

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 243. Private phone 857w.

Mrs. E. F. Torrance, Alfred street, entertained at the tea hour on Friday afternoon for her daughters, Miss Kitty and Miss Jessie Torrance. The guests came representing "The person they would like to be if they were not themselves," and great fun arose over guessing the various personalities represented; Miss Barbara Bidwell was the prize winner. At the tea table, effectively decorated with maltese lace and spring blossoms, Mrs. Garnet Greer made tea and Mrs. J. C. Murchie cut the tea. The guests included Mrs. James Miller, Mrs. C. S. Kirkpatrick, Mrs. Horace Lawson, Mrs. J. F. Preston, Miss Alison Macdonell, Miss Mary Macgillivray, Miss Phyllis Knight, Miss Anna Eslemont, Miss Helen Todell, Miss Helen Strange, Miss Lillian Fair, Miss Gwendolen and Miss Doris Folger, Miss Laura Kilborne, Miss Grace Mooers, Miss Louise Hill, Miss Eleanor Tench (New York), Miss Clara Farrell, Miss Phyllis Spence, Miss Doris McKay, Miss Edith Carruthers, Miss Audrey McLeod (St. John), Miss Francesca Foulkes, Miss Caroline Mitchell, Miss Marjorie Henderson (Ottawa), Miss Evelyn Nickle, Miss Margery McLelland, Miss Cecil Macneoe, Miss Frances McFray, Miss Lois Taylor, Miss Mary Ogilvie, Miss Allie and Miss Cecily Rutherford, Miss Isabel Minnes and Miss Nora Connell.

Mrs. Herbert Robertson, Wellington street was the hostess of a charmingly arranged bridge of seven tables on Friday afternoon, in honor of her sister, Mrs. Prun, Naponee. The drawing room was lovely with flowers, huge pink azaleas being most decorative. The prize winners were Mrs. G. F. Emery, Mrs. Elmer Davis, Mrs. G. W. Mylke, Mrs. Norman Fraser, Mrs. David Murray, Mrs. Frederick Oyle, Miss Ada Birch. The tea table in the dining room was adorned with pink roses and presided over by Mrs. A. R. B. Wilkinson, who poured tea, and Mrs. A. W. Winnett who cut the ices.

Mrs. F. E. Dench, West street, received for the first time in Kingston Friday afternoon, when her charming rooms were filled with visitors who were glad to welcome her and her husband to their new home. A cheery fire blazed on the hearth, and flowers were about the drawing-room where the hostess received, assisted by her cousin, Mrs. R. C. Alexander, Ottawa. Mrs. W. E. Kidd made tea at the daintily appointed tea table with its gleaming silver and fragrant narcissi, and was assisted by Miss L. D. Rosiere.

Mrs. John Donnelly, Earl street, entertained charmingly at bridge on Friday afternoon, when six tables were in play, and Mrs. R. N. F. McFarlane, Mrs. Havelock Price and Mrs. John Sutherland won the dainty souvenirs. Narcissus and freesia made the cupboards rooms fragrant and decked the tea table, presided over by Mrs. Sidney Scobell, assisted by the daughters of the house.

Mrs. Colclough, Victoria street, gave an enjoyable dance on Friday evening for her son, Albert Colclough, when a number of young people danced gaily to the excellent music provided by that accomplished musician, Blaine Phillips. A most realistic moon looked down on the gay scene and beautiful decorations were about the rooms.

Herbert A. Holder has returned to Carbondale, Pa., after spending New Year's week with his mother, Mrs. Herbert B. Holder, William street, who entertained for her son at a delightful dance, when twenty of his most intimate friends held a jolly re-union.

Mrs. R. O. Jolliffe, Frontenac street, is giving a small tea this afternoon for some of the newer members of the college set.

Mrs. M. Y. Riley, Brock street,

entertained at bridge this week in honor of Mrs. Rogers, Charlotte-towa, Prince Edward Island, who is the guest of Mrs. Roy Collins, Sydenham street.

Mrs. R. J. McLelland, sailed for Canada on Friday, and will arrive in Kingston shortly to be with her daughters, Mrs. Bayly Ranson, Mrs. Van Wren, and Miss Mary McLelland, Earl street.

Mrs. W. T. Connell, Arch street, entertained at bridge on Friday evening when the prizes were won by Mrs. A. W. Winnett and Harold Davis.

Mrs. Hansford Hors, King street, is giving a sleighing party this evening for her son's friends.

Mrs. R. O. Swoozy, Montreal, is spending a few days in town.

Percy B. Chown, who has been in New York for a week, returned to town to-day.

Mr. and Mrs. F. A. Warren, Regina, Sask., who are on their wedding trip, will arrive on Sunday to visit the former's parents, Mr. and Mrs. W. H. Warren, Brock street.

Mrs. R. C. Cartwright, University avenue, leaves for Toronto on Monday to visit her sister, Mrs. Herbert McIntyre.

John H. Sutherland, Gore street, left for Montreal to-day to spend the week-end.

Mrs. Bruce Taylor, the Principal's Residence, has left for Philadelphia.

Mrs. Alexander Macphail, Clergy street, has returned from Naponee, where she was the guest of her sister, Mrs. J. H. H. Coleman, St. Mary Magdalene's rectory.

Dr. S. Fallis, steward of the Methodist Book Room, Toronto, and Mrs. Fallis, are the guests of Dr. and Mrs. R. H. Bell, Sydenham street church parsonage, for the week-end.

Prof. R. O. Jolliffe, Queen's University, is spending the week-end in Toronto.

Mr. and Mrs. W. F. Murphy and family, Port Dalhousie, returned home this week after a three weeks' visit at Mrs. Bryn's, University avenue.

Charles Ansell, St. Catharines, has returned home after a pleasant visit in this city.

Col. and Mrs. G. Hunter Ogilvie, Gore street, left for Toronto to-day, to spend the week-end with Dr. and Mrs. John Macnaughton.

Mrs. Charles McDonough and Miss Margaret Christmas, who were with Mrs. Henry Wilkinson, Gore street, have returned to Montreal.

Mrs. R. C. Alexander, who has been visiting Mr. and Mrs. F. E. Dench, West street, returned to Ottawa to-day.

Miss Marion Ogilvie, who has been enjoying a very gay visit in Quebec, with her aunt, Mrs. J. C. McLimont, will return to town on Monday.

Dr. H. A. Nesbitt and wife, Lindsay, Dr. P. L. Nesbitt and wife, Toronto, have returned home after spending a few days with their mother and sister, Mrs. Nesbitt and Mrs. T. R. Farley, Johnson street.

St. Luke's W.A. will hold a tea and sale of home made cooking at the home of Mrs. S. Green, 574 Prince street, Wednesday afternoon, January 17, from 3 till 6. No cards.

Keep February 5th, for Francis Nickawa, noted Indian elocutionist.

The Ladies' Curling Club will hold their first tea of the season on Tuesday next, and every Tuesday thereafter. The initial tea is being given by the executive.

INSTITUTE NOTES.

The December meeting of the Elgin Women's Institute was held at the home of Mrs. A. L. Campbell. At this meeting \$25 was voted to Armenian Relief and \$25 to the Northern Ontario fire sufferers for Christmas cheer for the children. Thirty-five members were present. A paper was read by Miss Joan Dargavel on "Popping the Question" and "Is there a Santa Claus." Mrs. Guy Halliday gave a paper on "District Nursing." Instrumental music was furnished by Miss Elsie Kerr after which an apron parade took place. Refreshments were served at the close of the meeting.

The president, Mrs. Fred. Stanton, was the hostess of the January meeting. The secretary said that the meeting at the Athens Home of Industry finds it hard to get a seamstress when necessary, and it was decided to do some sewing for the Institute for which the material will be furnished, this was done last year when the institute made night robes and quilts from material furnished by the institution. Instrumental music was provided by Mrs. J. E. Sullivan and a paper on "Making Faces" was given by Mrs. P. A. Smith, after which refreshments were served.

The Women's Institute meeting was held in Phillipsville hall on Jan. 10th with twenty-seven members present.

About 10,000 varieties of fish are

EAT AND GET THIN

This is turning an old phrase face about, but modern methods of reducing fat have made this revision possible. If you are overfat and also averse to physical exertion, if you are like-wise fond of the table and still want to reduce your excess, read several pounds, do this: Go to your druggist (or write the Marmola company, 4612 Woodward Avenue, Detroit, Mich.) and give him for (send them) one dollar. For this modest amount of money the druggist will put you in the way of a trim, slim figure. He will hand you a case of Marmola Prescription Tablets in accordance with the compound of Marmola Prescription, one of which you must take after each meal and at bedtime until you begin to lose your fat steadily and easily. Then continue the treatment until your weight is what you desire. Marmola Prescription Tablets are not only harmless but really beneficial to the general health. You don't need starvation diet or weakening exercise. Just eat what you like, leave exercising to the athletes, but take your little tablet faithfully and without a doubt that it will finish will quickly take unto itself, leaving behind it your natural self, neatly clothed in firm flesh and trim muscles.

Papers were read by Miss George Acheson, on the "Life of Frances E. Willard," and by Mrs. Isaac Stevens on "Entertainment in the home." Solos were rendered by Miss Thelma Stevens and Miss Vera Kernan, as were also piano solos by Miss Jennie Halladay and Miss Mildred Gile. The roll call and Miss Mildred Gile, who are on their wedding trip, will arrive on Sunday to visit the former's parents, Mr. and Mrs. W. H. Warren, Brock street.

KINGSTON RED CROSS HANDLES BUSINESS

Suggest Mrs. John Carson For the Provincial Board.

The regular monthly meeting of the Kingston branch, Red Cross Society of Canada, was held at the W.V.C.A. on Friday morning, with a large attendance of the members. A number of important matters were considered by the society and the meeting was very enthusiastic throughout.

After the minutes of the last annual meeting had been read and adopted letters of appreciation were read, first, from the soldier-patients of Mowat and Sydenham hospitals thanking the society for giving the "boys" an abundance of Christmas cheer during the holiday, and second, from a returned soldier in Northern Ontario who wished to express his deep gratification for the assistance rendered by the local society after the recent big fire in that section of the province.

It was unanimously decided that a campaign for membership be organized, and preparations of the drive for the inauguration of the drive. The campaign will open on Monday, Feb. 12th, and previous to that date it is expected that Dr. Rutley, provincial president, Toronto, will address a mass meeting in the city hall. An invitation has been extended to him with this end in view.

It was strongly felt, that this being an important military centre, that the Kingston society should be represented on the provincial board. It was suggested that the name of Mrs. John Carson, president of the local branch, be sent in with the request that she be appointed on the board.

Several other business matters were discussed before the close of the meeting. While the members felt gratified at the appreciation manifested concerning their efforts, they expressed themselves as feeling that there were many other channels in our city where much good could be accomplished, but which would have to be postponed owing to limitation of finances.

Port Jackson, one of the finest natural harbors in the world, and on which stands Sydney, Australia, runs inland for more than 13 miles.

TASKS.

By Martha Haskell Clark. It matters no so much what work I do, as that I bring to something all my best.

Those who may choose their task are few, so few there needs must be some answer to the rest. There are so many lives with broken wings, so many eager souls aching with hope.

Ground downward 'neath the heel of Little Things, or set through blinded alleyways to grope.

For one must sit and tend the glowing peat, and shut his heart to spring winds calling wide. And one must walk the world on mistful feet, who longs for home and flame-sweet chimneyside. And one must lead who rather would be led, and one must follow who might master be.

And one plods down a furrow who instead might thrill a world with awe-born artistry.

And so I think it can not matter much just what it is my hands are called to do.

For I believe that He who wove for each, upon His loom, one silver thread asglen. Shall read his heart beyond the need of speech and set his feet at last on Paths of Dream.

Efficient Housekeeping

TOMORROW'S MENU Breakfast: Grapefruit, Cereal, Coffee, Griddle Cakes with Maple Syrup, Dinner: Leg of Lamb with Brown Gravy, Mashed White Potatoes, Canned Tomatoes, Coffee, Squash Pie, Supper: Cold Beef Loaf, Corn Muffins, Apple Sauce.

SOME OF OUR READER'S RECIPES. Reader friends have kindly sent me the following recipes, for their sister readers to use:

A Mother: "Bread Pudding: One pint of bread crumbs, three-fourths of a cup of sweet milk, one-fourth cup of molasses, three-fourths cup of brown sugar, one-fourth cup raisins, one-fourth cup black figs chopped, two eggs, and one level teaspoon of soda. Grease and flour a one-pound coffee can and pour this mixture into it; place the covered can in a large saucepan which is filled with boiling water, and let the water boil up around the can for two hours. Then remove can from water, place in your oven with the cover off, and let bake for ten minutes, to dry it. Serve hot with a hard sauce.

Chocolate Crumb Pudding: One cup of bread crumbs, two and one-half cups of sweet milk, one well-beaten egg, three-fourths cup of white sugar, three level teaspoons of cocoa and one teaspoon of vanilla extract. Mix these ingredients together, turn them into a buttered baking dish and bake in a medium oven for 30 minutes, or until firm. Serve with milk.

E. L.: "My Peppermint Candy (which I originated): One cup sugar

What the Editor Hears

That we are all going to accept the invitations of the Kingston curlers to see the Scotch curlers play their own game on Jan. 19th.

That in the old days women felt a bit shy about attending vestry meetings but now when they make most of the money for parochial needs, as well as give largely to missions, they feel they are entitled to have a share in the decisions of the vestry.

That a new fashion note gives courage to the plump women, for it says, "To be slim is still an advantage but to be plump is no longer fatal."

That Kingston girls are taking more advantage of the fine Harry Arena than they did last year.

That there is a rumor that the police are going to enforce the by-law referring to the citizens keeping their walks clear of snow.

That Spanish combs seen at Palm Beach are larger than ever before, many of them souvenirs of a trip to Havana, while large combs in every shade of blue, green, rose, and yellow, some heavily jeweled with glittering rhinestones, others carved and filled, are worn in colors matching dresses.

By a curious 'freck' of nature, insects which are the most beautiful when fully developed, are often the most repulsive in the grub stage.

Outside Treatment for Colds Has Won Canadian Mothers

Introduced Only Last Winter, Vicks VapoRub Was Tried Out in 15,000 Homes—Many Ontario and Quebec Mothers Gladly Tell the Results for the Benefit of Other Families.

It may amaze those who have never tried Vicks VapoRub for colds to know that in the States over 17 million jars of this external, vaporizing treatment are used yearly.

Last winter in order to prove to Canadian mothers how quickly and effectively this treatment acts, about 15,000 free packages were given to responsible people to be tested in their homes, on condition that they should report results. In the larger places in Ontario and Quebec, where this was done, Vicks is now the family remedy for colds in thousands of homes and is enjoying a remarkable volume of recommendation from neighbor to neighbor.

Below are given, by permission, several typical experiences.

On Thirty Days' Trial. And during this winter, in order that anyone who is skeptical may try Vicks without risk of loss, the druggists are all authorized to sell 50c jars of Vicks on trial. If at the end of 30 days you are not delighted with the results, mail the top of the carton to the Vicks Chemical Co., 344 St. Paul St., W., Montreal, P. Q., and the price will be freely refunded.

We are sure the following statements will convince you that Vicks is



"When the stormy winds do blow" So goes the old sea song, and it would be good advice to add

DRINK Baker's Cocoa

It is warming and sustaining, for it has genuine food value, and may be safely indulged in any hour of the day for it is stimulating only in the sense that pure food is stimulating. It is delicious too.

MADE IN CANADA BY WALTER BAKER & CO. LIMITED. Established 1870. CANADIAN MILLS AT MONTREAL. Booklet of Choice Recipes sent free.

BARNUM'S BAKERY FOR AFTERNOON TEAS. Almond and Coconut Macarons, Dainty Biscuits and Nut Wafers, REAL SCOTCH CAKE, 10c and 15c. Try Some—The Taste Will Tell. Chocolate Eclairs and Puffs with Pure Cream.

Order Spring Shrubbery Now. We can supply your needs in this respect admirably. POTTED AND CUT FLOWERS ALWAYS IN STOCK. Supplied fresh from our Greenhouses each day. P. C. LAWSON THE LEADING FLORIST. STORE: Corner Wellington and Brock Streets. Phone 170. CONSERVATORIES: 88 Centre Street. Phone 1174J.

For best results use EGG-O Baking Powder. A trial will convince. ORDER FROM YOUR NEIGHBORHOOD GROCER.



The Lindsay Player Piano at \$475. A REALLY HIGH-GRADE, UPRIGHT PIANO. THE LINDSAY AT \$445.

Fitted with real ivory keys, full iron frame, overstrung bass, three pedals, mahogany case and possessing a most beautiful tone. SOLD ON EASY TERMS OF PAYMENT.

LINDSAY'S. 121 PRINCESS STREET, Kingston.

Isaac Newton was classed as a dunces at school. Gibbon, author of "The Decline and Fall," was pronounced "dreadfully dull" as a boy, and John Dryden was summoned up as "a great numskull," whilst Sir Walter Scott was denounced by a university professor in the phrase, "Dunce he is, and dunce he will remain."