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90TH YEAR.



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You can't always tell. Tightwads never get tight.

Give a man enough rope and he will hang himself or smoke himself to death.

Hiding one's light under a bushel is not a widespread modern failing.

Marathon dishwashing, feasts will get more husbands than long-distance dancing.

Many persons would be better off if they did put off some thing until tomorrow.

It is not fair to blame the weather bureau for the weather, but only for the predictions.

You can tell the age of a tree by the rings and the age of a government by the wrongs.

The idea that the world owes every man a living has put many men in the poor house.

Nations would have a clearer right of way if they would hold closer to a way of right.

For the first year, love takes the bride to her husband's office; after that suspicion does it.

It is well to remember that every sound belief the race now has was at one time called heresy.

From now until the provincial election every little movement will have a meaning all its own.

The man who is out of harmony with his relatives probably has either money or a bad disposition.

The trouble with the Turk is that when he writes his demands he holds his pen as he would his scimitar.

A normal conscience is one that has sufficient tact to keep its mouth shut until after you take the profit.

One good thing about turning the other cheek is that you can do it without paying some lawyer a fee.

In the matter of feminine domination there are two classes of men—those who admit it and those who do not.

Correct this sentence: "The boy was given so much spending money that he never once made an ass of himself."

It, as a movie star says, the wedding ring is obsolete. It's a case of the circle being supplanted by the triangle.

The simplest way to cure a boy who is too sick to push the lawn mower is to give him a chance at one-old-cat.

Men are creatures who cut down great trees to make room for a city, and then plant little saplings to beautify it.

The honeymoon is over when he begins to borrow from her household money to complete the payments on the engagement ring.

DUAL ADVANTAGE OF ADS.

The profit in advertisements is not alone for the advertiser. He pays for the space used and profits by the fact that they are read by the subscribers to the paper; customers are informed as to the wares mentioned and attracted to his place of business. They are direct messages sent by the advertiser to the reader of the paper. When the message is not received then the advertisement loses its worth. There must be two parties in this to make it profitable for either.

PAYING FOR THE LUSITANIA.

Once more comes word that Germany is preparing to admit liability for the loss of American lives and damage to property caused by the sinking of the Lusitania. The German representatives on the mixed claims commission who have arrived at Washington are said to be under direct instructions from Berlin to this effect. May 7th last was the eight anniversary of the disaster. For eight years Germany has refrained from making an attempt at the only reparation possible. During most of that time she has obstinately declined to admit the barbarity of the deed, so contrary to the laws of civilized warfare.

THE CONJURER'S HAT.

"What do you want?" asks the politician to-day as he faces his audience prepared to expound a formula that is calculated to open the way to happiness and contentment. He is fortunate if he can find an audience anywhere that knows what it wants, or that has not in some way become impregnated with pet theories on social, economic and political matters which when examined remind one of the pictures of the cubists who pretend that their distortions are the only true expressions of art.

ALL MUST PULL TOGETHER.

Agricultural, industrial and commercial prosperity can only come through mutual goodwill and co-operation on the part of all classes in the Dominion of Canada that contribute in any way toward our economic development. So dependent is modern industrial and commercial life upon freedom from artificial obstructions that any interference with the customary channels through which business flows, any crippling of production or failure to properly estimate and meet the demands of the consuming markets is bound to have far-reaching consequences. We know this from repeated experience, and the recurrent periods of acceleration in business, boom conditions, shortage of labor, high wages, inflated prices, all of which are in turn followed by deflation, depression, stagnation and business failures.

take the platform and assert that grafting had not been proved against him.

If the Conservative party is satisfied that it is its own business, but it should not blame the voters if they fail to repose their confidence in it while led by Hon. G. Howard Ferguson and those associated with him.

PRESS COMMENT

As Necessary As Plow.

There are 3,200,000 automobiles on United States farms, or nearly one to every farm. Apparently the average American farmer thinks an automobile is as much a necessity as a plow or a reaping machine.—Toronto Globe.

Cannot Lack Britain.

Britain has been threatened with war by the Angora Turks, and now the Russian Bolsheviks are on the warpath. But they are all blundering. Everyone in Europe knows that tackling Britain means a death struggle with odds ten to one against the attacker.—Toronto Mail and Empire.

Sir John's Forest Advice.

Letters of Sir John Macdonald, edited by Joseph Pope show that Sir John in the sixties of last century formulated a plan for the conservation of the forest wealth of Canada, and suggested stringent action to prevent forest fires. What a much richer heritage Canada would have had today if the statesmanlike advice had been followed? Sir John suggested replanting as carried out in Northern Europe. What he said before Confederation has equal force today.—St. Catharines Standard.

Along Life's Detour

BY SAM HILL

Hats Off To Her.

She's an old-fashioned girl. For, though she chews the rag, As girls have always done, She'll never smoke a fag.

Observations of Oldest Inhabitant.

What has become of the old-fashioned woman who used to pack away her furs in moth balls about this time of year?

The Anaxias Club.

"I know my nose is shiny," said the pretty stenographer, "but I can't stop my work every few minutes just to powder my nose."

The After-Effects of a Lark.

Blinks—I got up with the lark this morning. Jinks—And I got up with the headache this morning.

Can You Beat This?

Over here our reformers are working in day and night shifts trying to get our dear women folks to wear clothes and now comes the news that in the island of Papua the natives are forbidden by law to wear any clothes because they have proven so unhealthy. Oh, times! oh, customs!

Too Dangerous.

A gossip should not drive a car. Said Mister Brown, Because "would only mean she'd run More people down."

Foxy Stuff.

The convention was over and that foxy old-timer, B. R. Yann, was all smiles.

So Different Over Here.

A news item says: "In Dutch New Guinea a girl's age is told by the length of her hair." You can't do that over here since the bobbed hair had come in. Some of the sixteen-year-old maids look like sixty with their mop-tops and some of the sixty-year-old girls look like (?) something else with their aborn locks.

Friendly Fallows.

The man who thinks he is "putting something over" when he accomplishes, at the expense of honor, is doing just exactly what he thinks, but with himself the real victim—the greater loss being his own.—J. E. F.

Speaking of Non-Stop.

How about the monthly bills? They never quit coming in.

Cause and Effect.

He's always on the go. Is William Henry Dobb. And that's the reason why He's never on the job.

Well Qualified.

"That girl would surely make a star pitcher," remarked the baseball manager. "Why so?" asked the catcher. "She has shot wonderful curves and remarkable form."

Canadian Questions and Answers

Q. When and where was the first telegraph message sent?

A. The first regular telegraph message was sent May 1844. Professor Morse, at Washington, opened regular service by telegraphing to his assistant, Henry Rogers at Baltimore, the following words: "What hath God wrought?"

Q. How is Ontario assisting in tree planting?

A. The Government of Ontario is

BIBBY'S MEN'S AND BOYS' WEAR MID-WEEK SPECIALS

MEN'S FINE QUALITY HIGH CLASS SHIRTS BUT NOT HIGH PRICES

Genuine wool Taffeta Shirts—Silk stripes, very neat and splendidly made. Sizes 14 to 17. A regular \$6.50 value, for—

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Please do not think of these as ordinary shirts.

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Young Men's style—neat stripe Gray or Blue ground with Silver Stripe—pure wool, closely woven Cheviot—sizes 30 to 38 waist. Cuff bottom.

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MEN'S ENGLISH HATS Regular \$6.00 value for \$4.75

BIBBY'S

developing provincial nurseries. One in Norfolk county is capable of turning out over a million seedlings for transplanting annually. The combined output of this and other nurseries, will in a few years, reach between 15 and 20 million seedlings a year for planting on farm wood lots and elsewhere.

That Body of Yours

By James W. Barton, M.D.

Again the Matter of Overweight.

I am questioned so frequently about overweight that another short talk will not come amiss.

Remember there are the two kinds of overweight. First the one that is in the family, the kind you inherit. You have always been a little overweight. Then there is the kind that is acquired at the age of 27 to 37. This latter comes because you still have a good appetite, but have stopped getting the amount of exercise necessary. You see your position in life has become established and you settle into the chair, the bench, the lounge and so forth, and the food you take in never gets completely burned. This means a deposit of fat first just under the skin, then in around the muscles, and then finally about the inner organs. It is an easy thing to allow it to accumulate. If you are strong you carry the weight pretty well, and carry it gracefully. If you are not strong, the extra weight becomes a burden to the organs of the body.

Now there are thousands of reduction methods from the taking of plenty of lemon juice to long continued treatments by electricity. If you are perfectly healthy lemon juice or other cures may be taken, but they cannot be permanent cures.

You can put on weight in only one way. That is by food. You can take off weight in only one way. That is by burning it up by exercise. Any other "quick" method is taking a chance with that body of yours. Weight reduction faster than two or three pounds a week is unwise. An animal is "fattened" by getting plenty of food, and by being kept closely confined. Poultry are kept in good active condition by putting them on the side of a hill where they will have to do some climbing daily.

In the future article I am showing exactly the amount of food you should take daily according to your weight. By eating just a little less gradually than the normal amount and burning up a little more; also gradually, your weight will be reduced gradually, safely and permanently.

FOR SALE

1—Stone dwelling, Clergy Street south of Princess Street, ten rooms, modern, two fireplaces, hot water furnace, \$4700.

2—Double brick veneer dwelling, Princess Street, six rooms each, 3-piece bath, food cellar. Price \$5500 or \$2800 for one.

3—Brick dwelling, ten rooms, good cellar, three-piece bath, in first class condition; good garden 66 feet by 160 feet, fruit trees and berries. Price \$5500.

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