

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 248. Private phone 857w.

Even the knowledge that Saturday will be the last meeting of the Garrison Badminton Club, failed to bring out many members to the Wednesday meeting. Among those present were, Col. and Mrs. Victor Anderson, Mrs. Francis Constantine, Major and Mrs. Victor Tremaine, Mrs. Alan Powell, (Ottawa), Major and Mrs. Dobble, Mrs. J. F. Preston, Mrs. Heber Lafferty, Mrs. F. W. Hill, Mrs. W. P. Wilgar, Mrs. Kéith

Hicks, Miss Aileen Rogers, Miss Doris McKay, Miss Helen Strange, Miss Edith Carruthers, Miss Laura Kilborn, Miss Cecil Macneé, Major Wotherspoon, Capt. Lee, Capt. Brownfield, Mr. Panet.

The glorious April sunshine of Wednesday combined with the knowledge that the cadets of the Royal Military College were engaged in a riding contest which might be witnessed by their friends, encouraged some of the parents of the boys and girls of the younger set to motor over to the college, to look on at the interesting performance. Over hurdles on the campus, through the gateway in the wall of Fort Frederick, over the earthworks, stopping to fire at an imaginary enemy, the riders went. The course included the avenue leading to the Holt rink and Navy Bay. The scene was a most attractive one, the grey stone buildings, the blue water dancing in the sunshine and the lads showing by their riding the excellence of their training.

## FRECKLES

Now is the Time to Get Rid of These Ugly Spots. There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of Othine—double strength—from any druggist and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than an ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength Othine as this is sold under guarantee of money back if it fails to remove freckles.

## CUTICURA HEALS SKIN TROUBLE

Eruption On Face. Itched and Burned. Lost Rest.

"A small, sore eruption broke out on the side of my face and kept spreading until it was the size of a quarter. It was rough and scaly, and at times I was most crazy with the itching and burning. I lost my rest at night, and my face was terrible to see. I tried different remedies without any benefit. A friend recommended Cuticura Soap and Ointment so I purchased some, and after using one cake of Cuticura Soap and one box of Ointment I was healed." (Signed) Miss Eleanor Beekman, Springdale, Mont., Jan. 19, 1922.

Relay on Cuticura Soap, Ointment and Talcum to cure for your skin.

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LADY SHARP.

Mrs. Margaret Breden Ham, a native of Odessa, Ont., whose marriage to Sir Henry Sharp, secretary of the Indian government occurred early this month.

## CROCUS SONG.

Crocuses are syllables  
Of song that April fills;  
Orange, white and purple notes  
Such as the warbler spills  
Forth carolling his gladness  
In the April hills.

Crocuses are old wives' thoughts  
Planted in the fall  
When the laughing young folks  
Think not of spring at all;  
Then they wait all winter  
April's hitting call.

Crocuses are harbingers  
Of a host of flowers  
Breaths of coming fragrance  
After winter hours.  
Ere the flame of springtime  
Into beauty towers.

Crocuses are children dear  
Of April's youngest days;  
Into brown and chilly paths  
With innocence they gaze  
Till the earth for shame's sake  
Stirs at their amaz.

—H. W. Melvin.

## Vogue for Black.

In the latest reports from Paris comes the news that many of the smartest women who are beginning to be seen about Paris upon their return from the Riviera are wearing costumes of black. The small black Milan cloche—trimmed in the groin—ribbon cocarde is quite the usual thing about Paris just now. It is said that many of the black costumes were made interesting with the touch of color in the hat. For instance, black Milan, satin and felt were trimmed in bunches of colored flowers or ribbons.

Another smart cloche was of black felt with a five pointed cocarde at the side, made of eyclamen mauve ribbon. A great many black felt shapes were banded and trimmed in cocardes of bicolor and sometimes tricolor ribbon.

Both London and Paris report a great vogue for black. At the season's smartest wedding recently, London guests distinctly favored the all-black costume, while a Paris correspondent writes:

Black is the right thing to wear in the afternoon—satin, silk crepe, georgette, in every variety. A simple black satin dress goes with a small black satin cloche hat; neither is trimmed; the dress has a low neck and long mitten sleeves, on one of which will be perhaps a slim diamond wrist watch, while pearls may be round the throat, on the ears long pearl earrings, and at the waist, fastened on by a clasp, a hanging pocket with a stiff flap, showing a long pearl and diamond pendant. Or there will be a plain black crepe dress, close fitting like a princess robe of the 'eighties, high to the chin, with long wide sleeves with deep soft white frills inside them, a white jabot hanging from the throat and no jewelry; the hat will be a Venetian tricorne worn with a short stiffened veil, and while frill-bordered gloves.

## Forest Fires.

A government publication announces that in view of the approaching season of forest fire danger, federal and provincial forest protective associations are making preparations to combat this great destroyer of forest wealth. Everything that modern science has devised will be used in the campaign—patrols, look-out stations, telephones, telegraphs and heliographs, portable pumps, gasoline trucks, power boats, railway speeders and aeroplanes. These are all valuable aids, but the great engine for fighting forest fires is public opinion.

Nearly all forest fires are caused by human carelessness, therefore when public opinion sets itself solidly against this carelessness and holds it to be a crime against the nation, a large part of the cause of fires will disappear. Patriotic citizens can do a great service for Canada by being scrupulously careful with their own use of fire when in the woods and by helping to build up, whether they live in the city or in the country, a body of public opinion about fires which will deter the careless and strengthen the hands of those who protect the forests.

## Curried Egg.

If there is an English dish that is always popular, it is curry. Try this way of making curried eggs and serve them with scalloped potatoes. Remove shell from three hard-boiled eggs and cut lengthwise, place each half of an egg on a small piece of buttered toast and cover with the following sauce:

Take 2 tablespoons of butter, 2 tablespoons of flour, salt, a few grains, 1 cup of milk, pepper to taste, 1 tablespoon of curry powder. Melt the butter in a sauce pan, stir in flour, salt and pepper. Cook until smooth and bubbling, stirring constantly. Add the milk gradually, one-third at a time, cook until the mixture boils, stirring constantly. Before removing from the fire, add the curry powder, blended with one tablespoon of cold water.

Note.—This white sauce forms the basis of a great many dishes and if one knows how to make it, one may always be sure of a variety of dishes that are acceptable.

The heart does not age.

## Efficient Housekeeping

By Laura A. Kirkman

**TOMORROW'S MENU**  
Breakfast  
Pineapple  
Cereal  
Coffee  
Fish Cakes  
Wholewheat Muffins  
Luncheon  
Radishes  
Scrambled Eggs  
Lettuce  
Wholewheat Bread Jam  
Cocoa  
Dinner  
Clear Soup with Rice  
Broiled Mackerel  
Parsely Potatoes  
Buttered Beets  
Lettuce  
Coffee  
Lemon Gelatine

**MORE SPRINGTIME RECIPES**  
Rhubarb Meringue Dessert: Wash 1 lb. of pink rhubarb and cut it into very little water with five tablespoons of sugar till tender, then strain the juice from it into a bowl and rub the fruit through a sieve. Return the juice to the fire and let it cook till only a half cup of it remains. Mix this half cup of juice with the fruit part (which was put through the strainer), add the yolks of four eggs well beaten and the grated rind of one lemon. Turn this mixture into a buttered earthen dish and bake for 30 minutes in a moderate oven. Beat four egg-whites stiff and beat into them two tablespoons of sugar. Spread this meringue over the pudding, dust over with sugar and return the earthen dish to the oven for ten minutes to set meringue and brown lightly. Serve very cold.

**Delicious Strawberry Custards:** (This recipe, like the preceding one, calls for a good many eggs—but as less for a guest meal the housekeeper will not find it too expensive to serve.) Remove the green stalks from one cup of ripe strawberries

(or one-half pound of strawberries). Cut the berries small and place them in a bowl; mash and beat until they are a mere pulp, then stir into them the yolks of five eggs well beaten, five tablespoons of sugar, the strained juice of one-half lemon and one-half teaspoon of strawberry extract.

Pour this mixture into a fire-proof dish, and stand the dish in a saucepan containing a little boiling water. Place the pan over the fire and stir the contents of the dish till it thickens. (It must not boil.) When thickened, remove from the saucepan of water and cool. When quite cold, fold in the stiffly beaten whites of five eggs. Turn the mixture into small individual custard cups and garnish each with a ripe strawberry on top.

**Asparagus Eggs:** This is really no different than ordinary scrambled eggs with cooked asparagus tips added to them. To make it, beat your eggs in the usual way, add to them a tablespoon of water and a couple of tablespoons of milk and turn them into a hot frying pan with a generous lump of butter and a pinch of salt. Begin scraping the pan-bottom with a large spoon and after a minute or two add one cup of diced asparagus tips. Continue to scramble the eggs till they are firm and serve.

## Tomorrow—Household Hints for Readers.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and province. —The Editor.

## What the Editor Hears

That the gifts from the royal family to the Duke and Duchess of York are gorgeous. The King gave Lady Elizabeth an ermine cape, a diamond tiara, with necklace, brooch, earrings and bracelets to match. The Queen's gift comprised a diamond and sapphire necklace, brooch, bracelet and pendant, a full cutlery service and ancient candelabra.

The gifts of the bride's parents included a diamond tiara, pearl and diamond necklace and rope of pearls. Princess Mary's present was a quantity of linen, initiated "E.A."

That women wear larger shoes and gloves than they did. Not so much perhaps that their feet are larger, but the vogue of today is for rather loose gloves and shoes. The shoes that pinch the foot out of shape and the gloves that make a pretty plump hand look like a sausage have gone out of fashion.

That the Ontario Red Cross is nobly coming to the aid of Cochrane, and is meeting the call for supplies for the typhoid stricken town.

Kingston is helping along the good work.

That already the Cataract golf links is a favorite spot and is even visited by moonlight by the enthusiasts.

That the sight of the old limestone buildings on the corner of King and Clarence streets, being demolished to make room for the new Bank of Montreal offices, causes a pang to many of the older Kingstonians who regard these old landmarks as witnesses to the dignity of Kingston the middle of last century.

Silent contempt is often the sharpest reproof.



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