

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 248. Private phone 887w.

Mrs. Love and Mrs. R. Scott, Addison, are the guests of Mrs. W. H. Dalby, Nelson street, for the W.A. meetings.

Miss Margaret Smith, secretary for the Dr. Barnardo Homes, was at the Y.W.C.A. during her visit to Kingston. She left for Toronto on Tuesday.

Mrs. A. J. Mullett, who is in town from Bancroft for the W.A. meeting, is the guest of Mrs. Frank Partridge, Collingwood street.

Mrs. R. S. Spencer, Gananoque, is with Mrs. James Haydon, Johnson street.

Mrs. Webb, Gananoque, is the guest of Mrs. Lloyd and Mr. Hodgins, Clergy street.

Mrs. Harold Kidd, Burritt's Rapids, is the guest of her sister-in-law, Mrs. T. A. Kidd, Stuart street.

Mrs. Stout, Bancroft, is the guest of Mrs. W. A. Sawyer, University avenue, while in town for the W.A. meeting.

Mrs. W. Ramsay, Newburg, is with Mrs. F. R. Phillips, Johnson street, for the W.A. meeting.

The Misses Cartwright, leave this week to spend the summer at "The Maples."

Miss Eleanor Reynolds, Brockville, is with Mrs. A. N. Lee, Villa St. Clare Apartments, for the meeting of the W.A.

Mrs. Coulter, Tweed, is the guest of Miss Lyman, King street.

Mrs. A. F. C. Whalley, Brockville, is visiting her sister, Mrs. W. K. Macnee, Wellington street.

Miss Beatrice Postem and Miss Clark, Tunworth, are the guests of Mrs. Havelock Price, Sydenham street.

Mrs. G. R. Beamish and Mrs. Ashcrue, Belleville, are with Mrs. George McGowan, Barrie street, for the meeting of the W.A.

Mrs. E. Coulter and Mrs. T. G. Porter, Thomasburg, are with Mrs. A. S. Brooks, Earl street.

Miss Lyons, New Boyne, is the guest of the Misses Wilson, Union street, while in town for the W.A. meeting.

Mrs. W. C. Saunders, Westport, is with Mrs. Herbert Robinson, King street, for the annual meeting of the W.A.

Mrs. J. H. Elmsley, King street, will give a dance on Saturday evening, when her guests will be some

of the cadets from the Royal Military College and girls of the younger set.

The officers of the R. C. H. A. have sent out invitations to their annual sports which will be held on Saturday afternoon, May 19th.

Miss Anne Fitzsimmons and Miss Gladys Brownell, with T. Fitzsimmons, Ottawa, and E. Fitzsimmons, Russell who were in town for the graduation of Miss Gertrude Fitzsimmons from the Kingston General hospital, have returned home.

Misses E. Forrester, Veronica Froot and I. Farney spent Monday afternoon in Cape Vincent.

Mrs. Matiland Hannaford, who has been visiting Dr. and Mrs. Bruce Hopkins, King street, returned to Montreal on Tuesday.

Mrs. F. C. Reid, Clergy street, has returned from a short visit to Montreal.

Mrs. E. Cota, Raglan Road, entertained the R. R. I. Club on Saturday.

Afternoon tea will be served by the ladies of St. James' parish to the officers and delegates of the Women's Auxiliary of the diocese of Ontario in the parish hall on Thursday afternoon.

Mrs. Herbert Pringle, and Mrs. Allison, Adolphustown, are the guests of Mrs. H. Jennings, Mack street, for the W. A. meeting.

Miss Eva Newell, will fill a concert engagement in Nanapanee this evening.

Mr. and Mrs. D. G. Laidlaw, Earl street, who have spent some months in California, returned to town today.

Dr. and Mrs. E. L. Rose, left on Tuesday for Blue Sea Lake to join a house party at the summer home of Miss Ida Tavernier, Ottawa. On their return to the capital, Dr. Rose will attend the meeting of the Royal Society.

Rev. C. E. S. Ratcliffe and Mrs. Ratcliffe, are in town for the W. A. meeting and are at "Densmore House."

Mrs. S. Payne announces the engagement of her youngest daughter Violet May, to Frederick Ward, son of Henry Ward, Victoria street, Kingston. The marriage is to take place quietly in St. George's cathedral the first week in June.

Mrs. W. T. Darso, Aultville, Ont., who has been visiting her sister, Mrs. I. G. Bogart, Wellington street, has returned home.

THE WOMAN'S AUXILIARY OF ONTARIO DIOCESE

Meeting in Kingston—Canon A. R. Shatford, Montreal, Gives Opening Address.

The thirty-seventh annual meeting of the Women's Auxiliary of the diocese of Ontario opened in St. George's Hall, on Tuesday evening. The Bishop of Ontario said in his opening address that it was the largest missionary meeting he had ever presided at in his diocese.

The speaker of the evening was Canon A. P. Shatford, Montreal, and the subject "Missionary Exhibits." With the fire and eloquence for which the Montreal rector of St. James the Apostle is famous, he told the story of Christian-missions in this last century, not the missions of the Anglican church, but of all those who carried the banner of the cross into the lands of darkness.

An exhibition, whether it be a country fair or a great world exhibition, has for its object the setting forth of the prosperity and progress of the exhibitors, and the ideals still to be reached. The exhibits were divided into courts, and he would divide his exhibition of what was being done by the Christian church into courts, beginning with the court of Converts, with its sign of an ever-circling globe, on it inscribed in letters of fire the words "Go ye into all the world and preach the gospel to every creature." And what we hear is startling. Today 600,000,000 people, a third of the human race, owning the name of Christian. In 1800, there were 200,000,000, and 400,000,000 in the last century. Christ is in the van, with as many followers as Buddha and Confucius together. Nearly 50,000 missionaries, including the native workers, 75,000 churches, most of them built in the last 75 years. These figures, the speaker said, were taken from the Bureau of Religious Information, and referred only to the mission field.

The next stopping place was the "Court of Education." "Here I see a lighted lamp, and underneath it 'I am the light of the World'; teaching them to observe all things I have commanded you." There are 39,000 schools with three boys to one girl and 110 adult training schools with ten men to one woman among the students, also 240 normal schools. Because we must have a ministry and an autonomous church, we have 410 theological schools for native teachers and sixty hospitals to care for the workers.

The "Medical Court," has for its sign the rod and serpent, and the words "They shall heal the sick." Christianity has its message to the body as well as to the soul, and has its healing ministry. Today there are 15,000 hospitals, 6,500 dispensaries and 9,000,000 people receiving medical aid in the name of Christ; 2,500 doctors and 65,000 native assistants; 500 orphanages and 75,000 lepers who are cared for by men and women who for Christ's sake face almost certain death by a loathsome disease. Only the Christian church cares for these unfortunates. The need for consecrated men for the ministry of healing is great.

The "Court of Languages," with its sign of a tongue of flame. At Pentecost, 15 languages spoken by the disciples filled the followers of Christ with amazement; today the Bible is translated into 719 tongues, and daily we hear of some devoted missionary who has converted the language of an almost unknown tribe, into characters in which the Gospel of Jesus may be printed.

"What we want now," said Canon Shatford, "is lay men and women to work for the inspiring and romantic cause of bringing the gospel of Christ to the whole world. It can be done in one hundred years."

In answer to those who declare that the natives of the lands in which mission work is carried on only come to the missionaries for the western learning he can give, the speaker said of the \$40,000,000,000 given to missions, \$4,000,000,000 is given by the native churches. The last court was the "Court of Method," in which we have propaganda, information, prayer for a definite object, organization, the lavish gifts of time and money, and everyone all the time, having the cause of the evangelization of the world at heart. We hear much of the League of Nations, but until we have a league of Christian love and brotherhood it will be in vain. Only by the love of Christ in the heart of the people can the visions of England's former poet-laureate be fulfilled and the day come when the war-drum thrums no longer, and the battle flag is furled.

In the Parliament of man, the Federation of the world.

Wednesday's Session. Holy Communion was celebrated at St. James' church on Wednesday morning at which the members of the Women's Auxiliary of the diocese made their corporate communion. The Bishop of Ontario was the celebrant and the preacher was Canon A. P. Shatford, Montreal, whose text was, "Send Out Thy Light and Thy Truth," and his message to the W.A. was to broadcast the news of the gospel to the world, to sing it out with prodigality. As the length of the waves transmitted from a radio depends on the central power, so the waves of religious



TOMORROW'S MENU Breakfast Grapefruit Griddlecakes with Sirup Coffee Luncheon Venetian Eggs on Wholewheat Toast Romaine, French Dressing Cocoa Preserves Dinner Clear Soup Hamburg Steak Meat Balls Mashed Potatoes Peas Lettuce Coffee Lemon Gelatine

three-inch-wide discs from the dough (you will have to roll odd bits of the dough together to get out the last few discs), place four discs on each of the pans. Slip the pans into a very hot oven to bake for 25 minutes. When you remove them from the oven they will be light and raised—tender large biscuit. Split each biscuit open and butter well. Then put crushed, sweetened, fresh strawberries between the halves of each biscuit; heap more of the crushed strawberries on top of each little shortcake and add a generous dab of whipped cream.

For this recipe (making eight individual shortcakes) you will need one quart (possibly more) of strawberries; mash them and let stand for an hour before making the biscuit, sweetening them, when measured, to suit your taste. One gill of thick cream should do for all eight shortcakes (for in some localities one gill of double cream costs 30 cents—quite enough to spend in making a single dessert). To whip this thick cream, simply put it in a deep bowl which does not measure more than five or six inches across the top (some women use a pitcher); beat it with your egg beater. The cream should be very cold. When it begins to thicken, add three tablespoons of confectioner's sugar and one teaspoon of vanilla extract, and finish beating. Do not overbeat it, or it will turn to butter. You may then beat it to make it "stretch," by beating into it a very little sweet milk.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and province. —The Editor.

Old-Fashioned Individual Strawberry Shortcake: Sift together two and one-half cups of ordinary bread flour, four teaspoons of baking powder, one-half teaspoon of salt and one tablespoon of sugar. Work into this dry mixture, with the finger tips, three tablespoons of butter. Then slowly add one cup of sweet milk and one-third cup of cold water.

You should now have a rather wet dough. Toss it to a well-floured board and put it down into a circular sheet. Then, with a floured rolling pin, gently roll it to three-quarters of an inch thick. The next step is to butter two round-layer-cake pans. These two pans will hold the eight individual shortcakes which this recipe makes. Choose a cookie cutter which is about three inches in diameter—or use any other sharp-edged cutter you may have, such as a can opener, the rim of a glass water-tumbler, or a cup. (I personally use an old cup which has no handle!)

When you have cut eight of these

thought and energy depend on the power of God in the individual lives of the members of the church and only by communion with the source of all strength and the power of the Holy Spirit can the evangelization of the world be brought about. The thanksgiving was presented. At the conclusion of the service, the officers and delegates met in St. James' parish hall where the meetings will be held to receive the ballots for the nomination of diocesan officers. At 2 p.m. the afternoon session opened with an address of welcome from Mrs. R. E. Geage, president of St. James' W.A., to which Mrs. E. M. Morton, Lyndhurst, replied.

To say little and perform much is the characteristic of great minds.



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Boudoir Slippers A large quantity of these comfortable Shoes on sale until Friday at— 98c Grey Suede, Grey, Brown and Dark Green Kid, Elk Soles and Rubber Heels. LOCKETT'S

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SONORA PERIOD MODEL PHONOGRAPHS FROM \$175 EASY TERMS ARRANGED IF DESIRED. SONORA is the finest Phonograph one could wish to possess as it is also the finest made. LINDSAY'S 121 PRINCESS STREET, Kingston. Drecto is being specially introduced in Kingston by MAHOOD'S DRUG STORE, and is sold by a good druggist everywhere.

TO-MORROW'S HOROSCOPE BY GENEVIEVE KEMBLE

THURSDAY, MAY 17. Judging by the lunar transits, this day should be notable for the breaking up of long-standing congestions and obstacles, making way for new ventures, which should, however, be most carefully considered if they involve radical moves or changes. It may be unfortunate to travel or enter upon new obligations until a more auspicious time. New projects or contracts may be taken under consideration, and the mind may be found clear and sagacious for this purpose with the intent of future operation. The advice of old friends may be valuable.

Those whose birthday it is may be in a position to entertain new plans and take under advisement new enterprises, but the actual operations should be postponed. The breaking away of old obstacles may make way for fresh opportunity. Change and travel should be deferred. A child born on this day will be clever and have mental ability, but may be restless, unless well trained.

JACQUETTES IN FAVOR AT ROYAL WEDDING As feminine royal wedding guests reflected fashion's last word, a peep at the modes there is enlightening. Blue, gold, silver, and the suburn red, copper and chestnut shades predominated in the women's gowns, while hats, dresses, and cloaks featured a quantity of Nottingham lace, in deference to the desires of the royal family that this home industry be given impetus.

Kellogg's Bran is Guaranteed to give relief BECAUSE IT IS ALL BRAN!

Relief from constipation, whether it be mild or chronic, will follow the regular, every-day eating of Kellogg's Bran. We have thousands of letters from former sufferers who tell us that the natural "bulk-action" of this wonderful cereal product has given relief they have not known for years. We guarantee that Kellogg's Bran will free the system from constipation because it is ALL BRAN—not a compound in which bran is added. If constipation is to be permanently relieved, you must eat ALL BRAN—that's why your physician will recommend Kellogg's for constipation.

costumes worn in Westminster Abbey was the emphasis placed on the separate jacquettes, frequently of Oriental inspiration, and worn over a gown of simple draped type.

Many full length wraps were also featured with matching frocks; dresses of metal fabrics embellished with stamped and flowered designs being worn under wraps of the same material, trimmed either with sable, kelmink or chinchilla.

Brown and green were the emphasized colors in costumes of crepe marocain, the range extending to golden tan, cinnamon, burnt orange and shades of green. Embroidery of burnished metal threads or beads was the conspicuous wraps of which were fur-trimmed.

Small cloche hats and turbans of metal cloth were particularly favored by the guests, as well as large picture shapes, the latter trimmed with paradise, osprey, or glycerined ostrich. Dried pampas grass was frequently introduced as a trimming feature, to take the place of osprey.

The couture house of Reville, Ltd., was responsible for a large proportion of the gowns chosen for the ceremony, among them being the dress worn by Queen Mary, of aquamarine tissue veiled with Nottingham lace and delicate design, and with blue and silver corsage embroidered in aquamarine crystals.

Persian embroidered designs were popular, one in pleated almond green crepe marocain was worn under a Jaquette of orchid kasha embroidered in Persian design and tied with burnished cords. Persian embroidery in multicolored silk and metal threads was also featured in the gowns worn by Mrs. Dudley Ward.

Sweep your own door-step before you look at your neighbor's.

breath, pimples—daily, in many cases, leading to Bright's disease, diabetes and other dreaded illnesses. You must fight constipation with Kellogg's Bran regularly if you want health!

You'll say Kellogg's Bran is really delicious—it has a nut-like flavor that appeals to the most fastidious appetite. But it is as cereal, sprinkled on hot or cold cereals or cooked with hot cereals, allowing two tablespoons of bran for each person. Be certain to eat at least two tablespoons each day; as much with each meal in chronic cases. Kellogg's is delicious! made into muffins, macaroni, raisin bread, griddlecakes. Biscuits in every package. Kellogg's Bran is served by leading hotels, clubs and restaurants in individual packages. It is sold by all grocers.