NEWS AND VIEWS FOR WOMEN READERS

THE RIGHT ANGLE By Juanita Hamel pyright, 1923, by Newspaper Feature Service. Inc. Great Britein pal te menered.

Now was these ever a young woman with a fascinating love-light lure in her eyes who didn't know the right angle at which to place her adoreble hat? Giving the last little tilt is what makes a hat a creation instead of only a "lid." It will make Him gaze at her adoringly, just as his photograph on her mirror does now. And he will be just as mute, with the beauty of her making his heart stand still-



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popularity every day. It is a food - not a medicine.

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system seems "run down". Royal Yeast is the rich-

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Two to four Royal Yeast Cakes a day will work wonders. A full day's supply can easily be prepared at one time by using one glass luke warm

water and teaspoon sugar to each yeast cake. Allow to stand over night in moderately warm room. In the morning stir well and pour off liquid. Place in refrigerator or other cool place and drink at intervals as desired throughout the day.

Send name and address for free booklet" Royal Yeast Cakes for Better Health."

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Breakfast Oranges Creamed Dried Beef Pop-Overs

Luncheon Canned Chicken Soup Wholewheat Croutons Macaroni Ramekins

Dinner

Veal Cutlet with Brown Gravy Mashed Potatoes Lettuce Salad Coffee Cottage Pudding

ANSWERED LETTERS. hew clothes this Winter. would you advise me to get? I moving, when housedeaning or when

to look stylish " clothing has said: "A fur neckpiece, kins (blue and white) are used a string of beads and silk stockings many housewives because they are are the secret of a stylish appear- the easiest to launder-simply re Everybody is now wearing a knife- As to the cistern charcoal.

pleated skirt and a jacquette blouse My favorite combination is a dar blue wool-crepe skirt with a blue silk-crepe overblouse which has touch of dark red or green in itshot with a fine gold

layer cake for breakfast When, if ever, is it permissible to use paper Stewed Prunes napkins for home dinners? Of what beneft is charcoal to ciswin water when it is kept in the water continally? Kindly give information about the edible artichoke and the way to cook ft."

O.W : "Is it good form to serve

Answer: No, it is not good form to serve layer cake at breakfast Paper napkins are convenient to use Twenty: "I can only afford a few for picnics or at such a time of up-What heaval in the some such as when have a good heavy coar. I want there is illness. But people do not often use them regularly, even for Answer: A famous designer of home meals. Japanese crepe nap-And I believe he's right! quire washing, and no ironing,

most approved method today is the following: To keep rain water in good condition, first have a cut-off in the pipe so that the first fall of rain, for about half an hour, may be prevented from going into the cistern and carrying with it the dust from the roof; after the half hour, open the passageway so that the rain may go from the roof inta the cistern, and let it go through a filter, such as a hogshead filled with gravel and pieces of charcoal, mixed.

The charcoal purifies the water. The edible artichoke is the French (or Globe) artichoke and the Jerusalem Artichoke To cook them cut half the stems off the bottom leaves, strip off the withered outer leaves until they begin to feel tender, then eatk the artichoke in cold water containing a little vinegar for 30 minutes Wash well and boil till tender in salted water. Drain and serve hot with drawn butter, French Dressing, Hollandaise Sauce or a

Tomorrow:-Cooking The Hubbard

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekteping" department will be answered in these columns in their turn. This requires considerable ame, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and province. -The Editor.

HEROINES OF HISTORY

Significant Incidents in the Liver of Famous Women.

By Mark Stuyvesant.

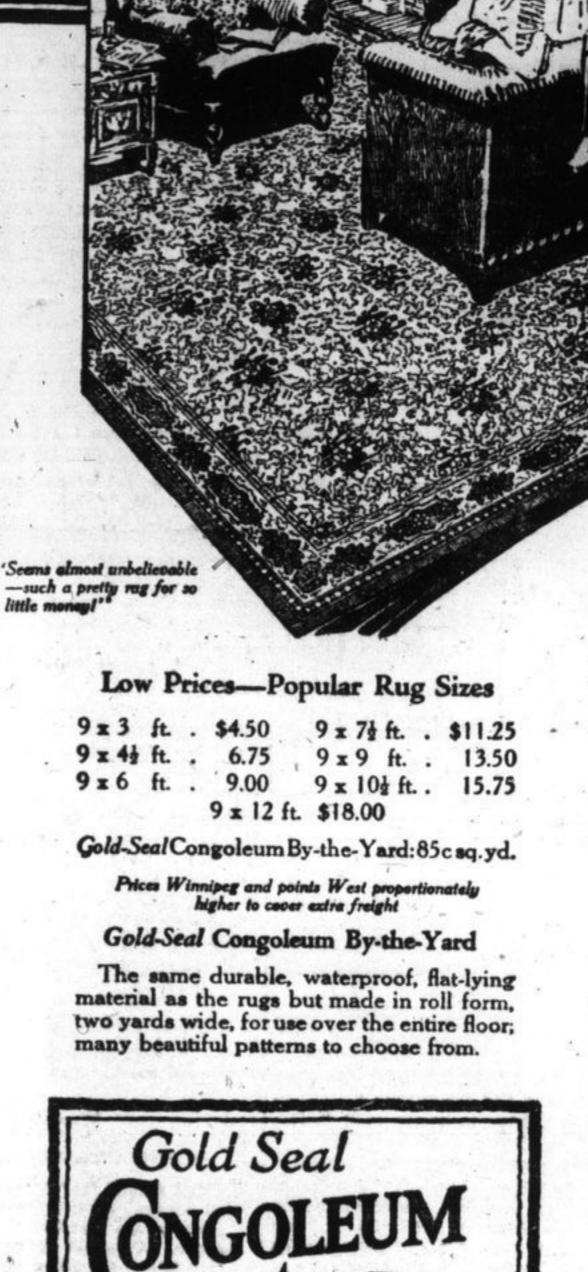
Perhaps there is no unusual word that is universally used whose origin. fewer people know than the word

'bloomer." And perhaps there is no garment which has given to women more freedom than the garment known as

"bloomers." "Bloomer," strange as it may seem, was the name of a very brilliant and for the time in which she lived, a very "advanced" and daring

This is her history. In Homer, New York, in the year 1818 was born Amelia Jenks Bloomer.

mena grew up as her girl friends did, attending school and going to parties, but Amelia was different. Amelia was a free spirit with



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was considered a most surprising

thing for a woman to do. But Amelta went ahead, started and carried on a periodical called "The Lily." in the publication of "The Lily" Amelia worked hard and was rewarded by the popularity of the periodical, which really had quite a suc-

At this time, the movement for the emancipation of women was in its infancy. Women had very few rights or privileges and it was women endowed with the type of courage of Amelia Bloomer who started the campaign which lasted nearly a century before the battle was won.

Amelia Bloomer threw her whole heart and soul into the work of trying to improve the laws so that women could through voting, have some





A Brave, Fearless Soul. part in the government of their

As was usually the case with the pioneers of woman suffrage, Amelia Bloomer worked also for the cause of temperance. She went about the country preaching for the emancipation of women and for national pro-

Not only was Amelia Bloomer in favor of these two reforms, but she vas also in favor of freedom of dress for women.

The idea of divided skirts was originated by Miss Elizabeth Smith Miller, but it was Amelia Bloomer who carried out the idea and tried to popularize the garment now known as "bloomers," so that all women could have comfort in dress

Amelia Bloomer adopted this So ambitious was she that after the Duke and Duchem of Devonshire, is to wed Captain the Honorable George Bailie, son of and heir to George Bailies and Baroness Burton of Inverness.

TO MARRY AGAIN

Lady Maud Mackintosh, daughter of in it on her lecture tours. This greating it is to her lecture tours. This greating is to wed Captain the Honorable George Bailing shocked most of the women and the business career, which in those days lie and Baroness Burton of Inverness.

But Amelia Bloomer is one of the women to whom all the women of our day should be grateful she was one of those brave, fearless couls who fought for what they as women? thought right and through whose efforts women have attained a place in the world in which they work well, doesn't it?

shoulder to shoulder with men. If Amelia Bloomer cou'd see today what has taken place in the country she loved and for which she worked. of the United States there is not only of all conversation. that women vote. And not only do the year, box. wear, when they go for a like in the pon the leader-not the follower.

spoken of in any but complimentary country or indulge in some sport, the garment that bears her name

> Overheard. She (in Art Museum)-Ever notice that angels are always painted He (cynically)-Yes, it shows

> that artists don't know women very She-I wonder if it isn't because they know men too well?

Don't call a man a liar if he does what pleasure would be hers! She differ with you politically. It's an would know that in the Constitution ugly word, and ought to be left out

an amendment prohibiting the manu. There is always a miscarriage of facture and sale of strong drink, but justice when prejudice gets a seat in

they vote, but many of them now The main responsibilty falls up

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