Healthy Liver Healthy Life

Your liver-healthy or clogged, active or aluggish-makes all the difference

> Dental Surgeon DR. J. C. W. BROOM L.D.S., D.D.S. Wellington and Brock Streets, Entrance, 159 Wellington St. Evening by appointment.

Sewing Machines, Phonographs, Guns, Rifles repaired and refitted. Parts supplied. Saws Sled, knives, scissors and edge tools ground. Locks repaired. Keys fitted to all kinds of locks. All makes of Lawn Mowers sharpened and repaired. We can repair anything that is repairable.

J. M. PATRICK 149 Sydenham Street, Kingston Phone 2056J.

WHY?

Try to make yourself a new Hat as postage stamps. You spend from

It won't cost more than \$1.50 and probably less.

The Kingston **Hat Cleaners** UPSTAIRS

Phone 1488. 163 Princess St.

Letters to the Editor

Bilingualism and Regulation 17.

Cataraqui, April 23 .- (To the Editor): Those who think that the controversy over bilingualism solely between English Protestants and French Roman Catholics are entirely mistaken. His Lordship, Bishop Fallon, of London, was a pries in Ottawa when the first breach occurred between the Irish and the French Roman Catholics of that city and his vigorous denunciation of existing conditions leaves us room for doubt that he had come to the conclusion that the teaching of English was being shamefully neglected in many of the separate schools of Eastern Ontario attended by both English and French-speaking Catholics. Other distinguished Roman Catholic prelates strongly opposed the attitude and pretensions of the French Canadians which they reprobated as un-Catholic and inimical to the separate schools of the province. The Rev. Father M. J. Whalen, a well known Irish Catholic cleric, adopen letter to Cardinal Begin, of Quebey, in which he declared that, of there was racial war

Milburn's Laxa-Liver Pills The Great Liver Regulators

and secrete bile and serve as a filter struction and of all communications to the blood, cleansing it of all im- with the pupils in the public and purities and poisons.

tive and failing to secrete bile in sufficient quantity constipation and other liver troubles soon follow. Mrs. H. D. Hutchinson, Peterbor- derstanding English." ough, Ont., writes:-"I have been us-

and they have done me a lot of good. employing 588 teachers. In these I was drowsy and tired all the time and didn't feel like doing anything. let alone my housework. I tried employed by the teacher as the medieverything, but your Pills seemed to um of communication and 'instrucdo the work far better than anything tion. As might be expected, condi-

mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto,

ances of "Le Droit" and its supporters, and quoted as proof a statement in that paper that "In 1760 England sent her Loyalists into Upper Canada to pull down the cross of the Christ and mow down the lilies of France," and another which dealt with the influx of French Canadians into Prescott, Russell and Glengarry as, "driving out before them the usurpers of that French and Catholic soil." Father Whelan then reviewed the growth of the French Canadians in the province and added these strong words: "We can easily explain why continuous, reckless raiding on the schools of the province, to make them French, was regarded by the Protestant majority as a carefully planned campaign by he Quebec hierarchy to acquire on Ontario soil domination in civil affairs." In a letter to Sir Lomer Gouin, premier of Quebec at that time and now minister of justice in

Because of the increasing number of complaints and the vigorous remonstrances of such prominent Roman Catholic clerics as Father Fallon and Father Whelan, the government of Sir James Whitney caused an inquiry to be made by Dr. P. W. Merchant, which established the fact that in many schools of the province practically no attempt was made to provide an English education. Meanwhile on March 22nd, 1911, the Ontario legislature unanimously adopted the following resolu-

King administration. Father

Whelan declared, "We do not intend

to let the French ruin our separate

schools while they use militant tac-

ties to obtain more French teach-

"Resolved that the English langu-The duty of the liver is to prepare age shall be the language of inseparate schools of the province ex-Therefore when the liver is inac- cept where, in the opinion of the department of education, it is impracticable by reason of pupils not un-

Dr. Merchant's report is based on ing your Milburn's Laxa-Liver Pills his personal inspection of 269 schools My liver bothered me a great deal; schools the French language is either a subject of study or is the language tions were less satisfactory in some Price 25c. a vial at all dealers or schools than in others, but the general situation is summarized on page 6.9 of his report as follows:

> "It is evident from an examination of the results of all the tests applied that the English-French 485 meters. schools are, on the whole, lacking in efficiency. The tests combine to show that a large proportion of the Murphy. children in the communities concerned leave school to meet the demands of life with an inadequate equipment in exucation." From Dr. Merchant's report the following significant facts are gathered:

(1) There were 69 teachers withcut certificates and with no professional training whatever.

(2) Of 141 teachers holding temporary certificates about 50 per cent. came from Quebec. - (3) 61 teachers held only district

certificates. boards in opposition to the objection "How Children May Help to Avoid neighbor, Mrs. Black Ant. and wishes of the inspector.

(5) 40 teachers were entirely unfitted to teach English through ignormarked French accent.

separate schools in Eastern Ontario and in 90 per cent. of the public and separate schools in the districts, English was simply regarded as one subject among others in the course of study. This would apply to over 200 schools and more than 400 teachers in Ontario.

(7) In about 85 per cent. of the schools where English and French were used for purposes of instruction in Forms III and IV, French was the more extensively used.

Dr. Merchant's conclusions and recommendations may be summed up in a few words, viz., the advisability of providing well qualified teachers and of making French the language of communication and instruction for the first two years of the child's school life and of gradually making English the language of instruction and communication as the child's knowledge of that language increased. With that end in view a manual of method to aid the teachers in instructing pupils in English was prepared and issued to the schools and arrangements made for the adeuate inspection of bilingual schools by both English and French inspectors. In addition the government decided to maintain the special training schools for French teachers at Sturgeon Falls, Sandwich, Vankleek Hill and Ottawa and to pay the traveiling expenses and board of the teachers attending them. It also issued the now famous Regulation 17 which will be considered in my next

-J. W. EDWARDS. Cataraqui, April, 1923. (To be continued.)

Deputy Grand Master. William Pillar, of this city, was recently elected district deputy grand master for the Kingston district of the A.O.U.W. order, James E. Hall, Prescott, is the deputy for St. Lawrence district.

At 20 years of age the will reigns; at 30, the wit, and at 40, the judg-

He lives long who lives well, and time misspent is not lived, but lost.



The Audit Bureau of Circulations report proves the circulation of The Mail and Empire-

The Mail and Empire circulation -one edition only-proves leadership of all other morning papers in Canada.

The Mail and Empire

Published for fifty years at King and Bay Sts., Toronto

To-day's Radio Programme.

MONDAY, APRIL 23. WGY (Schenectady, N.Y.,)

12:30 p.m.-Noon stock market 12:45 p.m .- Weather report on

2:00 p.m .- Music and address, "Art in the Home," by Mrs. E. J. 6.00 pm .- Produce and stock

market report and quotations: news 7:45 p.m.-Musical programme.

Sale and Purchase of Property James Stewart has sold his residence on Owen street, Lanark, to Alfred Roberts and has purchased the residence of Miss Margaret Walters on the corner of York and

Clarence stheets, Lanark. To Prevent Accidents (4) 24 teachers in Ottawa and 19 offered 140 cash prizes, worth in have two legs left on which to run. in Russell without certificates were all \$200, for the best essays by On- And she ran as fast as her six little retained by the separate school tario Public School children on legs could carry her to the nearest Motor Accidents."

Sand Bay Corner Bought (6) In 80 per cent. of the R.C. Sand Bay post office, now occupied came to get your help." moving into Lansdowne village.

> Deliver not your words by num- do to help you, may I ask?" ber but by weight.

THE FOOLISH LITTLE SPIDER AND THE WISE LITTLE ANT "My goodness!" exclaimed Missy Spider, when for the tenth time she tried to catch her silken thread to the wild-oat stem. "Funny how that foolish plant twists and turns that way I've never before had such

watched the oat-plant a second, then shook her head.

"I believe that plant's bewitched, as sure as I'm alive-' and she threw down her safety line to the grass and climbed down as fast as she could go. "I'm not going to The Ontario Motor League has have it bewitch me as long es 1

guest was she hurried back.

a time fastening my thread." She settled back on a leaf and

Mrs. Black Ant opened her tiny doorway, and when she saw who her

"Well, of course, if I can be of hurried home. "Oh, come on out, Mrs. Black any service to anyone," and Mrs. Missy Spider built her home on others used English with a strengly J. Ripley, Lyndhurst, the house and Ant!" cried the excited Missy Spid- Black Ant hurried away by Missy the rose bush, and was ready when lot on Sand Bay corner known as er. "I didn't come to eat you. I Spider's side to the writhing plant. the rain came. She never forgot

by Elmer Cross. Mr. Cross intends "Help from me," laughed Mrs. so queer in all your life?" asked she never tried to build her home Black Ant, as she ventured forth Missy Spider, "I'm sure the poor on a wild out-plant again. from her doorway. "What can I thing must be bewitched. I've tried

Mrs. Black Ant Laughed

discovery," replied Missy Spider, all time it would twist so hard it would out of breath. "Something is wrong tear down my thread. What shall over in the field yonder. I started we do to help her?" to spin my house in the wild oat- At this Mrs. Black Ant began to

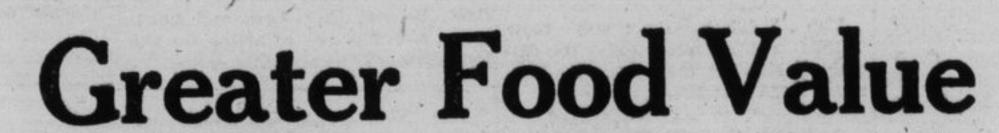
plant. All of a sudden it began to laugh as only a little ant can laugh. twist and turn and quiver and snake At first Missy Spider didn't kuow until I couldn't fasten my thread to whether to join in and laugh, too it at all. I really believe the poor or whether to grow angry, until plant is either ill or bewitched. I Mrs Black Ant informed her she never saw such actions before in all wasn't laughing at her, but at the my life. Do please come and see, silly plant.

Maybe you can help the poor thing." "Yet I shouldn't laugh at her either," she sighed, wiping her eyes with her apron. "That's the only way the poor thing has of planting

"Planting herself!" exclaimed Missy Spider, who could hardly believe her ears. "What are you talking about, anyway?"

"The wild oat-plant always uses cloudy, damp weather to plant her roots deeper into the soil," replied Mrs. Black Ant. "And I'm here to tell you you'd better hurry and hang your house somewhere or you'll not be ready when the rain is over. Whenever you see a wild oat-plant twisting and squirming that was you can rest assured rain isn't off. If you'll excuse me, I'm now, before It catches me." Without another word Mrs. Black Ant

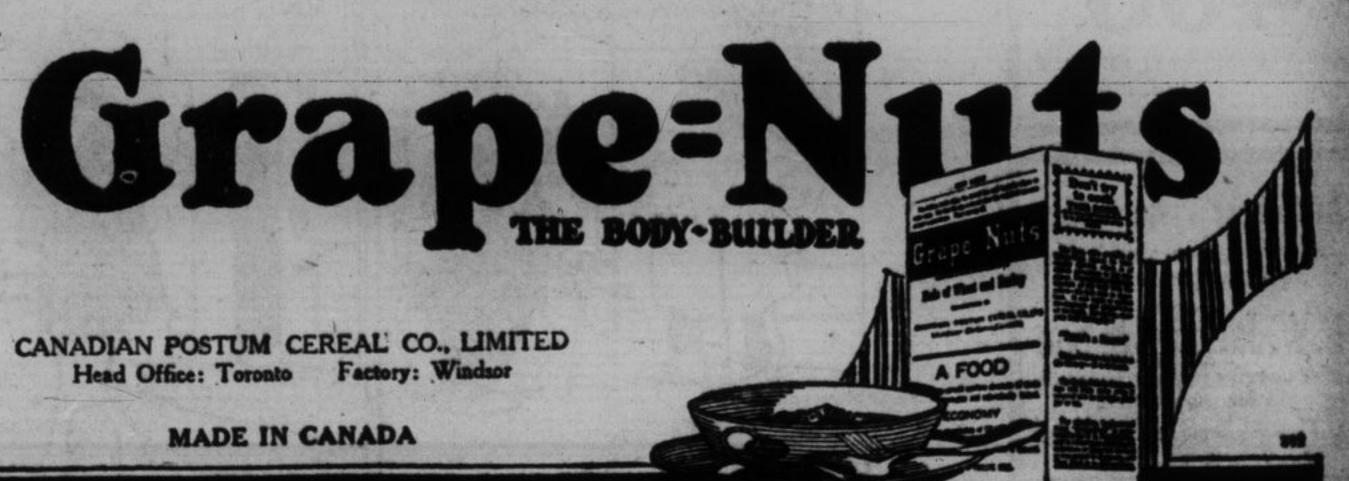
"Did you ever see anything quite what Mrs. Black Ant told her, and



Just the finest, purest, most highly concentrated cereal food made. Crisp-you like to chew it. Delicious—just try it!

Grape Nuts with cream or milk or fruit is a crisp, crunchy, delicious cereal food. It is easily digested and gives the body vital bone and brain building materials.

"There's a Reason"





Victory Bond Interest

When your interest coupons become due,

or when you receive cheques for interest

on registered bonds, deposit them in a Sav-

ings Account in the Bank of Montreal.

The money you receive on your investment

in bonds will then earn interest for you.

BRANCHES IN KINGSTON

BANK OF MONTREAL

Established over 100 years

King and Clarence Streets: Brock and Wellington Streets:

Ontario Street:

Phone 159.

P. DU MOULIN, Manager H. A. TOFIELD, Manager R. R. F. HARVEY, Manager

Men's Dr. Reed's Cushion Sole Balmorals \$10.00

Growing Girls' Patent 1 Strap

The Sawyer Shoe Store 184 Princess St.