

A LEBANON CEDAR MAN.

The International Sunday School Lesson For Sept. 23rd Is, "Timothy: A Good Minister of Jesus Christ"—Acts 16:1-3; Phil. 19-22; II Tim. 1:1-6; 3:14, 15.

By WILLIAM T. ELLIS.

To reach the Barouk group of the cedars of Lebanon (there are only two forests left in Syria) takes a long stretch of automobiling; followed by hours in the saddle and then a deal of stiff climbing. But the reward is worth the trip. Sitting beneath these ancient "trees of God", which have outlasted famous cities and mighty empires, one draws many a homely simile. The most obvious is that these centuries-defying evergreens have grown hardy and remained beautiful in a stiff climate and an unpromising soil. They seem to be rooted in the rocks. The bare high mountain sides on which they flourish produce no harvests of any kind for man. All conditions seem hostile to development; yet the cedars of Lebanon are the most famous trees in the world.

Some lives are like the Lebanon cedars. Amidst most unfavorable circumstances, despite the buffetings of fierce storms, and from stormy and inhospitable soil, they grow to strength and majesty. Mushrooms spring up overnight in dark, dank, hotheouses; but great trees need all the weathers of out-of-doors, and the patient processes of the years, to come to maturity.

Timothy, toward whom everybody feels the special sympathy that is ever extended to the young, was a cedar of Lebanon saint; developing amidst conditions that would seem fatal to spiritual growth. He was a city lad, surrounded by the unspeakable evils of an all-pervading heathendom, with its atmosphere of moral-death. At first glance, one would say that his environment was not conducive to character-making; yet when we recall the cedars we know that hard circumstances produce hardy souls. The Arabs of the Holy Land, whose harvest fields at the best are poor and unpromising, say that the finest grain is garnered from the stoniest fields. Perhaps it is the coddled youth, tenderly reared in soft circumstances, who really deserves our commiseration, rather than the one whose lot has been difficulty and adversity. At least, we know that out of the foul environment of the corrupt city life of Roman Asia, came that noble character, young Timothy, the protégé of Paul.

Sapless And Spineless.
The secret of the cedars is that, as the Psalmist says, they are "full of sap"—the strong, resinous, preservative life-juice that gives them abundant resisting and growing power. Cut a cone from a Lebanon cedar, and you will quickly discover the richness of the sap that saves the tree. As with the cedars, so with life. Timothy weathered all contrary and corrupting experiences because the juice of life, the real vitality of spirituality, ran strongly in the veins of his soul. Nurtured in the Scriptures from infancy by his mother Eunice, and by his grandmother, Lois, the things of the spirit were always real to him. It was the vitality of his own inner experience that made him strong to endure and to do.

Instead of sheltering youth from stress and storm, the way of wisdom is to look well to the sources and supply of strength. There is no fear for the young man or woman through whose pulses flow the current of sincere godliness. It is the sapless trees that crash in the high winds. The one supreme preparation for life in the rough world is a personal experience of God; and a maintenance of the channels of spirituality. Force of character is wholly a matter of sap. What we call "saplessness" is really saplessness. If real life floods the veins and arteries, then the storms of circumstances can merely strengthen character. A slang phrase describes a certain type of ineffective person as "sap-headed"; what is really meant is directly the contrary—lack of sap; dead-

woodness. Given a free, full flow of vital religion and you have a Timothy, a man of God.

A Clean Man In A Dirty Time.
Thoughts of Timothy, this young hero of the New Testament on whose character there is not a smirch suggest thoughts of the region in which he was reared and in which he did his work. The cablegrams have thrust Asia Minor upon the whole world's attention this past Summer. These have been historic days, wherein we have seen the Turk once more given complete sovereignty over this ancient center of civilization and Christianity.

Today, in the land where Timothy lived and Paul labored and the early Church grew to greatness, all the Christians have been cast out, by agreement of the Great Powers. Since the days when these first famous missionaries planted the Cross in Asia Minor until within a twelve-month, Christianity has continued to live there, despite all the tremendous political changes. Now the Christians are out, and their places have been taken by the Moslems from Thrace. Owing to the perfidy of the Great Powers, Christianity has suffered one of the major defeats of the past twenty centuries. Even the American missionaries, after a hundred years of labor in Asiatic Turkey, are now out.

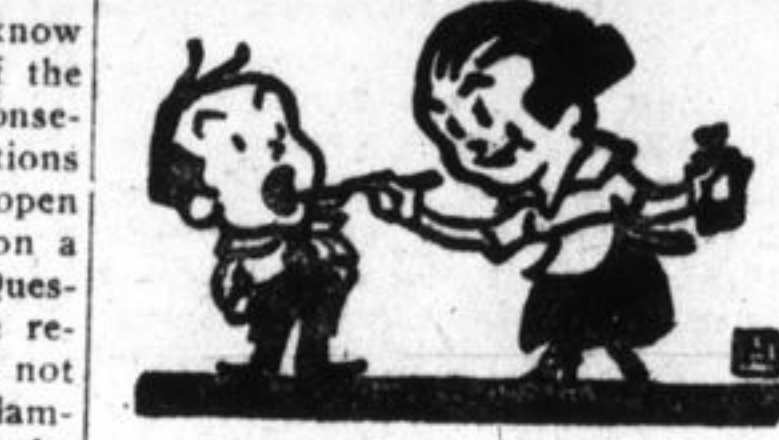
Wouldn't it be interesting to know what Paul and Timothy think of the present situation in the land consecrated by their toils and tribulations and triumphs? Here is a wide open door through which to enter upon a discussion of the Near Eastern Question, from the standpoint of the recency of Christian nations. It is not the Turk who is to be primarily blamed for what has happened, but the statesmanship of London and Paris and Athens and Rome and Washington.

A Study In Success.
This is a young man's Lesson. It is a study in the ever-absorbing theme of success. For the subject is a young man who, amid adverse conditions, achieved greatness of character and immortality of service. Timothy's is one of the names not born to die.

Frankly, he was handicapped by his youth. Evidently it troubled him. The old church members always called him "our young brother." They looked down upon his merits because of his immaturity. Every sensitive, ambitious youth has been galled by the same treatment. Wise old Paul wrote candidly to Timothy: "Let no man despise thy youth." That is to say, stand up for your personality in spite of the graybeards. Ask no odds because you are young, and accept no handicap, either. You are what you are, regardless of the calendar. Youth is the time for achievement; don't let the old folks lay the paralysis of fear and self-distrust upon you. Be your best and do your utmost while the juices of life are sweeping victoriously through your spirit.

No better counsel can be given to a young man than to read through, at a single sitting, the two Letters written by Paul to his dear friend Timothy. The second of them is the last utterance that we have from the old hero's prison cell. It is an incitement to greatness of character and service: "Stir into flame the gift that is in thee." Be the best and do the most; God wants more of you than you ever dream of for yourself. Clarion calls sound again and again through these two great Epistles.

Timothy's beginnings of greatness were that he linked his life to a great man and to a great cause. He cast his lot with the persecuted pioneer, Paul the Apostle; and with the new Christian enterprise. Thus he was forever forced to measure himself by something bigger than himself. There was no room for deadly self-complacency in his experience. His goal was great and ever-receding, growing greater with each advance toward it. What a career awaits the sap-filled young men who in this day of decisions dare to invest their lives in the real greatness of the cause of Christ.



Well Mother! The children are settled down in school again but the old problem still faces you. It is up to you to provide everything for autumn and winter from boots to a bottle of cough mixture.

It's a busy time for you. New clothes are needed for growing boys and girls; more substantial food for cool days must be thought about; books and games for the approaching long hours of darkness are needed to keep home happy.

Let your newspaper help you. A few minutes spent every day in reading the daily store news in the advertisements which the merchants have inserted for your information will save you many fatiguing hours of shopping.

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Strong Enough To Survive Success
It has of late been my lot to meet many prelates of the old Eastern churches, in and about the homeland of Timothy; and I am musing upon the contrast between them and him. Timothy became bishop of Ephesus (a fascinating ruin, the continued excavation of which awaits initiative from this side of the sea; and promises rewards unique and startling), but he never ossified into a mere ecclesiastic. Of all the pretensions churchmen I have met on this journey, from the ecumenical patriarch down to the monks in the holy places, there is not one who has not excited my compassion, and sometimes my contempt. They are prelates petrified in their professionalism. Not one has breathed the fire of strong and sturdy manhood. Leadership has been manifested by none of them. Concern over the great issues of our day, which are primarily spiritual, has been displayed by never a one of them. They have missed the many mark of ministry set by Paul for his virile young friend Timothy. They have attained a certain measure of success; but have not been strong enough to survive it. Their engrossment in ancient controversial concerns is a warning, like that administered by the apostle to his comrade, against being led into fruitless disputes over non-essentials. To live the life and to do the deed is the sufficient answer to contentions and partisanship.

It is necessary to think of Timothy as a churchman, and as a model for ministers. His life is vocal with a summons to great-souled service of God within the Church. Given even a few Timothys in our time, and the people of God will be led forth into



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People who have not eaten a hearty meal for years now enjoy good digestion and give all the credit to Dreco. Others who have been racked with rheumatic pains or suffered constant loss of sleep now bless the day they started using Dreco. Backaches, headaches, dizzy spells and chronic constipation are frequently mentioned as having been helped by this valuable remedy.

Statements like this that are backed by published names and addresses within easy reach for confirmation should do much to convince people of the true merits of Dreco.

Dreco is safe and reliable because it is made only from roots, herbs, bark and leaves in scientifically correct proportions. No mercury, potash, habit-forming drugs or other harmful ingredients enters into its preparation.

Dreco is being specially introduced in Kingston by MAHOOD'S DRUG STORE. Go there today and ask for Mr. Vaughan, the Dreco Expert, and let him explain the merits of this great remedy. There is no charge and he will tell you honestly if he believes Dreco will benefit you. Dreco is also sold in Napanee by Wallace & Co., in Gananoque by W. E. Austin, and by a good druggist everywhere.

DRECO WINS ANOTHER FRIEND IN KINGSTON

Mrs. Wesley Pultz Gets Splendid Results From One Bottle of This New Herbal Remedy.

"For a long time I have suffered with my stomach," says Mrs. Wesley Pultz, of 365 King Street, Kingston, Ontario. "Everything I ate would form a gas and give me dreadful pains. So great was my suffering that I would have to give up my work and lie down. Food would sour on my stomach and come up in my throat with a dreadful sickening feeling. I would lie and toss about for hours after going to bed. My liver was sluggish too and spots would float before my eyes and I would often have dizzy spells. I tried a lot of different medicines, but none of them did me any good. The fact is, most of them seemed to make me worse.

"But Dreco is different. I have only taken one bottle, but it is surprising the difference it has made. I can eat almost anything without having any trouble afterwards. My food never sours now and the pains that bothered me so much have disappeared. I feel better in every way and that tired, worn out feeling I used to have, is gone with the result that I am able to go about my work with energy.

"I am going to keep on taking Dreco for a while, as I am convinced it is a good medicine and I gladly recommend it to anyone suffering as I did."

There is no need for anyone to suffer the pangs of an ailing digestive system, when Dreco is available to tone and regulate each and every organ and put it in proper working order. The herb, root, bark and leaf juices of this grand remedy aid digestion, arouse a sluggish liver, strengthen weak kidneys, relieve con-

stipation and purify the blood. Dreco is reliable and safe and is an ideal system-cleanser.

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These and Other Distressing Symptoms Greatly Helped by Dreco and Kingston Lady Enjoys Better Health Than for Years—Husband Is Also Taking Dreco.

"For a long time," says Mrs. C. Newport, of 4 Alwington avenue, Kingston, Ont., "I have suffered from indigestion and gas formations in my stomach. What little food I ate would sour and form gas—that pressed up against my heart, causing terrible pains and a sort of smothering feeling. I would have severe cramps in the pit of my stomach and felt weak and miserable all the time.

"I couldn't seem to get any sound sleep at all and was continually taking strong laxatives. Nothing I took recently in the way of medicines or treatments did my general condition any good and I was rapidly becoming discouraged when I read of what Dreco was doing in cases similar to mine. I decided, therefore, to give it a trial.

"I have only taken one bottle and the results it has given me are very gratifying. My condition is wonderfully improved already. I can sleep better and eat better. In the past few days have not been troubled with gas and the pains in my stomach have gone.

"I am going to keep right on with Dreco, as I am fully convinced that it is a good medicine that will fix me right up. My husband is greatly pleased with the results it has given me so far and as he has not been feeling very well himself, has decided to give it a trial.

Thousands of people have proved the value of Dreco as a corrective for indigestion, gastritis, dyspepsia, heartburn, biliousness, dizzy spells, rheumatic pains in back, muscles and limbs and other troubles. It is the ideal system cleanser and tonic, being made from Nature's own herbs, roots, bark and leaves. Let Dreco help you to better health. Dreco contains no mercury, potash or habit-forming drugs.

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Do not put Rinso direct from the package into the tub. Mix half a package of Rinso in a little cool water until it is like cream. Then add two quarts of boiling water, and when the froth subsides, you will have a clean amber-coloured liquid. Add this liquid to the wash tub, until you get the big lasting Rinso suds. Then soak the clothes clean.

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Strong Enough To Survive Success

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