There can be nothing s'mpler than taking a convenient little tablet four times each day until your weight is reduced to normal. That's all—just purchase a case of Marmola Prescription Tablets from your druggist for one dollar, the same price the world over. Follow directions—no starvation dieting or tiresome exercising. Eat substantial food—be as lazy as you like and keep on getting slimmer. And the best part of Marmoia Tablets is they are harmless That is your absolute safeguard. Purchase them from your druggist, or send direct to Marmoia Co., 4612 Wood-ward Ave. Detroit Mich. ward Ave., Detroit, Mich.

DR. H. A. STEWART Dental Surgeon

Wishes to announce that he has resumed his practice, cor. Wellington and Princess Streets. Phone 2092.

Dr. H. A. Stewart Corner Princess and Wellington

PHONE 1746j

For Firewood A choice lot of Hard and Soft Wood always on hand.

See us first. CHAS, BEDORE & SON. 274 NELSON ST.



EVERSHARP PENCILS REPAIRED

We are equipped to make any repairs to above pencils. We carry a supply of parts, Prompt service.

J. R. C. Dobbs & Co. 41 Clarence Street, Kingston.



We Can't Kestore Sight first thing he did was to buy a suit tonight."

But-we can help weak, defective sight most wonderfully, by glasses esno one cared what became of him, pecially ground for each individual

Bon't be blind to your own interests, a friend in the world. Besides the if your vision is failing.

Let us pilot your eyes to sight safety.

R. ARTHEY, R.O. VISION SPECIALIST



All fault-finding that does no good is weakness, if not sin. When it is directed against conditions that we have no power to change, it is a folly, when it is directed against persons it will hurt and discourage, it is far worse.

DECEMBER'S DAUGHTERS





Of course the world is made up of all sorts of folks who are gifts, she is even more vain and eager as the season of giving self. Pretty and vain, always eager for attention and avid for cause she makes it.

SOME PEOPLE

friends."

If he live—'tis just the same, No one asketh how he fareth.

Few there be who know his name."

come in with a sack of gold; one

and no one was in any way inter-

ested. I do not suppose that he had

store-keepers and government 'offi-

cials , who are a steady going set and

just the same in December as they are in August or May, but draws near. But, thank goodness, there's the other type! isn't there something about this month which intensifies char- She's usually beautiful because beauty is reflected from her acteristics? For who can approach Christmas without some heart—she thinks of what she can give others, and, Oh, the joy degree of difference? There's the girl who thinks only of her- she finds in knitting some gift which is all the more levely be-

IN PORT MORESBY

"Well, Teddy, I do not know what lives, Uncle. They are cannibals fort. They threw their spears in people think, but the men and wo- aren't they? Do they ever eat anymen who go to Papua do not go one in Port Moresby?"

"The only cannibals loose in Port there for fun, and the residents are constantly changing. Just before I Moresby restrain their appetites, left there was a gold-fush, and I do Teddy, but one can see plenty not think you would have cared for them for there are few of the older ular free for all Donnybrook fair the spielers, who followed the rush, generation that have not tasted human flesh. There are so They were just sharpers and confidence men. They were amusing to different sets of natives in Papua watch if one did not have anything that it would take me a year to tell to do with them. Then there is the you all about them. Boys into port on their way to work on prospector and miner, who occasionally drifts into Port Moresby from plantations from all over British New Guinea. They are so very difsome place in the wilds. If he realferent in manner, and appearance ly remembers his original name, he that I will have to describe just a is doing well. I have seen them few of them to you. There are several million natives in Papua and man I remember in particular. He spent his time in getting drunk and just a handful of whites. I am gomaking preparations to be away for tives tomorrow so I will close for

of pink pyjamas and a solar topee, as they call hats in Sunny Lands. Their spears are made of sugarcane, It was his outfit of new fashionable And they will not commit again clothes. He bought things for his The deeds of the long ago." boys, and when he had drunk all his

cash away, he started out again on the trail. Like many others in Fapua "that I was present at the storming. of Hanuabada, the big native village it was not pleasant. In some cases were gone, my nerves would be so raid, but on this occasion it was dif- only get a little sleep by being tired ferent. All the white ladies and out. My stomach was also very bad gentlemen in Port Moresby were and I could eat but very little, and present at this battle, and they thor- then only certain things or I would oughly enjoyed seeing the capture of the big fort that had been erected I had been suffering for nearly two the funeral, which was held at his were not eaten.

The Battle Royal. "In Hanuabada a fort of poles and sticks had been erected, which was covered with palm leaves. The ammunition was stored on a raised platform about ten feet above the ground. Native girls clung to the sides of the upper part of the fort, petticoats from side to side. They ont.

rather uninteresting, there are mis- appeared to be jeering the ap- and the faithful defenders were the real live people of Papua. They were armed with spears and bows prisoner." in a while, and when they can be sently the enemy came prancing into been in that fight, Uncle." persuaded to talk, they have usual- view in the most approved war said Teddy, "but I do not ly got something to tell worth listen- dance. They held sugar cane spears know whether I should have caring to. When I lived there, Miss over their heads as if about to hurl ed to face a cocoanut. Was anyone Beatrice Grimshaw, who writes such them, and they faced first to the really hurt?" stunning books, lived with a very right and then to the left as they "No, Teddy, no one was hurt, cr "Tell me some more about the na- then with a mighty yell—rushed the only stopped to eat." good earnest, and the defenders of the fort replied with a hail of oranges, bananas, and even an occasional cocoanut. It seemed quite of like the real thing for a time, a regstyle of fighting. - Some of them got beautiful smacks from the oranges and bananas, and I saw one woman get a sugar cane spear between her shoulder blades, which would have killed her if the spear had been real one. She only shouted and wagged her petticoat. Finally the enemy climbed up the sides of the fort, covered in orange and banana,

Had Bad Pains In Her Heart

Nerves Were Very Bad

Mrs. John Case, R. R. No. 4, St. Catharines, Ont., writes: -- I wish to say that I have been bothered very "It was a few days afret I landed much with my heart and nerves. I in Papua, Teddy," said Uncle Frank, doctored with two different doctors, but did not find much relief. I would friends in Deseronto. have such bad pains in my heart, at near Port Moresby. I afterwards move or breathe, and at night I could saw what a real raid looked like, and not sleep: If the pains in my heart not even a baby is left alive after a bad I could not lie still and would have so much distress which always made my heart worse.

to defend the village. It was quite years until one day I was talking to late home and was largely attended so much better, I am able to do my own work, and can eat anything I wish. I cannot praise

Milburn's Heart and Nerve Pills

too highly.' Price 50c. a box at all dealers or mailed direct on receipt of price by

sionaries, traders, planters, who are proaching enemy. The warriors thrown down. The chief was made come into Port Moresby every once and arrows made of sugar cane. Pre- "I should have loved to have

when one gets to the wild ends fine little missionary and his wife, came prancing along. They were if they were they did not say anyof the Empire, Uncle, I suppose," on the beach I have been telling you chanting a war song. When they thing about it. They went and said Teddy, "that the white people about. The Rev. Septimus Carr was came within engaging distance the brought out yams and a lot of native are very glad to see one another and a Seventh Day Adventist, and we noise was deafening and the men food for a big feast. The chief was they keep together as much as pos- used to have a row every Sunday rushed out of Hanuabada toholdlong ransomed, and the young bloods sible? I am sure that I should feel because I would not work on Sun- sugar-canes across the way. The kept up a dance for about three enemy danced underneath them and days and nights afterwards. They

"Some dance," said Teddy.

Tomorrow Uncle Frank tells about a man who who wanted "Kuku."

Wedding at Bancroft.

Bancroft, Dec. 9 .- Bancroft was the scene of a pretty wedding in St. Paul's Methodist Church on Dec. 4th, at 10 a.m., when Miss Dorothy Lindsay, daughter of J. A. Lindsay, Bancroft, and R. H. Burley, Deseronto, were united in marriage by Rev. Mr. Cook, of St. Paul's Church. The church was prettily decorated with ferns and cut flowers, constituting an archway above the altar The bride looked very pretty as she entered the church on the arm of her father. Lohengrin's Wedding March was played by Mrs. W. T. Nu-

gent, Madoc. After the ceremony a sumptuous wedding breakfast was served at the home of the bride's parents on Bridge st. east. Immediately after the bride and groom left for a motor trip for points east, after which they will be at home to their many

Late S. B. Stevens, Morton. Morton, Dec. 11 .- There passed away on December 6th a highly and respected resident of Morton in the person of Seth B. Stevens, aged eighty-six years and seven months. Deceased was born and spent his whole life on the farm where he dled. N. A. Johnson had charge of

worth seeing. There were prisoners our druggist about the way I felt. He by relatives and friends, who showed taken, but I am glad to say that they advised me to give Milburn's Heart the high esteem in which he was reand Nerve Pills a fair trial. I have garded as a friend and neighbor, now taken five boxes and am feeling and whose sympathy goes out to the bereaved widow. Friends were in attendance from Westport, Newboro, Delta, Seeley's Bay and surrounding country. The pall-bearers were life neighbors, Edgar Niblock, Eli Wing. George White and D. Wiltsie. The body was placed in Seeley's Bay vault and later interment will be shouting and waving their grass The T. Milburn Co., Limited, Toronto, made in the family plot in Morton



WHEN INDIANS CONFERRED WITH HON CHARLES STEWA RT. Above are shown the members of the committee from the Six Nations Indians who conferred with Hon. Charles Stewart at Brantford in regard to the situation on the reserve. From left to right they are: Chiefs Dave Hill, Jacob Lewis, Albert Hill, Chauncey Yarlow, Levi General, and William Johnson. Below are Gordon J. Smith, Indian agent; Duncan C. Scott Hon. Charles Stewart and W. G. Raymond, M.P., of Brantford.

By Juanita Hamel WOMEN OF MIDDLE AGE

A Trying Period Through Which Every Woman Must Pass

Practical Suggestions Given by the Women Whose Letters Follow

Detroit, Michigan—"During the Change of Life, I had a lot of stomach trouble, and was bothered a great deal with hot flashes. Sometimes I was not able to do any work at all. I read about Lydia E. Pinkham's Vegetable Compound in your little books and took it with very good results. I keep house and am able now to do all my house and am able now to do all my more. The critical time of a woman's life usually comes between the years of 45 and 50 and

Sheboygan, Wisconsin—"I was rundown, tired and nervous. I could not even do my own housework, could not sleep at night and all kinds of queer thoughts would come to me. Finally, I gave up going to the doctor and a friend told me of Lydia E. Pinkham's Vegetable Compound. After the first bottle I could sleep better and I have kept on improving ever since." kept on improving ever since." Mrs. B. Lanser, 1639 N. 3rd St., Sheboygan,

house and am able now to do all my own work. I recommend your medicine and am willing for you to publish my testimonial." Mrs. J.S. Livernois, 2051 Junction Avenue, Detroit, Mich.

Queer Feelings at Middle Age

Shahawara Wisconsin—"I was run.

Another approximate symptoms between the years of 45 and 50, and is often beset with annoying symptoms such as nervousness, irritability, melancholia. Heat flashes or waves of heat appear to pass over the body, cause the face to be very red and often bring on headache, dizziness, and a sense of suffocation.

Another annoying symptom which comes at this time is an inability to recall names, dates or other small facts. This is liable to make a woman lose confidence in herself. She becomes nervous, avoids meeting strangers and dreads to go out alone.

Lydia E. Pinkham's Vegetable Compound is especially adapted to help women at this time. It exercises a restorative influence, tones and streng-Wisconsin.

Knightington, Ontario.—" I took
Lydia E. Pinkham's Vegetable compound at the Change of Life for troubles women often have at that time.
I had not been well for a year and was not really able to do my work. A friend who had taken the Vegetable restorative influence, tones and strengthens the system, and assists nature in the long weeks and months covering this period. Let it help-carry you through this time of life. It is a splendid medicine for the middle-aged woman. It is prepared from medicinal roots and herbs and contains no harmful drugs or narcotics.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable

CHRISTMAS CAKES and PUDDINGS

Now is the time to order your Christmas Cake and Pudding.
WE USE NO SUBSTITUTES

F. C. HAMBROOK

Prepared Bitinumous Coal

for use in Furnaces, Quebec Heaters and Ranges

\$15.00 PER TON SOWARDS COAL CO

PHONE 155. UP-TOWN OFFICE: McGALL'S CIGAR STORE PHONE 811.



115 BROCK STREET.

No, Dear Reader, It's Not The Spanish Inquisition

It's only one of our welders doing some up-to-date steel welding with his little old oxy-acetylene torch that plays with steel the way the Spanish torturers used to play with their victims in the olden days. Only to-day the torch serves the needs of modern

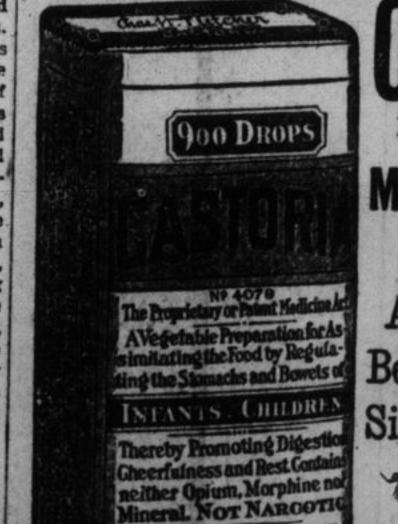
Bishop Machine Shop

KING AND QUEEN STREETS

Our Greenhouse is full of choice bloom-fresh cut every day. See our choice cut Pom Poms. Funeral and Wedding Designs a Specialty.

> P. C. LAWSON THE LEADING FLORIST

STORE: Corner Wellington and Brock Streets. Phone 770. CONSERVATORIES: 68 Centre Street. Phone 1174J.



For Infants and Children. **Mothers Know That Genuine Castoria**

Always Bears the Signature 7 01 For Over

Exact Copy of Wrapper.

35 Dos15, 401

The Welland canal has 25 locks, In 1724, Massachusetts offered surmounting a rise of 327 feet . bounty of \$500 for Indian scalps.