



"THERE WAS A MAN."

The International Sunday School Lesson For August 19th is "Stephen the Martyr"—Acts 6:8-15; 7:54-60.

By William T. Ellis.

q Isn't it fine that you can shop so easily on hot summer days.

q When you see goods and service guaranteed by daily advertising in this newspaper you are as safe in sending for them as in going to fetch them.

q Modern Stores have two rules: "Answer the telephone promptly" and "Have your pencil ready."

q Why not shop comfortably?

q Fifteen minutes with your newspaper in a cool corner gives you the news of the shops; and the fastest messenger in town is always at your elbow.

READ THE ADVERTISEMENTS

They save you many steps.

CANADIAN NATIONAL RAILWAYS

Harvest Help Excursions

August 22nd to Winnipeg--\$15.00

Plus 1/2 cent per mile beyond. Returning 1/2 cent per mile to Winnipeg, plus \$20.00.

Extra accommodation from Kingston, connecting at Toronto, with through special trains to Winnipeg. Meals and lunches served at reasonable prices, in restaurant cars. Special cars for women. Convertible (berth) tourist cars of latest design. Tickets and full information from J. P. HANLEY, C. P. and T. A. Canadian National Railways, Kingston, Ont. Phone 59 or 1452.

Auto Tops Recovered

PRICES RIGHT

Make the old car look like new.

Sinclair's

Phone 1684 - 380 Barrie St.

ECZEMA ON BODY IN PIMPLES

Itching Intense. Could Not Sleep. Cuticura Heals.

"Eczema broke out on my body in small pimples with white heads. At first there were just a few small spots but it quickly spread, causing intense itching and discomfort. My clothing seemed to aggravate the breaking out, and I could not sleep well at night. A friend gave me a sample of Cuticura Soap and Ointment and after using one can of Soap and one box of Ointment I was healed." (Signed) Miss Maybelle Brett, Fullerton, Wash.

Give Cuticura Soap, Ointment and Talcum the care of your skin. Sample Book Free by Mail. Address: "Cuticura, Dept. 500, P. O. Box 1077, Portland, Me., U.S.A." Cuticura Soap shaves without soap.



BRING into your home all of the electrical happiness that should be your portion. We can tell you how much it will cost you if you ask us and figure out the price of the fixtures for you. It may not cost nearly as much as you think.

P. S. GRAHAM ELECTRICAL CONTRACTOR FIXTURES & APPLIANCES 426 PRINCESS ST. PHONE 1944

Men bestow offices and titles and decorations upon those they deem great; and Life laughs at them as she lifts into real greatness the untitled, the unlettered, the unofficial and the disregarded. God Himself seems to smile at the choices of conclave and council. The Mother Church in Jerusalem solemnly set aside, as a subordinate official, a sort of second ruler, a mere business man, fit only to do work that was beneath the dignity and powers of the apostles, a certain disciple named Stephen—who straightway proved himself more of a man than three-fourths of the apostles themselves! As preacher, controversialist, executive, saint, hero and martyr, this lowly deacon takes a front-rank place in the long history of the Christian Church.

It is not usually the school prodigies; the favorite young men of promise; the privileged sons and the accomplished youths, who ultimately do the great deeds and make the great names. God appears to delight in choosing the lowly, the obscure and the humble for the accomplishment of His greater works in the world. Count the foremost men of our day, the real leaders who are exercising a shaping influence upon the time, and behold how few of them come up by way of special privilege. It is the quality of the individual; the fullness of his spirit; that really determines greatness. This man Stephen, who for symmetry of character and work challenges admiration and emulation, may be designated as a "full" man—he was "full of faith and of the Holy Spirit;" "full of grace and power;" full of courage; full of knowledge of the Bible; full of magnanimity; full of a sense of his mission; full of mental equipment and full of real godliness. With all his piety, he was what we nowadays call "a man's man."

A Straight Man Amidst Crooks.

According to old-fashioned Sunday School books, such a rare and good man as Stephen should have been loved by everybody. Life, however, is not shaped on the plan of this sort of literature. The genuinely good person, if he is at all a vital force, is a standing arraignment of the evil; he is bound to be disliked simply because he is good—although it is not wholesome for the good person to get to thinking that way; he would better meditate upon his own imperfections. Stephen was not self-centred; he was busy with good words and good works; he was a minister of mercy to men. In the rapid growth of the new Christian church, he was a powerful factor. He healed, he helped, he taught, he succored.

Nevertheless, he was hated. What a blow to the jejune philosophy of sweetness and light! From all quarters, opposition ringed this saintly man about; from the Jews of Egypt, of Cyrene, of Cilicia, of Roman Asia, antagonism arose. Stephen's words and deeds were publicly challenged. But he had grit as well as grace; brains as well as benevolence, and in the public debates he confounded all his adversaries. So they followed the old, old fashion, which the newest bully of the playground practices as he cries "Well, I can lick you, anyway!" When these enemies of goodness and truth could not prevail, they resorted to falsehood and force. That is the way "practical politicians" still do; they defame the character of even the most honorable opponent; so that many good men fear to enter politics vigorously.

One big idea that should be got across to young people from the Stephen story is that to be good—robustly, heartily, fearlessly, helpfully good—is to incur enmity. By doing right (which is a better way of expressing it than to speak of using good) one is likely to be visited by unpopularity and downright opposition and misrepresentation. It is even remotely possible that one may suffer a sort of martyrdom. All of this is part of the price of serving God and truth and one's own soul; but the service is worth what it costs. It would be a poor, slack, spineless creature who would turn his back on righteousness for fear of consequences to himself. The pursuit of the will of God is so sublime a duty that the incidental possibility of enduring hardship or even death is not to be so much as thought of by a stalwart soul. It was not until he had been made a prisoner and a martyr that Stephen became an immortal figure in history; and a heartener of brave men and women throughout the ages.

The Shining Face.

Superstitious men sometimes carry a rabbit's foot for luck; many women carry a rabbit's foot to powder their noses. The shining face is not in vogue in the western world; although the East of the Bible and of today, anoints itself with oil and prizes the shining skin. It may seem cynical to declare that even the type of shining face which Stephen wore when his foes hailed him before the judges—the outward shining of an inner light—is not fashionable nowadays. Rouge has taken the place of religion with some women. It is more popular to look sophisticated and worldly-wise and hard than it is to seem sweet and gentle and holy. If an observer formed his standards only by what he sees on the streets

of the big cities of Europe and America he might think that as a beauty-sifter the spiritual life has been largely supplanted by the professional "beauty doctors" and dealers in cosmetics. Of course, this would be an inadequate judgment. A few evenings ago I looked in upon a score of young men and women, now missionaries gathered in a school for the study of Arabic, up here in the Lebanon Mountains, overlooking the Mediterranean, and one and all they wore the Stephen-hat on their faces. Holiness is still doing its ancient work with the features of countless men and women.

Once, before he became a professional politician, a friend told me that "Every man is responsible for his face at fifty." Now that he has become a high office-holder, he himself, alas, seems to be losing the fine expression of fitness and nobility which he used to wear; and is taking on the puffiness and the hard lines that so commonly characterize the politician. It is the heart that engraves character upon the features; only a good man, free from self-consciousness and full of love, can acquire the benignity that every Christian owes the world. Stephen's face shone like an angel's, at the very moment when a baser man's would have been painted with terror. In a crisis one's true character unconsciously reveals itself; Stephen, like Moses, "wist not that his face shone." If he had known the fact, he would have been a prig and a pharisee; indeed, his looks would have lost their light.

Standing Up for the Truth.

So Stephen had to stand up on the identical spot, before the very same judges who had a short time before tried his Master. How the disciple's heart must have thrilled at the privilege! Is it any wonder that his defence was so masterful?

This testimony of Stephen probes us with the query as to how good a defense of our faith we could make, on an instant's notice, if called upon to do so. Is it not true that in common conversation and in public discussion the case of Christianity, and of all the good causes, such as missions or temperance and prohibition, which are its fruits, are often allowed to go by default simply because Christians lack skill and courage in witness-bearing? Practical polemics is an art that needs reviving. Let us train the boys and girls in the Stephen gift of standing up intelligently and fearlessly for the truth. Our age badly needs more men and women of conviction.

"Truth is the highest thing a man can keep," runs the old saying. To testify to the truth, and especially to the truth of the moral nature of God and of religion, in our own sacred day, is a mission that is in true succession to that of Stephen. Oserve the lack of vagueness in his address. He recounted Scripture, correctly, logically, forcefully; and showed that all the dealings of mankind with God have been directed toward the fullness of revelation in His Son, Christ Jesus. Only a man saturated with the Bible could deliver such an address.

Fury and Gnashing Teeth.

Consequences followed the straight and Bible-burdened talk of Stephen. He did not leave his message up in the air. Directly into the teeth of the blind and bigoted persecutors whose prisoner he was he hurled the truth that they were disloyal Jews, true heirs of faithless fathers, and themselves, betrayers and murderers. Listen to the scolding, the lash and the bite of these words, with which Stephen ended his speech:

"O stiff-necked men, uncircumcised in heart and ears, you also are continually at strife with the Holy Spirit—just as your forefathers were. Which of the Prophets did not your forefathers persecute? Yes, they

The Value of Charcoal

Few People Know How Useful It Is in Preserving Health and Beauty.

Nearly everybody knows that charcoal is the safest and most efficient purifier of food and water. In fact, but few realize its value when properly prepared and taken into the human system for the same cleansing purpose. Charcoal is a remedy that the more you take of it the better. It is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system. Charcoal sweetens the breath after smoking and after eating onions and other odorous vegetables. Charcoal effectively clears and improves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the bowels. It disinfects the mouth and throat from the poison of catarrh. All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is Stuart's Absorbent Lintogen; they are composed of the finest quality Willow charcoal, powdered to extreme fineness, then compressed in tablet form or rather in the form of large, pleasant tasting lozenges, the charcoal being sweetened to be smooth and palatable. The daily use of these lozenges will soon tell in a much improved condition of the general health, better complexion, sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

Many physicians advise Stuart's Absorbent Lintogen to patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat. They are also believed to greatly benefit the liver. These lozenges cost but thirty cents a box at drug stores, and you get more and better charcoal in Stuart's Absorbent Lintogen than in any of the ordinary charcoal tablets.

killed those who announced beforehand the advent of the righteous One, whose betrayers and murderers you have now become—you who received the Law given through angels, and yet have not obeyed it."

Then followed the riot. The English version so ably gives the force of the description that follows. Yelling, frothing, spluttering, gnashing their teeth, crying out imprecations, holding their ears, the crowd pined upon Stephen and dragged him over the pavements with kicks and blows, out of the temple enclosure and beyond the city wall, where they could give full expression to their fury. They were too pious to violate the sanctities of the temple, but not to plough to do foul and bloody murder! As soon as they got their victim outside of the gate they began stoning him. Grave rabbis, dignified business men, lawyers and officials, joined with the rabble in hurling stones at this first martyr of the Christian faith.

Death by stoning is a horrible thing to contemplate. Three words the doomed man spoke. First, before he left the temple area, he looked with rapt face into heaven itself; and cried, ecstatically, "I can see Heaven wide open, and the Son of Man standing at God's right hand!" Even in heaven Jesus could not sit on his kingly throne while his servant was in such trial; but he needs must stand and look, with strength-giving compassion and sympathy. He understood; for the Master himself had undergone what his servant was now enduring.

Fallen on his face, bleeding from a score of cruel wounds with his clothing torn and dirty and almost at the last gasp Stephen cried, "Lord Jesus, receive my spirit." Then, with a final struggle, amidst the death-storm of hate-hurled missiles his Lord upon the cross, he cried, "Lord, do not reckon this sin against them!" Ah, that wail, and the vindication of Christ's power! Well, could the narrative close, "With these words he fell asleep."

Siring Spiritual Sons.

That was not the end. Force may kill a man, but never a cause. Despite the clear teaching of the centuries, stupid statements are still trying to repress the manifestations of new life in the world by mere killings. They acclaim the airplane, the armored car, the machine gun and even poison gas as new and efficacious methods of dealing with native "risings"; whereas the use of these very agencies since the war has done more to embitter the East against the West than any other cause. Martyrs always have a whole brood of children and heirs. No quotation is commoner or truer than that "the blood of the martyr is the seed of the Church." Out of Stephen's martyrdom arose the great persecutions that scattered the Gospel everywhere over the ancient world.

One spiritual son Stephen sired on this occasion. A young man, named Saul of Tarsus, a scholar and an aristocrat, too haughty to join the mob's mad work of stonethrowing, guarded the outer garments of the most zealous of the murderers. He saw the ordeal; he heard the words of Stephen. That whole scene was forever graven upon his sensitive mind. Without it, he doubtless never would have become a Christian or the chief of Christ's servants on earth. By dying, Stephen bequeathed a Saul to the Church. It is possible for a true servant of Christ to become Christians than himself.

Of course it was worth any man's dying to accomplish such results as Stephen effected. Short-sightedly we mourn over the Christians slain in Russia by the Bolsheviks; forgetting the means of the creation of a new and nobler Russia where in Christianity may find a freer expression. All who died for God mark the way for those who would the spiritual progenitor of greater walk with God.

A Poem to Parents.

I took a piece of plastic clay And idly fashioned it one day, And as my fingers pressed it still It moved and yielded at my will. It came again when days were past The bit of clay was hard at last. The form I gave it still it bore, But I could change that form no more. I took a piece of living clay And gently formed it day by day, And moulded with my power and art, A young child's soft and yielding heart. I came again when days were gone, It was a man I looked upon. He still that early impress bore And I could change it nevermore.

Thoughtful Mrs. Harding.

A remark of Mrs. Harding's, overheard in a movie show, showed how practical a woman is the wife of the late president. As the weather grew colder she feared for the health of her husband's secretary, whose wife was absent. "George, I hope you brought warm underclothing with you." She herself was not allowed to be cold with all the gifts of furs showered upon her. An old world historical touch was given when the Hudson Bay company carried out a custom required by the charter of the company (1670) that whenever a royal personage should visit Canada the company should "deliver a supply of furs." They chose to do honor to the president's wife and made her "royal" by investing her with a silver fox stole from the Peace River district. The platinum catch bore the company's coat of arms and the box containing the stole was decorated with a magnificent set of silver collar for her dog, Laddie Boy, of

An entirely new kind of soap

A new kind of soap. Made of pure materials combined in such a way that it has more cleansing power than soap has ever had before.

It gently soaks loose the most ground-in dirt without weakening a single thread. Even the worst soiled spots need but a light rubbing with Rinso.



Dissolve in boiling water. Pour into tub of lukewarm water. Use enough to get big lasting suds.

For all the regular family wash Rinso soaks clothes so clean that boiling isn't necessary. But if you like to boil your white cottons, pour enough Rinso solution into your boiler to give you the suds you like.

Rinso is made by the largest soap makers in the world. Get it today at your grocery and department stores.

LEVER BROTHERS LIMITED TORONTO



A Delicate Operation

On a costly piece of machinery or steel, by means of our oxy-acetylene process of welding, often results in the saving of the machine. You know what this means. By paying us a fraction of the cost of new parts, you can restore your machinery to its original usefulness and value.

Bishop Machine Shop KING AND QUEEN STREETS

HAVE DINNER DOWNTOWN

Take it easy this Summer. Have your Dinner with us. Good things well served. Prices reasonable.

THE VICTORIA CAFE King St. JEWELRY LEE, Mgr. Telephone 762.

Ingersoll MAPLE LEAF



"The Old Reliable" Famous for Dependability

THE Ingersoll Maple Leaf is known everywhere as "The Old Reliable."

It has won this title by its sturdy, faithful nature, its fairness in price, its honest good looks. It is manufactured by one of the oldest, largest, strongest institutions on the North American Continent.

The Ingersoll Maple Leaf is a watch any man can be proud to carry. Price \$2.00.

INGERSOLL WATCH CO., Inc. 149 St. Catherine St., East Montreal, P. Q.

Reliable Watches at Low Prices

BURNS' IDEAL BAKERY

TRY BURNS' WHOLE WHEAT BREAD THE STAFF OF LIFE W. BURNS 61 Frontenac St., North Phone 1826.

IRON IN COMFORT

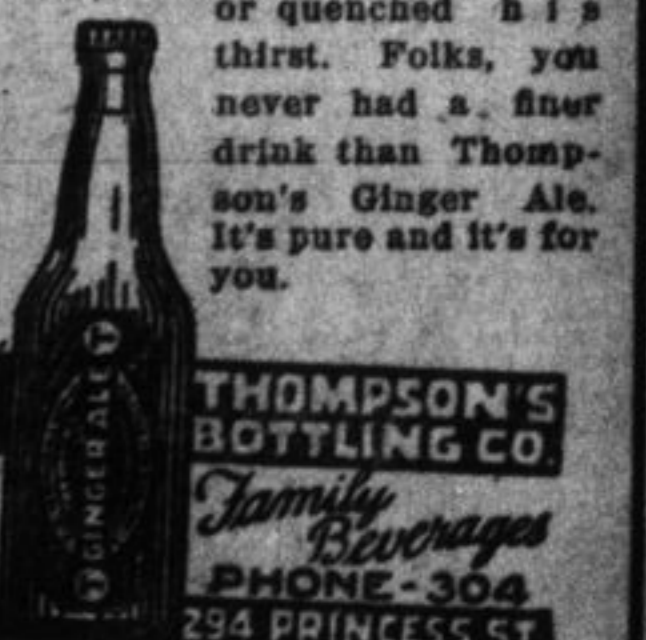
The electric iron is the emancipator of the housewife. The hated labor of using the old-fashioned iron disappears. The electric iron can be kept at the right temperature and easily used and controlled at all times. Would you iron in comfort at slight expense? Then pay us a call.

BURKE ELECTRIC CO. ELECTRICAL SUPPLIES & SERVICE PHONE 423, 74 PRINCESS ST.



Here's a harvest moon beverage.

WATCH the carbonated sparkle as it foams to the top. Raise it to your lips and quaff the most delicious beverage that ever raised a man's hopes or quenched his thirst. Folks, you never had a finer drink than Thompson's Ginger Ale. It's pure and it's for you.



THOMPSON'S BOTTLING CO. Family Beverages PHONE-304 234 PRINCESS ST.

The "None Such" setting and in 1865, ver fox skins; at other points she At Juncou Mrs. Harding was pre-received a gold nugget necklace, and sent with a magnificent set of silver collar for her dog, Laddie Boy, of