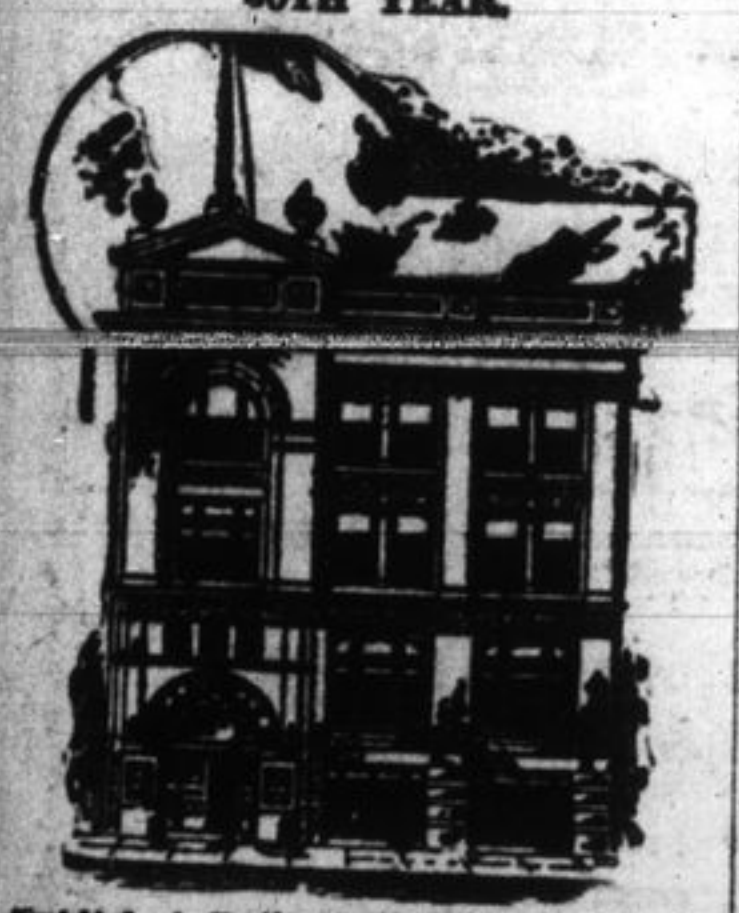


THE BRITISH WHIG



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The course France will adopt now will doubtless be an easterly course.

"Capital" is the money possessed by people who have more than they have.

In harmony with other conditions abroad, Vesuvius is exhibiting unrest.

Some folks find winter highly enjoyable—in Florida or Southern California.

There is an advantage in the way the British run a campaign. The agony is not prolonged.

A new German cabinet has been put together, but there is no assurance that the glue will stick.

Russia has one advantage. She has no friends to throw monkey-wrenches in the works.

Thrift is the art of being generous this year with the Christmas presents you got last year.

Increased costs encourage the development of substitutes for almost everything except living.

Being a zoo animal has its pleasant side. Other animals don't get to see so many funny people.

Religious and political liberty. Staying away from church and letting the politicians run the country.

Minnesota forbids advertising signs on trunk highways. Evidently Minnesotans prefer to look at the scenery.

ON A BETTER FOOTING. The announcement by the city health committee that it has been this year to pay the cost of Kingston's garbage collection and maintain the incinerator for less than a mill on the dollar is very pleasing news to the taxpayers.

Driscoll, chairman of the committee, would have been excused had he made this announcement before the municipal elections. Instead of after, but modestly prevented. The health committee and all connected with the incinerator are credited with the successful effort to reduce the cost of garbage collection and disposal. In the first place the contract system is largely responsible for the reduction. When the city did its own collection, the cost kept mounting. Two years ago the contract system was decided upon and it has been a success. The inspector has given every assistance and the people are more satisfied than ever with the garbage collection. The surplus of \$3,872.15 will enable the committee to make necessary improvements at the plant, and it is expected that next year the tax levy will be a little less than one mill.

THE CITY'S CHARITIES. The contentious discussions which resulted over the civic budget charity appropriations to the Orphans' and Infants' Homes and which are now ended with the capitulation of the council, have served a good purpose. The debates have thrown a great deal of light upon the new provincial legislation regarding Children's Aid wards and have shown the council members that they must regard these homes as a very important part in the life of the city. Kingston is very fortunate in having two such institutions in its midst which are

able to care for children made wards of the city, in addition to performing their own particular work. The mayor and aldermen do not object to paying what the city is liable for, but they do object to being saddled with the cost of maintaining children who should be looked after by other municipalities.

The suggestion of Ald. O'Connor that the council should have a charity committee to keep in close touch with the Children's Aid Society and the various charitable institutions of Kingston is one that should meet with approval. Such a committee would guard the city's interests and prevent further squabbling over what should be paid to the homes. The civic authorities and the managements of the homes should work together, helping one another, and if the institutions find it impossible to carry on without the usual charitable grants in addition to per diem charges for Children's Aid wards, Kingston's municipal representatives will no doubt be big enough to give the institutions a helping hand from the civic exchequer.

A charity committee of council would also need to keep a close tab on the indigent list of the two local hospitals, for there is no reason why Kingston, because it has these splendid institutions, should pay the cost of maintaining the sick poor from other municipalities. A number of these always manage to find their way into the Kingston hospitals. It is no longer possible for them to gain entrance into the city's Home for the Aged, as this institution takes care only of the friendless aged from Kingston, Frontenac and Lennox and Addington, the latter county councils paying a certain amount a week for the keep of their poor. The city council of 1924 will have the way paved for a more satisfactory condition of affairs because of the "conflicts" that occurred during the past few months between the mayor and his finance committee and the managements of the children's homes. It will be noted that the ladies have won out by making an appeal that the city fathers could not turn aside. It was not a demand as at first, but an "S.O.S." call for help.

"OLD AT 40" THE EXCEPTION. When Dr. M. Carey Thomas said "the world's affairs would be managed by men not more than forty years old" he erred but in one respect. He was twenty years behind the times. One need but look around to find a profusion of living contradictions of the assertion of Dr. Thomas. In fact, many will find more basis for such a statement as "the world's affairs should be managed by men more than forty years old" than the "under forty" service age of Dr. Thomas.

Twenty years ago the average span of life was calculated at less than forty years and men usually were well established in success or failure, intelligence or ignorance, service or disservice before they were thirty-six years old. At the age of thirty years men were then called "old" and "unfit for service," with of course the exception proving the rule here as elsewhere.

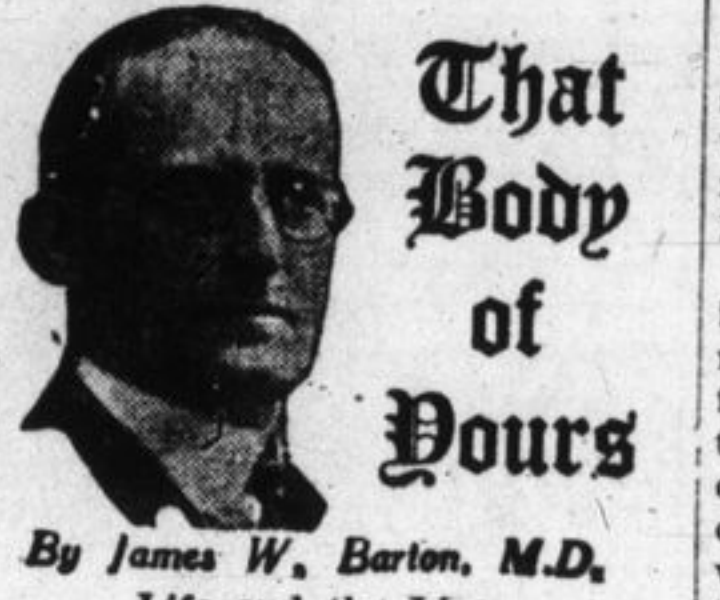
Today the average span of life is nearing the sixty years mark and men and women work to attain success by the time they are forty. In the performance of big things, the civilized world is now dependent upon the man from forty to sixty years old. It is no longer the practice to retire at fifty and men still in the harness at 75 and even 85 is not an unusual figure.

Many factors enter into this transformation. Humanity is showing more concern for its health, this prolonging life. Human bodies are no longer wrecked by premature labor. More years of training and education are deterring the time when men and women launch out into life, with the consequence that they do not reach the height of mental powers until later in life and their minds and bodies are saved from early decay. The time doesn't seem far off when man shall be able to work up to the four score mark and then become "old."

CANADIAN PACIFIC STOCK. The latest figures issued on the subject show that 72 per cent. of Canadian Pacific Railway common stock is held in the British Empire, 20 per cent. being in Canada, 49 per cent. in Great Britain and 3 per cent. in other British possessions, the remainder being held, 23 per cent. in the United States and about five per cent. in Continental Europe. The figures presented are of particular interest when compared with those of previous years. They show, for instance, that since 1921 there has been a steady increase in British holdings of this stock outside of Canada, thus indicating an increasing interest and confidence in other parts of the Empire towards Canada and this leading Canadian institution. More interesting still, they show over a long period of years a marked and steady growth of the percentage of the Company's stock that is held in Canada. Back in 1907 the percentage of Canadian holdings was 9.75, and from this figure they have advanced by steady

growth until today Canadian holdings total 20.47 per cent. The latter figures—were of more than usual interest in that they may be taken as symptomatic of Canadian conditions over the period of years covered. Since 1907 Canada has become a much wealthier country.

extent than ever before, have had savings to invest in desirable securities. The financial intelligence of the mass of the people, too, has greatly advanced and they have been more willing to use their spare funds in sound, active investments such as offered better returns than did the savings banks. Not a little of this movement may be ascribed also to an awakening of confidence in Canada's future and that of the Canadian Pacific on the part of her own people.



That Body of Yours By James W. Barton, M.D. Life and the Liver.

My readers must often wonder why I talk so much about the liver. The truth of the matter is the old saying "Life depends upon the liver" is so terribly true that you have never realized it. As I've told you so often, the real life of your body depends upon the life stream, the blood.

Now there are so many quarts of blood circulating around in you, the amount depending of course, upon the size of your body. Every part of your body is bathed in it. At any given time there is a certain quantity in the heart itself, a certain quantity in the lungs, and in all the blood vessels carrying the blood about the body.

It is estimated that one quarter of the entire supply is in the heart, lungs, and the vessels. And yet at that very time also, the liver, that one organ, has just as much blood in it as the heart, lungs, and vessels have all put together. You know what the liver has to do. It has to take all the starches—that is vegetables,—bread,—and sugars, and turn them into a special kind of sugar for use in the body. It not only manufactures this sugar, but it stores it up, so that if at any time you happen to eat less vegetables than your system requires, this stored up sugar is passed out into the blood and carried to all the needy parts.

And also the liver manufactures the bile which is a most wonderful juice. You will remember that it breaks up the fats so that the system can absorb it. It also takes care of most of the harmful material that gets into our stomach. It actually renders it harmless.

And finally the bile as it passes into the intestine actually makes the intestine move its contents along better. Some manufacturers sell bile salts as purgatives. So you see why I talk about the liver so much.

How Important it is that it gets shaken up a bit. That's why the lungs actually strike it through the diaphragm every time you breathe. That's why also that you are advised so often to bend that body of yours from side to side so as to squeeze the liver and thus help the circulation in it. So now you see that if one quarter of all your blood is in the liver, and is working properly, you get such good results in health. You can likewise see that if that same large quantity is working very slowly in them, you also get results. But how different. It's worth thinking about, isn't it?

How He Got His Name. Many ministers could, from personal experience, tell of strange names bestowed upon infants "at their baptism, but few could equal the following story recently told by the Bishop of Sodor and Man. A mother who was on the lookout for a good name for her child saw on the door of a building the word "Nosmo." It attracted her, and she decided that she would adopt it. Some time later, passing the same building, she saw the name "King" on another door. She thought the two would sound well together, and so the boy was baptised "Nosmo King Smith." On her way home from the church where the baptism had taken place, she passed the building again. The two doors on which she had seen the names were now closed together and what she read was not "Nosmo King," but "No Smoking."

A Dainty Summer Salad. Is there anything quite so pretty and refreshing as crisp lettuce on which a slice of peeled tomato has been placed and over this is sprinkled hard-boiled eggs that has been put through a ricer? Garnish with chopped green peppers and serve with mayonnaise on the side in small cups of lettuce.

Plenty of Reasons. Mrs. Byles—Mrs. Chatt is a great talker—I've only just got away from her. Mrs. Styles—Well, why should not she be? She has two motor cars.

Men oft times condemn because they do not understand.

IDEAS. By Clarence Ludlow Brownell, M.A., Fellow Royal Geographical Society, London, England.

Ideas grow. They multiply like rabbits. Anyone who has been in New Zealand or Australia knows how it is with rabbits when the environment is right; or with water-cress, or with thistles.

One of the ideas in recent years has found its environment and is showing even the rabbits what real speed is, in service. Business men are writing about service—not merely service in their own special lines of trade and manufacture, or even of business as a whole—but of social service that means welfare work for all the inhabitants of the world, one and three-quarters billions of human beings.

One of the "merchant princes" of to-day says business itself cannot succeed unless it takes society along with it. Social progress and business development must go hand in hand, or night will come.

As the idea of service is broadening and deepening, it is becoming more intelligent. This is natural for "practice makes perfect" and there has been much practice going on during the recent decades. The old idea of the rich still obtains with such families as the Astors, and the Rothschilds, one of whom recently committed suicide and left 5,000 different kind of live fleas to the British Museum, but it is commoner and commoner each year to hear of immense gifts for the benefit of all peoples, rather than for a limited class—or for a family. Building up a family is going out of vogue. Building up ideas comes in its stead.

"Father" of Orphan Boys. An instance of building up for an idea is before the public at present. It concerns a \$50,000,000 chocolate business which the creator has given to "his boys." These boys are orphans who come to the school that Milton S. Hershey has founded in a little Pennsylvania town, where he was born 56 years ago, and which is now entirely enveloped in chocolate and the homes of those who manufacture it.

Twenty years ago, this town was a hamlet, where a few farmers cultivated the hillsides. There was a schoolhouse for eighteen children. It is there now—right on the lawn in front of Mr. Hershey's home. He has more millions of dollars than he had cents then, but never more millions than he had sense. Dollars did not deaden him, nor dim his vision. His business has engulfed the hamlet in which he was born, but it has not swallowed him. He is right on top, and in evidence every day.

He has organized this business so that it can continue on through the ages without his direction, growing all the time. It has grown to its present size "by itself" the creator declares. At any rate, it has grown without advertising. Mr. Hershey has not spent a dollar to advertise his chocolate bars. "People eat the bars and buy more; they tell their friends and the friends buy bars. The bars do the advertising. All we do is to make the bars for the people to buy."

Advertising agencies, schools that make the teaching of the "Art of Advertising" their business, will hardly approve the Hershey method, but a business in a tiny farming community only a score of years ago and now shows an annual profit of more than four million dollars, is a fact that argument will not easily dispose of. It is an old adage "good wine needs no bush" carried to the nth power. Good chocolate does not need advertising more than "once upon a time" good wine did, at least so Mr. Hershey believes.

The assured fact that Mr. Hershey was a boy himself, and as it happens in the very calendar days during which Pope Pius XI was similarly occupied, both being born in 1857, is the reason that he thinks his sixty million dollar thoughts about boys now. He believes that boys need and want, where girls usually have. Generally speaking girls find homes readily. They are such useful little people. They are helpful round the house.

A girl is a treasure where a boy is a nuisance. No one wishes to take in a boy. The more of a regular, honest-to-goodness boy, he is, the more of a nuisance. Consequently, to be a boy, and without parents, is to be an article for which there is no demand. There is no market. This is sad. It is also dangerous. A boy without parents is a menace. He grows up all wrong and costs society much money. Society has as yet insufficient intelligence, and so does not take care of the youngster at a time when the taking care of is good. Society waits until the menace has grown up into an actual and active cause.

Practical Groundings. Mr. Hershey says this shall no longer be, and he backs his words with three score millions of good American dollars. He made them in America, but he himself is of Swiss origin. His family lived in the Alps, until early in the eighteenth century. It settled in the colony of William Penn, in 1809. He has accumulated 120 boys already, taking them in at four or five years of age, and will have hundreds more in time. He can, or the school can, take care of all that come. The qualifications for admission are poverty and youth. Old boys will not do. They are "established" as to character. Rich boys,

BIBBY'S Look your best at Christmas. The Bruce - The Crofton. Make yourself a present that you'll enjoy all through the year. The "Bruce" Made especially for the man who wants style combined with comfort. In grey herringbone Botany worsted. Only \$33.50. The "Crofton" A handsomely tailored young men's model, in black all-wool worsted with blue and white pin stripes. An unusual value at \$33.50. WONDERFUL OVERCOATSEE OUR ENGLISH ULSTERS VALUES! The Swagger, the Glendale, The Howard. We have Men's Ulsters and Ulsterettes at \$19.50, \$22.50 and \$29.50. None better anywhere for the money. \$35.00, \$40.00, \$45.00. BIBBY'S

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FOR RENT. Have you got a house for rent? Rental ads are eloquent!

READ THE WANT ADS. of course, have no reason to come. Each youngster will receive the foundations in education upon which he may develop as far as he likes. The grammar school studies of course, and manual work, outdoor work, work that will give the boy character and independence; there are courses in blacksmithing, carpentry, electric machinery, pomology, dairying, farming, market gardening, masonry, bricklaying, etc. All this practical work comes first. When a boy has demonstrated that he is fit, at eighteen, to go out into the world, to hold his own, he will do so, or if he has special aptitude, he may go on through high school and college, and even the university. This is, in the future, however, for the school has not had pupils long enough yet to offer opportunities for making these decisions. (The International Writers' Service.)

The Personal Gift. Nothing appeals to the heart of the average woman like dainty Toilet accessories. There is nothing so beautiful, nothing that has such enduring qualities as FRENCH IVORY and nothing more suitable for Christmas gifts. Our line of this beautiful product is exceptionally large and varied and each piece has that beauty of grain and uniformity of texture that is found only in the best makes. The prices are decidedly low, and an early choice gives wider selection. COME IN AND LOOK AROUND. Dr. Chown's Drug Store 185 Princess Street. Phone 848

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