

**The Coughs
And Colds
Of Children**

Only the mother knows how hard it is to keep the children from taking cold, they will get overheated and cool off too suddenly, get their feet wet, kick off the clothes at night, and do a dozen and one things the mother can't prevent.

A great many mothers are now giving their children

**Dr. Wood's
Norway Pine Syrup**

It is pleasant and nice for them to take and relieves the cough or cold in a very short time.

Mrs. J. Wilson, Portage La Prairie, Man., writes:—"I have used Dr. Wood's Norway Pine Syrup for my five children. My little girl, two years old, had a very bad cold last winter, which I thought was croup. I had some "Dr. Wood's" in the house so gave it to her and she was fine the next day; also my baby, three months old, had a bad cold and I gave it to him. It cuts and brings up the phlegm, and is the best cough medicine I ever used."

Price 35c. and 60c. a bottle; put up only by The T. Milburn Co., Limited, Toronto, Ont.

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JAS. W. JUDSON
BROCKVILLE, ONT.
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Two Chevrolet Trucks.
One Overland Touring Car.
One Ford Touring Car.
These Cars are in good condition and prices right.

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**From the
Countryside**

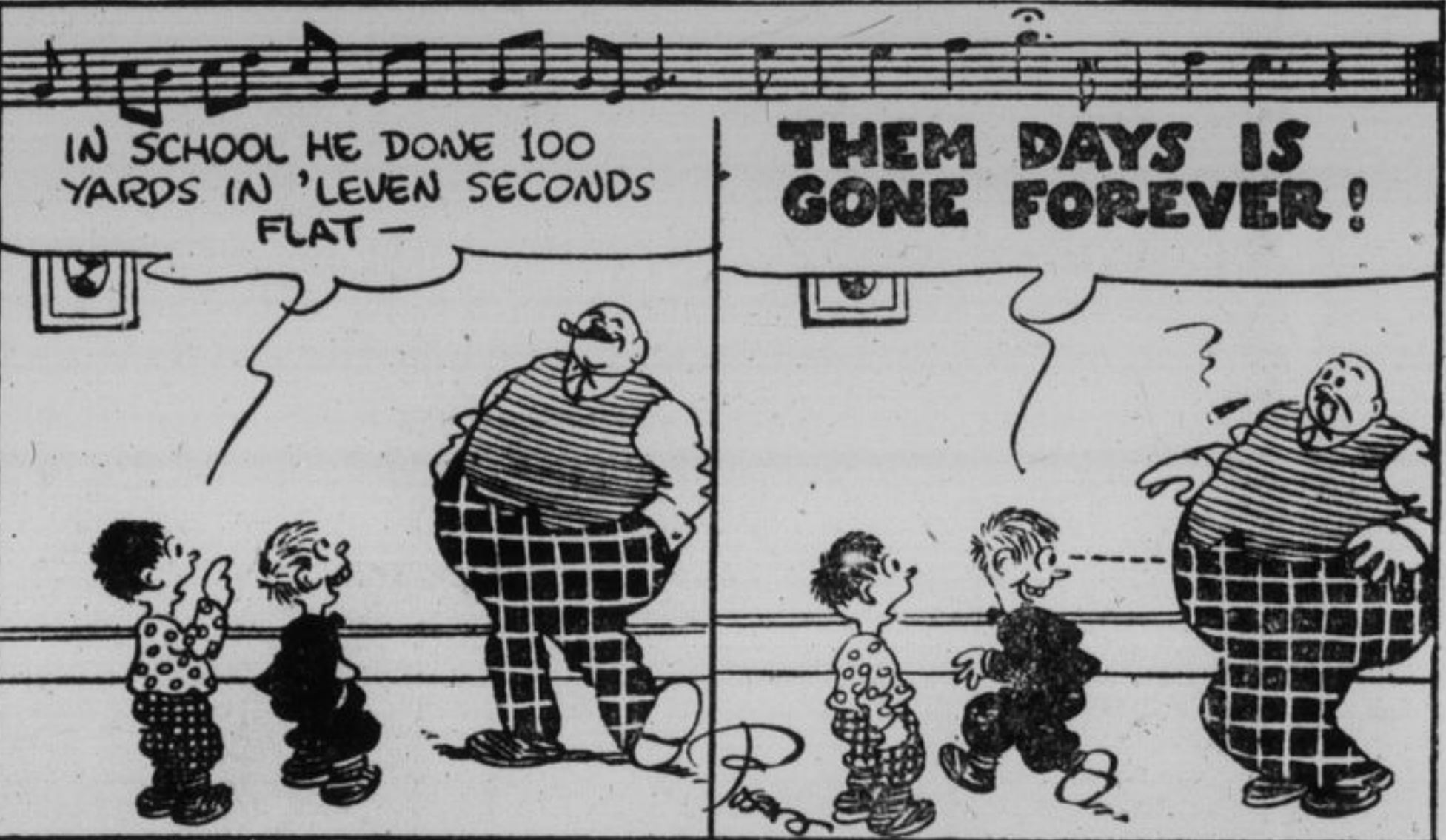
Frontenac

KEPLER
April 26.—The sugar season is over; about an average yield is reported. The land is crying fast and seeding will soon be commenced. The funeral of the infant son of Mr. and Mrs. Frank Johnston was held last Thursday. The service in memory of the little daughter of Mr. and Mrs. R. D. Wartman, who died suddenly a few weeks ago, with scarlet fever, will be held Sunday, May 6th. Quarterly services will be held next Sunday. Frank Johnston is moving into the village. Visitors: E. Caverly and family, Cataraqui; at E. Lawson's; H. Townsend and H. Campbell, Brockville and Miss Lillie Guess, Sydenham, at A. Townsend's; Miss Gladys Potter has

"THEM DAYS IS GONE FOREVER"

You not only read it, you sing it. Try it on your piano. Watch nightly for this big comic hit.

BUTCHER THIS ON YOUR BANJO.



returned from visiting Kingston friends.

Leeds

SAND BAY.
April 26.—Stanley Kelsey, who is hired for a year by Joseph Lappan, has moved to his new home here. Miss G. Kelly, school teacher, spent Thursday evening last, at B. Gavin's. Ray McDonald is working at R. McCormick's, Fairfax. B. Gavin went to Brockville, Monday evening, to attend the funeral of the late J. Gavin, held on Tuesday. M. Fodey and C. Gavin spent Sunday afternoon in Sealey's Bay. Mrs. C. McDonald and daughter, Marcella, spent Sunday at A. McDonald's, Fairfax. J. McDonald and family are moving to Gananoque in the near future. M. McDonald, Gananoque, spent the week-end with friends here.

POOLE'S RESORT

April 24.—Sugar making and trapping are over and fishing is in full swing. Mrs. J. T. Weeks spent the week-end at the home of her parents, Mr. and Mrs. Nathan Kelly, Mallorytown. Mrs. B. E. Poole and children were week-end guests at the home of S. D. Wilcox. Mrs.

Ford Davis returned home from Durand, Mich., on Friday last. Miss Edna Wilcox underwent an operation at the Hotel Dieu hospital, Sunday night. George Wilcox spent Monday in Kingston. Mrs. Cherry Buell and grand-daughter, Iris Buell, returned home from Brockville on Saturday. Miss A. Purcell spent the weekend at her home near Athens. Mrs. Ford Davis and William Wilcox are in Kingston today to see their sister, Miss Edna Wilcox, who is ill in the Hotel Dieu hospital.

Lanark

FALL RIVER
April 25.—The weather is getting milder. Some of the farmers around here have started to plough. Sugar making is over for this year and it has been reported a very poor year. The hum of the saw-mill is heard in this vicinity. The trappers are not much success in trapping muskrats this year. Herbie Whitecar is on the sick list. A little daughter has come to brighten the home of Mr. and Mrs. Wilfrid Wesley. Mr. and Mrs. Archie Gray were visiting friends at Sharbot Lake last week. Visitors: Mr. and Mrs. J. Conroy and family spent Sunday at Robert Sargeant's; Messrs. William Palmer and Elton Morrison at Robert Buchanan's; Master Willie Duffy spent Sunday at George McFarlane's. Wedding bells will soon be ringing around Fall River.

MOVING TO SHARBOT LAKE.

Quite a Few Visitors Reported—A Regretted Death.

Sharbot Lake, April 26.—Herbert Smith is moving into his new home this week. Mr. and Mrs. J. H. Fair, Mississippi, will take possession of his property on May 1st. Mertin Buchanan has moved to the village. Miss Muriel Buchanan has returned from the hospital where she was operated on for appendicitis. Mrs. E. C. Walroth also Mrs. J. Bourk have returned from Ottawa. Floyd Allen has returned to Kingston for medical treatment. Mrs. R. Butler has returned to her home in Ottawa.

We are pleased to hear that Mrs. H. Thomson is expected home this week from Kingston General Hospital. Rev. C. Baldwin has returned from Montreal. Melville Drew and family, Long Lake, have moved to the village having brought T. Monroe's property. Carl Cannon, Kingston, at Dr. K. Suddaby's. Maple syrup is quite plentiful here at \$2 a gallon. Mrs. Norman Thomson passed peacefully away this week. She was ill only a few hours. She was a Methodist in religion and always cheerful and ready to help in any good cause. She leaves a husband and a large family of grown-up sons and daughters. The funeral is to be held from her home, on Friday, interment to be made at Oso cemetery.

Had a Serious Flood
Lee Valley, April 26.—A dance given by the Women's Institute on Monday night, owing to the spring flood was not very well attended but those present spent a most enjoyable evening. Mr. and Mrs. Hunt furnished music for the dancers. A

series of dances on each Monday night will follow.

The water in the Lachashe Creek raised the highest this year than ever was known. Many bridges are gone and part of others are missing. The planking of the bridge over William's Creek has gone and this road is not passable. The roads have been in such a condition that the mail-man has not been in the Valley with the mail for a week. Clifford Root and Gordon Andress are working for Patterson Bros. at the sawing of lumber. Mr. and Mrs. Ira Andress and family have rented and moved into Wilkinson house. Harold Hunt has gone to work for W. McKnight sawing lumber.

Wagarville Briefs

Wagarville, April 28.—Sugar making is about over and all report a good run of sap. Everybody is glad to hear E. Simpkins is improving, after his recent illness, also Frank Snider, who has his leg injured. Ashley Wagar is seriously ill. He is under Dr. Genge's care. Everybody hopes for a speedy recovery. Russell Jackson has returned to Hamilton, after spending the winter months with his parents. Edward Kirkham and bride have returned from their wedding trip spent in Toronto and other places. John Simpkins is visiting his brother, Enoch Simpkins. Mr. and Mrs. Victor Kirkham, Echo Lake, at Phil Wagar's; Miss Zella Cousins, visiting at Mrs. F. G. Kirkham's; Mrs. Joseph McRory, at George Goodberry's; Mrs. W. A. Cousins visited Mrs. E. M. Storms on Wednesday. B. Sparks and C. Brown, Enterprise, are doing repair work at M. Kirkham's cheese factory.

It is vain to learn wisdom and yet to live foolishly.

**Largest net
paid morning
Circulation
in Canada**

The Mail and Empire
102,337
Next largest morning Circulation
98,406

CONFIDENCE of Canadian newspaper readers in The Mail and Empire is proven by its dominating circulation—larger than any other morning paper in Canada—with only one edition—vouched for by the Audit Bureau of Circulations.



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The Mail and Empire

Published for fifty years at King and Bay Sts., Toronto

THE LAPIDARY.

By pangs which seem cruel,
By anguish profound,
Man's spirit, God's jewel,
Is polished and ground.

Time's wheel steady turning,
Pain's fiery law,
By grinding and burning,
Expel the last flaw.

O Gem, in the Artist
Rejoice and be still!
Each ray which thou darrest
Is proof of His skill.

His skill stern and tender,
Which never lets go.
Till blazes in splendor
God's jewel aglow.

When ashes join ashes,
And dust goes to dust,
The glory that bushes
Shall vindicate trust.

—C. Field, in Cambridge Review.

Nature has laws and this is one—
a fair day's wage for a fair day's work.

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For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Fletcher*

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SHOE SPECIALS

Men's Dr. Reed's Cushion Sole Balmorals \$10.00

Growing Girls' Patent 1 Strap Shoes \$2.95

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Principal and half-yearly interest payable in Toronto.
Denomination: \$1,000.

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1939	33,000	98.65
1940	32,000	98.59
1941	37,000	98.54
1942	38,000	98.49

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JUST as sunlight purifies our homes, and gladdens the heart of man, so Sunlight Soap purifies our clothes, and gladdens the heart of woman.

The coconut oil produced in tropical sunlight, gives Sunlight Soap its soft rich lather. Palm oil makes Sunlight Soap hard, firm and economical in use.

Above all, just as the sunlight itself is pure, Sunlight Soap is the very essence of purity.

'Sunlight' is more than the name of a soap; it stands for brighter homes, less work, and money saved. Buy Sunlight today.

Lever Brothers Limited
Toronto

UNEMPLOYMENT IN CANADA AMONG MEMBERS OF TRADE UNIONS STOOD AT—

6.4 in JANUARY 1923
6.2 in DECEMBER 1922
15.1 in JANUARY 1922

IN RETAIL PRICES THE AVERAGE COST OF A WEEKLY FAMILY BUDGET IN SIXTY CITIES WAS—

JANUARY 1923 \$10.52
DECEMBER 1922 \$10.39
JANUARY 1922 \$11.03
JANUARY 1921 \$14.48
JUNE 1920 \$16.92

CANADA'S INCREASING PROSPERITY.
The chart shows the decrease in unemployment and the decrease in the cost of living in Canada. Unemployment dropped from 15.1 in January, 1922, to 6.4 in January, 1923. The family budget also showed a comforting drop in the price of necessities.

It is too late to be cautious when in the very midst of dangers. The wisest man is he who does not fancy he is so at all.

The most timorous animals are the hardest to be tamed. There are no foolish trades—there are only foolish people.