

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 242. Private phone 887w.

Cooke's church hall was a pleasant place, on Wednesday afternoon, when the Ladies' Aid held its annual tea and sale.

A table of homemade cooking was presided over by Mrs. W. Burns, Mrs. J. Dunlop, Mrs. J. Hoppes, Mrs. G. Pyke, Mrs. G. Pyke, Jr., Mrs. T. Reid and Mrs. Clugston.

WE MAKE HATS WE TRIM HATS WE SELL HATS. Parisian Shop 322 BROOK STREET

The CHILDREN'S COUGH REMEDY MINTINE Its Soothing Balsam Size quick relief.

PURITY FLOUR

More Bread and Better Bread and Better Pastry too. USE IT IN ALL YOUR BAKING

Victor Anderson, Col. and Mrs. Stockwell, Col. and Mrs. H. J. Dawson, Col. and Mrs. A. E. Harris, Col. and Mrs. Schmidlin, General Hill, Miss Louise Hill, Mrs. J. H. Elmsley, Mrs. W. Harty, Mrs. W. Bartlett Dalton, Mrs. Francis Constantine, Major and Mrs. Laferriere, Col. and Mrs. Beverly Browne, Capt. and Mrs. H. Roberts, Capt. and Mrs. Howard Penhale, (Winnipeg), Mrs. W. P. Wilgar, Mrs. Alexander Macphail, Mrs. Arthur Dalton, Miss Mollie Cartwright, Capt. and Mrs. Harvey, Prof. and Mrs. Keith Hicks, Prof. and Mrs. Jemmett Mrs. Eric Greenwood, Mrs. Cook, Capt. and Mrs. J. C. Murkie, Miss Aileen and Miss May Rogers, Miss Laura Kibborn, Miss Helen Strange, Miss Edith Carruthers, Miss Cecil Macnee, Major, Batey, Prof. Prince and Prof. McKee.

Mrs. W. F. Nickle, Toronto, received on Tuesday when Mrs. Hugh Nickle, Kingston, received with her. The former Kingstonians who took this opportunity of calling on her found her welcome cordial and her new home charming and artistic.

Mrs. Thomas Harold, who spent the summer with her brother, James B. Cochrane, Frontenac street, left on Tuesday for her home in Vancouver, B. C. Her daughter, Mrs. Wilkinson, arrived recently from Seattle, Wash., to spend the winter with her uncle.

Mrs. Hugh Nickle, Earl street, is in Toronto with Hon. W. F. Nickle and Mrs. Nickle. Col. Sutherland Brown, Ottawa, is visiting Col. and Mrs. Victor Anderson, Barriefield.

Miss Vera Martin, Hamilton, is in Ottawa, the guest of her aunt, Mrs. Lennox I. Smith.

Rev. Richard Roberts, D.D., of the American Presbyterian church, Montreal, was the guest of Principal Taylor, Queen's University, during his visit to Kingston.

Rev. Principal Smythe, D.D., Montreal, was the guest of Mr. and Mrs. Elmer Davis, Sydenham street, during his stay in town.

The Editor hears

That Princess street is being decorated with evergreens for Christmas and looked quite gay on Wednesday in spite of the dreary weather. This is a hint from the merchants to "shop early" and save their staff from the awful rush of the last-minute shoppers.

That the farmers have had enough rain and say the wells are filled, the ploughing is finished and they are

Efficient Housekeeping

- TOMORROW'S MENU Breakfast Cantaloupe Cereal Codfish Cakes Luncheon Sorribled Eggs Corn Muffins Dinner Baked Tuna Royal Baked Sweet Potatoes Canned Peas Spiced Beets Coffee Lemon Pudding

picture into eight or ten parts. Group three or four children around each of these cut-up puzzles and, at a signal, let them begin putting the small pieces together to form a perfect picture.

GAMES FOR A CHILD'S PARTY.

Several mothers have written to ask me to publish simple games suitable to play at a children's party. The following come within the category:

Fanning the Feather: Seat the children around a bed-sheet on the floor. Each child grasps the edge of this sheet with his left hand, so to hold the sheet about six inches from the floor, his right hand holds a small fan. In the middle of the sheet lies a feather. When the mother-hostess blows a whistle, all the children begin fanning the feather, each little player trying to keep the feather as far away from himself as possible. In one full minute the hostess blows the whistle again, and the child who is nearest to the feather must drop out of the game. Then the whistle is blown again—and the fun repeats. At last only two children remain at the sheet, and the one who is farthest from the feather when the whistle sounds for the last time, wins a prize. This is such a popular game that it may be repeated several times if the hostess has provided several inexpensive prizes—such as lollipops or ten-cent balloons.

Puzzle Game: Before the party, mount several pretty magazine covers on stiff cardboard, then cut each ready for winter. So are the merchants in Kingston, who look forward to a sharp frost to bring the Christmas spirit into the air. But rain or snow, December 25th will come in less than three weeks.

That the church sales are nearly

EAT MacKEY'S BETTER BREAD

BECAUSE: It's raised with Fleischmann's Yeast. The wonder food eaten by millions of health seekers. MACKEY'S BREAD Phone 834.



MAKE THIS AN ELECTRICAL CHRISTMAS

See that this year's gifts are the kind that will give life-long happiness. Here are a few suggestions: FOR THE FAMILY—A RADIO SET would be most appropriate. It will give them years of entertainment. FOR THE WOMEN FOLK—Curling Irons, Boudoir Irons, Boudoir Lamps, Table and Piano Lamps. Come in and see the above at

The H. W. Newman Electric Co. 107 PRINCESS STREET PHONE 441 KINGSTON'S PIONEER RADIO SUPPLY HOUSE

We are now showing an immense variety of

Christmas Handkerchiefs

Pure Linen, Hemstitched, for Women, from 10c. to 75c. each. For Men from 20c. to \$1.00 each.

Initialed Handkerchiefs in all White and Colored Letters.

Fancy Embroidered and Lace Handkerchiefs in dainty gift boxes from 25c. up to \$5.00 a box.

Silk Handkerchiefs, plain and fancy, from 25c. to \$3.00 each

W. N. Linton & Co. Phone 191. The Waldron Store.

All Are Delighted with Vicks

Ontario Families Find it Wonderful for Cold Troubles



Ontario people became acquainted last winter with Vicks Vapo-Rub, the vaporizing salve for all cold troubles.

In the hundreds of homes where it has been tried, Vicks is already a standby for croup, children's colds, bronchitis, catarrh and various skin hurts and itchings

The New External Treatment

Vicks, the discovery of a North Carolina druggist, is a combination in salve form of the old time-ried remedies, Camphor, Menthol, Eucalyptus, Thyme, Oil of Turpentine and other volatile oils.

When Vicks is applied it has two immediate actions. Externally, it is absorbed through and stimulates the skin, relieving the soreness and tightness of the chest. Internally, the volatile ingredients, released as vapors by the body heat, are inhaled directly into the affected air passages, loosening the phlegm and relieving the congestion and inflammation.

For croup and common colds you just rub Vicks over throat and chest and cover with a warm flannel cloth. One application at bed-time usually prevents a threatened attack of croup. Colds are ordinarily broken up over night. Croup attacks are usually eased in 15 minutes.

For deep chest colds, tonsillitis, bronchitis, or incipient pneumonia, hot, wet towels should first be applied over the throat and

chest, to open the pores of the skin and then use Vicks. For head colds, asthmatic or catarrhal troubles, insert a little Vicks up the nostrils, snuffing well back. Also melt some in a spoon or tin cup and inhale the vapors arising.

In the United States where Vicks originated, it is almost universally used in preference to internal "dosing." Mothers prefer it for children's cold troubles because it acts directly and quickly, and because it is applied externally and hence does not disturb the most delicate stomach. It is fine, also, for cuts, burns, scalds, bruises, sores, bites, stings, itching skin troubles and other forms of skin inflammation.

50c. a jar at all Drug Stores

If you prefer to test Vicks before purchasing cut out this coupon and mail it to the Vicks Chemical Company, 245 St. Paul Street, W. Montreal, P.Q. A free test also package will be sent you promptly.

ABSORBED thru the skin, and, at the same time, INHALED, as a vapor, VICKS is the modern DIRECT treatment for all cold troubles. OVER 17 MILLION JARS USED YEARLY

Reports from Ontario People

Last winter each Ontario druggist gave away to his customers samples of Vicks, with the understanding that they would test this new remedy and report the results. We are giving below a few reports from the many that were received.

Bellefille. Mrs. J. A. Nickett, of 60 Everett St., Bellefille, Ont., says: "I have found Vicks Vapo-Rub all and more than it is advertised to be. I have used it for bronchitis and colds in the chest on myself and daughter. Also for tonsillitis on the little girl I have here in my care, and it worked wonderfully."

Bellefille. Mrs. George A. McCaw, of 27 Wallace Street, Bellefille, Ont., writes: "My little girl had a cold. I rubbed her chest with Vicks and in the morning she was a lot better. I did the same to the baby when he had a cold and it relieved him."

Kingston. Mrs. W. C. Jenkins, of 420 Johnson St., Kingston, Ont., says: "I have used Vicks Vapo-Rub for colds in head and throat and it gave me great relief. I can recommend it as a household remedy. My wife is troubled with pharyngitis, and at the first symptoms she applies Vicks. She has wringed off many severe attacks in this way."

Kingston. Mrs. Wm. J. Bourdoux, of 55 Bagin Road, Kingston, Ont., writes: "I used Vicks on my little three-year-old son, when he had two very severe colds. Vicks completely cured them. I would not be without a jar in my home and highly recommend it."

Wolfe Island. Mrs. Lillian Marie Kenney, of Wolfe Island, Ont., says: "I found Vicks very good for croup, sore throat and coughs. I have never used anything better for colds in the head and chest and neuralgia. At one time we were all sick with the influenza and we found Vicks most helpful."

Demorestville. Mr. J. W. Higgins, of Demorestville, Ont., writes: "My daughter came home from school with a sore throat and bronchitis. She applied Vicks on her chest and got a better result. She always has a jar of Vicks in the house."

Pictou. Mrs. Sarah Hughes, R. R. No. 4, Pictou, N.S., says: "I have used Vicks for colds in the head and chest and do not know anything to equal it."

TO-MORROW'S HOROSCOPE

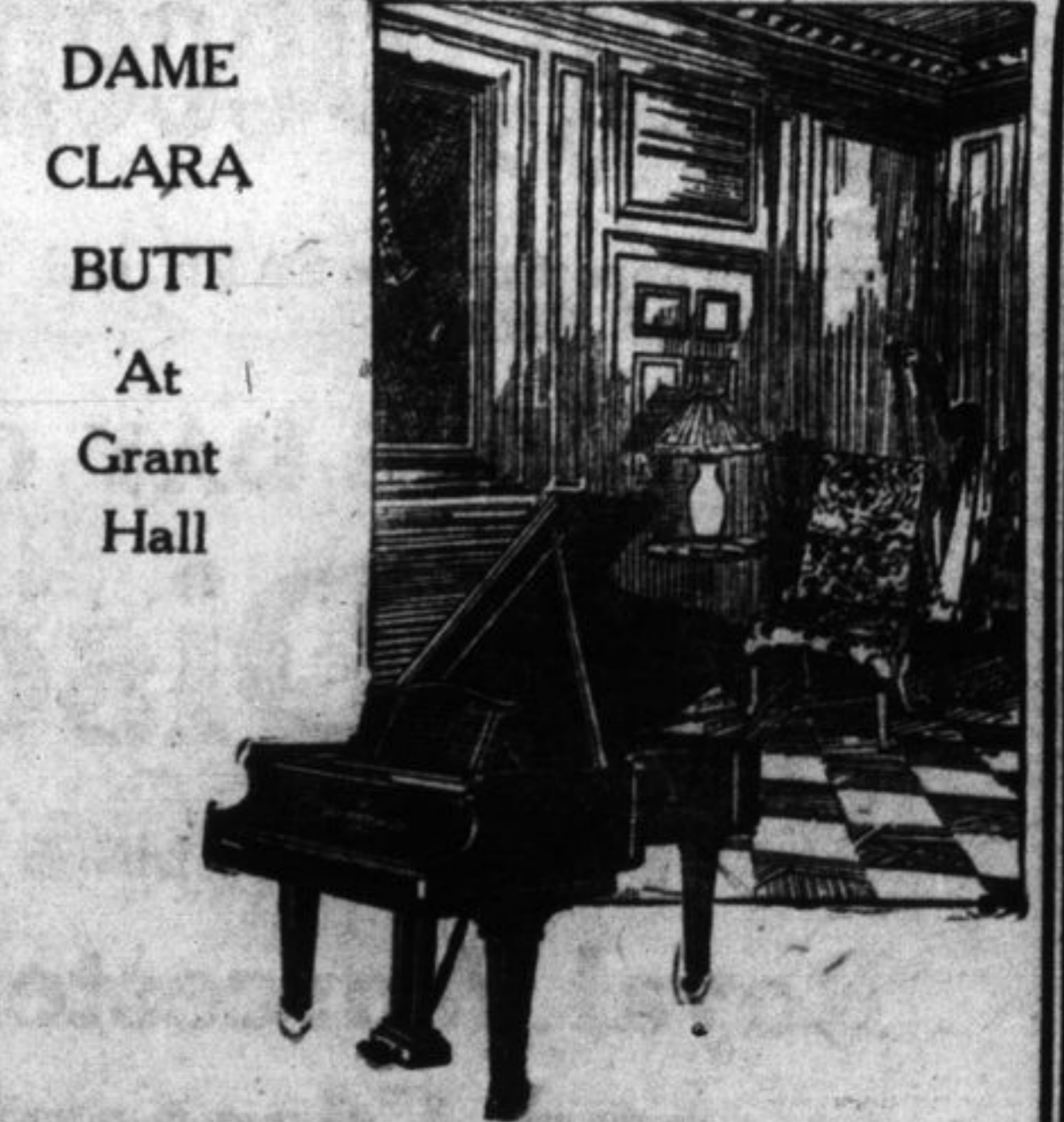
FRIDAY, DECEMBER 7.

The sinister force of Uranus again threatens disruption unless the admonition of the astral seers to refrain from change, removal and travel be strictly followed. If this advice not to travel is followed the friendly assistance of Jupiter, Venus and Mars may be counted on to bring profitable and happy results, with success in new ventures and financial benefits. Home and heart affairs should also thrive under the beneficent sway of Venus in fair aspect with Luna.

Those whose birthday it is may hope for a year of success and achievement in a large and profitable way if they will but postpone travel, change and removal, as these may be fraught with danger. Pleasant domestic, social and affectional conditions may be anticipated. A child born on this day will have a pleasant and friendly disposition, but may be somewhat eccentric unless well trained.

St. Andrew's W.M.S.

The annual meeting of St. Andrew's W.M.S. Auxiliary was held on Wednesday afternoon, D. B. Taylor of Queen's University gave an account of his work on the mission field of Saskatchewan and Northern Ontario during the past two summers. It was pioneer work where there were no churches and in some places no service for years. Mr. Taylor's earnestness and enthusiasm of an intensely earnest young man still in his arts course full of zeal and the real Christ spirit with a touch of humor and readiness to meet the weather-conditions necessary if they are to be influenced for better things.



WILL BE ACCOMPANIED ON A HEINTZMAN & CO. GRAND PIANO. Dame Clara Butt is using this instrument exclusively throughout her Canadian tour. SOLE AGENTS.

LINDSAY'S 131 PRINCESS STREET KINGSTON