A Severe Attack Of Heart Trouble Was Relieved By MILBURN'S

Heart and Nerve Pills

Mr. S. E. Barnes, Athens. Ont., writes: -- "Four years ago I had a very severe attack of heart trouble. I consulted my doctor; he treated me for some time, but I only seemed to be getting worse. I finally went to our druggist and purchased three boxes of Milburn's Heart and Nerve Pills and derived immediate relief from their use, and I can truthfully say they are a wonderful medicine. I always keep a box on hand, and if I feel out of sorts I take a few pills and feel all right again."

Milburn's Heart and Nerve Pills are 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto,



If you can't sleep turn on the And make the brightest day

An adjustable lamp that can be ased on the table or attached to the wall or bed is a great night time convenience that costs very little money. Whatever fix-tures you need can be supplied by us-we want you to allow us to show you around the place.

A. Live Wire LELECTRICAL SUPPLIES & SERVICE ONE:423. 74 PRINCESS ST

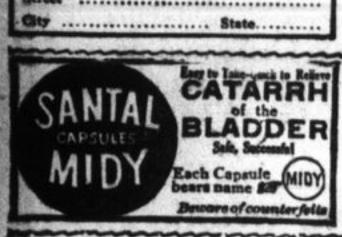
on't Suffer Pile Torture

Send Today for a Free Sample Packs age of Pyramid Pile Suppositor-jes. The National Relief. Remember that for 25 years Pyramid Pile Suppositories have been the



family relief or itching. bleeding, pro-truding piles or e m o r rholds. saved hundreds from operation a single u molent in many cases that had sufyou can get these blessed

appositories in any drug store in as U. S. and Canada at 60 cents a or. But do not take any substi-ute. Send your name and address in coupon for free trial package. FREE SAMPLE COUPON PYRAMID DRUG COMPANY, on Pyramid Bldg., Marshall, Mich. Kindly send me a Free sample of Pyramid de Suppositories, in plain wrapper,





Oh no, Mother, there is no need to worry about Jim's health. These symptoms of piety and unnatural goodness are quite seasonable. You know what's coming next month.

Father need not worry about his pocket book either. Children demand things that are new and interesting and modern, rather than expensive

Yes, it is true he has a lot of young people to remember and buy presents for, but hundreds of factories know this and have been making things for twelve months to help him out of his difficulties.

From the new fur or the new winter suit you are hoping he may buy for you, to the tiniest toy for the smallest of the babies the advertisements in the paper hould be your guide.

At this time of year when you are planning ahead, let your thinking be of some value.

READ THE **ADVERTISEMENTS** Be Early In The Shope

POULTRY WEEKLY LESSON

Under the Authoritative Direction of Prof. F. C. Elford Dominion Poultry Husbandmen

With Specialized Information

flavor, odor, or color of the eggs.

Green kale, sprouted oats, and yel-

low corn will give a deep yellow

color to the yolk of the eggs, where-

taste is concerned, rape, fish scrap,

large quantities may slightly affect

the flavor of eggs. Onions, even in

small amounts, are likely to injure

each month in the year the above

general rules of feeding should be

followed. If a bird is well fed, pro-

viding she has been bred with the

a hen from molt to molt. A hen

seldom lays while molting. There-

and the time taken for this process

be made as short as possible. Feed-

ing has a great deal to do with this.

The best method is to feed mash in

the dry form only until June, and

then, or as soon as there is any indi-

cation of molting, give a feed first

thing in the morning of the mash

Questions for this Week's Lesson.

1. Why should fowls be given

2. Name four groups of feeds

3. How may wet mash be fed to

delay molting and stimulate summer

Answers on Last Week's Lasson.

toned up and in healthy condition

green feed. This adds bulk to her

2. A hen needs mineral elèments

for the growth of bone and for the

making of shell material for the egg.

There is not enough in the ordinary

feeds to supply her needs, and the

amount thus furnished must be sup-

plemented with oyster shell or gran-

8. A hen has no teeth, and de-

pends upon grit, or small stones, to

assist the gizzard in grinding the

4. A large proportion of the hen's

ulated bone fed in hoppers.

ration, and permits of its being more

1. A hen cannot keep her body

which should be found in the ration

pended upon.

of laying hens.

not be counted on.

feeds that they like?

To secure a good supply of eggs

the flavor of flesh and eggs.

Contributed by G. W. Miller Author of Coldbelt Poultry Course. Registered in accordance with the Copyright Act. How to Get Eggs Every Month. oats, wheat bran alfalfa meal, an

Poultry rations should be chemi- the like should not be fed. cally balanced, but all feeds used should be wholesome and palatable. It does not pay to use any but good grade feeds. Musty or decayed feeds will cause such troubles as loss of as wheat, oats, buckwheat, wheat appetite, diarrhoea, limberneck, etc. middlings, white corn and beets tend More feed will be eaten when fowls to give it a light color. As far as are given what they like. This is important, for in order to get maxi- and sometimes cabbage, if fed in too mum production we must get the birds to eat as much food as is possible. Hens like such feeds as wheat, corn, kaffir corn, cornmeal, gluten feed, and beef scrap. On the other hand, bloodmeal, alfalfa meal and oil cake meal are not palatable to hens. Consequently such feeds should be avoided or as greatly restricted as tendency well developed, she will possible. Any feeds that are fibrous lay well from maturity, or if she is or sticky are not likely to be palat-

digestability. The feeds that are fore, the periods between of animals are usually also most digestible. As a rule those feeds that are low in fibre and high in protein and nitrogen-free extract are the

ones most highly digestible. The ration should be correctly proportioned in regard to the different groups of feeds. Where equal parts of grain and mash are to be fed, a symmetrical ration for egg production is approximately as fol-Grain, at least two kinds, 40 per

Ground feeds, at least four kinds.

10 per cent

Green feeds, as large a variety as feasible, 15 per cent. Mineral feed, grit, and oyster shell,

Variety stimulates the appetite and increases the consumption of

food. Of the same or similar breeds the large eaters are the best layers. The birds that consume the most food have more material to make eggs or meat, and are likely to lay more or to grow more. In fact, there is quite a distinct relation between the amount of food consumed and the number of eggs laid, where birds of the same size and variety are compared.

Mechanical characteristics, such as hardness of kernel, size of particle, stickiness when mixed with water, and bulkiness must be considered. Fowls do not like a very hard kernel. The particles should not be too large, when mixed with water the ration should be crumbly, and this cannot be when large amounts of sticky feeds are used. As to bulk, the ration should be reasonably filling and yet be able to pass readily through the body. A certain amount of bulk is necessary to enable the digestive juices to act readily. Too much fibre should be avoided, as the | feed. fowls have to grind everything taken into the crop, even though they di- | body and the egg is water-considergest little, if any, of the fibre. The ably more than half. It is a powerfibre content should not exceed 5 per 'ful agent in digestion, and unless cent. of the whole ration. Hence, there is a constant supply there can

ROUMANIAN DEBT GIVES

New French Loan of 100,000,

000 Francs Does Not Take

Precedence.

London, Nov. 29 .- The High Com-

missioner's Office is informed that

the new French loan of 100,000,000

francs to Roumania for the purchase

secured on Roumanian export taxes,

does not obtain priority over Rou-

mania's trade debt to Canada, de-

spite the French claim that it does.

As a matter of fact, the export taxes

on which Canada's debt is also se-

cured, are returning a revenue

much greater than expected, and

Roumania is understood to have in-

timated a desire to reduce them.

Canada, however, will oppose any

In Victoria, B.O., Schools

Victoria, B.C., Nov. 29 .- Of the

94,880 children enrolled in the

public schools of this province for

the school period ended January 30.

1923, 163 were Chinese, 1,382 Jap-

anese and 16 Hindu, according to

figures of the Department of Edu-

cation. This is almost three per cent.

Poincare Will Deal Directly.

or circumventing the new crists

with Great Britain over distribution

of reparations accruing from the

Dusseldorf agreement to which has

been added one with the Baden

Chemical Works, Premier Poincare

has entered on direct negotiations

His tone is understood to

lure Great Britain into joint exploit-

ation of occupied territory. He is

even said to have mentioned a sec-

with the British Foreign Office.

most conciliatory. His aim

urity pact.

towards it.

Paris, Nov. 29 .- With the object

of the total registration.

1,382 Japanese Are Pupils

such reduction.

of munitions in France, which

CANADA PRIOR CLAIM

McCormick Back Home With "Gorgeous" Bride

Chicago, Nov. 29 .- Allister Mc-Cormick, who about two years ago was left waiting in a church here at the hour he was to wed Mary Landon Baker, returned from Europe yesterday with his new bride. was Miss Stevens, of London, without exaggeration may be scribed as a "gorgeous blonde," with sapphire blue eyes, ruddy cheeks and whose attire suggests the school girl rather than the society

diant, a far different picture from that he presented when he left the United States after Mary Landon Baker failed him, or the wan, pathe tic man who pursued her through Europe, trying to induce her change her mind. Incidentally, Miss Baker was not among those at station to greet Allister and bride to-day.

McCormick plans to enter the real estate business here and his English bride assures everybody that she is desperately in love with the United

RECOGNITION.

British Medical Council Negotiating With Canada London Nov. 29 .- Addressing the General Medical council here the president Sir Donald MacAlister, said the executive committee was continuing negotiations with

provincial medical authorities Canada with a view to formulating a uniform and comprehensive statement of the conditions on which recognition in future should be accorded diplomas and degrees registerable in the Dominions. A considerable | measure of agreement had been reached on the question. Sir Donald said, and the committee expected that by the next session of the medical council the difficulties in the way would be removed and a tion for the Ontario Older Boys'

ter completed. It is vain to be always looking to-Discretion is the perfection wards the future and never acting reason, and a guide to win in aft the duties of life.

FIERCE ANIMALS OF BRITAIN. Domestic Cats That Have Reverted

to Primitive Habits. Some time ago a Scottish grazier was attacked and mauled by a wild cat which was carrying a young lamb to its lair.

Only infrequently is this scarce and wary creature seen at close quarters by human beings. There seems to be evidence that some of the "wild" cats killed from time to time in the Highlands of Scotland are either domestic cats that have reverted to primitive habits and become savage and predatory or crosses between the genuine wild cat and the tame. Some feeds have an effect upon the

These hybrid cats are almost as ferocious and quite as cunning as the true wild species. Scotland is nowadays the only part of the kingdom where the wild cat is known to breed. Formerly this foe to all kinds of game was distributed throughout the uncultivated tracts of Great Britain, and it has been stated that wild cats survived in Yorkshire until

In Wales the marten is sometimes called the "wild cat," and specimens are occasionally shot or trapped. But the real wild cat no longer haunts the mountains of Carnaryon and

Merioneth. Female otters, when guarding their cubs, have been known to attack men. In Anglesey a few years ago an otter assailed a fisherman who approached its hiding-place in a reed

bed by a lake. A short time ago a man who was attempting to snatch salmon with a gaff, by the light of a lantern, from the bank of a small stream in ales, saw a dark form in the water and endeavored to capture it. He reached out with the gaff, but instead of catching a salmon he hooked a big otter, which bit him severely in the leg and returned to the water.

Foxes seldom attack human beings single-handed. When surprised by a man a fox seeks security in rapid flight. But pairs of foxes have been known to attack men.

moistened to a crumbly state with A Devonshire coastguardsman was water, skim milk or buttermilk. This on his beat one night on the rough wet mash, it will be found, is an adcliffs between Sidmouth and Buddition to the quantity usually eaten, leigh Salterton, when he came upon and will delay the molt and keep the two dog foxes in combat. The foxes hens in good laying condition until ceased fighting upon his near apnearly September 1st. About this proach and made a combined assault upon the common enemy. It was with time add a second wet mash to daily some difficulty that the coastguardsschedule, and another month or six man contrived to beat off his assailweeks of normal laying may be deants with his sword

The badger is one of the flercest of fauna, but there is no record of "brock" showing fight to a man unless molested. The comparatively rare polecat is scarcely less valiant than the wild cat, and a weasel has been seen to escape from the formidable claws of the kestrel after killing its

Water Their Staff of Life.

The most amazing race of human beings is undoubtedly the El Molo, a tribe of "fish-men," who inhabit the desert wastes bordering Lake Rudolf, in Kenya Colony, Africa. This tribe represents the only known specimens unless she has access to succulent of semi-amphibious people, and it is a curious fact that any tribesman dies if he is kept without water for about easily assimilated. Without it in three hours. As a rule they drink plentiful supply winter eggs need every hour during the day, for even an hour and a half without water causes cracking and bleeding of the lips. The El Moro tribesmen spend their days swimming in the waters of Lake Rudolf, and fishing from frail rafts constructed with palm branches. Fish is almost their only diet, and they have no opportunity of varying their menu unless they are fortunate enough to spear a hippopootamus. The water of Lake Rudoff is undrinkable to anyone but the El Moro, for it contains a large quantity of soda and has an objectionable taste. The proportion of soda in that lake increases yearly, and it is believed to be this fact that has caused the "fishmen" to become a deformed race.

Struck It Rich. Policeman to "Oil King"! This epitomizes the romantic career of Mr. Robert Simpson, a native of the willage of Polmont, Stirlingshire. Scotland. Mr. Simpson, who is on a visit to his former home, was in his early days a member of the West Lothian Constabulary at Whitburn, where he earned a wage of \$5 per week. He is now one of the largest oil magnates in the State of Wyoming. A monumental sculptor to trade, Mr. Simpson served two years in Stirling Burgh Police before joining the West Lethian Constabulary. For two years he was stationed as a constable at Whitburn, and sixteen years ago he emigrated to the United States. On hearing of the discovery an oil dome in Wyoming, Mr. Simpson left the stone-cutting business and proceeded to Salt Creek, Young Mr. McCormick was ra- where he was fortunate enough to secure a piece of land which ultimately proved to be rich in oil.

> Protest Eviction of Small Tenants Inverness (Scotland) farmers have protested the eviction of the small tenants for ex-service men when multiple farms are available. A mass meeting of arable farmers at Inverness called on the Government to stop the Board of Agriculture from taking over one-hand highly-cultivated farms for small holdings for exservice men. The resolution pointed out that already there has been a reduction of 22 to 37 per cent. in the assessable rentals of large farms converted into crofts, a great displacement of labor, and an increase of unemployment. Speakers contend-ed that the Board of Agriculture had the opportunity of buying estates and farms that came into the market and acquiring land from multiple

> Human Mileage. For every wooden sleeper a coolie's ife went out and a foreign engineer's every third of a mile, in building the 480 mile Namti Valley Railway in China through a pestilential valley.

Think of Poor Sol. Some of the sun spots are said to be thousands of miles in diameter. and yet think of the fuss a girl makes over an ordinary freckle.

Brighton Candidate Wins. Brighton, Nov. 29 .- At the elecsatisfactory arrangement of the mat- | Parliament Gordon Lapp, of Brigh-

Let its cheery color flash your"Merry Christmas"

to delighted Loved Ones

The Classic Parker with the 25-Year Point, Balanced Swing and Long-distance Ink Supply

THIS year you can do about all Christmas shopping 1 at a single counter - the counter where Parker Duofold Fountain Pens are displayed. Get the \$7 Oversize Duofold and \$5 Duofold Jr. for the men and the boys; get the \$5 Lady Duofold for the women and girls. Prepare your list today, and lo, in five minutes tomorrow your Christmas shopping can be done.

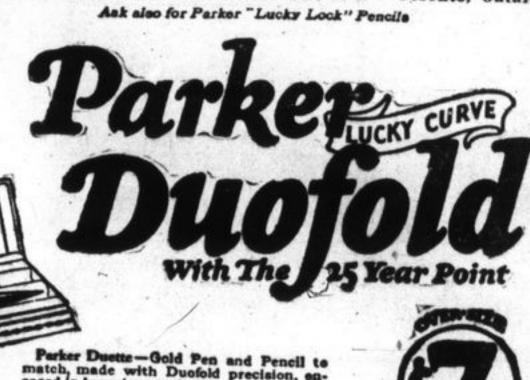
For every one covets this Prince of Christmas gifts. It's a Classic in shapeliness, color and writing smoothness. Its black-tipped, lacquer-red barrel with strong Gold Girdle abounds with Christmas cheer.

The Duofold point is of native Iridium - hardest of metals - whose easy glide, unimpeded by paper, beguiles one into doing all his writing via Duofold. Its fit and symmetry and scientific balance, poises

the hand and steadies its writing swing. Its press-button filler is as easy to work as a kodak is to snap; its "Lucky Curve" feed produces a steady flow by capillary attraction.

Stores are being besieged for the Duofold for Christmas. So don't delay-and don't accept "second bests." Make certain the name "Geo. S. Parker-Lucky Curve" is on the barrel. Then we guarantee the point 25 years for wear and mechanical perfection.

MADE IN CANADA-SAME PRICE AS IN THE STATES THE PARKER FOUNTAIN PE N CO., Ltd.- Toronto, Ontario



Parker Duette-Gold Pen and Pencil to match, made with Duofold precision, en-cased in luxurious satin-lined gift case. \$11, \$12, \$13, \$14 and \$16

with gold band

and ring end for chatelaine

Ribbon 51 extre





Sweet Smoking Suffers Bad Relapse. Constantinople, Nov. 29 .- Mustapha Kemal Pasha, the President of Turkey, has apparently suffered a relapse. He was ill a fortnight ago from what was reported to be heart disease, but recovered sufficiently to take up his official duties. The heart specialist who attended him on that occasion was summoned again Tuesday to Angora.

Beautifully Cool and

When two persons dearly attached to one another separate, how much more to be pitied is the one who remains than the one who goes! MAKES CORNS GO!

They Soften, Drop Out Without Scar or Pain

Brighton, Nov. 29.—At the election for the Ontario Older Boys' Parliament Gordon Lapp, of Brighton, was elected for East Northumberland. Lapp's majority was 18, his takes out all the sting; it separates the corn from the good flesh, lifts ft out that vote being 110, against 92 for Bernard Hodgins, of Colborne, and 49 for Wilfred Sprang, of Hilton.

No pain, no cutting, no plasters to press the sore spot. Putnam's Corn go without pain. Special directions on each package takes out all the sting; it separates the corn from the good flesh, lifts ft out to the corn from th

SPLENDID DISPLAY

CHRISTMAS GREETING CARDS The British Whig Publishing Co. Ltd.

306-8-10 KING STREET, KINGSTON, Ont.

committed to stand his trial at the | ter furnishing bail of \$10,000.