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Even the plainest food becomes appetising and tasty. with H.P. Sauce. One trial will convince you H.P. is the sauce for your table. All Stores sell H.P.

Bordens Condensed Milk

Is not a "prepared" food at all. It is milk—pure Country milk combined with pure sugar. The natural food for baby when mother's milk fails oplete nourishment and being easily

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FOR COLDS. COUGHS AND BRON-CHIAL AFFLICTIONS, FOR STIFF MUSCLES, SPRAINS AND STRAINS AND NUMEROUS OTHER AILMENTS COMMON TO MAN AND BEAST, THERE IS NOTHING SUPERIOR TO THAT OLD TRIED AND RELIABLE REMEDY.

DE THOMAS' ECLECTRIC

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Be very wary of cuts, scratches and skin abrasions, no matter how slight. "Vaseline" Carbolated Petroleum Jelly-applied at once-lessens the possibilit of infection.

It comes in bottlesat all druggists and general stores. CHESEBROUGH MFG. COMPANY



COCK-FIGHTING was born with the cocks. But it is only 80 years ago that the first man felt "like a fighting

Now he has brothers, eisters, nephews, nieces, all over the world—all feeling "like a fighting cock!" appens this way: A person ick with bed stomach, dull heavy headache, takes nam's Pills just before going L. Immediately the Pills be-harmonize the digestive and

Consequently, this person has a sod night's eleep and arises in a morning with clear brain, ight eye, keen appetite, and ful energy for work and play.

It is now just 80 years since eacham's Pills first began cor-

At All Druggists

bailitts patrol the highways in Flor-ida in autos, forming "rolling

Many Historic Homes

Supposed to be Unlucky Families Know Misfortune

England abounds in houses reputed to be unlucky. The unluckiest of all these must surely be Newstead Abbey, Byron's old home, that beautiful and historic mansion in Nottinghamshire on the outskirts of Sherwood Forest.

The bad luck attending Newstead is due, according to general belief, to the priory, which stood here until 1539, being seized and its lands confiscated. The buildings and the broad acres of this religious house were sold the following year to Sir John Byron, of Colwick, who then set about building himself a residence there, partly demolishing the priory church for the sake of the building materials.

He did not wholly destroy it, for he required, as a picturesque adjunct to his residence a ruined monastery. an object which gentlemen of taste greatly appreciated. But they had not, all of them, the advantages of at one and the same time providing their own ruined priory and finding their own building materials out of the ruins they made.

Of course, the superstitious looked with bated breath on Sir John Byron's sacrilegious doings, and predicted a bad end for him. But nothing happened to mar his peace and contentment. The "Black Friar" who haunts the ruins and whose appearance every now and then is an omen stead, seems at that time not to have it without laughter. been known. But Lord Byron, the

with Sir Richard, who was a Royalist, and was ruined for his loyalty to and in poverty. Each successive Lord The sixth lord, the poet, was a degenerate althout . a genius, and he refused, of course, to act without this way under appalling conditions had a club foot. He followed his this document. great uncle, the infamous "Devfi Byron," who had wilfully wrought as much ruin on Newstead as he again, and drove out Queen street down all the woods, and almost en- license vendor whose place was tirely unroofed the mansion. He died | open. He was absent nearly an hour, in the scullery, the only part of the and, meantime, the assembled guests, house which remained weatherproof. numbering several hundred, were

Wildman, who lost most of his for necks and strained their ears for tune. Finally, after the decease of some light on the mystery. Had the the next owner, Mr. Webb, his daugh- bride been deserted at the altar; ter died suddenly. She was succeed- was the train late; or what had haped by her brother, who also died sud- pened? Fortunately the organist denly in 1916, in East Africa. In had a sense of humor, and he conthe same week, Sir Arthur Markham, | tinued his program of music, inter-M.P., who had rented Newstead, died | spersing the "set" pieces with such

suddenly. That is the ominous record of Newstead.

Fyvie Castle, in the neighborhood Back Again?" of Banff, Scotland, beautifully situated on the River Ythan, is associated in the unlucky way with an ancient prophecy of that prophet of unpleasant things, Thomas the Rhymer. He declared that because the castle was partly built of stones from a ruined abbey, all the ladies of Fyvie should be unhappy, until at least three missing stones should be brought to the castle—one to Preston's Tower, one in my lady's bower, and one below the water-gate.

"And that," concluded this gloomy Thomas, "ye shall never get." Fyvie has consistently been an unlucky possession from the time of Henry de Preston, who built "Pres-

ton's Tower" about 1390, to the present day. It is, however, one the most picturesque old turreted and castellated residences in Scotland, and never lacks a tenant. The romantic park of Chartley, near Stafford, has a modern resi-

dence and an ancient ruined castle them so long as they held it. The tradition ran that an impend-

ous white cattle which long popu- the actual berg. lated Chartley Park. At one time | The spring is the most danserout the birth of seven successive black time for vessels, for this is when the calves and seven subsequent deaths bergs begin to split up and break in the family of the seventh Earl without any warning.

Ferrers created great excitement in Many thrilling stories are told of Staffordshire. Similar events were flights with these huge masses. On noted in 1827, 1835, and 1842. But some occasions after a ship has colthe famous and ominous herd of lided with one, the sailors have saved white cattle at Chartley seems now their lives by clambering upon the to be a thing of the past, and the iceberg itself. ill-luck of the Ferrers family is not | It has also been known for ships transferable, it would appear, with in the icy regions to hitch themselves the estate.

Air Travel.

Such a forecast as that recently indulged in by Maj-Gen. William Sefton Brancker, at the third annual air conference in London, does not Toronto, has ideas that would make arouse to-day the overwhelming com- New York look more different still ment of skeptical astonishment it from anything else that ever nappenwould have done a few years ago, ed or was conceived by the mind of because practically everyone has man. He is a civil engineer, too, and reached the conclusion that there is may get his ideas across.

Suildings a block long, twenty or air ventures. However, it does seem sand families each, with a sub-mayor worthy of record that he declared he in charge of each community, and was looking for the launching, in great moving, platforms like human the not distant future, of resular belt conveyors taking the place of passenger airships to ply between subways and trolley systems, are London and New York, which would some of the things he visualises for cover the distance in twelve hours and be large enough to carry 200 passengers and ten tons of mail and other freight. What, moreover, another speaker at the same conference said as to the factor of safety the Narrows and then filling in. Pershould do much to dissipate fears re haps he got this idea from Toronto's garding air travel. Of the more than 30,000 passengers who traveled on various British commercial air routes last year, he declared, not a single one had received the slightest burt of any name or nature.

Warships in the times of the old Greeks and Romans were built with as many as four and five banks, or

rows of cars. He whom many fear ought to fear

For Infants and Children

In Use For Over 30 Years

MISHAPS AT WEDDINGS. Groom Had Long Search to Secure

a Lioense.

Stories of unexpected or amusing happenings at weddings are numer ous, and form a large part of the offguard conversation of some clergymen. The happy events are not always the smooth and cut-and-dried affairs they are represented to be in the society news columns. It would be an interesting experiment for a newspaper to write up, weddings with the same realism applied to politics or a railway accident, for instance; but it is probable that the experiment would fail owing to the opposition of the "contracting parties" and their parents, who have terribly

exact ideas of what should be said. fellow is contained in a new book "Memories of a Hostess" (Mrs. Longfellow gave him an account

of the wedding of a schoolmate of with a little limping old clergyman who has already had three wives, and whose first name is ---. Longfellow said, in memory of what had gone before, the organist, as if driven by some evil spirit, played "Auld Lang Syne" as the wedding procession came in, consisting of the bride have points to affect the risibles of often not three feet of stature, is

poet, claimed to have seen him, and case of a Toronto wedding some found on big ones due south about he has been seen within recent years. | years ago. It was a church wedding, twenty to thirty miles from Cludad The troubles of the Byrons began and on New Year's Day. The groom, Rodrigo, near to a range of hills who came from the United States, where marriage customs are different King Charles. His successor was cre- in some details, arrived at the church ated a baron, but he died childless all ready, as he thought, but alas! when asked for the license, he had Byron was afflicted with misfortunes, none. No one had posted him on this important detail. The minister | seven thousand people live here in

The groom entered his cab (it was before motor cars were so universal) The poet sold Newstead to Col. greatly puzzled, and craned their old favorites in another sphere as "Where Is My Wandering Boy Tonight" and "Will He Ne'er Come

> Islands of Ice. Do you know why ice forms on the surface of ponds during frosty

The reason is that when the temperature is a little above freezing point, the water increases in bulk and becomes lighter, so that the ice, when formed, floats on the surface. When we look at a frozen pond it doesn't appear capable of supporting much weight, does it? Yet it is really very strong, for ice one inch and a half thick will support a man; 'ten inches thick will support a cannon;

weather?

and eighteen inches thick will support a modern railway engine. Various ice marks on the mountain sides of Southern Canada have recently caused geologists to estimate that at one time ice must have laid

1,300 feet deep in those parts! Ever since the Titanic sank after striking an iceberg, an ice patrol facing it from a height. No longer regularly searches the North Atlantic possession of the Shirley family. Ocean for icebergs and sends news Chartley was extremely unlucky to of their positions by wireless to other Vessels.

Some of these icebergs are one ing stroke of bad luck was foretold hundred feet high, but the amount by the birth of a black or parti- of ice showing above water reprecolored calf into the herd of the fam- sents only one-eighth of the size of

on to icebergs and be towed for many

miles. This has usually occurred

A Startling Scheme.

when fuel has run short.

T. Kennard Thomson, formerly of

complished shortly in commercial thirty stories high, housing a thou-

More immediately practical is his project of adding two and a half square miles to Manhattan by building a sea wall from the Battery to harbor board. Mr. Thomson was educated at the University of Toronto and was eraduated at the head of his class in civil engineering in 1882, afterwards marrying Miss Mary Julia Harvey of Toronto.

Wills: "Yes, and she drives everyody else off the strests when she

Violet perfume is the result of a nixture of three or four essences of different flowers before the violet odor is obtained.

A generous friendship no cold medtum knows. Burns with one love, with one resentment glows.

BARBAROUS PYGMIES.

Queer Race Has Existed In Parts of

Three feet tall-sometimes a little more, though often less-a race of barbarous natives have come to light in Spain and caught the attention of King Alfonso, who plans to take them out of their windowless mud hovels. scatter them among the normal population, and give them a chance to become civilized. As a contributor to the International Interpreter writes, their condition has been a forbidden subject until of late. We read:

Long years ago, when the present correspondent was making it his business to become acquainted with every part of the country, and as many of the people in it as possible, A wedding story told by Long- the manager of a bank, in discussing with him the fierce contrasts of Spain -and we were thinking then of the James T. Fields), by M. A. DeWolfe splendor of the new banks that were being raised in Madrid - told him that out on western borders, a shade southwest of Salamanca, nigh unto mine, ---, an excellent, generous- | the Portuguese frontier, there was a hearted, generously built woman, part of Spain that was "utterly abandoned," that was unrecognized and unattended as far as possible by the state, that was "darkest Spain," most pitiful, and seemingly unredeemable by any modern Spanish Government.

This region, which he said was inhabited by people who until recently had never seen bread, lived in huta and her brother, two very well-made of sticks and mud, were fearfully large persons, and the elderly bride- attenuated physically, were wholly groom limping on behind all alone. | illiterate and knew nothing of news-The organist suddenly stopped at this papers, and were so much afraid of point, breaking off with a queer little | the strong, confident people from quirk and shiver as if he only then other parts that on their rare apdiscovered what he was doing. In- proach they, the natives, often fied deed, the whole wedding appeared to and where the full-grown boy had the poet. He could hardly speak of known as Las Jurdes, or sometimes it is written Las Hurdes. It is rarely This had almost a parallel in the marked on small maps, but is to be called the Sierra de Gato, and largely in the valley of Las Batuecas. In the valley are a number of small hamlets or collections of huts of the kind indicated, with a hole for a door, windowless, airless, foul. Some of degeneracy.

When the matter was mentioned to others who it was thought might know about it, they looked coldly at could, to spite his heirs. He had cut west for miles before he found a the interrogator as if offended. Spain turned its back on Las Jurdes: it was ashamed of it, of its own part in its condition. Mr. Blanco Belmonte, who penetrated there and pitied so much what he saw, read a paper upon it to the Royal Geographical Society of Spain. The listeners almost wept, but nothing more happened.

Now, however, all Spain is discussing Las Jurdes-the newspapers, the Cortes, Spaniards everywhere-and. as the writer in the International Interpreter tells us:

This abandoned land, presenting a scene of infinite desolation, has even been made the subject of reports by various personages of eminence, one of whom has directed to the king what is described as an "eloquent memorial." All this is because the king himself, in a most knightly manner and upon his own initiative. set out for Las Jurdes, rode and walked through it, entered the hovels, inquired of the people, and found. things out for himself.

Before he had left Las Jurdes Don Alfonso had quite determined what was the best thing to do with it, and his conception was his own and was in fact in opposition to that propounded by the experts in the form of reports. The king's scheme, which is virtually the national decision, is probably the best and the ported in favor of making roads, schools, installing telegraphs and telephones, and doing all sorts of standard civilization things, which in the will be plenty of time to consider of walking to the left, and it is as per.—The Argonaut. course of time, long, long time, whether any good can be made to serted that many accidents will be would perhaps bring Las Jurdes to a higher level of life.

announce management HAPPIER, HEALTHIER WOMEN by thousands are known to exist in this country because they have been relieved from pain and suffering by taking Lydia E. Pinkham's Vegetable Compound. Science in surgery and electricity have advanced greatly during the past fifty years, but treatment of disease by old-fashioned root and herb medicines has never been improved upon. The leader of them all to leave. is Lydia E. Pinkham's Vegetable Compound, which after fifty years of success is to-day recognized as the standard remedy for female ills and fer merely for the sake of appear sold everywhere for that purpose. Replies to a questionnaire recently Harry A. Franck, in "Working North sent out to 50,000 women by the from Patagonia," there are poor but Lydia E. Pinkham Medicine Co., of aristocratic families that, unable to Cobourg, Ont., proved that it benefits afford the usual summer vacation 98 out of every 100 women who try that it is the custom for the upper it. Isn't this a marvelous record for class to take, shut themselves tight any medicine to hold?



Can Fresh Pineapples Now!

This is the time to can pineapples at home. They are cheap now during the height of the season. The season is short, so don't delay.

Beautiful, big, sweet, golden-brown pineapples are arriving every day by fast steamers from Cuba. For this is pineapple time in the West Indies. The finest pineapples grown come from Cuba where soil fertility and rainfall unite in growing these delicious fruits to rare

Canning pineapples is simple. Prepare them as shown here, the way Cuban housewives do it. Run the cores and peels through the chopper to extract all the juice. Strain and add this to the syrup the

fruit cooks in. Place the cut up fruit in a preserving kettle and cover with water, sweetened with cane sugar, to which you

have added the fruit juice. Cook slowly until moderately soft. Fill jars with the cooked fruit, pour enough syrup from the cooking to

cover, then seal tightly while still hot. Pineapple, canned this way, is superior to the com-mercial canned fruit. It has more of the taste of fresh

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How to Prepare Fresh

Grasp the pineapple firmly in one hand, then take held of foliage with the other hand and twist it off,

Now silce the fruit across in thick silces not less than three-quarters of an inch thick.

Put a slice on a plate.

Then run a sharp knife around the edge of the slice, inside the peel. It then comes off, with eyes,

Cut across the slice as shown in diagram, four cuts, one on each side of the core. The core will be out without any waste.

No. said the king; it is slow and ncertain. The thing to do is to remove all these people immediately to smuggle in to them. A man who had other parts, set them to mix among every mark of being trustworthy asothers, and so raise their standard of sured Mr. Franck that he had been life and their capacity in a way they invited to the home-coming party of could never be raised if they remain only among themselves. And when outside Santiago in a decade. most efficient one. The others re- they have all been taken away to various parts, the thing to do with Las Jurdes is to burn it out complete, everything. Afterward, there endeavoring to establish the custom Corbell, but actually makes up the particular to the particular to

> come from that land. This will probably be done, and general in England. The effort has ed and usually opposed, without any soon. It is surely an extraordinary so far been unsuccessful but necessary procedure. A whole race, as it were, to be moved, a whole district between twenty and thirty miles long to be burnt and destroyed One of the difficulties, perhaps the

only one, and a strange one, is that these miserable people have after all an affection for the piece of land on which they live, and do not want

Keeping Up Appearances. What discomferts people will sufances! In Santiago, Chile, says Mr.

in the hacks of their houses for two

months or more and live on what! food their trusted servants can

A Safety Council. The Safety Council of London prevented if this should be made

The King of Spain has had the not already common. longest reign of any ruler in Europe, All our misfortune

Oldest Living Newspaper Many Amaole Maillet-Saint-Prix, a Pa risian journalist, who was born in 1821 and is therefore in his one hundred and second year, is in all probability a family that he knew had not been the oldest journalist alive. He is at least the oldest working newspaper man, for he is still vigorous and not only writes a weekly article in the Abeille de Seine-et-Oise, published in

> New opinions are always suspectother reason, but because they are

All our misfortunes come having ascended the throne in 1386. | not being able to be contented alone.

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