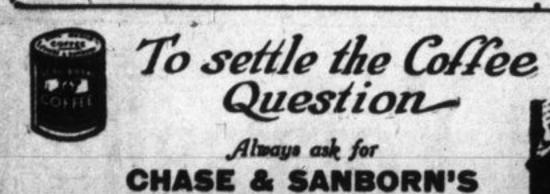
NEWS AND VIEWS FOR WOMEN READERS



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Reading furnishes the mind only with the materials of knowledge-it average temperature of both sexes of is thinking that makes what we read

WHO "CAME BACK"

The International Sunday School Lesson For September 9th Is, "John Mark."—Acts 12:12, 25, 13:5; 15:36-40; II. Timothy 4:11.

By WILLIAM T. ELLIS.

Wandering to and fro, in and about deny Thee." Mark's ardor and loyalty view. Most of the so-called "sacred rested Christ, and perhaps also a com-Jerusalem do not attract me at all; on pay for lack of a little courage! Today the contrary. Thus, I have declined the nameless young man (all the ages John Mark, the house of the Upper he stuck out to the end) is of the comheld, according to tradition. I prefer band who failed Christ in the ultimate the spiritual and historical reality to crisis. the disillusioning attempts to pander to superstition by material relics.

One may play hide-and-seek over a great deal of geography with this elusive young man, John Mark; whom we first knew as the son of his mo- ginnings, and his failure in the emerther, Mary; then as an attendant upon sency. Perhaps he was of the overbas; then as a "quitter," who turned type that sometimes is produced by back from the hardships of the tour; circumstances of ease and indulgence. then as a cause of dissension and se- Probably his family was rich; it was paration between those two great pioneers, Paul and Barnabas; then he tians gathered with Jesus; and it was passes into obscurity as a companion to Barnabas; and emerges as a profitable companion of Paul in Rome; and finally takes his place in the world's small gallery of immortals as the author of the earliest and shortest Biography of Jesus, the Gospel According to Mark.

Mysterious Man at the Arrest.

Imagination toys with the figure of Mark, over on the Mount of Olives; for probably he was that mysterious young man, of whom we have a record only in Mark's own Gospel, who stayed by Jesus in Gethsemane after the apostles had fled, and himself escaped arrest only by leaving his clothes in the hands of the police, while he fled naked into the night. (Mark 14:51, 52.) The biographer's modesty probably kept him from mentioning his own name in his book; and the family of Mark was so closely affiliated with body and his nerves. Jesus that it is entirely probable that the ardent, venturesome youth would follow the little company as it left his mother's home, after partaking of the Last Supper.

wholly in keeping with the character of Mark as we know it. He was moved by noble impulses, which failed him in velled to find how big danger bulks in a test. His story suggests Joseph Con-rad's "Lord Jim". Something of the tragedy that must have pervaded the house of the Last Supper evidently possessed the young man Mark; and he went with the heavy-hearted little band that followed Jesus out of the city gate and across the brook to the dark gray groove of olive trees. High ard. heroism swelled in his breast, echoing the resolute sentiments which perhaps he had heard Peter utter that night:

Jerusalem, I find myself keeping com- outlasted that of Peter, for at the arpany with many old friends of the rest of Jesus, he remained true when Bible. I begrudge the time I am ob- the apostles had run away. But when liged to give to my work upon politi- the officers laid hands on him-when cal conditions in Palestine; for the the real test came—then his courage Scripture characters are more com- collapsed and he fled, naked, into the panionable than some of the flesh-and- friendly dark. He missed the supreme blood folk I am called upon to inter- opportunity to be a comrade of the arplaces," or "holy sites" or shrines of panion on the Cross. What a price to even to go into the reputed home of would have rung with his name had Room, where the Last Supper was pany of Peter and Nicodemus and the

"A Soft Son of Fortune." One delights to muse upon Mark; to find a reason for his zeal in the bethe first missionaries, Paul and Barna- educated, over-refined, over-sensitive in his mother's house that the Christhither, after the resurrection, that Peter naturally repaired when released from prison. Legend says it was Mark's family that provided the ass on which Jesus rode in the triumphal entry; and that the Garden of Gethsamane was part of the family property. All that money and devotion could do for the young man Mark had been done. He evidently had fine sensibilities and the loftiest purposes. But in action he qualified; his exquisite-nervous organization shrank from physical hardship and danger.

The young man was really not a coward; simply he was over-engined in his nervous system. Before we speak contemptuously of Mark as a "quitter" let us consider the exquisite self-torture that he must have inflicted upon his own spirit, in contemplation of his defaults in deeds of decision. And, in the end, his soul mastered his

In modern slang, Mark was "soft" in the muscles of his spirit. He had not mastered the truth that it is a worse fate to be afraid than really to be dead. As I have travelled during recent Certainly, the dramatic incident is months in Bible lands, over the roads where robberies and murders have not been uncommon of late, I have marmany persons' thinking. If this is a sign of the times, then we must beware; since there is no future for a timid man or a timid race. Only a person of ignoble mind would ever quote, "Better be a live dog than a dead lion." That is a dog's creed. Neither God nor man may expect anything from a cow-

When The Saints Quarrelled

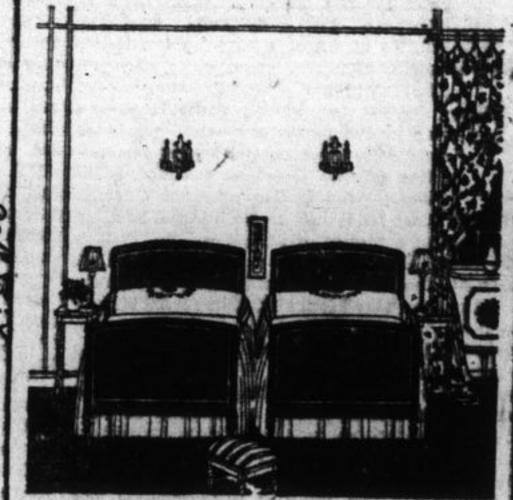
It may not be edifying, even though is rather encouraging to our mortal frailty, to behold the pioneer missionaries of Christianity quarrelling and parting to go separate ways, all over oung man who had lailed them on their joint adventure. When Paul and the right to be trusted.

but Barnabas was compassionate. So An indifferent traveller, he was a the quarrel ended by Barnabas taking great writer. fection of Mark of the faint heart, missionary tour.

Nobody may think, however, that Paul harbored a grudge. Nursing grudges is small business for small spirits. He was too big for it. And after ed in one of the stores at a salary Mark had found himself, he again of \$6.50 per week. He told his found a place with Paul; so that from employer one morning that he was his prison in Rome the aged apostle going to teave, having found a bet-wrote to Timothy.' "Only Luke is ter place. with me. Take Mark and bring him "A better place?" echoed his em-

So the young man, once a "quitter," had "come back." What a biography of soul struggle between the two phases of Mark's career! Through bitter experiences and soul-lashings beyond imagination he had won to self-mastery and courage. He had proved the new temper of his spirit by many an ordeal. He had become fit to be once more the welcome companion of Paul, the hero. "A man may be down, but he is never out." Character-development is possible right up to the end. There is no cessation to the soul's struggle after perfection. I once knew political duties, do not occupy mis a dear old lady, now in heaven, who time, he conducts a haldresser's was as solicitous as a young girl about shop. miproving her mind and her conduct Too much introspection may paralyse the nerves of action; but a measure of it is necessary to growth.

A Poor Traveller; A Good Writer face life's ordeals courageously, is the hatreut to a "shoe-shine."



met finish and colors. All standard widths Prices very moderate.

Sleep renews your mental energy as food restores your body

Everyone knows that the French Set aside time today to examine appreciate food highly. That they set an equal value on the restoring power of sleep is shown by their proverb: "Who sleeps, dines."

Simmons "Kingston"

beds. Shown here in

dark mahogany finish,

with recessed panels

To throw off fatigue poisons and rebuild body and brain, however, your sleep must be unbroken.

Your bed must support your body evenly-conform to it-invite relaxation-put no strain on any member. In such deep, restful sleep, you store reserve power

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Look for the Simmons Label. Beware of imitations



We Handle Only Simmons Beds, Springs and Mattresses,

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Barnabas were about to start out on world's one hope for great works in their second circuit, Barnabas wanted every department of life. Without such to take along Mark (who possibly was soul-sensitiveness as made Mark at a relative; and certainly a highly-con- first a shrinking, nervous organism, at Manila during the Spanish- upon easier terms. nected and influential youth,) but fleeing from physical pain, and then, sturdy old Paul, with his keen sense of in turn, caused him to master his honor and justice, refused to agree, weaknesse and prove himself worthy because Mark had "fallen down" on to fellowship with the hero-prisoner the previous trip. Confronted by the Paul, we should not have had the Sechardships and perils of Pamphylia, ond Gospel. The imagination that Mark had forsaken his friends and lea- made him cower before possible sufders and turned back. He had forfeited fering, also enabled him to portray in living phrases, that march like an army Wise, stern old Paul was correct, on the move, the life of Jesus Christ.

Mark off to Cyprus-and that is the The fears and nerves that once ruled last we hear of Barnabas. Paul had to Mark, he finally whipped into subget along without an attendant; there mission, so that by self-mastery he bewas no sophisticated young city man, came a master mind among men. like Mark, with a knowledge of the Mark, the gentle and weak man made world's ways, to look out for lodgings new and strong, and brave by the powand buy food and arrange transporta- er of Christ, is today speaking to tion, and in general to attend to the countless millions in hundreds of lan-"temporalities" of the mission. Paul, guages, the Gospel that he was unable as well as Mark, suffered from the de- to carry in person through the first

> Less Wages, But Easier Job A young philosopher was employ-

with thee; for he is profitable to me ployer. "What wages are you to "Six dollars a week."

"But that is not as much as you

"No," said the boy, "but then it's better to do less and not get so much

Scotland's Barber M.P. The only barber in Great Britain's parliament is James Stewart, the member for the St. Rollex division of Glasgow, in which city, when his

Mr. Stewart believes there to much room for improvement in barbers' shops in the British Isles, especially in London, which he thinks might cultivate the methods of the hairdressers in America, where cus-High-strung youth, when steeled to tomers can have anything from a

Great Britain recently filed a damage claim against the United States commonly spend life in one pursuit

American war.

because Dewey cut an English cable for excellence is not often gained

Many seem to pass on from youth In this world a man is only worth to decreptitude without any refection on the end of life.

Those who attain any excellence



SUMMER days leave you with frayed nerves and exhausted energy, longing for the sleep which will not come.

A cup of delicious "Ovaltine" taken upon retiring will permit you to know the bliss of undisturbe

"Ovaltine" promotes a natural sleep in a natural way. It is rich in those elements that soothe overstrained nerves and over-active brain and at the same time restore the nerves and body tissues destroyed throughout the day. It is easily assim lated even by invalids, and causes no digestive

