

ICED! "SALADA" TEA

is always delightfully refreshing. The coolness of the mountain top is in every glass. So easily made --- Try it.

FROM GENERATION TO GENERATION

Mothers Advise Their Daughters to Rely upon Lydia E. Pinkham's Vegetable Compound to Keep Them in Health

A Mother's Advice Restores Mrs. Hall to Health

Lindsay, Ontario.—"I had very poor blood and was bothered with pains in my side and back. I took kidney medicine for a while without success. I got pale, weak and nervous. My mother, who has used Lydia E. Pinkham's Vegetable Compound for a number of years with very good results, advised me to take it and I did. It did me worlds of good. I have gained twenty pounds and have not felt so well for a long time. You may use this letter as a testimonial to help others if you think it worth it."—Mrs. MARY E. HALL, R. R. 5, Lindsay, Ontario.

gave her Lydia E. Pinkham's Vegetable Compound and now she is a healthy, happy, hearty, strong girl and weighs 120 pounds. She has no difficulty in doing her 'gym' work, and she works at home every night and morning, too. I am a mother who can certainly praise your medicine, and if it will be of any benefit you may use this letter as a reference."—Mrs. GEORGE E. WHITACRE, 621 W. Madison Avenue, Mahoningtown, Pa.

Every girl wants to be healthy and strong, and every mother wants her daughter to do well in school and to enjoy herself at all times.

Lydia E. Pinkham's Vegetable Compound is a splendid medicine for young girls just entering womanhood. Mothers may depend upon it. Remember it is prepared from roots and herbs, contains nothing that can injure, and tends to tone up and strengthen the organs concerned, so that they will work in a healthy and normal manner.

For nearly fifty years it has been used by women of all ages, and these women know its great value. Let it help your daughter and yourself.

Girl Who Snubbed A King Weds In Atlanta; Left Alfonso On Dance Floor



MRS. ARTHUR CHAMBERS STEVENS; INSET, ALFONSO OF SPAIN.

ATLANTA, GEORGIA—"The girl who snubbed a king" has just been married here to Arthur Chambers Stevens of Savannah. She is Miss Katherine Dickey, daughter of Mr. and Mrs. James Dickey of Atlanta.

Miss Dickey, one of the prettiest debutantes of winter before last, gained the world's attention when she left King Alfonso of Spain standing in the middle of the dance-floor while she went to greet her father, whom she had not seen for a day.

Diplomatic circles smoothed the ruffled feelings of Spain's ruler, who had never before been "stood up" in just that fashion.

Margaret Wilson Now an Advertising Saleswoman for Big New York Concern



MISS MARGARET WILSON.

NEW YORK—Miss Margaret Wilson, daughter of former President Wilson, has become an advertising saleswoman for the Biow Company, Inc., a national advertising and merchandising agency at 116 West Thirty-second Street, New York.

Miss Wilson will devote the major part of her time to selling the services of the company, and will act also as a member of the consulting board.

"Advertising has become an integral part of industry, because of the large production that is now the keynote of American business," said Miss Wilson.

THE HOME KITCHEN

By Jeannette Young Norton
Author of "Mrs. Norton's Cook Book."

FIVE NOVEL WAYS TO SERVE MELONS OF THREE VARIETIES.

Our markets are filled with a choice of melons at this season and they make not only breakfast and dessert dishes, but drinks and preserves that should not be overlooked. Canteloupes are perhaps the greatest favorites and are not nearly as much of a gamble as in former times. For they are planted in selected varieties that yield a large percentage of fine melons and when we get one that is perhaps a bit green, it may be used for salad, or if too soft, it can be used up in pie. It is an economy to know what to do in each case. The breakfast melon is served halved, chilled, and with salt, or dusted with powdered sugar, according to taste. So it is the other recipes for their use that are of greater importance.

Cantaloupe Salad.

Halve and remove the seeds from one or two canteloupes. Then, with a sharp teaspoon, take out the flesh in small pieces. Cut a small cupful of white crisp celery finely and cut a cupful of lettuce in ribbons. Wipe the salad-bowl with a cut bud of garlic. Toss the lettuce, celery and melon in a quarter-cupful of heavy French dressing. Add a tablespoonful of washed capers, then serve in lettuce leaves with a little mayonnaise heaped on top of each portion.

Cantaloupe Pie.

Line a deep pie-plate with a good rich crust. After quartering and seeding the melons, cut them into small pieces and fill the pie full. Sprinkle with three-quarters of a cupful of sugar with a dessertspoonful of cornstarch mixed through it, add little lumps of butter, and turn in a half-cupful of ginger syrup. Put on the top crust, with fancy vents cut into it, and bake as usual. Plain or whipped cream may be served with the pie.

Honeydew Melon.

Halve, seed and quarter a ripe honeydew melon of small size. With a sharp teaspoon take out the flesh, leaving the shell. Replace the flesh with a spoonful of hardy frozen vanilla cream, cover with a caramel fudge sauce and serve at once. Two small melons will serve four people plentifully.

Honeydew Jellied Melon.

Halve and seed two small melons. Make an orange jelly out of the juice of six oranges and one lemon, a cupful and a half of sugar and three-quarters of a package of gelatine soaked in a little water. Melt together and add a pint of water. Boil up once, then strain and cool. When cold, fill the melons and set them in a cold place to harden. When stiff, chill them, serve cut in quarters down through the jelly and top each quarter with stiffly

WAGSTAFFE'S
JAMS-JELLIES-MARMALADES

WAGSTAFFE'S PINEAPPLE MARMALADE is made from ripe luscious pineapples and pure cane sugar. It's a rare treat for breakfast—excellent for sandwiches—of the same high standard of quality that has made Wagstaffe's products world-famous.

WAGSTAFFE LIMITED,
HAMILTON, CANADA

DR. J. D. KELLOGG'S
ASTHMA REMEDY

A SAFE AND EFFICIENT RELIEF FOR ASTHMA AND HAY FEVER. IT IS COMPOSED OF HERBS WHICH, WHEN BREWED AND THE FUMES INHALED, ACT PROMPTLY, ALLEVIATING ALL IRRITATION. A TRIAL WILL CONVINCE.

whipped cream. This is a most decorative dessert and very good. If desired, the jelly may be colored a delicate green.

Watermelon Surprise.
Select a medium-sized watermelon, plug it deeply and turn into the hole a bottle of ginger ale, then chill the melon. When ready to serve, cut the melon lengthways, take out the flesh by the spoonful, removing the seeds, then lay them back in the hollow of the shell. Sprinkle with a little powdered sugar and serve very cold. One shell will hold the meat of the two halves. This is a decorative and very good way to serve the melon. The ginger ale gives the meat a crisp, sharp flavor that is very pleasant.

Long-Suffering Neighbor.
Teacher—"What is the principal product of Cuba?"
Teacher—"Why, don't you know where the sugar you use comes from?"
Little Girl—"Yes, ma'am. We borrow it from the woman next door."—Chicago News.

Putting Her Foot in it.
The mother of a family showed the ticket collector on the railway a couple of half-fare tickets for her two children. The latter, after looking at her doubtfully, said, "How old are they?"
"They are only six, and they are twins."
"Ah!"
Then after a moment's pause, the man inquired:—"And where were they born?"
The mother, (unthinkingly)—"This one was born in London and the other in Leeds."

A Teuton Tip.
"Be silent or say something that is better than silence," runs a German proverb.—Boston Transcript.

It is heaven upon earth to have a man's mind move in charity, rest in Providence and turn upon the poles of truth.
The prompt payment of debts is the one virtue lacking in many a man's make-up.
The man who covets is always poor.
A flow of words is no proof of wisdom.

Always have Mustard on the table

It's not just custom that makes people take mustard with their meals. Mustard aids digestion and helps to assimilate the meats. It is a good habit to acquire. Mix it freshly for every meal.

but it must be Keen's

DINE OUT DURING THE HOT WEATHER

HAVE YOUR MEALS AT OUR CAFE DURING THE SUMMER — GOOD THINGS SERVED AS YOU LIKE THEM — PRICES RIGHT.

DAINTY CAFE

PRINCESS ST. OPPOSITE BIBBY'S

FLY-TOX

KILLS INSECTS

Kills all insect pests — flies, moths, ants, mosquitoes, etc.
Will not stain finest fabrics, pleasant odor, non-poisonous to humans.
Free sprayer with every bottle. Eight oz., 50c.
Grocers and Druggists.

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WHITE BUCK 1 STRAP SHOES.
WHITE BUCK 1 STRAP SHOES—Low Heels.
ALL STYLES OF WHITE CANVAS SHOES—White or Black trimmed.
RUNNING SHOES.
CHILDREN'S GREY ELK OXFORDS.

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HE'S A HERO JUST NOW

Philadelphia Record.

Happy Days

DAYS are happy—nights are restful and refreshing—only when good health permits.

Health comes from within. Keep your system free from impurities. Poor digestion (and all the ills that follow in its wake) is the relentless foe of good health. You and your children should take a "dash of ENO in the morning." ENO is pure. ENO has the pleasant purifying properties of fresh, ripe fruit. ENO is the world's standard Good Health Drink.

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Sole Representatives for North America
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