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FREE CLINIC FOR CHILDREN Dr. Edna Ashcroft will devote Thursday afternoons from 2 to 5 to examining and treating ailing children. Free of charge. EDNA B. ASHCROFT, D.O. 204 King Street Between Earl and Gore Streets.

Inspection of Workmanship Satisfied Customers, Cheer Spells WEBER PIANO Manufactured in Kingston C. W. Lindsay Company, Sole Agents

NEW YORK HAT CLEANING CO. SHOE SHINE PARLOR 208 PRINCESS ST. PHONE 355. PETER LAMPROS.

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STRAW HAT SEASON FOR LADIES NOW OPEN We clean and remodel all kinds of Straws. KINGSTON HAT CLEANERS 163 Princess Street, Upstairs. Phone 1493.

We Keep Simons' SIMONIZ Have you used it? It's a real Polish.

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BELMONT DINING ROOM Open from 5 a.m. to 12 midnight. A. TIERNEY, Proprietor

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Phone 2195W. STEWART'S DAIRY 689 PRINCESS STREET MILK and CREAM

TRY THE NEW ENGLAND LOAF NEW ENGLAND BAKERY 297 COLLINGWOOD STREET PHONE 613.

J. Y. Parkhill & Co. DISTRIBUTORS DAIRY SCHOOL BUTTER PHONES 96 and 112.

OUR AIM IS SERVICE Kingston, Portsmouth and Cataragui Electric R. R.

BAKER'S DAIRY Pasteurized Milk and Cream 58 VICTORIA STREET PHONE 2085W.

TAKING UP OPPORTUNITIES

The manufacturer or merchant who knows how to seize opportunities is the man who is forging ahead all the time.

The newspapers in western Canada are now over-flowing with large advertisements of all kinds—carefully prepared and set forth in the most attractive manner possible. Why? Simply because a great many manufacturers and merchants know that the harvest time is nearing its close—that the farmer will commence reading more and more from now on—and still more important—that with the sending of his harvest to the markets he gains his highest buying capacity at any time during the year.

Therefore they are putting their propositions before him now; telling him what they have that he needs; throwing open their stock for his inspection by means of the newspaper advertising.

The same principle applies to our own corner of the world. The harvest will soon be completed and farmers' buying capacity will be at its peak. Now is the time to put your proposition before the farmer; now when those things he should have had this summer are fresh in his mind and when he has the money to secure them.

Newspaper advertising is by far the most reliable for the farmer's trade. He is tired of looking at road signs; he has no time to stop and look at posters; but he takes his newspaper into his home and reads it thoroughly and with enjoyment. Do not neglect opportunities, Mr. Merchant!

SAVOY RESTAURANT IS WELL EQUIPPED

Changes Made Big Improvement and Increased Patronage Shows Benefit.

When the Savoy Restaurant started in Kingston some time ago it started out as a Dairy Lunch and had all its fittings and equipment suited to those requirements. At first the patronage was good and it maintained a fairly good level, but not so high as the service and cuisine merited. For some time the management was puzzled and then it arrived at a conclusion.

That conclusion was that Kingston people—always appreciative of high class service and goods—are yet very conservative and slow to pick up with the hurry-scurry that is so noticeable in many cities today. Kingstonsians enjoy good food, but they like to take their time about the enjoyment and do not like especially the hand-to-mouth business which it is hard for Dairy Lunch to avoid.

Therefore the Savoy, at an astounding expense, was cleared of all its Dairy Lunch equipment this summer and turned into a restaurant that is up-to-date in every way and has, perhaps, just a little more than the other fellow.

Partly compartments made up of leather-covered, polished wood settees were installed, giving a clear view of the whole restaurant, but at the same time a pleasing privacy and absolute comfort. The clean marble-topped tables add to the pleasing effect of the whole outfit and this is further heightened by the tiled floor throughout and the decorations and lighting system.

Extra large compartments are installed at one end for large parties, all finished in the same luxurious style which makes the time of waiting for an order a pleasure. And there is another feature of the Savoy service that is worthy of note. That is the extraordinarily quick service. It is doubtful if there is a restaurant in town with so speedy service—

FREE OSTEOPATHIC CLINIC

In most cities of Canada and the United States Osteopathic Clinics have been established for children. Osteopathy is particularly successful in the treatment of children. Thousands of delicate and ailing children have been restored to health by this rational method of treatment.

In order that no child in Kingston need suffer for lack of osteopathic treatment, Dr. Edna Earle Ashcroft announces a free osteopathic clinic every Thursday afternoon from 2 to 5 at No. 204 King street east. Ailing children will be examined free of charge and treatment given if necessary.

DOES WORK OF TEN.

The Motorized Prune Picker Used in California.

A motorized prune picker with which one man can do the work of seven to ten, has made its appearance in the Santa Clara Valley, California, where 65,000 acres of prunes are harvested each year.

A metal roller, operated by a one-horse-power gasoline motor, carries the machine from place to place. The engine likewise operates a drum covered with steel pins that pick up the prunes from the ground as the drum rotates and deposits them on an elevator. They are carried to a box above.

Control of the roller and drum is from a handle resembling that of the ordinary lawn mower. The operator steers the device to any desired spot. One man, working by hand, can gather about a ton of prunes a day, while the machine can pick between seven and ten tons at the same time.

WISE WORDS OF UNCLE JOHN ON "EYESIGHT"

The Reason Why He Changed From Crabby Disposition to a Pleasant One.

"You do not appear a bit old, uncle," said Grace. "You are always cheerful and crack jokes instead of complaints."

"Perfect vision is largely responsible for it," said Uncle John. "I used to have a great deal of trouble with my eyesight; never could get the glasses to fit my eyes; my head ached most of the time, and I became discontented and grouchy. Finally I went to Arthey's Optical Shop, and had my eyes examined. They understood my case exactly, and when I left their office with the proper glasses, I could read any kind of print, and I have suffered no headache since. Now I can laugh at old father time and feel always young. They are masters of a delicate and difficult profession and possess all the modern appliances to examine eyesight accurately. They manufacture all prescriptions of complicated lenses on the premises, and give excellent supervision, and when they hand you a pair of glasses, they are absolutely correct."

It is sensible to have the eyes examined every year. Then serious eye-strain is avoided because the optometrist will find any tendency toward trouble before it has had time to develop to the point where it is a serious affliction. It

more or less dependent on others for financial succor. These facts should serve the purpose of a timely warning to the millions of Americans who today are in the full enjoyment of health and prosperity.

SIXTY FOUR PER CENT DIE IN POVERTY, SURVEY SHOWS

By S. W. Straus, President American Society for Thrift

Out of 100 average white male adults, nine leave estates which will produce \$50 a month or more at 6 per cent net; 27 leave estates which will produce an average of \$20 a month at 6 per cent net; and 64 leave little or nothing.

These figures were obtained as the result of a survey made by Mr. Joseph J. Dewney, economist and author of "Dewney's Economic Table," a most 30,000 adults throughout the United States. Assistance was given the compiler by 1,000 bankers and life insurance men.

The reports showed the age of the deceased, occupation, net estate and life insurance. More than one year was taken up in Mr. Dewney's investigations, so he states, and the final results of his intensely interesting studies have but recently been made public.

Similar investigations have been made in this country from time to time and all have resulted in about the same general indications. Statistics, of course, have varied at different periods and in different parts of the country, but they have never varied on the one outstanding point that the closing years of the lives of many of our citizens has found them

thrift; savings are growing in our banks; our list of home owners is increasing; thrift is rapidly finding its way into the curricula of our schools.

But the actual conditions show that all too few of our people are able to hold on to the wealth they have helped to create. It becomes a matter for each individual to study closely the situation that confronts him personally.

While you are able to earn and save, do so. Make the resolve that under no circumstances whatever, will you ever become one of the 64 per cent who leave little or nothing to show for a whole life's work.

DOG DAY DILEMMA.

Whether to send Junior to the prep school showing horseback riding in its magazine advertisement or the one showing a military parade.

Whether to sign up for the apartment again and pay the increase or move somewhere else and pay it. Whether to try those water wings in the drug store window or make a spectacle of oneself unassisted.

Whether to lay in the winter's coal at the present prices or lie awake at night.—Life.

"Othello" in Five Lines. We think that the gentleman who has limericked the Bible has gone a little too far. Shakespeare, though, offers a legitimate subject and we recall the following neat condensation of "Othello" in limerick form: There once was a guy named Othello,

A dark, disagreeable fellow; After croaking his wife He then took his own life— That bird wasn't black, he was yellow

Might Be Worse. A movie actor noticed a couple having a discussion in front of a picture theatre. The film being one in which he appeared, he paused, as many a great man has done before, to hear what the populace thought of him.

"Well, what's this picture?" "Ossified Hearts." "H'm. Who's the star?" "Heracles Handsome." "Well, let's go in. It might be worse."

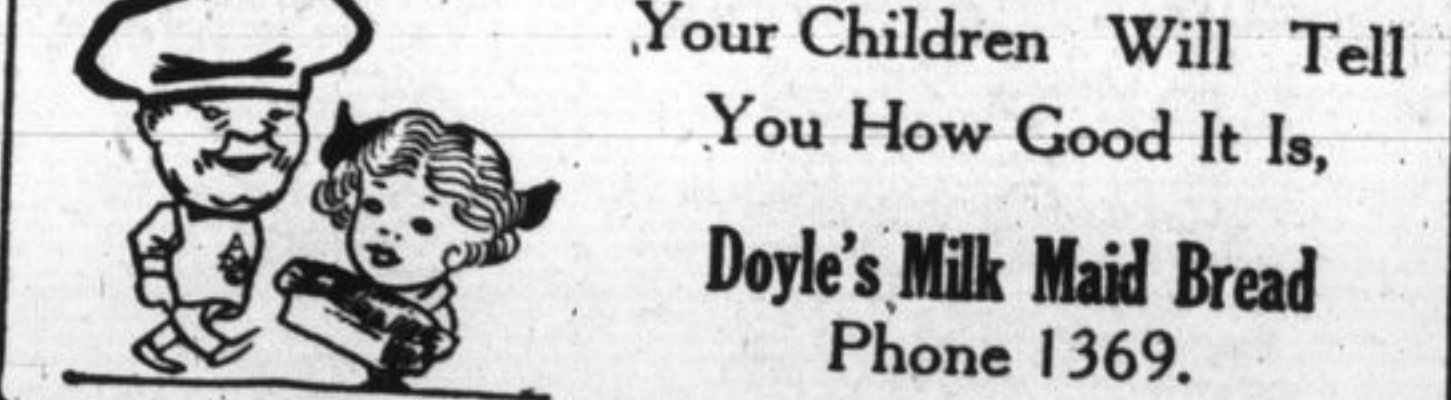
Were His Welcome Out. "Those will never visit us again," said the elderly Quaker to the visiting young man who had long overstayed his welcome.

"Oh, sir, how can you say that? Of course I will visit you again!" "No, my young brother, I fear thee will never visit us again."

"But," said the young man, "what makes you think I will never visit you again?" "Well," replied the old Quaker, "if thee will never go, how can thee ever come again?"

At His Weakest. A man is at his weakest when he turns out of bed in the morning. The muscular force is greatly increased by breakfast; but it attains to its highest point after the mid-day meal. It sinks for a few hours and rises again towards evening.

Your Children Will Tell You How Good It Is, Doyle's Milk Maid Bread Phone 1369.



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ICE This year's crop is exceptionally high grade Phone 1307 Our Motto: PROMPT SERVICE KINGSTON ICE CO., LTD.

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HOTEL PLAZA Corner Montreal and Queen Sts. Tourists' Popular Stopover Where comfort and environment and excellent cuisine meet demand of all discriminating guests.

McGinnis & O'Connor Highway Engineers and Contractors

ESTIMATES SUBMITTED H. HORTON PAINTER AND DECORATOR Phone 1891W. 205 ALFRED STREET

Dominion Textile Company (Limited) MANUFACTURERS "PRUE COTTON" MONTREAL—TORONTO—WINNIPEG

HOW TO BE A CENTENARIAN Japanese Newspaper Gives Ten Rules for Longevity. A widow or widower should marry again. Work with moderation. Don't talk too much.

A Light Meal. He was unaware of the eccentricities to be found in the wild west when he entered what seemed to be the only hotel in the place. After ushering him to a table and giving the stranger a glass of ice water, the waiter inquired: "Will you have sausages on toast?" "No, I never eat 'em," the guest replied. "In that case," said the waiter, "dinner is over."

What passion cannot music raise and quell?