

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Women's Page, Telephone 243. Private phone 857w.

Mrs. Havelock Price, the diocesan president of the Woman's Auxiliary, gave her home on Sydenham street on Saturday afternoon to the W. A. of St. George's Cathedral, for a sale in aid of Dorcas work. Mrs. Price and Mrs. Henry Wilkinson, received the crowds of visitors in the drawingroom, where a cheery fire blazed on the hearth and where the work table, with its pretty things, in charge of Mrs. R. E. Burns, Mrs. D. E. Mundell and Mrs. G. A. Robinson, was soon surrounded with purchasers. A handsome table with all sorts of good things to eat was presided over by Mrs. Edward Rees, Mrs. H. Wilkinson, Mrs. Luther Breck and Mrs. W. J. B. White, Mrs. J. C. Ponsford, Mrs. C. G. Brooks, Mrs. H. H. Mason and Mrs. R. J. Carson poured tea in turn at the tea table artistically decorated with pink and mauve flowers in a silver basket and small silver vases. The assistants were Mrs. A. Hallam, Mrs. F. J. Aylward, Mrs. Ward and Miss Bessie McTear. Miss Millie Ferris was at the door where a silver collection was taken. Over \$80 was realized which will be used to buy material for bales for Indian schools.

Voting for new members was one of the events of the afternoon at the Saturday meeting of the Badminton club at the armories; those elected being, Major and Mrs. Turner, de Lobiniere Panet, Miss Phyllis Knight, and Miss Doris McKay. Bridge was played in the bridge room. Among those present were Col. and Mrs. Victor Anderson, Col. and Mrs. Constantine, Col. and Mrs. H. J. Dawson, Col. and Mrs. Schmidt, Col. and Mrs. Beverley Browne, Col. and Mrs. Valentine Stockwell, Mrs. F. W. Hill, Mrs. W. H. Macnee, Major and Mrs. Horace Lawson, Major and Mrs. Tremaine, Major and Mrs. Gar-

net Greer, Major and Mrs. Victor Williams, Mrs. James Cappon, Miss Hora, Miss Macnee, Mrs. Holloway Waddell, Mrs. Callender, Mrs. C. S. Kirkpatrick, Mrs. Douglas Jemmett, Capt. and Mrs. Murchie, Major Greenwood, Miss A. Rogers, Miss Laura Kilborn, Miss Nora Macnee, Miss Martineau, Miss Marion Leslie, Miss Mildred Jones, Miss Cecily Rutherford, Miss Edith Carruthers, Miss Audrey McLeod (St. John), Miss Cecil Macnee, Prof. Prince, Prof. Roy.

Mrs. W. T. Connell and Miss Nora Connell, Arch street, were the hostesses of a charmingly arranged dance on Saturday afternoon. The table in the diningroom was lovely with primulae and golden daffodils, and here Mrs. Henry Richardson and Mrs. T. Ashmore Kidd poured tea and Miss May Ford cut the kees. Dancing went on in the spacious rooms and the hours passed rapidly to the merry guests, who included, Miss Frances Murray, Miss Anna Mahood, Miss Flo Cunningham, Miss Mary Morrison, Miss Helen Steacy, Miss Margaret Davis, Miss Mary Macgillivray, Miss Cecil Macnee, Miss Vivian McCarty, Miss Anella Minnes, Miss Jessie Mair, Miss Caroline Mitchell, Miss Isabel Minnes, Miss Grace Mooers, Miss Virginia Fair, Miss Evelyn Ford, Miss Kathleen Bibby, Miss Marion Lewis, Miss Helen Tofield, Miss Mary White (Sherbrooke), Miss Clara Farrell, Miss Kitty and Miss Jessie Torrance and a number of cadets from the Royal Military College.

The patronesses for the Art's dance to be given in Grant Hall on Wednesday are Mrs. Bruce Taylor, Mrs. W. T. MacClement and Mrs. John Matheson. The committee are Messrs. W. G. Shaw, H. Douglas, C. Mundell, B. Barnum and D. Carruthers.

Mrs. Caughey, Collingwood street,

was the hostess of a most enjoyable dance on Friday evening for her daughter, Miss Helen Caughey.

Miss Margaret Murray, Kensington avenue, entertained at bridge on Saturday afternoon.

Miss Jean Chown, Toronto, spent the week-end with Dr. and Mrs. A. P. Chown, "Edgehill."

Miss Mollie Cartwright, who is at present in Montreal, will go to Ottawa to visit Mr. and Mrs. A. D. Cartwright, before returning to Kingston.

Miss Leta Elliott, Brock street, has returned from Montreal. Dr. and Mrs. Calvert Carruthers, Sarnia, who spent the week-end with Mr. and Mrs. R. Leslie Meek, Toronto, will arrive in town on Tuesday to visit Mrs. Robert Meek, University avenue. Dr. Carruthers sails for England on Feb. 5th, to take a special course in medicine.

Mrs. J. B. McLeod, Alfred street, leaves for Toronto on Tuesday to visit Mrs. G. H. Blackall. Miss Mary White, Sherbrooke, Que., is visiting Mr. and Mrs. H. A. Tofield, Barrie street.

Mrs. C. G. Payne, Cornwall, is the guest of Mrs. Joseph Elliott, Brock street.

Brig.-Gen. and Mrs. A. E. Ross will return from their wedding trip this week.

Mrs. Frederick Mahood, Stuart street, left for Toronto to-day. Mrs. George Campbell, Vancouver, B.C., who has been visiting her sister, Mrs. W. B. Gilmore, Montreal, will go to Ottawa to visit Commissioner and Mrs. Perry before coming to Kingston, where she will be the guest of Mrs. J. L. Whiting, Clergy street.

Mr. and Mrs. R. F. Segsworth, South drive, Toronto; Mrs. W. B. Dalton, Kingston, and Mrs. Andrew Foreman, Montreal, are leaving for Europe next month.—Toronto Globe.

Miss Jean Dargavel, Elgin, is visiting Dr. and Mrs. R. J. Gardiner, "The Chestnuts," Johnson street.

Col. Alexander MacPhail, C.M.G., D.S.O., honorary A.D.C. to His Excellency the Governor-General, Clergy street, will go to Ottawa on Tuesday for the ceremonies connected with the opening of parliament. While in the capital, Col. MacPhail will be the guest of his brother, J. G. MacPhail, and Mrs. MacPhail.

St. James' Choral Society, after several months' study, will render Mendelssohn's "Elijah," in St. James' church, under the direction of Mrs. A. R. B. Williamson, Mus. Bac., on Feb. 28th.

### DRESS HINTS FOR THE STOUT

Proper dressing in lieu of reducing exercises was recommended for fat women last week, by Ralph Mond, instructor in women's dress designing at the Chicago Academy of Fine Arts. "Stout ladies, by dressing correctly can look thinner and prettier—this is the shortest route to happiness," declared the fashion expert. "The fat feminine figure for sheer looks cannot complete with the well-shaped slender woman," said Mond, "but the stout woman can dress herself in such a manner that the harsh lines of her figure are made illusive to the eye, and perhaps attractive."

"She should always dress in loose garments, as the form-fitting clothes emphasize the body lines. The loose hung skirts and dresses will eliminate to some extent, the harsh lines and make her appearance slender. Texture and color of the dresses a fat woman wears also determine largely how well she appears to others."

"A fat woman should wear thin dresses, as the heavy textures give the appearance of bulkiness. She should avoid bright colors and wear more of the subdued shades. Green is one exception, and fat women generally appear best in that color."

Fat ladies, like all others, according to Mond, should wear corsets. "Corsets keep down the hip line and develop the bust," he said. "The best looking women are those with shapely busts and practically no hip lines. Women who abandon corsets often lose their busts and develop huge unsightly hips."

Long dresses look best on fat women, Mond declared. "There is grace in long dresses," he said. "Dress trimmings should never appear on the hips or other conspicuous spots on the fat figure," he continued. "Ornaments should run perpendicular, and from the shoulders to the ankles—otherwise they accentuate the ugly parts of the stout female figure."

Lady Dorothy Goes to Timbuctoo. Lady Dorothy Mills, daughter of the Earl of Oxford, has left for West Africa. All alone she intends to venture as far as Timbuctoo.

Last year, in search for a picturesque setting for a new novel, Lady Dorothy spent six days amongst savages in the Tripolitan Mountains. "I simply love adventure," said she, before departure, "and that is why I am going this journey into the wilds of Africa alone."

"I have been to the Sahara before, and have often looked from the north towards Timbuctoo, and longed to see it, because it is the home of romance in the desert."

"I shall have to travel through

## Efficient Housekeeping

By Laura A. Kirkman

- ### TOMORROW'S MENU.
- Breakfast: Bananas, Cereal, Scrambled Eggs, Toast, Luncheon
  - Dinner: Fried Cornmeal Mush, Maple Syrup, Cocoa, Baked Apples
  - Supper: Clear Soup, Steamed Meat and Rice with Tomato Sauce, Canned Peas, Raisin Pie

### Dishes in This Week's Menus.

**Roasted Meat and Rice:** In most families at least a little of Sunday's roast is still left to serve for Tuesday's dinner. Line a buttered baking dish, or an aluminum mold, with tender boiled rice and fill the centre with cooked left-over meat (any kind). Cover top with more rice, tie paper over the top of the dish, and place this dish, or mold, in a large saucpan containing boiling water. Let the water boil up around the mold for one hour, then turn out its contents onto your meat-plate and serve hot, with the following:

**Tomato Sauce:** One-half can of tomatoes cooked 20 minutes with one teaspoon of sugar, one-half onion, and one-half teaspoon of salt; then rub through a sieve and add either one cup of soup stock, one cup of left-over gravy, or one-half can of clear soup, (consomme or bouillon). In a frying pan, brown four tablespoons of butter and rub into this three tablespoons of flour, then gradually add the strained tomato and allow to boil up a few minutes before serving.

**Apple Dowdy:** Pare apples and measure, after coring and slicing. There should be four pounds of the

prepared sliced apple. Put these slices into a buttered baking dish with a two-thirds of a cup of brown sugar, one-third cup of molasses, one cup of cold water, and one generous teaspoon of ground cinnamon, then cover with the following crust: Sift together two cups of bread flour, a pinch of salt and one teaspoon of baking powder; add enough sweet milk to make a dough soft enough to handle. Place this crust on the uncooked apples. Then bake the dish in a hot oven for 30 minutes—or till the crust is done. Now take the crust right off the dish and set it aside, while you slip the dish back into the oven to continue baking till the apples are very tender (covered with a pot-cover). When cool, break the crust into small pieces and stir it into the cooked apples. Serve with cream.

**Baked Squash:** Cut the squash into small portions, to make it easy to handle. Then pare each piece after discarding seeds and stringy portion. Fill your quart measure with small pieces of the pared squash, each piece cut about one inch square. Now turn the measureful of uncooked squash into a buttered baking dish with one cup of molasses and one cup of butter. Stir well and bake 60 minutes, or till soft, in a moderate oven, keeping covered at first. Serve hot in the baking dish.

### To-morrow—Answered Letters.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and province.—The Editor.

### What the Editor Hears

A dame rumor says the square dances so much in vogue some years ago are returning to favor.

That the methods employed by Emil Coull will no doubt be helpful in cases of nervous diseases. Many a man and perhaps more women go to their graves before they need from dwelling on their ailments.

That Miss Maud Royden, the little lame English woman who has fought her way even into the pulpits of the Church of England, and has preached in the pulpit Calvin occupied at Geneva, is now in Toronto. Miss Royden has been lame since her birth, but she was appointed as the first woman lecturer at Oxford in 1905. She has a passionate love of the people and is a brilliant speaker. In 1917 she was appointed assistant preacher at the City Temple, London, an event entirely without precedent in English history.

That it was unfortunate that the splendid lecture given in St. George's Hall on Friday evening by Prof. Curry, on "The Tombs and Temples of Egypt" was not heard by a larger audience. The Historical Society under whose auspices the lecture was given, should have announced the date earlier, even members of the society only received notice of the meeting on the same day, and in many cases had made other engagements.

That of course no man will ever understand a woman; because before marriage she has to pretend that she doesn't take him seriously when she does; and after marriage she has to pretend that she does take him seriously when she doesn't.

That the V-shaped and square neck line will be seen on the summer frocks, the batou neck is becoming only to young faces and soft plump necks. It adds ten years to the age of an older woman.

**WINTER WOMEN.** Now comes the Winter Woman. And what an attractive and alluring person she is! There are women whom winter does not suit. The cold seems to shrivel them up. It makes their noses red and their lips blue. Exotic, hot-house flowers, they can thrive only in a tropical warmth. Keen, cold winds are hateful to them. The real Winter Woman is quite different. She may, or may not, enjoy the cold weather, but she knows how to adapt herself to it. She does not coddle herself.

She knows the secret. She takes more outdoor exercise. Nature's rouge is on her cheeks kissed by the bitter wind. Her face is aglow. Her eyes sparkle. Her complexion is clear. The rest of life is in her. Of course she wears fur.

There is something in woman which is akin to fur. It nestles to her. She snuggles herself in it. She parts over it. The Winter Woman looks adorable in fur. The possession of sable gives to her a sense of security similar to

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that which is imparted by irreplaceable silk stockings, the "don't-care-a-hang" sensation which a man feels only when he has a large bank balance. And she knows she looks well. As I write she has just come in with a new black patent leather hat, the shape of a flowerpot, fitting just over her eyebrows, and trimmed with fur. It is the wickedest thing in creation, and she knows it.

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### To-morrow's HOROSCOPE

By Genevieve Kemble

TUESDAY, JAN. 30.

An unusually eventful day may be read from the day's planetary forecast. With Uranus and Jupiter both in trine aspect with the lunar orb there is prospect of an important change, which may be the turning point to a career of splendid achievement and financial return. Removal or travel is involved and bound to bring benefit, provided that a tendency to be impetuous and hasty be overcome. The mind may be under high stimulus and the abilities quickened, but they should not be allowed to be tumultuous, as this may nullify excellent prospects. Those whose birthday it is have the forecast of an active and important year, with the outcome one of prosperity and fulfilled ambitions, if they do not permit impulsive and discordant actions to defeat their excellent prospects. Probable travel is foreseen. A child born on this day will be energetic, talented and ambitious and will be generally successful in its undertakings.

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