

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 243. Private phone 837w.

On Monday evening Mrs. William Jackson, President of the Board of Directors, of the Y.W.C.A., entertained the girls in residence at her charming home on William street west, at high tea. Blazing open fires, decorations of autumn foliage and softly shaded lights, added their welcome to that of the hostess and the tea, served at quartette tables, was a most sumptuous one. Here Mrs. Jackson was assisted by Mrs. Frank Newman, Mrs. Reid, Miss Mildred and Miss Dorothy Newman and Miss Christine Diack. Games, a guessing contest on the guests' knowledge of Shakespeare, songs by Miss Mary Smith and Miss Diack, a recitation by Miss Edna Bailey were all enjoyed and this delightful party was brought to a close by three cheers for the hostess and the hearty singing of "For She's a Jolly Good Fellow."

Brig.-General and Mrs. King, London, Ont., arranged a charming supper party this week in honor of their guest, Major-General McBrien, chief-of-staff, Ottawa, other guests including Col. and Mrs. Ibbotson Leonard, and General Shannon.

Mrs. J. H. Emsley, King street, is entertaining the Military College Bridge Club this afternoon.

Mrs. Heber Lafferty, King street, is entertaining the Bridge Club of which she is a member, this afternoon.

Mrs. T. Secombe, Queen's University, entertained the Monday Bridge Club yesterday.

Mrs. Thomas Secombe, Queen's University, is entertaining at bridge this afternoon.

Miss Francesca Foulkes, Brock street is going shortly to visit Mrs. Lukis, Redpath street, Montreal.

Miss Emma Pense arrived from Winnipeg on Monday and is with Mrs. E. J. B. Pense, West street.

George Bedell, Varsity, will spend the holidays with Col. and Mrs. Bedell, King street.

Miss Phyllis McManus, who has been visiting Mrs. P. T. Hafner, Brock street, returned to Belleville on Monday.

Miss Elinor Mundell, Haverall College, Toronto, will spend the holidays with Dr. and Mrs. D. E. Mundell, Barrie street.

Miss Catharine Minnes, will come from Macdonald College, Guelph, next week, to spend the holidays with Mr. and Mrs. James Minnes, Bagot street.

Miss Vivien McCartney, Bishop Strachan school, will come from Toronto next week for the holidays.

Mrs. I. G. Bogart, Wellington street has returned from Napanea.

Miss Betty Fair, Macdonald College, Guelph, will spend the holidays with Mr. and Mrs. R. H. Fair, Stuart street.

Miss Frances Sullivan, Villa St. Clare apartments, and her niece Miss Dorothy Crookall, who has been visiting her, left for New York to-day.

Miss Sullivan will spend a few weeks with her sister Mrs. Charles Crookall.

Mrs. G. K. McLeod and Mrs. Busby, St. John, will arrive in town this week to visit their sister, Mrs. J. B. Carruthers, "Annandale."

Miss G. Campbell, Guelph, will be one of the girls in town for the Christmas dance.

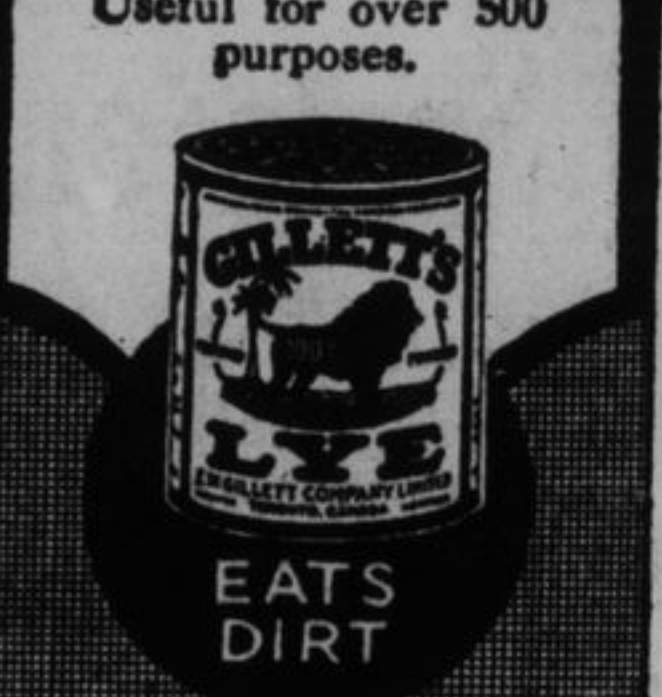
Mrs. Valentine Stockwell, Alice street, will return from Buffalo, N.Y., on Wednesday.

Miss Starr, Toronto, will be the guest of Lady Macdonell, the commandant's quarters, Royal Military College, for the Christmas dance.

Sale of hand painted china and pictures, Tuesday, Wednesday, Thursday and Friday, Compton Studio, 163 Alfred street.

GILLETT'S LYE

Comparatively few people realize to what extent Gillett's Lye can be used to advantage in every home. For instance, with one can of Gillett's Lye and five and a half pounds of lard or grease, ten pounds of good hard soap can be made. Use one tablespoon Gillett's Lye in gallon of water for cleaning and disinfecting refrigerators, sinks, garbage cans, tiled floors, baths and toilets.



Useful for over 500 purposes.

Efficient Housekeeping

Simple Home Meals for a Week. "Please build a set of menus for one entire week," writes a reader of this column, "I keep house for two elderly aunts. We cannot afford elaborate and expensive meals, but we do want to be well nourished."

The following set of menus is heavy enough for a family of women. And I consider these meals just about as plain and inexpensive as one can possibly have and yet be well nourished.

For Breakfast Every Day in the Week: Half an orange per person (oranges contain a high percentage of "vitamines"—those minerals which keep our blood healthy.) Some kind of cooked cereal. Coffee served with hot milk. An egg, prepared in some way, and buttered toast. The average person likes this standard type of breakfast without much variation. Such a breakfast as this gives one a vigorous start for the day.

Sunday Noon Dinner: Rump Roast of Beef (a four pound roast) with brown gravy; white potatoes pared and roasted in the meat-pan; Onions, either fried, or boiled and creamed. Apple Sauce with Mock Whipped Cream on it (that is, stiffly beaten egg-white which is sweetened and has a little jelly added to make it stiff).

Sunday Night Supper: Cornmeal Mash with milk and sugar; tea, jelly on bread.

Monday Noon Lunch: Fried bacon sandwiches, tea, jelly.

Monday Night Dinner: Cold left-over roast of beef, warmed-up brown gravy; mashed white potatoes, creamed boiled carrots, hot steamed fruit pudding with a hard sauce.

Tuesday Noon Lunch: Baked beans, tomato catsup, apple sauce, tea.

Tuesday Night Dinner: Left-over scraps of Sunday's roast sliced and warmed-up in its brown gravy; boiled white potatoes, boiled parsnips, tapioca pudding.

Wednesday Noon Lunch: Baked macaroni-cheese dish, cocoa, jelly.

Wednesday Night Dinner: Hamburg steak meat balls with brown gravy, boiled white potatoes, cauliflower or cabbage, apple jelly with hard sauce.

Thursday Noon Lunch: Baked grapefruit dish, tea, jelly.

Thursday Night Dinner: Beef stew (with carrots, onions and white potatoes in it. One pound of lean beef is sufficient for three women.) Cornstarch pudding.

Friday Noon Lunch: Griddle cakes served with maple syrup, cocoa, jelly.

Friday Night Dinner: Baked cod "steak"; white potatoes, either canned peas or canned tomatoes, stewed prunes.

Saturday Noon Lunch: Baked cheese rice dish, tea, jelly.

Saturday Night Dinner: Either veal cutlet or broiled slice of ham, mashed white potatoes, boiled beets, lemon gelatine.

Reader Friend: "I have seen children's bean bags crocheted in the ment, business and the accumulation of money. There is a sign read as precipitating something in the nature of a "windfall" or an unexpected piece of tangible good fortune. It would be well, however, to avoid any rash procedure, and to shun any possibility of litigation. The health should receive more than passing consideration, as it may prove a matter of grave concern. Those whose birthday it is may

Rideau Hall Coffee

Finely Ground—Kept Fresh in Air-Tight Tins
Gayman, Eckert & Co., Limited London and Winnipeg 89

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The styles of the minute—made of Canton Crepe in Mohawk shade, pleated front panel starting from the shoulder side drape and touches of Oriental trimming.

Made of Canton Crepe, featuring the new Circular Skirt, which forms into a graceful side flare, self girdle.

\$18.95 and up

\$25 and up

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Kingston Belleville Peterboro
Phone 2009.

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167 Princess Street - - - Phone 441.

Look for an eventful year, with unexpected financial gain as well as advancement for those in the employment of others who are undeniably deserving. They should take exceptional care of their physical condition. A child born on this day is likely to be popular and respected, and will make financial successes despite difficulties to overcome.

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EXCLUSIVE BRUNSWICK ARTIST
Let her sing again for you in your own home on these

BRUNSWICK RECORDS

LIST OF IRENE WILLIAMS' RECORDS

5008—"ALICE BLUE GOWN" "ALEXANDRIA"	5009—"SING ME TO SLEEP" "SWEETEST STORY EVER TOLD"
5010—"KISS ME AGAIN" "OH! PROMISE ME"	5011—"ALCHA DE "GOLONDRINA"
5047—"LULLABY FROM "ERMINIE" "MIGHTY LAK' A ROSE"	5145—"DOWN IN THE FOREST" "FAR OFF I HEAR A LOVER'S FLUTE"
5044—"MY HUSBAND'S DEAREST FRIEND" "WHISPERING"	

Any Phonograph Will Play Brunswick Records
Hear Irene Williams to-night at Grant Hall in "Cosi Fan Tutte"

Treadgold Sporting Goods Co 66 Princess St.
The Song Shop (H. A. Stevenson, Prop.), 216 Princess St.

What the Editor Hears

That the need for warm clothing for the poorer children of the city is great. Necessary as it was to send clothing to the destitute people of Northern Ontario, it will not do to let our own people, who are our peculiar care, to go without shoes or clothing. Christmas won't be happy for anyone with bare feet.

That two women motorists picked up a poor old woman on Saturday, who had fallen and hurt herself severely on Earl street, where the pavement was in a slippery state. Three other younger and stronger women fell in the same place on Saturday or Sunday. Surely the citizens who have to walk to and fro about their business have a right to expect some protection from their representatives in the city council.

That by a Dominion-wide contribution the I. O. D. E. has raised funds to purchase property with a house suitable for a hospital on the lake shore in Halleyburg, and the offer of the Ontario Red Cross to equip a ten bed emergency hospital unit will now be accepted.

That your Christmas baskets should be larger this year, for there will be the Sunday dinner on Christmas eve to consider.

That people really are shopping early this year and after all it is much better if you only think so.

That the society formed in Toronto called, "Brothers-under-the-Skin," will endeavor to cope with the tendency of wives to neglect their home duties.

G.W.V.A. Executive.
The executive members of the local branch, Great War Veterans' Association, held a brief meeting on Monday evening. The success of the recent "At Home" conducted by the association was a source of much gratification on the part of the officials in charge, and it is understood that this event will be held along similar lines next year.

When Making Ice Cream.
After the ice cream has been frozen empty the ice and salt into a sack and when the ice has melted the salt will remain to be used again.

Just A Question.
Have you located your nearest fire alarm box and do you know how to turn in an alarm?

To-morrow's HOROSCOPE

By Genevieve Kemble
WEDNESDAY, DEC. 13TH.
The planetary forecast for this day is optimistic, as it relates to employ-

CHRISTMAS SALE—WEDNESDAY, DEC. 13

PURE ALUMINUM WARE GUARANTEED

Preserving Kettle 5 ct. \$1.39	DOUBLE BOILER \$1.39	ROASTER \$1.39	Percolator 5 cup \$1.39
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We have a few Kettles at **\$1.99**

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CORNER OF WELLINGTON AND PRINCESS STREETS

ONE DAY ONLY—SALE STARTS 9 A.M. SEE OUR WINDOW DISPLAY!

BARNUM'S BAKERY

Christmas Fruit Cake—plain or iced—all sizes
—1 1/2 lbs. to 10 lbs. Order now.
Fresh Cream Puffs and Chocolate Eclairs.

HOME-MADE CHRISTMAS CAKES AND PUDDINGS

Now is the time to place your order for Christmas Cakes and Puddings.
We make the very best home-made quality.
"No Chinese Eggs used by us."

LACKIE'S BAKERY

Next to Whig Office. Kingston's Quality Baker.

BEST'S THE GIFT SHOP

The assortment of handsome and useful gifts displayed here is certainly well worth seeing. The newest designs and ideas in our extensive line of Christmas gifts are shown at pre-war prices.

New English, French, American and Canadian Perfumes in fancy packages—French Ivory in useful Toilet and Manicure Sets, as well as individual pieces—Fancy Stationery—Fountain Pens, Cameras—Candy in Christmas Boxes and many novelties which are appreciated as gifts.

Make your selection early while the stock is complete.

L. T. BEST, Druggist