

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 248. Private phone 857W.

One of the most enjoyable dances of the season was given in Ontario Hall on Tuesday evening by the Hamilton Club of Queen's University. The guests were received by Mrs. George Awrey, who was charmingly frocked in cherry red crepe organdy and Mrs. A. Jackson, who wore a handsome gown of black lace. Treason's orchestra played an inspiring programme of dance music and various novelty dances were arranged with moon light effects and balloons in Queen's colors. A number dance was also a feature of this pleasant affair. The committee in charge was Messrs. C. E. Light, C. Orr, D. Stewart, C. Drew, Allen and K. Griffin.

Mrs. R. N. F. McFarlane was in charge of the Tuesday tea at the Ladies' Curling Club, when Mrs. W. F. Nickle presided at the attractive tea table, where daffodils in a silver basket and yellow candles in silver candlesticks were used for decoration. The assistants were Mrs. W. A. Sawyer, Mrs. F. Waugh, and Mrs. Garnet Lockett. Six tables of bridge were in play and some curling was going on, the players coming in for a cup of tea.

Mrs. A. Horsfall, Queen street was the hostess at a Valentine party on Tuesday evening for the members of the Adanae class of Sydenham street Methodist church Sunday school. The evening was spent in games and music and the party, which consisted of thirty, broke up at eleven o'clock.

A. H. C. Carson, Toronto, announces the engagement of his elder daughter, Mary Kathleen, to Donald deC. Ross-Ross, B.Sc., younger son of Mr. and Mrs. Ross-Ross, "Rossleigh," Lancaster, Ont.

Mrs. G. W. Mylks, Kensington avenue, will entertain at the tea hour on Friday for Mrs. Woods White, Atlanta, Ga.

Mrs. Victor Anderson, Barrie, will entertain the Royal Military College Bridge Club on Thursday afternoon.

Mrs. W. P. Wilgar, Mack street, was the hostess of a small bridge on Tuesday afternoon.

In honor of Miss Francesca

## Gassy Stomach

Bloating, Belching, Sour Risings, Heartburn, Pressure—Be Sure To Use **Stuart's Dyspepsia Tablets**. Chew one or two after meals or any time and note how the stomach settles down, feels fine, stops gas, acidity, sour risings, belching and such troubles due to indigestion. They neutralize the sour acids, give the stomach an alkaline effect and you need have no fear to eat whatever you like. Get a 50 cent box to-day of any druggist. No more drowsiness or heavy feeling after a hearty meal. And you get the benefit of your food in more solid flesh. Most people have a tendency to acid, gassy stomach just after eating or drinking coffee, etc. If a Stuart's Dyspepsia Tablet is chewed at this time it neutralizes the acids, your stomach is sweetened, the gas is prevented and you feel good all day long. Remember you can get Stuart's Dyspepsia Tablets anywhere in U. S. and Canada.

**Constipation's Remedy** must come from nature. Celery King is a mixture of medicinal herbs and roots that ride the system of impurities in a gentle, natural way. An old and well tried remedy—50c and 60c packages.

## A Salesman's Cough

Irritates his customers — and makes him inefficient and miserable. Shiloh is the ideal remedy—it is not a bulky cough mixture but a special formula proven successful for many years. A few drops brings immediate relief. 30c., 60c. and \$1.20. All druggists.

## SHILOH FOR COUGHS

## RED PEPPER FOR COLDS IN CHEST

Ease your tight, aching chest. Stop the pain. Break up the congestion. Feel a bad cold loosen up in just a short time.

"Red Pepper Rub" is the cold remedy that brings quickest relief. It cannot hurt you and it certainly seems to end the tightness and drive the congestion and soreness right out.

Nothing has such concentrated, penetrating heat as red peppers, and when heat penetrates right down into colds, congestion, aching muscles and sore, stiff joints relief comes at once.

Foulkes of Kingston, Miss Shirley White, London, Ont., is giving a supper party next Friday night.

Dr. Dyde, Kingston, who lectured last night before the Women's Canadian Club, was the guest while in Belleville of Dr. and Mrs. Marshall. P. L. McCreath, Kingston, is spending a few days in Belleville.

Mrs. Claude Grimms has returned from Stirling where she was called by the sudden death of her sister, Mrs. G. G. Thrasher.

Mr. and Mrs. F. W. Coates, Princess street, who have been in Windsor and Toronto, returned to Kingston to-day.

Rev. J. H. J. Coleman, Nananee, is the guest of Col. and Mrs. Alexander Macphail, Clergy street.

Prof. Prince, Queen's University, has returned from Peterboro.

Miss Euelah Gallagher, who has been visiting Mr. and Mrs. John McKay, Sydenham street, returned to Toronto on Tuesday, accompanied by Miss Doris McKay.

Mrs. James Rigney, George street, has left for London, Ont., on a visit. Miss Marjorie Minnes, Bagot street, is the guest of Mrs. D. V. Sinclair, Belleville.

Miss Leola Hudson, who was the guest of Dr. and Mrs. I. G. Bogart, Wellington street, has returned to Centreville.



**MRS. EMMELINE PANKHURST** The famous British suffragist leader, who is now making her home in Canada, is contributing valuable experience and ability to some of Canada's most pressing social problems, as an official of the Canadian Social Hygiene Council. She has just completed a tour of New Brunswick, with other officers of the Council, stirring up public interest.

## The Duke and His Tailor

Walking into his tailor's one day, the Duke of Norfolk put down a bill and his cheque on the counter with the remark, "I've come to pay this account." The tailor receipted the account and passed it back with a sovereign, and said, "I'm sorry I can't make it any more, young man, but it's your own fault—you should see the Duke orders more clothes. When you brush them with the back of the brush—they'll soon get shiny, and then you can tell him he can't possibly go on wearing them any longer." "Thanks!" replied the Duke, as he pocketed the receipt and the sovereign. "I'll tell my man what you say; but you may take my account with you is closed." The Duke was seen one morning walking down St. James' street carrying a huge brown paper parcel nearly as large as himself, and asked what he had in the parcel, he replied, "Oh, it's my uniform—I'm just going to the levee." The Duke of Norfolk was one of the worst-dressed men in London—by far and away the worst-dressed Duke—and really you can wear any mortal thing if you happen to be a Duke.

## L. O. D. E. Annual Meeting

The annual meeting of the La Salle Chapter, L. O. D. E. was held at the home of the regent, Mrs. T. M. Asselstine, Alfred street, on Monday afternoon, when the officers for the ensuing year were elected as follows, regent, Mrs. T. M. Asselstine; 1st Vice-regent, Mrs. Henry Wilkinson; 2nd Vice-regent, Mrs. William Jackson; recording secretary, Mrs. Clara Grimm; corresponding secretary, Mrs. J. Wilfred Kelly; treasurer, Mrs. Ada Currie; educational secretary, Mrs. D. A. Volume; "Echoes" secretary, Mrs. Charles Jackson; standard bearer Mrs. A. E. Cogswell. A most successful year's work was reported. Tea was served at the conclusion of the business meeting.

## L.O.D.E. Meeting

At the annual meeting of Annandale Chapter, L.O.D.E., which was held on Tuesday, the following officers were elected: Regent, Mrs. G. H. Ogilvie; vice-regents, Mrs. J. B. Carruthers, Mrs. H. R. Duff; treasurer, Miss D. Lewis; secretary, Mrs. Alexander Macphail; assistant secretary, Miss Lyman; educational secretary, Miss Nina Ferguson; standard bearer, Miss Ethelwyn Mowat; councillors, Mrs. Constantine, Mrs. F. Brownfield, Mrs. T. D. R. Hemming, Mrs. James Cappon and Miss Strang.



## A Delicious Food

Roman Meal is a delicious cereal—and more. It's the biggest value in nourishment you can buy—relieves constipation and indigestion—properly balanced in health-giving qualities—and can be served in a variety of ways.

Makes appetizing muffins and gems, delightful puddings, and the finest porridge you've ever tasted.

ONE SERVING - ONE CENT  
Get it at your grocers  
Every Day—Serve Some Way

## What the Editor Hears

That speaking in Toronto Sir Henry Newbolt said: "Women really can mould and make the new world that we are tired of waiting for." That he urged, laid a heavy responsibility upon the women. "We should have no idealists at all if it had no women to give us courage and vision."

That Sir Robert Baden-Powell and Lady Baden-Powell, whose coming out to Canada is of particular interest to the Boy Scouts and Girl Guides of this continent, will be in Toronto for Easter week.

That bobbed hair and last year's short skirts on a pretty fopper frequently admit her to a movie on a child's ticket.

That Kenneth Taylor, the Kingston Rhodes scholar who is taking a course at Oxford, spent the holidays in Switzerland with the Oxford hockey team.

That the coal shortage is responsible for a great deal of extra work, many people paying several visits to their furnaces during the night.

That Miss Edna Chown is to be congratulated on her work as physical trainer for Queen's girls. She left for Montreal today with a fine basketball team.

## To-morrow's HOROSCOPE

By Genevieve Kemble

### THURSDAY, FEB. 22

This day's planetary operations make for lively and pleasant conditions as they relate to social, domestic and affectional matters. The leading activities may be centred in this direction. As it is a holiday, it looks as though there might be much journeying and moving about. These are encouraged, but there is a warning against the extravagant use of money, and it is advised to refrain from all risks of money in speculation.

Those whose birthday it is have the augury for a year of fairly advantageous change or travel, but

## "77" FOR GRIP

For Best Results

To get the best results, take "Seventy-seven at the first chill—keep it handy." "Seventy-seven" is for Grip, Influenza, Coughs and Colds.

Medical Book, tells all, free. At all Drug Stores. Humphrey's Homeo. Medicine Co., 156 William Street, New York.

## BUNIONS HURT?

Here's Quick Relief—No Pain—No Soreness—Easy To Use.

Honest, it doesn't take a minute to take the soreness out of your Bunions or Callous, and make your feet feel good—if you use **GERRO WORMWOOD BALM**. Why let a Corn or Bunion make your life miserable—if a single application of **GERRO WORMWOOD BALM** will bring such joyful relief? No tussling, no rags, no plasters, no Pain or Soreness—just cooling, soothing comfort the minute you put it on, and it's so easy and pleasant to use. Rub it in—that's all. My! how good it feels. The aching, stinging soreness just seems to melt away—you'll be surprised at the quick relief this pleasant treatment brings. **GERRO WORMWOOD BALM** deadens pain, reduces swelling, softens hardened calloused spots, and destroys offensive odors. Use it three or four times a week and you won't have to "baby" your feet any more. A small, inexpensive package can be obtained at any good drug store, but get the genuine "GERRO"—guaranteed.

## Efficient Housekeeping

By Laura A. Kirkman

**TOMORROW'S MENU**  
Breakfast  
Baked Apples  
Cereal  
Coffee  
Creamed dried Beef on Toast  
Pop Overs  
Luncheon  
Potato Salad  
Bread and Butter  
Tea  
Dinner  
Corned Beef  
Boiled Potatoes  
Cabbage  
Coffee  
Indian Pudding

## ANSWERED LETTERS

Edna: "Kindly advise me concerning mahogany furniture which has been scratched and marked."  
Answer: Any good furniture polish well rubbed into the blemishes on the mahogany, in several applications, will darken the scratches so that they hardly show. For most good furniture polishes contain stain or dye enough to cover up such marks. If this simple method fails, you can successfully darken the scratches with a little permanganate of potash. To use this, dissolve one ounce of potassium permanganate crystals in one quart of water (the water will soon turn brown after mixing, and can be used on the scratches). Let the stain dry in two scratches, before polishing with oil or wax.

Mrs. J. W. D.: "I saw a recent request in your column for information concerning a good stove polish for a coal or wood stove. I would like to tell that reader that I never use a polish on my stove, but simply wash it with clean, soapy water. In time it will become a

they are advised to be careful of their money and to shun speculation. Pleasant social, domestic and affectional affairs are forecast. A child born on this day will be popular, accomplished, kind and generous. In business it may be inclined to make frequent changes, unless carefully trained.

## TO-DAY'S FASHION

By Vera Winston.



This Smart Daytime Frock Combines Cinnamon Duvetya and Gay Chiffon in its Skirt and Over-b blouse.

While the frock above is gay in its coloring the design is simple enough to make it very appropriate for wear during the day, and still dressy enough for afternoon tea or some more formal occasion.

The blouse part is cut chiffon in the most delightful shades of pomegranate, red, brown and orange. It joins a cinnamon-colored duvetya skirt and has two rolls of chiffon at the joining. A novel note appears in the corded duvetya treatment at the girdle and on the smart little sleeves. The hat is brown felt of the same shade as the skirt. It is edged in brown, rolled velvet and trimmed in coque feathers.

**Postoffice Decrease**  
The number of postoffices in the United States decreased 160 in the last six months of 1922, according to tabulations made by the post-office department. On January 1, 1922, there were 51,757 postoffices in the country, as compared with 51,947 on July 1, 1922.

Work without hope draws nectar in a sieve.  
And hope without an object cannot live.—Coleridge.  
We ought to attempt no more than what is the compass of our genius, and according to our vein.

## A Wise Purchase is the Best Economy

# "SALADA" TEA

is the wisest purchase you can make. Pure, Fresh and so Delicious—Just try it.

It is said that jealousy is love, but that is not true. For though jealousy is produced by love, as ashes are by fire, yet jealousy extinguishes love as ashes smother the flame. Some of the beetles of Venezuela weigh half a pound each. Collars go through as many as 17 processes in some laundries. There are many men, sufficiently qualified for being agreeable, who, by a few faults that they might correct in half an hour, are not so much as tolerable. Spectacles were invented in the 13th century. Only one man in 203 is over 6 feet in height.

## Kellogg's Bran is prepared to do one thing—AND DO IT WELL!

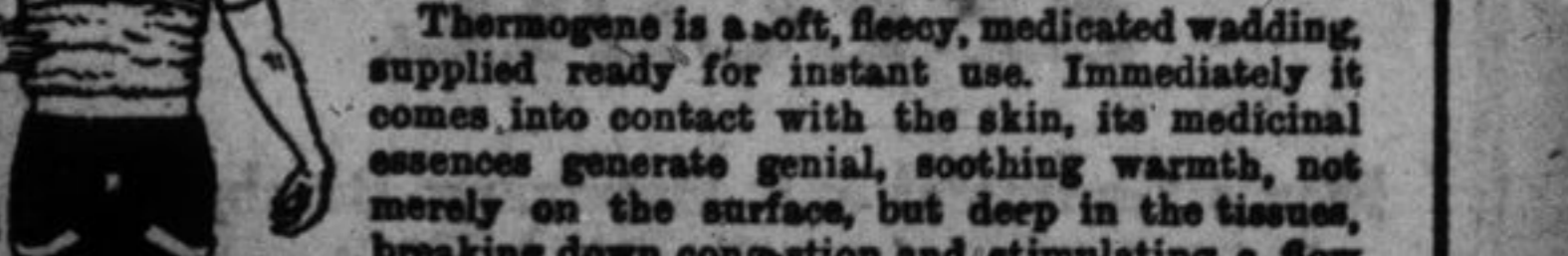
Kellogg's Bran will permanently relieve constipation, mild or chronic. It is scientifically prepared for that purpose. It is ALL BRAN, therefore it has the necessary bulk to assure results. Foods with a small bran content cannot afford permanent relief. When your physician or friends advise you to eat Kellogg's Bran, you follow on for the purpose of eliminating a dangerous clogging-up and toxic condition of your system. You can't afford to take half-way measures! Think of the lost time and the dangers of illness you are daily dodging! What you must have is real bran—KELLOGG'S BRAN, and if you will eat it regularly each day you will become a different person within a week or so. Kellogg's Bran, with its natural bulk, sweeps, cleanses and purifies. It not only gives relief, but it regulates the bowels. Every member of your family should eat it—every day—at least two tablespoonfuls; in chronic cases as much with each meal. Try Kellogg's Bran mixed with a hot cereal, or cook it with hot cereals, adding two tablespoonfuls of Bran for each person. Other popular ways are to sprinkle Kellogg's Bran on hot or cold cereals or to eat it as a cereal with hot milk. You can make delicious bakery products with Kellogg's Bran. Recipes on every package. Kellogg's Bran is not only nationally sold in grocery stores, but can be had in individual packages in first-class hotels and clubs. Ask for it at your restaurant. Be certain to eat Kellogg's Bran daily for health's sake!

## BARNUM'S BAKERY

SPECIAL! Homemade Lemon Pies—Try our Fried Cakes Wedding Cakes a Specialty. "THE TASTE WILL TELL."

## Castoria

For Infants and Children In Use For Over 30 Years



Always bears the Signature of **Chas. H. Tuttle**

## Best for Kitchen Use

Children have more need of models than of critics.

## CASTORIA

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