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Fable: Once there was a man who borrowed on his insurance policy and paid back the loan.

The Near East conference seems to have reached an agreement at last, mainly agreeable to the Turks.

There isn't much hope for the Ford boom. Nobody favors him except a lot of the people.

It is no longer easy to get ahead in the great open spaces. About forty others are waiting to tee off.

The ten books which the average man enjoyed most were those in which the Redskins bit the dust.

He can't qualify as a leading citizen until he reaches the point where people blame him for everything.

The world isn't getting more tolerant. It is just that fewer people are qualified to throw the first stone.

The fact that Italy has the shape of a boot doesn't worry Mussolini. He is closing up wine shops.

An enormous press is required to shape the fenders in the first place, but any little jitney can reshape them for you.

Some husbands seldom look into a closet, and some think their wives have laid a quart away for medicinal use.

The ass that spoke back in Bible times had the grace not to do it while folks were tuned in for a concert.

Correct this sentence: "Why, my dear," exclaimed the husband, "how nicely you have sharpened this pencil."

Let's see. Didn't the United States have a war or something one time because another nation interfered with its ships?

Another good endurance test is trying to find a drink in a town where the newspapers say prohibition can't be enforced.

Just when you have determined to lead a better life and love all your fellows, some blamed umpire makes that kind of decision.

Another way to avoid work is to organize a propaganda campaign of some kind and find a few rich people who wish to be useful.

If more law enforcement is the thing most desirable, perhaps it would be well to raise the speed limit to eighty miles an hour.

It turns out that Jack Dempsey scored a knockout in Selby after all. A bank that was prominent in financing the affair has closed its doors.

Girls of a certain tribe in Burma wear their hair bobbed to indicate they are single. Perhaps the married ones over here do it to indicate they wish they were.

At that, however, it must take a strong will and equitable temperament to be a weather man and not permit one's feelings to color the calm, dispassionate neutrality of official reports.

BIBLE THOUGHT FOR TODAY
DELIBERANCE:—For he shall deliver the needy when he crieth: the poor also, and him that hath no helper.—Psalm 72:15.

GLANDS AND THE EMOTIONS.

The much-discussed theory of Dr. Sigmund Freud that nervous disorders result from suppressed desires is said to have been accepted in some quarters as an excuse for licentiousness. There seems to be danger that the theories now being put out concerning the ductless glands may also have an evil effect, for the gist of the new doctrine is that conduct is governed by the manner in which they work, and this appears to present human beings as under the control of physiological forces which they cannot regulate, and so not responsible for what they do.

An example of the new teaching may be found in a recent declaration of Dr. Charles Louis Mix, professor of clinical medicine in Northwestern University. Cowardice, he says, is a matter of physiology and not of mentality and character. "Fear is caused by the suspension of secretion by the adrenal glands, which are just above but not connected with the kidneys. It is this stopping of the secretions at the moment of fright that causes the dilated pupil of the eye, the dry mouth, shaky knees and soaring heart that are symptoms of fear. After the first moment of alarm, the glands renew their secretions with more than normal activity, thus restoring the balance of courage and enabling animals under observation to cope vigorously with the situations confronting them."

Teachers of the theory concerning the ductless glands profess to be able to account for the character and actions of great men by telling how the glands worked. If the glands are in proper condition one will achieve greatness, they say; and if they are not it is futile to expect greatness. This is a sort of fatalism which, if generally accepted, would tend to discourage effort.

But there is one cheerful feature of the theory. It is suggested that means may be found to stimulate or regulate the glands so as to make of their possessors whatever is desired. It is proposed for instance, to make brave men out of cowards by medical or surgical treatment which will increase the flow of deficient adrenal glands.

THE WASTE BASKET.

Our civilization is to be judged just as much by our waste-baskets as by our skyscrapers. Indeed the musings of the great philosophers will be given over to this wit-mouthed receptacle of tag-ends just as much as to the more substantial and spectacular inventions and creations of man; it will inspire reflections not to be drawn from pyramids and subway tunnels and steam engines. The waste-basket is an institution universal and permanent. Thrones and altars may crumble, but all the frills and fineries of these vanishing works of man find their resting-place in the waste-basket of time. The waste-basket has outlived the inexorable laws of the Medes and Persians; it will remain at last to receive all the discarded hopes and strings of mankind.

Human progress is to be understood only in the light of what is tossed thoughtlessly or dropped with a sigh into the waste-baskets of the world. Their contents yesterday, today, and for all time to come, are the true index of human progress. It is by what we discard, as truly as by what we utilize, that we shall be judged.

The musings of the Great Philosopher on waste-baskets is tinged with pathos. These ultimate repositories of human endeavor are often filled with fond aspirations come to naught; with hopes built on shifting sands, with ends of time spent on tasks bright in promise, but meagre in fulfillment. Unfinished labors of love are here, and scraps of endeavors which should never have been begun. These things discarded come from the hands of school children and teachers; from housewives and mothers; from artists and artisans; from princes and paupers and statesmen and prophets. And yet, the Great Philosopher will assure us, there is no need for discouragement. The hope which is grudgingly surrendered to the waste-basket is but supplanted by a better one; the plan which finds its way into the waste-basket beside the litter of a day begets another plan, another dream, one less imperfect than those that went before. For it is by discarding the imperfect and ever building anew that civilization has supplanted savagery.

THE MANITOBA LIQUOR VOIE.

The result of the vote in Manitoba on the question of whether or not beer and wine should be allowed to be sold in hotels, is significant of the new attitude of the people of that province on the question of liquor. Three weeks ago the electors of that province, by a majority of about 25,000, voted in favour of a system of government control of liquor. Last week, in another vote, they defeated by an even larger majority, a proposal that hotels be licensed to sell beer and light wine. To many people the difference in these two votes is rather hard to understand, but, on the contrary, it is but the natural result of the experience of liquor legislation which has been in force for the past few years. The result of the second vote shows quite clearly that the people of Manitoba are absolutely opposed

to anything which savours of the return of the open bar. There was a suggestion of something of this kind in the proposal to license hotels to sell beer and wine, even though there was no intention of extending the license to include liquors. The open bar is still abhorrent even to those who are not in sympathy with the present prohibition laws, and they are not willing to do anything to bring about a return of conditions as they were in the years before the war. But, from the one extreme, they have swung back a little way, and are now looking on the question in a more moderate manner. They have seen strict and prohibitive legislation in operation, and are not satisfied, but that has not brought about a desire for the old conditions. There is still the middle course to be taken, and that is the one which the people of Manitoba have endorsed in the two appeals to the electorate.

In spite of the fact, however, that they have voted against the licensing of hotels, the people of Manitoba have, by the other referendum, stated emphatically that they see no reason why they should not be allowed to drink in their own homes, and why they should not be allowed, under government supervision and control, to buy a moderate quantity of liquor for the purpose of home use. There is a great difference between the two questions on which the people voted. The first vote, that on government control, gives back to the people that personal liberty the loss of which created the strongest point of criticism of the prohibition legislation, while the defeat of the proposal to license hotels prevents the inserting of the thin end of the wedge by those who seek a return of the open bar.

The vote in Manitoba is a very significant one, particularly in view of the fact that there is a possibility that the same questions may, in the near future, be voted upon by the people of Ontario. Whether or not the result in this province would be the same as out on the prairies is a question which could only be satisfactorily answered by the taking of a vote, but there are indications that the same viewpoint exists in the minds of a great many of the citizens of this province, and that they would vote largely along similar lines to those who voted in Manitoba.

PRESS COMMENT

Potentialities of Quebec Port.
"Quebec, of all the ports of eastern Canada, is nearest the wheat producing regions. It is therefore the natural that it should become the great eastern port at least for the expedition of grain during the navigation season. It is wrong that the larger part of the grain sent via Canadian ports should be shipped from Montreal; equally wrong to delay that shipment because the port of Montreal is congested. And the greatest error of all is that the Quebec elevators should be empty and its wharves deserted whilst that part of the wheat crop which Montreal cannot handle is shipped through the United States ports. Why cannot the port of Quebec be utilized in the profitable way it might be?"—L'Action Catholique.

Japanese Productive.
On the subject of immigration Great Britain and Japan have a "gentleman's agreement." But this does not prevent Japanese already present from raising an average of nine children to the family, nor does it affect the Japanese custom of producing families large not only in numbers but in the capacity to work. Thus Oriental fecundity and industry are to be the crux of a problem which is becoming more and more acute in Canada.—New York Herald.

Dry Books Not Dull.
It is important not to confuse dry books with dull books. A dull book may be temporarily a best-seller. It may excite for the limited time it appears on the screen. It may even appear on the screen. But being so easy to read, it is just as easily forgotten. Dry books are not dull books. They are more than dull, they are profound. In many cases, they are immortal. Strange to say, reading exciting books seems to hasten their decline, while refusing to read dry books insures their longevity. The satire seems to be on the peepal present generation. Of course, the vogue of the exciting book prevents the writing of more dry books; this abstinence, no doubt, adds to the value of the dry books already too well established to be killed by the neglect of a single generation. True book-lovers care nothing for literature that is merely skimmed over for light conversational use at social functions.—Los Angeles Times.

Canadian Questions and Answers

Q.—Who was Egerton Ryerson?
A. Egerton Ryerson was the son of a United Empire Loyalist, and a pioneer Methodist preacher. He was the first editor of the Christian Guardian, but his main service was as Chief Superintendent of Education for Upper Canada (Ontario) an office he held for 26 years. He left a name, not only in Canada but in Europe as a great educator of his day.

Q.—How many lepers are there in Canada?
A.—There are only seventeen known cases of leprosy in Canada, segregated in two leper asylums, one near Victoria, B.C. on D'Aray Island, and the other at Tracadie, N.B. It is estimated that there are two million lepers in the world, two thousand being in the United States.

Along Life's Detour
BY SAM HILL

Sounds So Different.
When he was courting her
He loved to hear her say, "Bye, Bye,"
But since they have been wed
He's sick of hearing her "Buy, buy!"

The Ananas Club.
"I get tired of sitting so long," said the motorist, "so I rather enjoy a puncture or blow-out now and then, for it gives me a chance to get out and get a little exercise."

Pa is a Wet.
"Pa," said Clarence, "why can't you buy happiness?"
"You can, son," replied his dad, "if you have the price and the bootlegger sells you real old Scotch, and not a wood alcohol substitute."

Gosh! How They Do Swell!
And still another thing
I hate about the heat—
She (interrupting)—"Go on, tell me: I am determined to know."
He (continuing)—"My nerve and didn't bet a cent, though every horse I had picked out to bet on won."

One on Her.
She (sharply)—"Well, how much did you lose on the races to-day?"
He (timidly)—"I lost—"
She (interrupting)—"Go on, tell me: I am determined to know."
He (continuing)—"My nerve and didn't bet a cent, though every horse I had picked out to bet on won."

That's Different.
He will admire it on a fopper, but
It makes a husband swear
To have his foolish wife declare
That she is gonna bob HER hair.

Things That Never Land You in the Hospital.
Were you ever—
Struck by an idea?
Floored by a statement?
Knocked cold by "the news?"
Cut by an acquaintance?
Beaten in a card game?
Tripped in an argument?
Thrown down by a girl?
Given a tongue lashing?
And yet these and similar accidents are occurring every day, though they never get on the police blotter.

A Fiendish Revenge.
Blinks—"You once swore you would get even with Jones for something or other that he had done to you? Did you ever succeed in doing it?"
Jinks—"You bet I did." (sold him the secondhand car I had.)

If It Fits.
Flappers really are very tender hearted. We know of one who goes out every evening with her shik because it makes her too sad to stay around home and watch her poor, tired mother doing the housework.
Sometimes we think a full-grown man can hardly longer, louder and harder at having his bottle taken away than a baby can.

That Body of Yours
By James W. Barton, M.D.

Work—The Great Stimulus
I know that all of us at times feel that there are more beautiful words in our language than the word "work."
You have worked hard mentally or physically for some time and the very thought of it is repugnant to you.

At a time like this rest, mental and physical, is indicated and you would be wise to secure it.
But if you have not exercised regularly, a little exercise, fires you, you feel sore and stiff, and you conclude that as far as you are concerned exercise is a mistake.

Now what happens?
Well, you call on that body of yours for work, the heart and lungs work faster, and you actually wear out some blood corpuscles. Now Nature has an extra supply of blood cells in the bone marrow all ready when you make a sudden call of this kind, and throws them into your blood stream.

Another case you see where Nature is just a little ahead of you and of your needs.
Now, if you stop taking the exercise after the first attempt, your blood making department very gradually makes up the extra cells to keep in readiness should you ever have another fit and decide to take some exercise.

However, if you decide to take exercise regularly, and go at it every day, it seems to serve notice on the blood making department, and it gets real busy manufacturing blood cells for you in increased amounts.
That is why a boxer, wrestler, oarsman, or footballer, soon attains real condition in a few weeks. Exercise seems almost like an electric stimulus on making the machinery turn out more cells.
For instance, a man like Dempsey or Carpenter should get into first class condition in from four to six weeks.
A heavy man like Willard, takes a great deal longer, but only because of the excess of fat which must be removed in addition to putting heart, lungs, and blood into condition.
So you see, simple regular exercise, if only 10 minutes a day demands and receives new blood cells for your body. It stimulates the Dyke,

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