

Heart Palpitated And Was Short of Breath

Through one cause or another a large majority of people are troubled, more or less, with some form of heart trouble.

Milburn's Heart and Nerve Pills

will give prompt and permanent relief. Mrs. Alice Bishop, 15 Hawthorne Ave., Hamilton, Ont., writes: "I take pleasure in recommending Milburn's Heart and Nerve Pills to all persons troubled as I had been."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

You cannot prevent the birds of sadness from flying over your head, but you may prevent them from stopping to build their nests there.

Classified Adages

DIG a well before you are thirsty. And be prepared for emergencies by following the A-B-C Classified Ads regularly.

Read them to-day!

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Dental Surgeon DR. J. C. W. BROOM L.D.S., D.D.S. Wellington and Brock Streets, Entrance, 150 Wellington St. Evening by appointment. PHONE 678.

USE "TIZ" FOR SORE, TIRED, ACHING FEET

Ah! what relief. No more tired feet; no more burning feet, swollen, bad smelling, sweaty feet. No more pain in corns, callouses or bunions.

Get a box at any drug or department store, and get relief for a few cents.

Hard Wood

Best quality hard body wood. We have a large stock of soft Maple and Birch, at a very reasonable price.

Chas. Bedore & Son 274 NELSON STREET Phone 1746J.

EXCELSIOR LIFE INSURANCE CO. INC. 1889.

Fifty million dollars all-Canadian business in force. A high interest-earning, low mortality Company, offering up-to-date policies.

W. D. WIGHTMAN District Agent Kingston, Ont.

PREACHER AND FARMER

The Two Are Getting Closer Together Once More.

Many Prophets of Old Were Farmers—Preachers Have Done Much for Ontario Agriculture—O. A. C. at Guelph Was Planned by a Clergyman—Pastors Who Have Been in Pastoral Work Indeed.

(Contributed by Ontario Department of Agriculture, Toronto.)

The preacher and the farmer are drawing closer together. This is not surprising, for the former is usually a product of the soil.

The Old Testament worthies were largely men of the soil. Abraham, Jacob, Moses and David were authorities in handling flocks.

Clergymen Have Done Much for Ontario Agriculture. Rev. John McCaul, an early President of the University of Toronto, was a great champion of farming.

Rev. W. F. Clarke, a Congregational minister, if not the father, may be termed the grandfather of the Ontario Agricultural College.

Rev. Dr. J. S. Bethune, for years Principal of the Boys' College Port Hope, (Episcopalian), and for some years a professor in the Ontario Agricultural College, has long been regarded as one of the leading economic entomologists of his time.

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Rev. E. B. Stevenson, of Guelph, a retired Methodist minister, has long been reckoned, both in Canada and the United States, as a leading authority on strawberry growing.

A Preacher Who Managed an Experimental Farm. Rev. James MacIntyre, formerly Principal of Woodstock College (Baptist), was for some time, and in charge of the Dominion Experimental Farm at Brandon, Man.

Father E. A. Burke, a former editor of the Catholic Register, has also been well known, particularly when residing in Prince Edward Island, as an instructive speaker at gatherings of farmers, especially on such topics as fruit and vegetable growing.

Rev. A. H. Scott, of Perth, has been President of the Horticultural Society, and has given many helpful addresses on gardening, both home and landscape.

Rev. James Anthony has made a reputation in rural leadership, and is a well-known writer and speaker on agronomics.

Rev. W. M. McKay, while pastor in Weston, made the record of having procured more members for his local Horticultural Society, pro rata of population, than any other man in the Province.

The New Agriculture and the Rural Clergyman. Agriculture to-day has a new outlook, and it cannot afford to neglect the rural clergyman; and most assuredly the minister who has a country congregation, or even a suburban one, cannot afford to neglect the new agriculture.

THE KING'S POET.

History of Unique Office of Laureate in England.

It is three hundred and seven years ago since the office of Poet Laureate was instituted, and since that time sixteen writers have received this unique honor.

Ben Jonson was appointed Poet Laureate on February 1st, 1616. Previously many men had been publicly acknowledged to be supreme among the poets of their day, but it was not until the year of Shakespeare's death that an official post was created.

The list of Poets Laureate contains many interesting names. The second was Sir William Davenant, who was the first theatrical manager to introduce actresses on the stage.

Although the office has been occupied by many distinguished men, quite a number have declined the honor. Gray and Sir Walter Scott among them.

The Governor and the Bishop.

The island of Saint Lucia in the West Indies used to be remarkable for its high death rate. The place was unwholesome and depressing; a visitor was pretty sure to become homesick sooner or later, if not at once.

One-half of the quail's food consists of weed seeds, one-fourth of grass, mostly taken from the stubble, and about fifteen per cent. of insects. The insects chiefly consumed are potato beetle, cucumber beetle, chinch bugs, wire worms, etc.

England's Cleverest Counties. Which English county has produced the greatest number of notable men?

Kent heads the list with thirty-two notable, including such distinguished scientists as Faraday and Harvey; such famous soldiers as Wolfe, Gordon, and Sir Philip Sidney; Pitt, among great statesmen; Grote, the historian; and Caxton, the printer.

How to Entice the Quail Back. Place heaps of brush in the fence corners. Plant a Virginia Creeper, or Wild Cucumber seed, and instead of a brush heap, it will become a beauty spot.

They May Become as Tame as Chickens. The beautiful little Bob-White! Do you know that if they are protected, they will become almost as tame as chickens.

The Frisky Pear. The obnoxious weed, the prickly pear, already covers 5,000,000 acres of land in New South Wales, and is spreading at the rate of 20,000 acres a month.

Although there has been much sickness in Athens this winter, there were only ten bodies in the vault, all being from the surrounding district.

Mrs. Archibald Fraser, Perth, aged seventy-nine years, died on April 12th. She was a Presbyterian. One daughter and five sons survive.

BRING BACK THE QUAIL

Encourage this Splendid Game Bird on the Farm.

How We Lost Our Quail—Most Birds Are Friends of Farmers—Quail Destroy Weed Seeds and Insects—How to Entice Them Back.

(Contributed by Ontario Department of Agriculture, Toronto.)

Why not have lots of quail? When they were plentiful we had a great deal of first-class gunning. By gunning overmuch and not protecting them in the winter, we have almost lost the Bob-White of our boyhood.

How We Lost the Quail. In the old days the farm boy shot a few brace of quail. The city sport came out, and a few brace were not enough for him.

The question is, do you wish them back? I believe that when you give it a little thought, you, to-day, are fighting an uphill fight against insects and weeds.

Let us very briefly take up the general question of loss from insects and noxious weeds, and in this connection show what the birds we now have are doing.

To give a concrete example: It is estimated that the State of Massachusetts, with an area of 8,000 square miles, has not less than five useful birds to the acre, or a bird population of 25,500,000.

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Freeborn McCabe, Green Point, has bought S. B. Lovelace's house on Ontario street, Picton, and has taken possession.

PRINTERS' ERRORS.

They Often Are the Cause of Strange Statements.

"Printers' errors" are no new thing; but it is inevitable that, while printing lasts, there must always be amusing, and sometimes serious, mistakes.

We know all about that gallant colonel, the "bottle-scarred veteran," of a famous misprint, who, naturally annoyed at this imputation on his sobriety, received an apology, only to be worse off than before.

The author who, with crabbed calligraphy, wrote of "zigzag" staircases had only himself to thank when they appeared as "218209" staircases.

The reference was, of course, to the national need of getting back to "work," not "pork," and it was the workers, and not the pigs, who were to be made to comprehend the necessity.

The World's Dietary. A well-known English medical authority recently circulated the various embassies and legations of foreign countries with a view to ascertaining the dietary of the peasant class, any particular national foods, what part meat forms in the daily dietary, and upon what dietary the stamina of the respective nations are built.

Quail Destroy Weed Seeds and Insects. One-half of the quail's food consists of weed seeds, one-fourth of grass, mostly taken from the stubble, and about fifteen per cent. of insects.

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John Henley, Belleville, has taken over the business of the Picton Shoe Hospital, formerly owned by McCoy Bros.

Restores lustre and beauty to old cars Preserves original finish of new ones LUSTERIZE Removes all dirt, Dried Oil and Dead Polish, and restores the surface at ONE operation. Waterproof, non-inflammable, easily applied, most economical and lasting.

GREAT WEST LIFE EVIDENCE OF PROSPERITY AND PROGRESS (1)—Substantial increase in new business and in business in force. (2)—Assets of nearly \$48,000,000.

ELECTRIC WIRING When in need of Electric Wiring or the latest designs in Electric fixtures it will pay you to consult us, as our assortment is large and up-to-date. GRAHAM ELECTRIC 426 PRINCESS STREET. PHONE 1944.

COUNTER CHECK BOOKS ALL STANDARD STYLES AND SIZES, OR SPECIALS TO SUIT ANY REQUIREMENT. BRITISH WHIG JOB DEPARTMENT 306-8-10 KING STREET, KINGSTON, Ont. PHONE 243.

The Unconquerable White RAMSAY'S Invincible White Enamel For snow-white finish and durability combined. GRAVES BROTHERS 211 Princess Street Kingston, Ont.

We Have Cars of Chestnut Coal enroute Orders taken now to be delivered on arrival of same. SOWARDS COAL CO PHONE 155. UP-TOWN OFFICE: MCGALL'S CIGAR STORE PHONE 811.

POOR SEASON FOR RATS. Trappers Around Athens Report: The Conditions. Athens, April 23.—Maple Syrup has taken a drop, and is being disposed of at \$1.25 per gallon.

Bethel News Budget. Bethel, April 20.—Those who tapped their sugar bushes report a good run of sap.

A Clear, Beautiful Skin There are millions of tiny openings or pores in the skin and these must be kept open and clean if the beauty of the skin is to be maintained. DR. CHASE'S OINTMENT 50 Cents a box, all dealers, or Edmanson, Bates & Co., Ltd., Toronto