#### Heart Palpitated And Was Short of Breath

Through one cause or another a large majority of people are troubled. more or less, with some form of heart trouble.

Many reople may be unaware of having anything wrong with their heart till some little excitement, overwork or worry starts it to palpitate and throl, skip beats, beat fast for a time and then so slow as to seem almost to stop, then it causes great anxiety and plarm. To all such sufferers

#### Milburn's Heart and Nerve Pills

will give prompt and permanent relief. Mrs. Alice Bishop, 15 Hawthorne Ave., Hamilton, Ont., writes: Milburn's Heart and Nerve Pills to

all persons troubled as I had been. I suffered from palpitation of the heart and shortness of breath; my Prophets of Old Were Farmers. heart would skip beats, and in the night, at times, I would have to sit up to get my breath. I could not go upstairs without my heart fluttering. and my nerves were all unstrung, but since using your famous Pills I have feit like a different person."

mailed direct on receipt on price by and fruits. Abraham Cowley quaint-The T. Milburn Co., Limited, Toronto, ly remarks that the first man was a

#### Joyceville Notes.

Joyceville, April 20 .- The farmers are all ready to begin spring work. S. A. Truscott, I. P. S., visited the school on Wednesday of last week. The U. F. O. is to hold a meeting in C. Milne's hall on Monday evening. Miss Alberta Donaldson, is visiting her grandparents, Mr. and Mrs. W. Woods. Mrs. James Norris. and Mr. Joseph O'Brien, Kingston visited at B. Mullen's last week.

You cannot prevent the birds of sadness from flying over your head, but you may prevent them from stopping to build their nests there An orator without judgment is horse without a bridle.

#### Classified Adages

IG a well before you are thirsty, And be prepared for emergencies by following the A-B-C Classified Ads regularly.

Read them to-day?

Dental Surgeon DR. J. C. W. BROOM L.D.S., D.D.S. Wellington and Brock Streets. Entrance, 159 Wellington St. Evening by appointment. PHONE 679.

# USE "TIZ" FOR SORE, TIRED, ACHING FEET

Ah! what relief. No more tired feet; no more burning feet, swollen. bad smelling, sweaty feet. No more pain in corns, callouses or bunions. No matter what ails your feet or what under the sun you've tried without getting relief, just use "TIZ."

"TIZ" draws out all the poisonous exudations which puff up the feet; "TIZ" is magical; "TIZ" grand; "TIZ" will cure your foot troubles so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore, swol- an instructive speaker at gatherings len or tired.

Get a box at any drug or depart- as fruit and vegetable growing. ment store, and get relief for a few A Trio of Active Men of the Manse.

# Hard Wood

Best quality hard body wood. We have a large stock of soft Maple and Birch, at a very reasonable price. Dry Kindling and Slabs.

Chas. Bedore & Son

274 NELSON STREET Phone 1746J.

#### **EXCELSIOR** LIFE INSURANCE CO. INC. 1889.

Fifty million dollars all-Canadian business in force. A high interest-earning. low - mortality Company, offering upto-date policies.

If you are contemplat-

ing insurance, consult W. D. WIGHTMAN District Agent

Kingston, Ont.

## PREACHER AND FARMER

The Two Are Getting Closer Together Once More.

Many Prophets of Old Were Farmers -Preachers Have Done Much for Ontario Agriculture-O. A. C. at Guelph Was Planned by a Clergyman-Pastors Who Have Been In Pastoral Work Indeed.

(Contributed by Ontario Department of Agriculture, Toronto.)

The preacher and the farmer are drawing closer together. This is not surprising, for the former is usually a product of the soil. It is estimated that about 85 of our professional men, including clergymen, were rais-"I take pleasure in recommending ed on farms, and practically all of them have had to "do the chores" in their time.

The Old Testament worthies were largely men of the soil. Abraham, Jacob, Moses and David were authorities in handling flocks. And was not Elisha famous for his record of following the plough "with twelve yoke of oxen before him." Amos Price 50c. a box at all dealers or went in for mixed farming -- herds

gardener, and it was only after the second tiller of the soil became a murderer that he began to build

Ontario Agriculture.

Rev. John McCaul, an early President of the University of Toronto, was a great champion of farming. and read a paper before the Agriculture and Arts Association in 1858 "Agriculture Among the Romans." Rev. Egerton Ryerson, a celebrated Methodist leader, when Superintendent of Education for the Province, had several text books on agriculture prepared for our schools. If he were here to-day to behold the "see and do" work of our modern junior agriculturists, both boys and girls, he would be very much astonished, and would perhaps recite a "Nune Di-

A Preacher Bevised the Plan of the

Agricultural College. Rev. W. F. Clarke, a Congregational minister, if not the father, may be termed the godfather of the Ontario Agricultural College. In 1869 he was appointed by Hon. John Carling, Commissioner of Agriculture, to here that my predecessor died of yelvisit the leading agricultural colleges of the United States-then very few -and report as to the possibility of this step in the passage. We found such an institution succeeding in Ontario. His investigation was carefully made, and the scheme he recommended was so comprehensive and practical that it was adopted old Col. Smithson had his worst fit practically in its entirety, and was on that bed; it took two men to hold the foundation of the excellent col- him; poor, dear man, he has been lege now in operation in Guelph. He paralyzed now for three years! This edited the Canadian Farmer for third bedroom we call the red-room. many years, and was looked upon as I hope you admire the curtains; they almost omniscient in things agricultural.

Rev. Dr. Burnet, for over a quarter of a century a Presbyterian minister in Hamilton, was President of the Ontario Fruit Growers' Association for nine years in succession (1869-1879), was a specialist in pear growing, and had a grape nam- ing us a visit." The bishop had heard ed after him.

A Clergyman Who Has Been a Public Benefactor.

Rev. Dr. C. J. S. Bethune, for years Principal of the Boys' College. Port Hope, (Episcopalian), and for some years a professor in the Ontario Agricultural College, has long been regarded as one of the leading economic entomologists of his time. The researches and observations of this able scientist have saved annually thousands of dollars to the fruit illuminated by his great teacher, and vegetable growers of the Province. For many years he was "He was a great philosopher, not Now comes the question of again al Society and editor of the Canadian Entomologist.

Ottawa was also a noted entomolog- est many books of a philosophical ist, with a delightful literary style. a retired Methodist minister, has long all he read with an independent been reckoned, both in Canada and the United States, as a leading authority on strawberry growing. A Preacher Who Managed an Ex

perimental Farm. Rev. Newton Woolverton, formerly Principal of Woodstock College (Baptist), was for some time in charge of the Dominion Experimental Farm at Brandon, Man.

Father E. A. Burke, a former editor of the Catholic Register, has also been well known, particularly when residing in Prince Edward Island, as of farmers, especially on such topics

Rev. A. H. Scott, of Perth, has studied." been president of the Horticultural Society, and has given many helpful addresses on gardening, both home and landscape.

Rev. James Anthony has made a reputation in rural leadership, and is a well-known writer and speaker on agronomics.

Rev. W. M. McKay, while pastor in Weston, made the record of having procured more members for his local Horticultural Society, pro rata of population, than any other man in

The New Agriculture and the Rural

Clergyman. Agriculture to-day has a new outlook, and it cannot afford to neglect the rural clergyman; and most assuredly the minister who has a country congregation, or even a suburban one, cannot afford to neglect the new agriculture, lest the very ground. yearning for fruitfulness and beauty, should cry out in protest against him. A later article will show what the Ontario Department of Agriculture is doing to assist rural pastors in the solving of some of the problems of country life now confronting then .-Thos. McGillicuddy, Statistics and

Publication Branch, Toronto. Mrs. Amelia McCarn, aged eighty, died at the home of her son, Ed-

The Stanley Brush Company has trict.

to truth is to use it.

THE KING'S POET.

History of Unique Office of Laureate

In England. It is three hundred and seven years ago since the office of Poet Laureate was instituted, and since that time sixteen writers have received

unique honor. Ben Jonson was appointed Poet Laureate on February 1st, 1616. Previously many men had been publicly acknowledged to be supreme among the poets of their day, but it was not until the year of Shakespeare's death that an official post was created.

The list of Poets Laureate contains many interesting names. The second was Sir William Davenant, who was the first theatrical manager to intro- deal of first-class gunning. By gunduce actresses on the stage. Before his time all parts were played by men. After him at various intervals came Dryden, Southey, Wordsworth, and Tennyson.

ary of 100 marks, which was increased later to £100 and a "tierce" of wine from the royal cellars. The the Laureates, Henry Pye, exchanged time?

the wine for an extra £25 a year. In Wordsworth's time the salary dropped to £99 a year. The present holder of the office is Dr. Robert Bridges.

Although the office has been occupied by many distinguished men, quite a number have declined the honor, Gray and Sir Walter Scott among them. Wordsworth also refused the post, but afterwards was induced to change his mind.

Not all Laureates have had peaceful lives. Three were deposed and Clergymen Have Done Much for two were thrown into prison. Another died while suffering imprisonment for debt.

The Governor and the Bishop.

The island of Saint Lucia in the quail gave up the ghost. West Indies used to be remarkable Most Birds Are the Farmers' Friends. for its high death rate. The place was unwholesome and depressing; a visitor was pretty sure to become homesick sooner or later, if not at once. In "The Cradle of the Deep" Sir Frederick Treves tells an amusing story of an English governor of a century ago, who was noted for his parsimony. It seems that one day the bishop of the diocese landed at Castries in the course of his tour. Etiquette required that the governor should offer him the hospitalities of the Government House during his stay. After the bishop had had his first meal the governor showed him round the house and did the honors in this fashion-"This, my dear bishop, is the best bedroom. It was low fever. You will remember him, a most senial man. Look out for it a very awkward corner for a coffin. This next room has a charming view of the sea; the bedstead is a fine specimen of Creole work. Poor came from England. It was here that poor Morris, my secretary, died. He seems to have got typhoid fever in the house, although we are most careful. Now you must come upstairs and see the blue room and the fine outlook over the town. Major Jones died on this bed while he was payquite enough. He ordered his horse and rode off into the town, determined to find a more salubrious, even if less magnificent, shelter.

Burns the Philosopher.

"Burns was naturally a student gifted with a great mind," says Dr. J. L. Hughes in "The Real Robert Burns." "His splendid mind was trained to act logically by his remarkable father, and quickened and John Murdock.

when a boy, but because during his expect it in a year. The late Rev. Thomas Fyles of short life he read with joyous intercharacter, and what is of infinitely Rev. E. B. Stevenson, of Guelph, greater importance, he interpreted mind, and related all truth as he understood it to human life. He could discuss even the principles of Spinoza and "venture into the daring path Spinoza trod.' Yet, as he told Dr. Candlish, of Edinburgh, he merely 'ventured in" to test Spinoza's philosophy, which he soon found to be inadequate to the true development of the human soul, and therefore he

'was glad to grasp revealed religion.' "Not merely as a poetic gentus but as a profound philosophic teacher of religion, democracy, and brotherhood -the most essentially vital elements related to the highest development of the souls of men and women-will the real Robert Burns become known as he is more justly and more deeply

Will Go to Eton.

What could be more natural, seeing that Viscount Lascelles went to Eton to school, and his father, the Earl of Harewood, went to Eton, and maybe his grandfather also, than that the new arrival at Chesterfield House should also go to Eton. And this, it appears, has already been arranged. The necessity for such rapid action is to be found in the fact that the more exclusive English seats of learning are so limited in their accommodations that those who are determined at all costs to have their sons educated therein must take this somewhat drastic step to insure their desire being satisfied. Then, too, Princess Mary's boy, as he is likely to be designated chiefly until he reaches his majority, will be booked as a future member of his father's clubs

The Prickly Pear. pear, already covers 5,000,000 acres on toast is hard to beat. Think it said about you last night!" of land in New South Wales, and is over. Potato bugs or quail.-H. R. spreading at the rate of 20,000 acres Ivor, Honorary Game Officer, M. B. the world."

Although there has been much nesday, after ten days' illness. Mrs. were only ten bodies in the vault. taken possession. all being from the surrounding dis-

opened up at Perth and is busy on Mrs. Archibald Fraser, Perth, aged twelve to eighteen per cent. seventy-nine years, died on April The greatest homage we can pay 12th. She was a Presbyterian. One tham find body of Miss, Annie Stone- man to account for his neighbor's daughter and five sons survive.

# BRING BACK THE QUAIL

Encourage this Splendid Game Bird on the Farm.

How We Lost Our Quall - Most Birds Are Friends of Farmers-Quail Destroy Weed Seeds and Insects-How to Entice Them Back.

(Contributed by Ontario Department of Agriculture, Toronto.)

Why not have lots of quail? When they were plentiful we had a great ning overmuch and not protecting them in the winter, we have almost lost the Bob-White of our boyhood. Now we have the potato bug and The first Laureate received a sal- gun for it with paris-green. Why not have the quall, plus the sport of gunning, back, and get rid of some payment rose to £300, and one of of these potato bugs at the same

How We Lost the Quail. In the old days the farm boy shot a few brace of quail. The city sport came out, and a few brace were not enough for him. Further and fur- appeared as "218209" staircases. ther afield you had to go.

The brush heaps, natural shelter cleared for the plough or for pasture. Then when the heavy snows came, followed by sleet, there was less and less shelter. The hard crust stayed alone could be fought, but when man too was to be contended with, the

The question is, do you wish them back? I believe you will when you give it a little thought. You, to-day, are fighting an uphill fight against insects and weeds. Each hour you spend in this way is a distinct loss. Why not gain these hours? You do not have to lose them. Our policemen of the air can do a much better job than you can, and will charge you nothing except a little attention. Let us very briefly take up the

general question of loss from insects and noxious weeds, and in this connection show what the birds we now have are doing. In the United States the annual loss is computed at \$800. 000,000. What percentage of this could be saved if the bird population was normal? Our bird population today is only one-tenth of what it

might be. To give a concrete example: It is estimated that the State of Massachusetts, with an area of 8,000 square miles, has not less than five useful birds to the acre, or a bird population of 25,600,000. From observation and dissection, a conservative estimate of the number of insects consumed by each insectiverous bird is one hundred per day. That means the consumption of the enormous total of 2,560,000,000 insects. This means the daily consumption of chiefly obnoxious insects in Massachusetts is 21,000 bushels.

Quail Destroy Weed Seeds a

One-half of the quail's food consists of weed seeds, one-fourth of grain, mostly taken from the stubble, and about fifteen per cent. of insects. The insects chiefly consumed are potato beetle, cucumber beetle, chinch bugs, wire worms, etc. In winter they destroy the seeds of 126 kinds of noxious weeds. A conservative estimate of amount of food eaten each day would be two ounces. Can you see how your potato bugs would disappear if the Bob-White were plentiful? The United States Department of Agriculture states that each quail on the farm is worth \$20 to the

Secretary of the Ontario Entomologi- merely because he read Locke's having these birds plentiful. It can-Essay on the Human Understanding' not be done in a day, nor must you

There are some quall left. There may be a few on your farm. Protect them. They are worth gold dollars to you. Allow no hunting whatever. As you have seen, outside of hunting, the lack of shelter and feed during, and after winter storms, is the chief cause of the disappearance of this valuable bird!

How to Entice the Quail Back.

Place heaps of brush in the fence corners. Plant a Virginia Creeper, or Wild Cucumber seed, and instead don, and Sir Philip Sidney; Pitt, of a brush heap, it will become a among great statesmen; Grote, the let. beauty spot. On the brush heap or a historian; and Caxton, the printer. stump place several forkfuls of buckwheat straw, unthrashed. This will with thirty names. Devon counts leston, have taken up residence in mat together and make a perfect pro- among her famous sons several of Fred Hayes' house, Elgin street. tection, as well as supply food. Tie our greatest sailors, including Mrs. M. Connell, a former Ana number of corn stalks around a Drake, Raleigh, and Hawkins. She thenian, who has been living for the tapped their sugar bushes report a away. Do it now. Get the quail coming to the grain. When a storm | Flaxman and Leighton in art; Smea-

In the spring, sow some buckaround your shelters. Let it ripen there. Quail are very fond of it and will remember it when the storms of winter prevent them feeding elsewhere. They, too, are most likely to wards which the former contributes breed near their winter feeding three of Britain greatest statesmen stations.

They May Become as Tame as

The beautiful little Bob-White! Do you know that if they are protected. they will become almost as tame as before he is a year old, for a similar chickens. They will wander amongst your potato patch and repay you many times over for the attention you have given them. And if they The obnoxious weed, the prickly ever become too plentiful, why, quail C. A., Toronto.

son G. Phillips, Clayton, N.Y., Wed-sickness in Athens this winter, there on Ontario street, Picton, and has Shoe Hospital, formerly owned by

house, Wallaceburg.

mistakes.

We know all about that gallant colonel, the "bottle-scarred veteran," of a famous misprint, who, naturally annoyed at this imputation on his sobriety, received an apology; only to

"Of course," said the offending journal, "when, by an unfortunate error we referred to him as a 'bottle-scarred' veteran, it must have been evident that what we intended was 'battle scare?'

in the Cambridge Chronicle, where a paper read before a local society on "Rings under the Eaves of Old Houses," in connection with fire-prevention, was printed, "Rings under the Ears of Old Louses." This error is still to be found in the files. "Write clearly" is an injunction

rarely followed. The author who, with crabbed caligraphy, wrote of "zigzag" staircases had only himself to thank when they In a recent issue of a very serious

magazine, which contained an article for the quail, were cleared up and on a famous public man, the latter burned. Every foot of ground was is made to says: "While under no illusion as to the heads of them asses" should have been "the masses," of course.

Not long ago, Sir Alfred Mond was on the snow for two or three days, the victim of one of these typographiand whole bevies were starved or cal errors. It is well known that he frozen. It was an unequal fight is of the Jewish race. A report of a against man and nature. Nature speech he had made represented him to have said that "the ills from which we suffer will not abate until the nashould be made to understand this

It is understood that great excitement prevailed in certain circles until it was coplained that this disastrous statement was the result of an unfortunate double misprint.

the national need of getting back to "work," not "pork," and it was the workers, and not the pigs, who were to be made to comprehend the neces-

The World's Dietary. part of the daily food of the Nor-Lents during the year, which cover about four and a half months of each year, and, in addition to this, all

Wednesdays and Fridays are fasting days, and no meat, eggs, milk, or butter are generally consumed by the peasants during Lents or fasting days. In the course of other replies, it is stated that meat is scarcely consumed at all by the peasants of Roumania, while the peasant class in Serbia, which represent about 80 to 85 per cent. of the whole population, Trappers Around Athens Report O lives chiefly on boiled beans and other vegetables. Flesh meat does not form an important part of the daily

dietary in Spain, Portugal, or Japan. England's Cleverest Counties. Which English county has produced the greatest number of notable sport just now, and fresh fish form

Kent heads the list with thirty-two Mrs. R. M. Steacy has taken ed scientists as Faraday and Harvey: such famous soldiers as Wolfe, Gor-

Second place is occupied by Devon.

twenty-nine famous sons, including which she is so well adopted.

to politics, and Brunel to engineering. New York. Mrs. Sterns Knowlton, family. Next come Lancashire and Gloucestershire each with twenty-two, toand orators-Peel, Gladstone, and Bright; Romney, among artists; Kemble, among actors of senius; and Arkwright, among inventors. To Gloucester we owe Southey, Chatterton, Whittington, of civic fame, Sir.

May (entertaining sister's suitor): "Oh, Adolphus, guess what father

May: "Oh, shame! You listened."

McCoy Bros.

The Berlin Reichsbank on Mon- He is happiest, be he king or day raised its discount rate from peasant, who finds peace in his own

PRINTERS' ERRORS.

They Often Are the Cause of Strange Statements.

"Printers' errors" are no new thing; but it is inevitable that, while printing lasts, there must always be amusing, and sometimes serious,

be worse off than before.

A curious printers' error was that

tion returns to pork. The porkers

The reference was, of course, to

A well-known English medical authority recently circularized the various embassies and legations of foreign countries with a view to ascertaining the dietary of the peasant class, any particular national foods. what part meat forms in the daily dietary, and upon what dietary the stamina of the respective nations are built. The Austrian reply states that, as formerly, the larger part of the population is rural, and with the peasantry vegetation food prevails. Thus, it might be said that the stamina of that nation was built up on a vegetarian basis. The reply from the Chilean authorities is that in the agricultural districts of South and Central Chile wheat flour, kidney beans, and maize form the principal part of the workingmen's food, and meat is seldom partaken of. This has been the custom for generations. The German Embassy mentions that meat does not form an important part of the daily dietary of the German nation at present, while the Norwegian Minister replies that meat cannot be said to form an important wegian people. The consumption of meat in Russia, it is stated, is insignificant. Besides, there are four

Thomas Lawrence, and Locke.

Poor Adolphus.

Adolphus: "I haven't an idea in

Freeborn McCabe, Green Point, John Henley, Belleville, has tak-

Boys rambling in woods near Cha- It is impossible for the average

Restores lustre and beauty to old cars

Preserves original finish of new ones Kemoves all dirt Dried Oil and Dead Polish, and restores the surface at ONE operation. Waterproof, non-inflamable, easily applied, most economical and lasting.

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sulting in:-(a)-A further demonstration of the Company's superiority in pro-KINGSTON OFFICE, 41 BROCK STREET

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rival of same.

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SOWARDS COAL CO PHONE 155. UP-TOWN OFFICE: McGALL'S CIGAR STORE

POOR SEASON FOR RATS.

The Conditions. Athens, April 23 .- Maple Syru; has taken a drop, and is being disposed of at \$1.25 per gallon. Trappers report a poor season for musk rats. Spearing suckers is a favorite

a welcome addition to the menu. notables, including such distinguish- position in D. L. Johnson's store. Glenn Reid and family have moved back to the old home near the Out-

Douglas Hayes and family, Char-

nd son, Omar, Church street, who ave been in Western Ontario, Mrs. 1. Botsford, Elgin street, who has

een in the vicinity with friends. An appreciative audience greated "My Brother's Keeper," the drama ut on last Wednesday evening in he town hall by local talent, under the auspices of the Women's Institute. The caste did themselves great credit, and a goodly sum was realized for the Memorial Park fund. This evening an old fashioned dance is being given in the hall by R. J. Campo, who managed a simiar affair very successful during

Bethel News Budget

Bethel, April 20 .- Those who small tree or stake, in a protected also gave us that supreme soldier, past few years in the Canadian good run of sap. Edgar Salisbury is situation. Leave an opening facing the "great Duke" of Marlborough. To West, and in Montreal has returned driving the Condenser truck to Napwheat, chaff, barn-sweepings, around, to letters, Gay, Coleridge, Kingsley, and is for the present dominant at Dwyer is drawing milk to Newburg. Yorkshire fills third place with following her vocational nursing, for Some of the farmers are hauling potatoes to Yarker and Camden East Mr. and Mrs. Henry Johnston, for shipment, Mrs. John Alkenbrack comes, they will make for the shelter. ton, the great engineer; the Bronte Watson, Sask., have taken up resi- spent a few days with her son, A. Never neglect it, especially in stormy sisters in literature; Lord Lawrence, dence in the Mort. Wiltse house, Alkenbrack, Camden East. Mrs. weather and particularly after sleet of Indian fame; and Wilberforce, the Sarah street. Several Athenians, who Myrtle McWilliams is spending two Hampshire, which ranks next with have spent the winter elsewhere, weeks with her sister, Mrs. Alec. twenty-five names, was the cradle of have returned to their homes here. Smyth, Eiginburg. Mr. and Mrs. wheat and rye in the fence corners, Jane Austen, Dickens, and Meredith. Among them are Miss Adda Hunt, William Arlen, Moscow, spent Thurs-She gave Millais to art, Palmerston Victoria street, who has been in day with their son, Clarence and his

# A Clear, Beautiful Skin



There are millions of tiny openings or pores in the skin and these must be kept open and clean if the beauty of the skin is to be maintained

Because it cleanses these pores and encourages the healthful action of the skin, Dr. Chase's Ointment is most effective as a skin beautifier. Rough ness, redness, pimples and all sorts of skin blemishes disappear by its un and the skin is left clear, smooth and

DR. CHASE'S OINTMENT

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