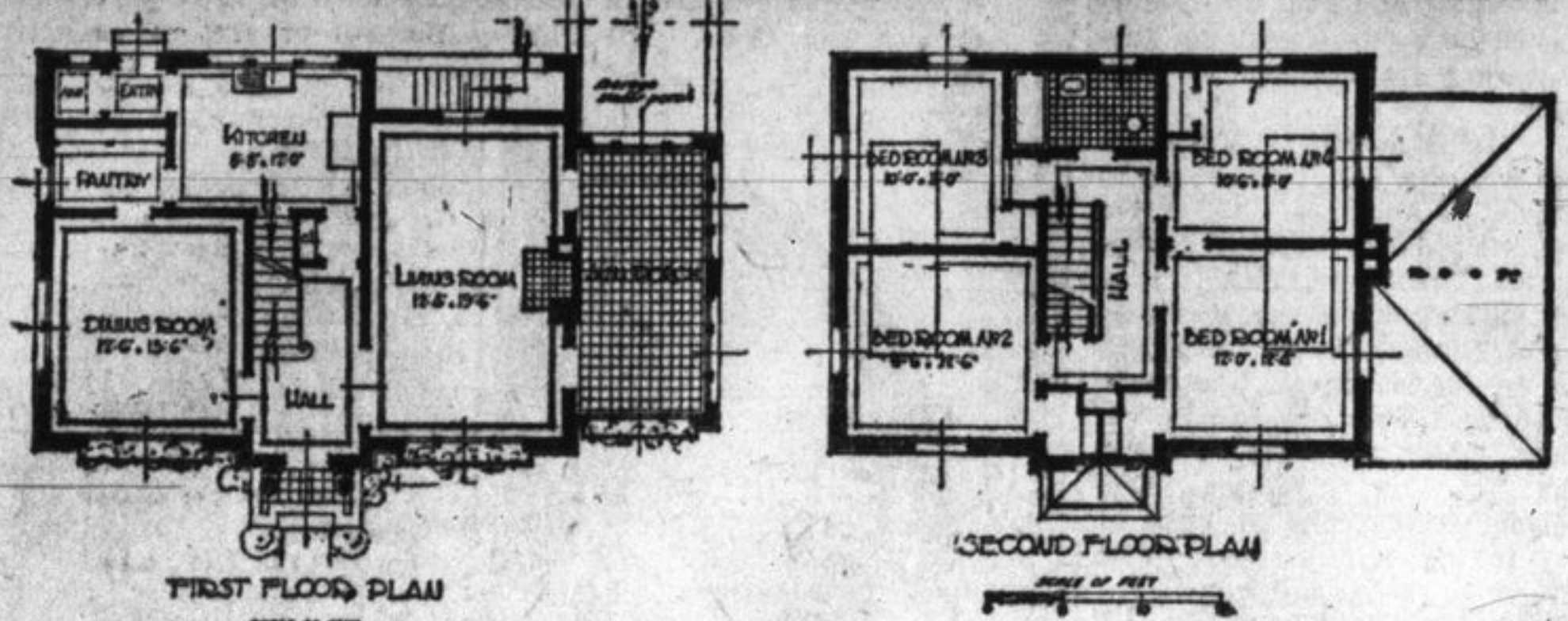
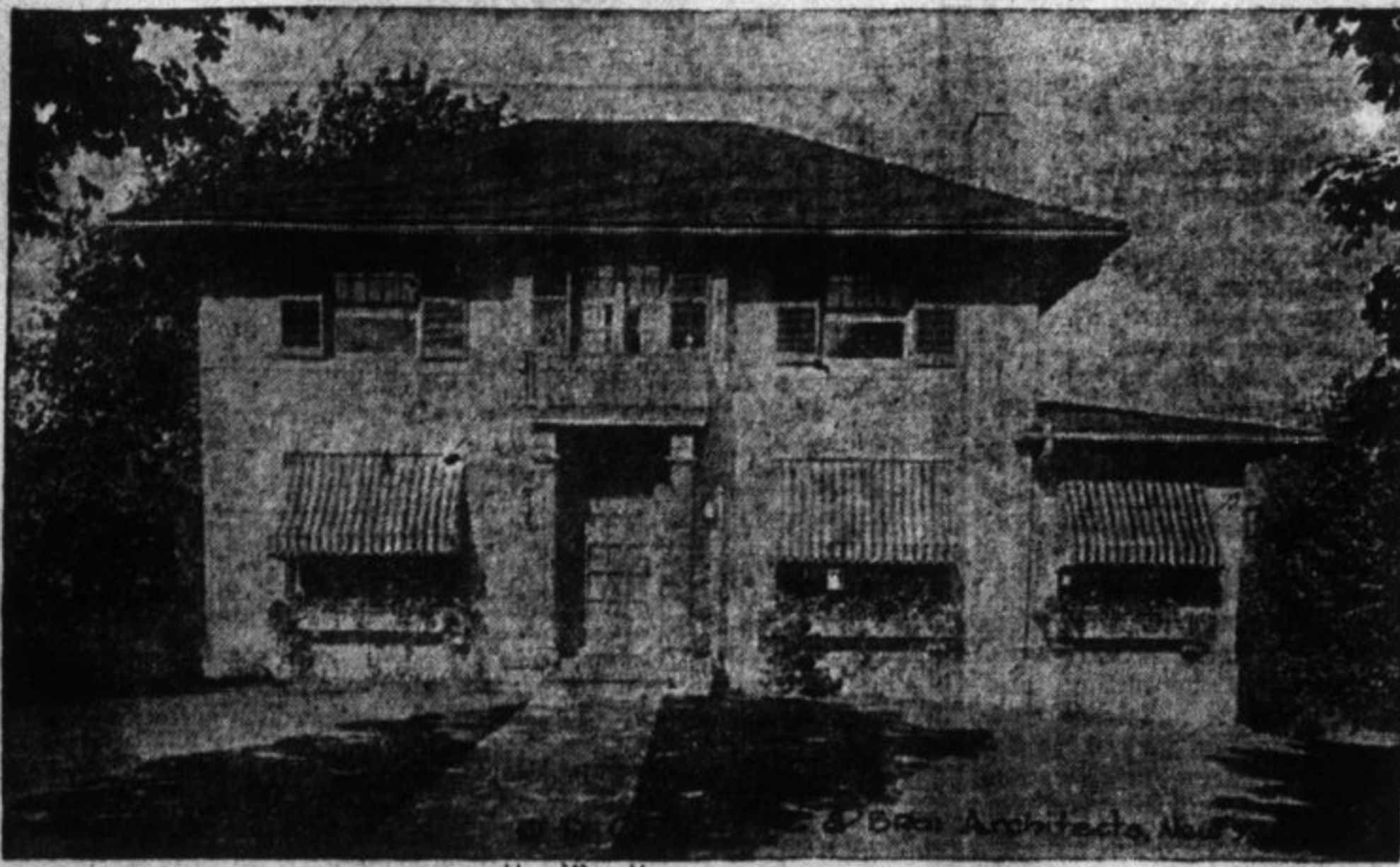


A Substantial House With Stucco Finish



For the closely built suburbs this house has many attractions. It is substantial in design and in construction, with compact, convenient and economical plans. It is a house that will require but few repairs in the years to come.

The walls are finished in a light cream-colored stucco on hollow tile. This construction of the walls gives good insulation against heat and cold and saves fuel in the winter. It is fireproof and does not absorb moisture, and forms a most satisfactory backing for the stucco and plaster. Unlike a brick wall, furring is not required on the inside as a protection against moisture, a damp-proofing coat applied to the wall before plastering gives absolute protection against any dampness with the block construction.

An economical feature of the plan is the utilization of the space under the living porch as a garage. A shallow ramp leads down to the level of the cellar floor, making access easy. The garage has water, heat and light at practically no cost for installation as they are connected directly to the house systems in the cellar. The tile finished concrete floor of the sun porch gives a fireproof ceiling to the garage, while the foundation wall of the house gives a fireproof wall between the garage and the cellar. Thus the fire hazard is entirely eliminated while the car is made most convenient of access.

The sun porch is all that the name implies,—the floor and base, plenty of large windows, screened and provided with awnings, flower boxes

and the like—a delightful place to live.

The service portion is compact and is convenient to the main rooms. The four bed rooms on the second floor are all of good size and all have cross ventilation. A generous bath room and plenty of closet space is provided.

The entrance of the house is worthy of note. It gives just the required dignity for a house that sets close to the street and the bold detail offers a pleasing contrast with the plain stucco walls.

Cost about \$8,800.

Complete working plans and specifications of this house may be obtained for a nominal sum from the Building Editor. Refer to House A-60.

a bit of ice will give immediate relief. Holding the breath will stop some cases. Catching the tongue with a towel and pulling it outward, may stop others.

Pressure on the diaphragm is always most successful. Let the victim lie on his back and draw up his knees enough to relax the abdominal walls. Then press your fingers into his muscles just below the ribs. On deep pressure inward and upward, holding the fingers firmly against the ribs, the spasm will usually disappear.

If the symptoms persist in spite of every effort, it may be necessary to give an emetic. Emptying the stomach is very likely to stop the trouble at once.

In an infant change of position may stop the hicough. Gentle pressure over the stomach or massage may cause expulsion of the swallowed air and thus give relief.

Hot fomentations over the stomach and watchfulness of the bowel movements to make sure they are regular and ample, will correct the trouble of a child.

Certain drugs are used to control persistent hicoughing. If the simple measures recommended do not relieve, then your physician will prescribe for you. Remedies known as "anti-spasmodics" may be necessary.

Bear in mind that hicough is not a disease. It is merely a symptom, but it is audible evidence of some indiscretion on your part.

You are eating too fast, too much, or the wrong sort of food. Analyze your eating habits and thus discover the cause of a symptom, painful to you and annoying to others.

Diary of a Fashion Model

"Window-shopping is one of the most fascinating occupations I know," Pam declared enthusiastically.

"Have you been doing that?" I asked.

She dropped into one chair, tossed her hat on another, and opened a fashion magazine she carried under one arm.

"And if you're window-shopping for ideas, there's nothing handier than a magazine," she added without answering my question.

She turned the pages of the magazine and several small, white sheets of notepaper fell out.

I looked closer and saw that they were covered with hastily made sketches.

"Up to the well-known trick of window-shopping and window-sketching?" I asked with a smile. I know from experience how easy it is to balance your note-paper on a magazine cover, pull your pencil from your pocket and make a few hasty lines.

"You see, I want to make several summery frocks for myself," she explained.

"So you went looking up ideas?" I asked.

"Yes," she replied. "And I know if I saw many good things, I'd grow so enthusiastic about the last that I'd forget the first. A way I have," she added.

I smiled, for I knew Pam's memory was sometimes no longer than her nose.

"Let me see the things," I urged.

I glanced over the sketches which she had labelled as to color and material.

"I'm holding back the most attractive because I want to tell you about it," she said. Then she showed me a simple, short-sleeved sketch with tiny tucks in the waist and a curved apron front.

"The tucked blouse and the underskirt are yellow voile," she explained. "The ducky little apron is white organdie."

pin-tucks and the inserted flowers, I ventured.

"There you go, always wanting an easy way to make things!" Pam exclaimed with disgust.

"Pin-tucks are easy to do in spare minutes, and I only have to stitch the yellow flowers on very carefully and cut the white organdie from beneath them," she assured me.

"Well, I will say that I think the dress will be charming and well worth any amount of trouble," I assured her in my most consoling tone.

TO-DAY'S FASHION

By Vera Winston.



This Nile Green Taffeta Evening Gown Favors the Bouffant Line.

Green continues to be one of the most popular colors, and comes in shades of ever increasing beauty. Nile green is lovely for evening and it's crisp and cool in effect when the material used is taffeta.

This model has a smart little collar which exploits the long shouline rather snugly, and its tightness is accentuated by the taffeta bows at either hip.

Dropping from the taffeta bows are full panels that almost sweep the floor. They are caught in to the plain taffeta underskirt at the front and back of the hem.

A Spencerville Wedding. Prescott, Aug. 17.—A pretty wedding was celebrated at noon Wednesday at the home of Mr. and Mrs. Frederic Bovard, Spencerville, when their daughter, Iva Myrtle, was married to Frank Dease, of Montreal, Rev. M. N. Omond, M.A., B.D., Prescott, officiating. The bride was gowned in white dutchess satin, attractively designed, with regulation veil and orange blossoms, and carried Ophelia roses. The couple were unattended. After a wedding trip to the Laurentian Mountains, Mr. and Mrs. Dease will reside in Montreal.

Miss Chapman Appointed. Prescott, Aug. 17.—Miss Dorothy Chapman has been appointed a permanent stenographer in the department of agriculture, Ottawa. Miss Chapman is a daughter of Mr. and Mrs. George Chapman of North Augusta.

CANADIAN NATIONAL RAILWAYS Harvest Help Excursions August 22nd to Winnipeg—\$15.00

Plus 1/2 cent per mile beyond. Returning 1/2 cent per mile to Winnipeg, plus \$35.00.

Extra accommodation from Kingston, connecting at Toronto, with through special trains to Winnipeg.

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Aug. 26—Marloch	Beitost, Glasgow, Southampton, Antwerp, Glasgow
Aug. 28—Montclair	Liverpool
Aug. 29—Empress of Scotland	Cherbourg, Southampton, Hamburg
Sept. 1—Montclair	Liverpool
Sept. 1—Empress of France	Cherbourg, Southampton, Hamburg
Sept. 15—Montclair	Liverpool
Sept. 15—Empress of France	Cherbourg, Southampton, Hamburg
Sept. 20—Marloch	Beitost, Glasgow, Southampton, Antwerp, Glasgow
Sept. 21—Montclair	Liverpool
Sept. 22—Empress of Britain	Cherbourg, Southampton, Hamburg
Sept. 26—Montclair	Liverpool
Sept. 26—Empress of France	Cherbourg, Southampton, Antwerp

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Yellow Voile is Cleverly Combined With White Organdie to Make This Lovely Dress.

"What are these flowers you've drawn over it?" I asked.

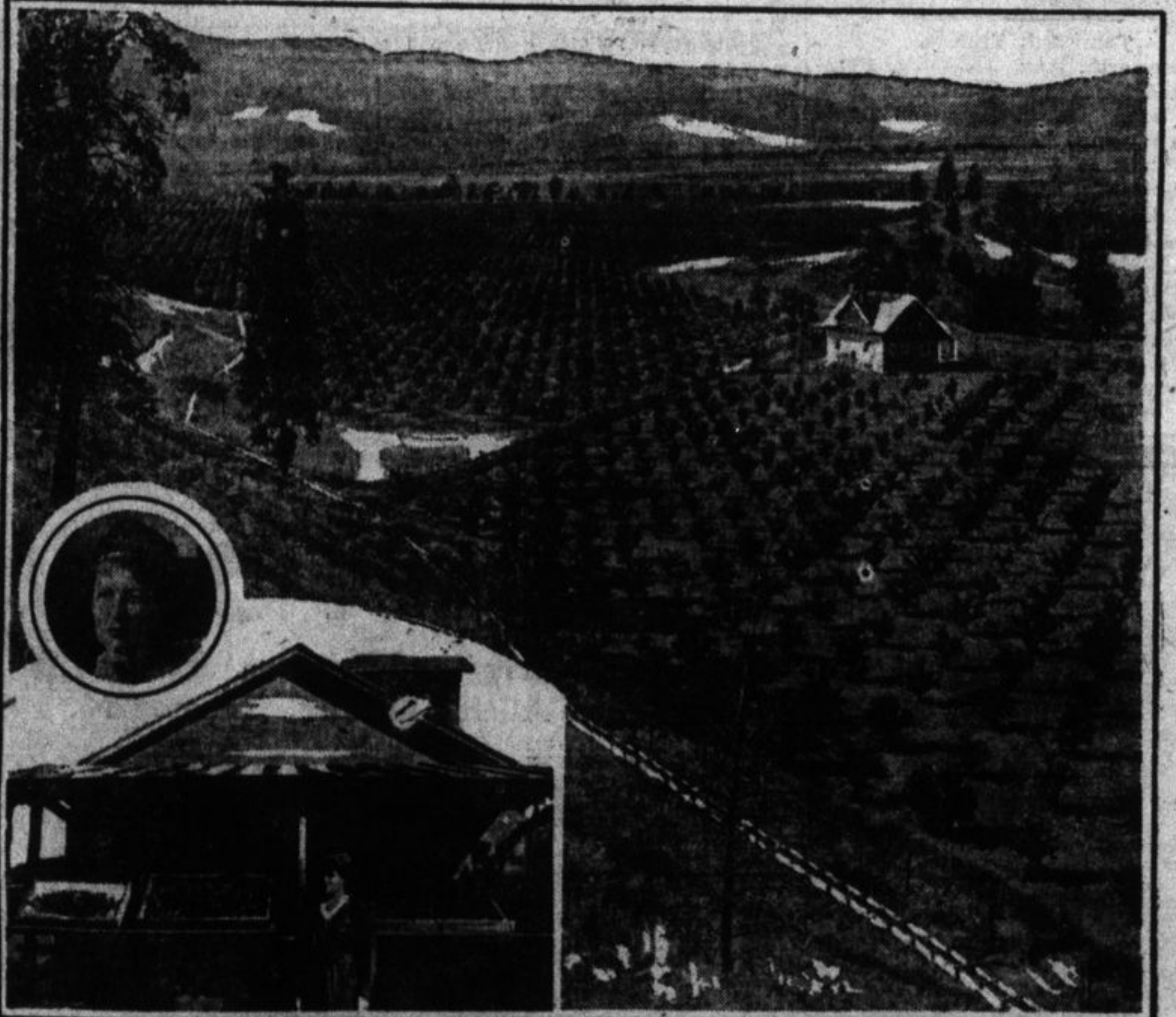
"That's the most attractive feature," she explained enthusiastically. "They're of white organdie let into the white, with bunches of black French knots for centers."

"Perfectly charming," I pronounced the idea.

"The white is repeated in bands at the neck and sleeves, with more French knots to outline them," she explained.

"The troublesome parts being the

Okanagan and Fruit Conservation



The view is that of a flourishing new fruit district in the Okanagan Valley near which Mrs. Smith (last) has opened her dehydration plant (bottom left).

THE fruit products industry of Mrs. M. B. Smith of Naramata, Okanagan Valley, is a story of Canadian initiative that has assumed large proportions. After extensive research work and experimenting on a small scale, Mrs. Smith is this year opening up a large plant for the dehydration of fruit at Poplar Grove, between Naramata and Penticton, where seventy fruit products will be prepared instead of eleven as sent out by Mrs. Smith from her ranch on the benches.

The site of the new factory is a point in the very heart of the fruit district and convenient to the railway. A siding of the Kettle Valley Railway will be run into the premises.

The most important factor of the enlarged scope of the work is that the new industry will utilize much soft, perishable fruit that would otherwise go to waste as most of the fruit must be in a tree-ripened condition for dehydration and therefore much too ripe to ship.

Mrs. Smith was visiting on the prairies in the early stages of the war when conservation of food was beginning to be a vital question. She saw dried logan berries for the first time and it led her to dwell on the possibilities of the dehydration of other fruits and vegetables. Later, visiting in the Okanagan Valley, she was much concerned over the large quantity of fruit and vegetables that could not be shipped so, with broad vision and patriotic idea, she began the evaporation of fruit. Mrs. Smith made an extensive study of the work and persisted, despite the fact that men of experience declared that she could not dry fruit, other than apples. Now she is in the unique position of being the first one in Canada who has dried fruit, other than apples, on a commercial basis. Her dried peach is the only totally peeled peach on the market, either in Canada or the United States.

Mrs. Smith, being very much interested in movements to promote the practical usefulness of women, declares that there is a large opportunity for women in this work. Having no desire to keep a monopoly of the new industry of which she may be said to be the founder, she hopes that all women in fruit growing districts may start small evaporating plants to care for their surplus fruits, not only for their own households but also for export.

By dehydration a large part of the fruit and vegetables which otherwise spoil is saved. The products are so reduced in weight and bulk that one railway car or one ship will carry as much dehydrated fruit as ten of fresh.

Mrs. Smith, in continuing to make a study of conditions, is opening up a new field and demonstrating that women are the natural housekeepers of the race.

YOUR HEALTH.

How You May Stop an Acute Hicough Attack.

My Royal S. Copeland, M.D., New York.

Never a week passes but someone writes to ask what can be done to stop hicough. Lots of folks are susceptible to this annoyance. Eating too much or too rapidly will bring it on. Drinking a large amount of water and gulping it down may cause an attack.

If you are the subject of frequent attacks of this annoying symptom you should seek out the reason. It may be Nature's protest against the habit of bolting your food and gulping your drinks. Every child should be taught from his earliest appearance at the table that hasty eating is a crime against health.

For an acute attack of hicough, sip a little cold water. Sometimes a swallow of water, or swallowing

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