The great ports of the west, Tyre and Sidon have vanished but "Here is Vancouver on English Bay with tomorrow on her brow."

Prof. Sandwell moved a vote of thanks to Dr. Carman, saying he had long been urging more attention to Canadian literature and felt himself justified. Bliss Carman's poems were Canadian and undoubtedly they were literature.

Another One! Yes, we had no stewed chicken. We had no stewed chicken this year. We'd scalloped potatoes, nice cabbage salad.

We had old-fashioned cold pork. And beeta straight from New York (?). But yes, we had no stewed chicken. We had no stewed chicken to-day.

The Editor Hears

That a Kingston lady living on Albert street picked a bunch of peonies in her garden on Sunday, December 9th and dandelion blossoms were gathered in town and in the neighborhood. In Ottawa the buds on the lilac trees are swelling and evidently nature believes we are going to escape our usual Canadian winter.

That the story is told of Charles D. Roberts, the noted Canadian writer, that when asked what his cousin, Bliss Carman, who was beginning to write songs that caught the fancy and touched the heart of Canadians, was like, said, "Oh, Carman, he is more than six feet tall and adored by the ladies."

That the shops are still full of pretty things. The mild weather is delaying the Christmas shopping for it is hard to realize that there is only ten shopping days left, when the weather is so unlike Christmas.

That two energetic Napanee girls started to hike to Kingston on Tuesday and although they got a few lifts they covered most of the twenty-five miles on foot, arriving in town about four o'clock not tired, but hungry.

That the Christmas decorations in the Kingston shops are well done and most attractive.

That a New Yorker declares: "Lovers are divided into two kinds: perennials and annuals. The former are less showy, but you can always find them in the same place. The latter make a grand display while they last—but even the continual attention they require cannot keep them alive longer than a single summer."

Why Shoes Wear Out. The average step is 26 inches. This means 1,920 steps to the mile, or 13,400 in a five-mile day. A person weighing 160 pounds, in a day has pounded into his shoes 751 tons and 600 pounds of meat, bone and trolley, and all this he carries above his shoes. Men buy three pairs of shoes a year. A steel hammer, weighing 160 pounds, coming down at that rate for four months, would have to be renewed each day and would have to be fished out of the deepest hole in the earth at the end of the four months. No wonder shoes wear out. But what about the poor feet that have to carry this load—and this incessant pounding? Out of 200 bones in the human body, over 52 are in the feet. And, as if one bone in the foot is strained or not properly supported, it causes pain, discomfort and nerve troubles, not only locally, but its effect is felt throughout the entire system.

Great was the shock at the revelation of hundreds of thousands of cases of fallen arches and other foot deformities during the war, and the public is now seeking shoes which "support" as well as cover the foot. Special attention is now given to proper support of the arches, not by props and inserts in ordinary shoes, but in the basic construction of the shoe itself. Of these there are two principles followed—the rigid shank under the foot arch and the flexible shank allowing the foot freedom as if barefooted. But a combination of the rigid and the flexible method is found in one shoe which has a spring steel support inside the sole extending from the heel to just beneath the scaphoid bone, supporting it and the meta tarsal bones of the foot. The virtue of this is that it allows the foot arch full flexibility of movement, while acting as a support at the proper point. This shoe not only covers and adorns the foot, but it defends and protects the arch.

Something About Starch. If you will starch the colored clothes and overalls from the time of their first washing you will find the starch will prevent the dirt from getting into the fabric and keep the sun from fading the colors.

To me the meanest flower that blows can give Thoughts that do often lie too deep for tears.—Wordsworth.



"Oh! Look, Mummy! Is that a fallen angel?" —From London Opinion.

DAWNING OF CHRISTIAN PRINCIPLES IN INDIA

An Address Given by Prof. Yohan Masik, of Indore Theological College.

In Chalmers church on Wednesday evening, Prof. Yohan Masik, of Indore Theological College, Central India, gave a most vivid picture of the dawning of Christian principles and the spreading of Christ's doctrines among the many millions of that vast country. A great change has come with the great awakening and unrest which has been stirring the soul of India in these latter days. Prominent leaders in their speeches quote continually from the Bible and hold Christ up before their hearers as one of the greatest leaders in the history of mankind. Gandhi is proud to take Him as an example and to endorse His teachings as the highest and best for men to follow.

"India," said the speaker, "is above all a religious country, the most religious perhaps in the whole world. A Hindu is born religious, lives religious and dies religious. Every act of his life is performed religiously. India has never been sceptical. Superstitious the people are, idolatrous, misled and groping in darkness but yearning always for a vision of God. A land filled with heathen temples, with idols, hideous and repulsive, with ignorance and wickedness and superstition, yet the soul of India, is spiritual." Restless and unsatisfied men are everywhere seeking after a God who will give them peace.

The greatest curse of this unfortunate people is the awful caste system which hinders any spiritual or social progress. Christianity has dealt a blow to this in every case where conversions have taken place among the low caste masses. The children of these "untouchables" (of whom there are some fifty millions) are taken and educated and return to work among their people as doctors, teachers, etc. This is a veritable miracle to those enslaved so long under the awful hopelessness of the cruel system of caste.

The high caste man or woman who accepts Christianity becomes an outcast. The most sacred family ties are broken. Yet in spite of all the persecution, and the tragic separation of brother and sister, mother and child, husband and wife, Christianity is advancing with rapid strides. The population of all India has increased in a year 1.2 per cent., while at the same time Christianity increased 22.64 per cent. As many as 7,000 have been baptised in one month. Many more could be gathered in if there were Christian workers to teach them. More money and more men are needed, and the native Christians are looking to us to stand by them. Everything is favorable for increased activity in missionary work.

The condition of women has undergone a wonderful change. A freedom never dreamed of has now come to them. Girls' schools are being opened everywhere and women are even seen on public platforms pleading for the rights which have been so long denied them. "The key to the eastern problem," concluded the speaker, "lies in India. A truly Christian India will sweep the whole east into Christianity. Solve the problem of India and you have solved the whole eastern problem."

Rev. Dr. Macgillivray presided at the meeting and the speaker was introduced by Prof. McPadyen. Prof. Yohan Masik, whose name in English is "John Christian," holds many important offices in his native land of India, among others that of the principalship of Indore Theological College, and that of moderator of the Presbyterian church in India.

Coffee Grounds. After the sink is cleaned out, pour down the grounds from the coffee pot along with some hot water. They will serve as a cleanser and carry away the grease from the drain pipes.

For Your Next Shampoo. Try putting a half-cup of vinegar in the rinsing water when next you wash your hair. It will soften it and give it a pretty sheen.

QUEEN GETS EXAMPLE OF EARLY SHOPPING

The British Public Follows Suit and Trade Exceedingly Brisk.

London, Dec. 13.—Queen Mary is doing her Christmas shopping early, and the British public is following suit. Consequently, the Yuletide trade in London is two weeks ahead of its last year's schedule and is exceedingly brisk.

In keeping with the changing times, the formality and pageantry that were once attendant upon the shopping trips of a Royal personage have disappeared. Formerly a member of the Royal house was surrounded by almost as much ceremony as a State progress. Equerries appeared at the selected shop, red carpets were hurried out, a way was cleared and decorated and vehicles in the street were moved away.

Now, however, the favored store manager gets a telephone call a few moments before his customer arrives. He receives his patron at the door, and is in attendance during the shopping expedition, but otherwise the establishment carries on as usual.

TO-MORROW'S HOROSCOPE BY GENEVIEVE KEMBLER

FRIDAY, DECEMBER 14.

This day may be memorable for sudden and abrupt change or journey, which should eventually bring unexpected advantage. There may be quite radical departures from the general course of events, involving both business and domestic affairs, as the revolutionary Uranus is in close configuration with Sol. A friendly position of Venus with respect to Luna makes for happy and prosperous conditions in home and heart affections. The sextile of Mars and Mercury stirs all affairs to aggressive and quick movement.

Those whose birthday it is may anticipate an eventful and active year, with unexpected change and benefits. There may be travel of advantage and general good fortune in both business and other matters. Pleasant conditions should prevail in the home, and heart affairs should come to a happy understanding. A child born on this day will be quick, clever, versatile and fond of change and travel. It will succeed in its undertakings and be happy in its home.

Miss Allen's TESTED RECIPES No. 38

Quick Bran Nut Bread

- (This recipe was given us by the chef of a very creditable man who eats only this kind of bread) 1 tablespoonful Crisco 1 egg 1/2 cupful sweet milk 1/2 teaspoonful salt 1/2 cupful chopped walnut meats 1/2 cupful molasses 1/2 teaspoonful baking soda 1/2 cupful boiling water 1/2 cupful flour 1/2 cupful bran

Mix together the flour, bran and salt. Add the Crisco to the molasses and mix thoroughly. Then add the egg well beaten. Then the milk and chopped nuts. Dissolve the soda in boiling water and add to this mixture. Then add the flour and bran.

CRISCO Made in Canada

For light, tender cakes For digestible and flaky pastry For crisp, digestible fried foods



For Thin Falling Hair Use Cuticura

If your scalp is irritated and your hair dry and falling out in handfuls, try this treatment: Touch spots of dandruff and itching with Cuticura Ointment and follow with hot shampoo of Cuticura. See that you use more Cuticura for all skin and scalp troubles. Sold through all drug stores, Canadian Dispensary, London, Ontario, 510 St. Paul St., W. Montreal.

EAT MacKEY'S BETTER BREAD BECAUSE: It's raised with Fleischmann's Yeast. The wonder food eaten by millions of health seekers. MACKEY'S BREAD Phone 834. Image of a loaf of bread.

MAKE THIS AN ELECTRICAL CHRISTMAS See that this year's gifts are the kind that will give life-long happiness. Here are a few suggestions: FOR THE FAMILY—A RADIO SET would be most appropriate. It will give them years of entertainment. FOR THE WOMEN FOLK—Curling Irons, Boudoir Irons, Boudoir Lamps, Table and Piano Lamps, Come in and see the above at The H. W. Newman Electric Co. 167 PRINCESS STREET PHONE 441 KINGSTON'S PIONEER RADIO SUPPLY HOUSE

Christmas Handkerchiefs of PURE LINEN We sell the genuine Fine Irish Linen—the kind that always looks so well and gives satisfactory wear—always an acceptable gift. Women's Plain Hemstitched from 10c. to 75c. each. Men's Plain Hemstitched from 20c. to \$1.00 each. Initialed for Women in white and colors at 15c., 25c., 35c., 45c., 50c. each. Fancy Embroidered Handkerchiefs in boxes—white and colors—an immense variety from 50c. box up. Lace and Silk Handkerchiefs in white and colors from 25c. to 45c. each. W. N. Linton & Co. Phone 191. The Waldron Store.

THE SONORA "Trovatore" MODEL \$125 Sold on easy terms of \$10 cash and \$6 monthly. A full size Cabinet instrument, exact as illustration and embodying all the exclusive features of this make. Select a SONORA PHONOGRAPH FOR CHRISTMAS THE HIGHEST CLASS TALKING MACHINE IN THE WORLD. SOLE AGENTS LINDSAY'S 121 PRINCESS STREET KINGSTON