NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Cooke's church hall was a pleasant place, on Wednesday afternoon when the Ladies' Aid held its annual tea and sale. Mrs. Walter Cannem took the admission fee and then the visitors were received by the prestdent, Mrs. R. J. Diack, Mrs. T. J S. Ferguson, Mrs. T. Donnelly and Mrs. Dennison. Lights, shaded with red, cast a soft glow over the scene and red and green decorations gave the large room an air of Christmas,

> WE MAKE HATS WE TRIM HATS WE SELL HATS. Parisian Shop



Editor of Women's Page, Tele | A table of homemade cooking was phone 243. Private 'phone 857w. presided over by Mrs. W. Burns, Mrs. J. Dunlop, Mrs. J. Hoppes. Mrs. G. Pyke, Mrs. G. Pyke, Jr., Mrs. T. Reid and Mrs. Clugeton. Sweets in pretty boxes were sold by Mrs. S. S. Corbett, Mrs. T. H. King and Mrs. Robert McMahon, A work table with attractive articles for sale was in charge of Mrs. Mc-Loughlin, Mrs. H. Simmons, Mrs. E. J. Anderson, Mrs. J. Harris and Mrs. McGall. The dolls sold by Mrs. S. Horne, Miss Newman and Miss H. Makins, Fruit and pickles were for sale by Mrs. Glasford, Mrs. Leishman, Mrs. P. McCollough and Mrs. J. S. Johnson. Tea was served at small tables where parties enjoyed a chat. Mrs. Hyland was convenor of the committee and at the deintily appointed table, centred with a vase of white mums and fern on a silver mirror, Mrs. W. J. Paul and Mrs William Jackson poured tea

coffee assisted by Mrs. Caughey, Mrs. J. D. Derny, Mrs. H. Moore, Mrs. McKay, Mrs. W. Laird, Mrs. W. Chapman, Mrs. T. Clenaghan and Miss K. Easson, Rev T. J. S. Ferword of welcome for the visitors. \$250 was realized at this successful

A very large attendance of members marked the Wednesday meeting of the Badminton Club. Among those, present were Col. and Mrs.

PURITY

FLOUR

More Bread and Better Bread

USE IT IN ALL YOUR BAKING

with Vicks

Ontario Families

Find it Wonderful

for Cold Troubles

Ontario people became acquaint-

In the hundreds of homes where it

ed last winter with Vicks Vapo -

Rub, the vaporizing salve for all cold

has been tried, Vicks is already a stand-by for croup, children's colds,

bronchitis, catarrh and various skin

troubles.

, hurts and itchings

and Better Pastry too

Victor Anderson, Col. and Mrs. Stockwell, Col. and Mrs. H. J. Dawson, Col. and Mrs. A. E. Harris, Col. and Mrs. Schmidlin, General Hill, Miss Louise Hill, Mrs. J. H. Elmsley, Mrs. W. Harty, Mrs. W Bartlett Dalton, Mrs. Francis Constantine, Major and Mrs. Lafferty, Col. and Mrs. Beverly Browne, Capt. and Mrs. H. Roberts, Capt. and Mrs. Howard Penhale, (Winnipeg), Mrs. W. P. Wilgar, Mrs. Alexander Macphail, Mrs. Arthur Dalton, Miss Mollie Cartwright, Capt. and Mrs. Harvey, Prof. and Mrs. Keith Hicks, Prof. and Mrs. Jemmett Mrs. Eric Greenwood, Mrs. Cock, Capt, and Mrs. J. C. Murchie, Miss Aileen and Miss May Rogers Miss Laura Kilborn, Miss Helen Strange, Miss Edith Carruthers, Miss Cecil Macnee, Major, Baty, Prof. Prince and Prof. McKee.

Mrs. W. F. Nickle, Toronto, received on Tuesday when Mrs. Hugh Nickle, Kingston, received her. The former Kingstonians who took this opportunity of calling on her found her welcome cordial and her new home charming and artistic.

Mrs. Thomas Harold, who B. Cochrane, Frontenac street, left on Tuesday for her home in Vanouver, B.C. Her daughter, Mrs. Wilkinson, arrived recently from with her uncle.

Mrs. Hugh Nickle, Earl street, Nickle and Mrs. Nickle.

derson. Barriefield.

Lennox I. Smith.

during his visit to Kingston.

Montreal, was the guest of Mr. and the whistle sounds for the last time, Mrs. Elmer Davis, Sydenham street, wins a prize. This is such a popuduring his stay in town.

The Editor hears

That Princess street is being de corated with evergreens for Christmas and looked quite gay on Wednesday in spite of the dreary the last-minute shoppers.

That the farmers have had enough come in less than three weeks. rain and say the wells are filled, the ploughing is finished and they are

Efficient

TOMORROW'S MENU Breakfast Cantaloupe Cereal Codfish Cakes

Luncheon Scrambled Eggs Corn Muffins

Preserves

Dinner Baked Tuna Royal Baked Sweet Potatoes Canned Peas Spiced Beets

Lemon Pudding ask me to publish simple games little "artist" who has won. suitable to play at a children's Spearing Peanuts: This is not

the category: whistle again, and the child who is ed to the second, when this is done

Rev. Richard Roberts, D.D., of nearest to the feather must drop the American Presbyterian church, out of the game. Then the whistle Montreal, was the guest of Prin- is blown again-and the fun repeatcipal Taylor, Queen's University, ed. At last only two children remain at the sheet, and the one who Rev. Principal Smythe, D.D., is farthest from the feather when lar game that it may be repeated several times if the hostess has provided 'several inexpensive prizessuch as lollypops or ten-cent bal-

> Puzzle Game: Before the party, mount several pretty magazine cov- number, and the name of your city ers on stiff cardboard, then cut each and province.

weather. This is a hint from the ready for winter. So are the mer- over, St. George's church Woman's merchants to "shop early," and save chants in Kingston, who look for- Aid, sale held to-day, almost comtheir staff from the awful rush of ward to a sharp frost to bring the pletes the efforts of the women of Christmas spirit into the air. But Kingston to make money to carry on rain or snow, December 25th will the good work of the church.

That the church sales are nearly

picture into eight or ten Group three or four children around each of these cut-up puzzles and, at a signal, let them begin putting the small pieces together to form a perfect picture. The group that first succeeds may receive some small, inexpensive prize such as

Drawing a Perfect Circle: This is game which the children will enjoy tremendously. In turn, each child is blindfolded and led to a large sheet of wrapping paper hanging on the wall and told to "Graw a perfect circle" with a piece colored crayon The mother-hostes decides which circle is the GAMES FOR A CHILD'S PARTY perfect, awarding a suitable prize-Several mothers have written to such as a child's paint box-to the

little rubber bails.

the summer with her brother, James party. The following come within new game, but it is one which will never be laid aside. Two quarts Fanning the Feather: Seat the of unshelled peanuts are placed in children around a bed-sheet on the a large meat pan. Each child is floor. Each child grasps the edge provided with a hatpin. At a sig-Seattle, Wash., to spend the winter of this sheet with his left hand, so nal, all begin spearing peanuts, each as to hold the sheet about six inches player removing the nut from the is from the floor, his right hand holds point of his hetpin as soon as spearin Toronto with Hon. W. F. a small fan. In the middle of the ed and placing it on the floor in sheet lies a feather. When the front of him before attempting to Col. Sutherland Browne, Ottawa, mother-hostess blows a whiatle, spear more. To prolong the fun, is visiting Col. and Mrs. Victor An- all the children begin fanning the all of the nuts may be tossed back feather, each little player trying to into the pan after each player has Miss Vera Martin, Hamilton, is in keep the feather as far away from counted those he has speared, and Ottawa, the guest of her aunt, Mrs. himself as possible. In one full the game may be repeated. Of minute the hostess blows the course the first score will be add-

> Tomorrow: -Some Delicious Bayar ief Creams.

All inquiries aggressed to Miss Kirkman in care of the "Efficient Housek'seping" department will be answered in these columns in their turn. This requires considerable ime, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street

That it is good news that the wards of Mowat hospital are to be filled with men who need the kindly care they are sure to receive in this institution. Recent visitors have felt that the big building should be all in use, if not with soldiers, then with civilians. Now that we know tuberculosis is curable everyone should be able to get the treatment

That head bands are still so popular that they make a dainty gift for a young girl who goes to many dances. The silver and gold bands and those made by tiny flowers are charming.

That the various church societies will deck the wards in the General Hospital as usual. This is a kindly act appreciated by both staff and patients.

TO-MORROW'S HOROSCOPE

BY GENEVIEVE KEMBLE

FRIDAY, DECEMBER 7. The sinister force of Uranus again threatens disruption unless the admonition of the astral seers to refrain from change, removal and travel be strictly followed. If this advice not to travel is followed the driendly assistance of Jupiter, Venus and Mars may be counted on to bring profitable and happy results. with success in new ventures and financial benefits. Home and heart affairs should also thrive under the beneficent sway of Venus in fair

aspect with Luna. Those whose birthday it is may hope for a year of success and achievement in a large and profitable way if they will but postpone travel, change and removal, as these may be fraught with danger. Pleasant domestic, social and affectional conditions may be anticipated. child born on this day will have pleasant and friendly disposition, but may be somewhat eccentric unless well trained.

St. Andrew's W.M.S. The annual meeting of St. Andrew's W.M.S. Auxiliary was held on Wednesday afternoon, D. B. Taylor of Queen's University gave an account of his work on the mission field of Saskatchewan and Northern Ontario during the past two summers. It was pioneer work where there were no churches and in some

places no service for years. Mr. THE PERSON NAMED IN COLUMN TWO IS NOT THE PERSON NAMED IN COLUMN TWO IS NAM verve and enthusiasm of an intensely earnest young man still in his arts course full of zeal and the real Christ spirit with a touch of humon and readiness to meet the westerners necessary if they are to be influenced for better things,

EAT Mackey's Better Bread

BECAUSE:

It's raised with Fleischmann's Yeast. The wonder food eaten by millions of health seek-

MACKEY'S BREAD Phone 834.



MAKE THIS AN ELECTRICAL CHRISTMAS

See that this year's gifts are the kind that will give life-long happiness. Here are a few suggestions: FOR THE FAMILY-A RADIO SET would be most appropriate. It will give them years of entertainment FOR THE WOMEN FOLK-Curling Irons, Boudoir Irons, Boudoir Lamps, Table and Piano Lamps, Come in and see the above at

The H. W. Newman Electric Co.

167 PRINCESS STREET KINGSTON'S PIONEER RADIO SUPPLY HOUSE

We are now showing an immense variety of

Christmas Handkerchiefs

Pure Linen, Hemstitched, for Women, from 10c. to 75c. each. For Men from 20c. to \$1.00 each.

Initialled Handkerchiefs in all White and Colored Letters.

Fancy Embroidered and Lace Handkerchiefs in dainty gift boxes from 25c. up to \$5.00 a box.

Silk Handkerchiefs, plain and fancy, from 25c. to \$3.00 each

W. N. Linton & Co. The Waldron Store. Phone 191.

The New External Treatment

All Are Delighted

Vicks, the discovery of a North Carolina druggist, is a combination in salve form of the old time-tried remedies, Camphor, Menthol, Eucalyptus, Thyme, Oil of Turpentine and other volatile oils.

When Vicks is applied it has two immediate actions. Externally, it is absorbed through and stimulates the skin, relieving the soreness and tightness of the chest. Internally, the volatile ingredients, released as vapors by the body heat, are inhaled directly into the affected air passages, loosening the phlegm and relieving the congestion and in-

For croup and common colds you just rub Vicks over throat and chest and cover with a warm flannel cloth. One application at bed-time usually prevents a threatened attack of croup. Colds are ordinarily brok-en up over night. Croup attacks are usual-ly eased in 15 minutes.

For deep chest colds, tonsilitis, bronchiits, or incipient pneumonia, hot, wet towels should first be applied over the throat and chest, to open the pores of the skin and then use Vicks. For head colds, asthmátic or catarrhal troubles, insert a little Vicks up the nostrils, snuffing well back. Also melt some in a spoon or tin cup and inhale the vapors

In the United States where Vicks originated, it is almost universally used in preference to internal "dosing." Mothers prefer it for children's cold troubles because it acts directly and quickly, and because it is applied externally and hence does not disturb the most delicate stomach. It is fine, also, for cuts, burns, scalds, bruises, sores, bites, stings, itching skin troubles and other forms of skin inflammation.

50c. a jar at all Drug Stores

If you prefer to test Vicks before pur-chaning, cut out this coupon and mail if to the Vick Chemical Company, 344 St. Paul Street, W., Montreal, P.Q. A free test size package will be sent you

ABSORBED thru the skin,

NHALED. as a DIRECT treatment for



Reportsfrom Ontario People

Last winter each Ontario druggist gave away to his customers samples of Vicks, with the understanding that they would test this new remedy and report the results. We are giving below a few reports from the many that were received.

Belleville.

Mrs. J. A. Rickett, of 60 Everett St. Belleville, Out., says: "I have found Vicks Vaportub all and more than it is advertised to be. I have used it for bronchitis and colds in the chest on myself and daughter. Also for tonsilitie on the little girl I have here in my care, and it worked wonderfully."

Belleville.

Mrs. George A. McCaw, of 27 Wallbridge Street, Belleville, Ont., writes: "My little girl had a cold. I rubbed her chest with Vicks and in the morning she was a lot better. I did the same to the baby when he had a cold and it relieved him."

Kingston.

Mrs. W. C. Jenkins, of 439 Johnson St., Kingston, Ont., says: "I have used Vicks VapoRub for colds in head and throat and it gave me great relief. I can recommend it as a household remedy. My wife is troubled with pharyngitts, and at the first symptoms she applies Vicks. She has warded off many severe attacks in this way."

Kingston.

Mrs. Wm. J. Bourdeau, of 95 Ragian Road, Kingston, Out., writes: "I used Vicks on my little three-year-old son, when he had two very severe colds. Vicks completely cured them. I would not be without a jar in my home and highly recommend it."

Wolfe Island.

Mion Lillian Marie Kenney, of Welfe falund, Out., says: "I found Vicks very good for croup, sore throat and coughs. I have never used snything better for colds in the head and chest and neuralgis. At one time we were all sick with the influence and we found Vicks most

lemorestville.

Picton.



Mindelal a Colombalons

171 PHINCESS STREET KINGSTON