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OXO AND MILK
An Oxo Cube mixed with a cupful of hot milk creates a splendid strength-building, and easily digested, food for children and invalids.

Give your children every day the strength building nutriment of prime beef, in the easily assimilable form of Oxo, and see how much sturdier they will grow.

OXO SANDWICHES
Excellent for School Lunches. Spread a spoonful or so of Oxo, moistened with little butter, on thin slices of bread or toast.

A cup of steaming hot Oxo, with a biscuit or two, makes a perfect meal,—it keeps the warmth in and the cold out.



An OXO a day keeps illness at bay

Now Is The Time

To prepare for colder weather and make your buildings warm and weatherproof. Our stock of Builders' Hardware, Tools, Ready Roofing, Glass, Putty, Roofing Paint, etc., is very complete.

Phone your needs and they will receive our immediate attention.

Lemmon & Sons
187 PRINCESS STREET

FORESIGHT and THRIFT

are often forgotten while earning power continues but vividly and sadly remembered in the decline of life.

Provide for the future by insuring with THE DOMINION LIFE before it is too late.

ARCH. THOMSON, BRANCH MANAGER.
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Coming Wonders of Air
A Peep Into the Future
Of Britain's Aviation

Aviation is one of the youngest of the sciences. It is only 141 years since the first weird-looking balloon designed by Montgolfier rose into the air before the astonished eyes of King Louis XVI., carrying with it a cock, a duck, and a sheep.

The airplane has been with us barely nineteen years. It was in 1903 that a machine made by the Wright Brothers and driven by an engine of eight horse-power rose into the air with a human passenger.

Since those days progress has been rapid. We have machines now whose engines develop as much power as railway locomotives. They can carry loads up to four tons at speeds of more than 100 miles an hour.

Every month that passes sees some new improvement in aircraft. Engines have now been designed which, though they will develop 1,200 horsepower, are yet so light that four men can carry them with ease.

What is to be the future of aviation in view of all its new wonders? Major-Gen. Sir F. H. Sykes, G.B.E., K.C.B., C.M.G., who during the last part of the war was Chief of the Air Staff, tells us something of that in his book, "Aviation in Peace and War."

He can no longer rely solely upon the navy to defend us, he argues, for unless we can keep the air as we keep the seas, we are at the mercy of any foreign foe with great fleets of aircraft.

The giant 'planes of to-day can carry six or eight huge bombs each weighing half a ton, and can drop them accurately upon ship, camp, or town.

Sir F. H. Sykes believes that the welfare of the future will begin with air attacks. "Whereas in 1914 it was twenty days between the declaration of war and the exchange of the first shots," he writes, "in the next war the air battle may be joined within an hour, and an attack launched almost simultaneously with the declaration of war."

Hugo bombing machines will assemble, he believes, as soon as war is imminent, and once it has begun they will make straight for important towns, mobilisation centres, arsenals, harbours, and railways.

Aircraft can now drop poison gas upon towns beneath. It may be contained in bombs, or it may simply be sprayed from the skies, falling by its own weight and dealing death to all whom it reaches.

But though we must be prepared against air attacks, civil aviation is equally important. Steamers and trains have reached their highest possible speed; it is to the air that we must look for the travel of the future.

Our country is too small and its train services too good to need much inland flying. Our aircraft will make their way in a few years' time to and from the ends of the earth, taking with them mails, passengers, and goods.

Adviser of Three Kings. Viscount Knollys is in his 86th year. His active service at the Court extended over 45 years. It began when he became Gentleman Usher Quarterly Waiter to Queen Victoria in 1868, continued during the reign of King Edward, and ended in 1913 after he had performed the duties of private secretary to the present King for three years.

Household Bills Worry Curson. Lord Curson is a great stickler for detail. As well as paying conscientiously attention to his official duties, he also takes a keen and personal interest in his household bills.

Squirrels and Mushrooms. Squirrels consume the stalks of poisonous mushrooms with no ill-effects. The cap of the plant is left. This suggests that the poison may be contained in the rejected portion, the escape of the feeding squirrels not being due to any special immunity.

An Odd Contest. In Geneva a chronometer competition is held every year at the observatory. Last year the chronometer that made the best record kept time within six-hundredths of a second a day.

Aliens in Britain. An official return states that 49,460 aliens landed in the United Kingdom during the first three months of this year, compared with 52,199 in the preceding year.

Good folk are seldom as good as they think themselves, and the wicked are not half so bad as the good folk think.

From the Countryside

Frontenac

PARHAM. Oct. 26.—J. Coulter, D. Goodfellow and B. Snyder loaded cattle on Saturday. Dr. and Mrs. Genge and Miss Ella Card were in the village on Sunday. Karl Reynolds is in the bank here now. Earl and Elmer and Myrtle Cornwall are at B Cornwall's. Mr. and Mrs. Dewitt Leslie and baby at George Pater-son's. Mr. and Mrs. William Clow at R. Clow's. Mr. and Mrs. J. C. Hartman at B Cornwall's. M. Windsor and family at George Bertrims, Crow Lake. Mrs. Alton at J. A. Goodfellow's. Mr. and Mrs. F. Kirkham at F. W. Wagar's; Mr. and Mrs. E. Smith, Enterprise, at George Cronk's. Mr. and Mrs. A. McLeod, of Tamworth, at G. A. Smith's.

OSO STATION.

Oct. 26.—The farmers around here are ploughing. The bee at William McPherson's on Wednesday was a great success. William Warren and James Warren spent Sunday at Crow Lake. Mrs. S. Moss spent a few days at Joseph Warren's. The people around here are sorry to hear of Alexander McVeigh getting burned out. Mrs. John Crawford and family spent Sunday at David Webster's. Mr. and Mrs. John F. Bourk and family spent Sunday evening at Joseph Warren's. Phillip Carr and James Warren have been duck hunting and report good luck. R. Aylesworth is buying up lambs. Frank McPherson and family spent Sunday at D. Webster's. The people around here will soon be getting ready for deer hunting. John Bourk is on the sick list, but is getting around again.

Leeds

POOLE'S RESORT.

Oct. 26.—Mr. and Mrs. Alfred Salter, Mrs. John Dickey and Miss Edna Wilcox have returned home from a visit with relatives at Maxville and Gravel Hill. While absent, Mr. Salter with some friends, motored to Lost River, Que., on a hunting expedition. Mr. and Mrs. S. A. Guild, Mallorytown, spent a few days last week visiting Mr. and Mrs. Walter Williams. Mrs. Ford Davis, Miss Elsie Wilcox and Master Edgar Poole, are spending today in Kingston. Cabbages are selling here for 5 cents a head, onions, \$2 a bushel. Mrs. J. T. Weeks is on the sick list.

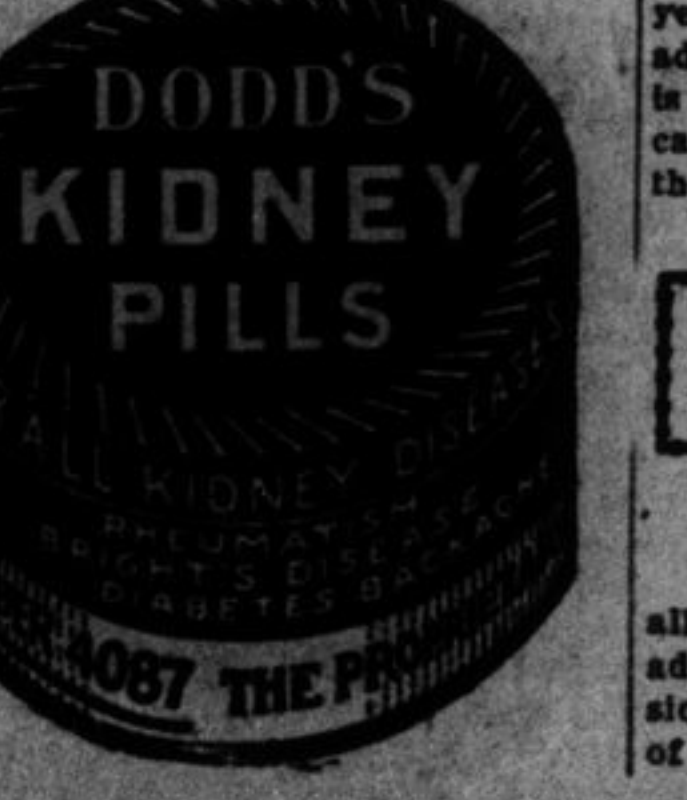
MORTON.

Oct. 26.—The remains of little "Joe" Roantrey were taken from the Olivet vault and placed in the cemetery here on Tuesday last. B. N. Henderson, F. F. Booth, H. E. Laming and G. B. Somerville attended the sale of cattle at Avondale farm, the property of Hon. A. C. Hardy. J. C. Judd is spending a few days in Toronto. Miss Jennie York has returned from the west where she spent the summer visiting friends. Mr. and Mrs. John Slack, Lyndhurst, were Sunday visitors and J. Coon's. William Flinn, Athens, is spending a few days in the village calling on old friends. Mr. and Mrs. A. E. Stevens, Lys, spent one day the guest of their daughter, Mrs. G. B. Somerville. Mr. and Mrs. A. R. Jacob spent Sunday with Mr. and Mrs. C. Wood, Lyndhurst.

PHILIPPSVILLE.

Oct. 25.—Friends from here attended the funeral of the late Miss Janey Kendrick, Delta, on Sunday afternoon. Mr. Bell, returned missionary, preached in the Methodist church Sunday. The Women's Institute packed four boxes of clothing on Friday, which will be sent to the fire sufferers in Northern Ontario. Mr. and Mrs. Ceaser Myers attended the wedding of Mrs. Myers' brother, Der-nott Cauly, Ottawa, to Miss Anna Keys, Sheatown, on Tuesday. Ren-bert Haskins spent Sunday with his sister at Kemptville. Mrs. I. H. Myers and Miss Blanche and M. Myers spent last Thursday in Brock-ville. Miss Teale Jordan has returned home from an extended visit to Chaffey Looks and Elgin. Alfred Elliott has returned home from Manitoba, where he spent two months helping with the harvest.

Thomas Webster and family spent Sunday at Lyndhurst. Miss Maggie Nolan spent a day recently in Brock-ville. Mrs. A. Stevens called on Charity friends on Saturday. The League held a rally on Sunday evening, which was much enjoyed. The public meeting of the Women's Mis-sionary Society was well attended.



Ingersoll Prices Reduced!



Table listing various watch models and their prices: Maple Leaf - Now \$2.00, Maple Leaf Radiolite - Now \$3.00, Eclipse - Now \$3.00, Eclipse Radiolite - Now \$4.00, Junior - Now \$4.00, Midget - Now \$4.00, Midget Radiolite - Now \$5.00, Wrist Radiolite - Now \$5.50, Waterbury (Jewelled) - Now \$5.00, Waterbury Radiolite - Now \$6.00, Waterbury Radiolite Gold-filled - Now \$10.00, Reliance (7 Jewels) - Now \$7.50, Reliance Gold-filled - Now \$12.00.

Prince Edward

BONGARD'S. Oct. 24.—Rev. Mrs. Scott, who has been conducting special services at Glenora, spent the week-end at V. Storms'. Mr. and Mrs. O. W. Hicks were at Port Traverse on Sunday. F. Eaton was at Conway on Monday. Mr. and Mrs. R. Harrison and Mr. and Mrs. Allan Harrison visited recently with friends at Cressy.

Lanark

FALLBROOK. Oct. 24.—Mrs. W. H. Warrington has returned from visiting her son, Robert O., who is a patient in the Ontario hospital in Orillia for one year. He is much the same as when admitted to the hospital. J. H. Blair is away to Toronto at present with a carload of fat cattle. Threshing is the order of the day.

Township Councils

PORTLAND. Harrowsmith, Oct. 2.—Members all present. Minutes of last meeting adopted. E. A. Tallen given permission to erect a boat house at the end of side street in Verona. By-law

and every one was pleased with Mrs. Henderson's address. A dainty lunch was served at the close of the meeting. Mr. and Mrs. Newsome, Plum Hollow, spent Sunday at J. W. Hal-liday's. Mr. and Hilliard Howard, Delta, called on friends here recently. Mr. and Mrs. Hilda Davidson spent Sunday with Mrs. Davidson's parents. Mr. and Mrs. George Howard, Elgin. Mrs. Freeman, Port Hope, is in the village. Mr. Williamson is putting up a new monument in the Roman Catholic cemetery last week. Farm-ers are doing considerable plowing these fine October days. Mrs. William Baker, and Miss Winnie Halladay, accompanied Mr. and Mrs. W. W. Newsome, Plum Hollow, to Brock-ville on Thursday last. Miss Mamie Downey has returned from J. W. Richards, New Boyne.

passed adding 5 per cent. on taxes due and unpaid on December 16th, 1922, and a further 5 per cent. on taxes due and unpaid on January 16th, 1923.

Accounts paid: \$57.65, Hanson, Crosier and Edgar, printing; \$9.37, John Ames, Portland's share, re-pairs to Camden Bdy.; 66c, Mrs. P. Jamieson, nails; \$21.04, James Trousdale, supplies; \$9.75, E. Trousdale, repairs to machinery; \$3, C. Copp, Harrowsmith walk; \$2, David Wallace, work on Sagriff road; \$19.25, James McMahon, on Sagriff road; \$5.50, Lewis Lawrence, work on Harrowsmith cement walk; \$20.70, Elias Jackson, work on Harrowsmith cement walk; \$11, Bert Charlton, work on Harrowsmith cement walk; \$15.25, Ralph Shannon, work on Harrowsmith cement walk; \$11; Stanley Sigworth, work on Harrowsmith cement walk; \$6.25, Harvey Snider, work on Harrows-mith cement walk; 50c, Harry Walker, work on Harrowsmith cement walk; \$9.50, Corey Clark, bonus on wire fence; \$15.50, Miss A. Youmans, bonus wire fence, \$1, Bar-net Babcock, building culvert; \$9.88 Stanley Sigworth, plank; \$2.50, Alex. Snider, work on Snider road; \$20, Earl Martin, work on Snider road; \$5, Orval Snider, work on Snider road; \$10, Clark Reynolds,

work on Snider road; \$10, Harvey Snider, sand 'on Snider road; \$150, Frank Wallace, sec.-treas., S.S. U. No. 2, teacher's salary; \$91.96, C. J. Gallagher, cement; \$30.25, Jacob Walroth, wood for crusher; \$200, Thomas Cowdy, sec.-treas. S.S. No. 3 teacher's salary; \$90, Harry Watson, sec.-treas., S. S. No. 6, teacher's salary; \$200 Dr. Genge, sec.-treas. S. S. No. 12, teacher's salary; \$27.50, Clayton Card, work Snider road; \$15.40, Sam Revelle, making 44 tiles. Council adjourned to meet in Verona, Monday, November 6th, at 1 p.m.

—THOS. A. KERR clerk. The Late Mrs. J. C. Elliott. Death came as a welcome release to Mrs. J. C. Elliott on Saturday after several months being practically helpless from a paralytic stroke. Her passing was peaceful and was in the presence of her family, and was in the outskirts of Carleton Place. The late Mrs. Elliott was Janet Latimer, a daughter of the late Robert Latimer, and was sixty-one years of age. She was married on Jan. 15th, 1891. She was a devoted member of St. Andrew's church in which her husband is also an elder.

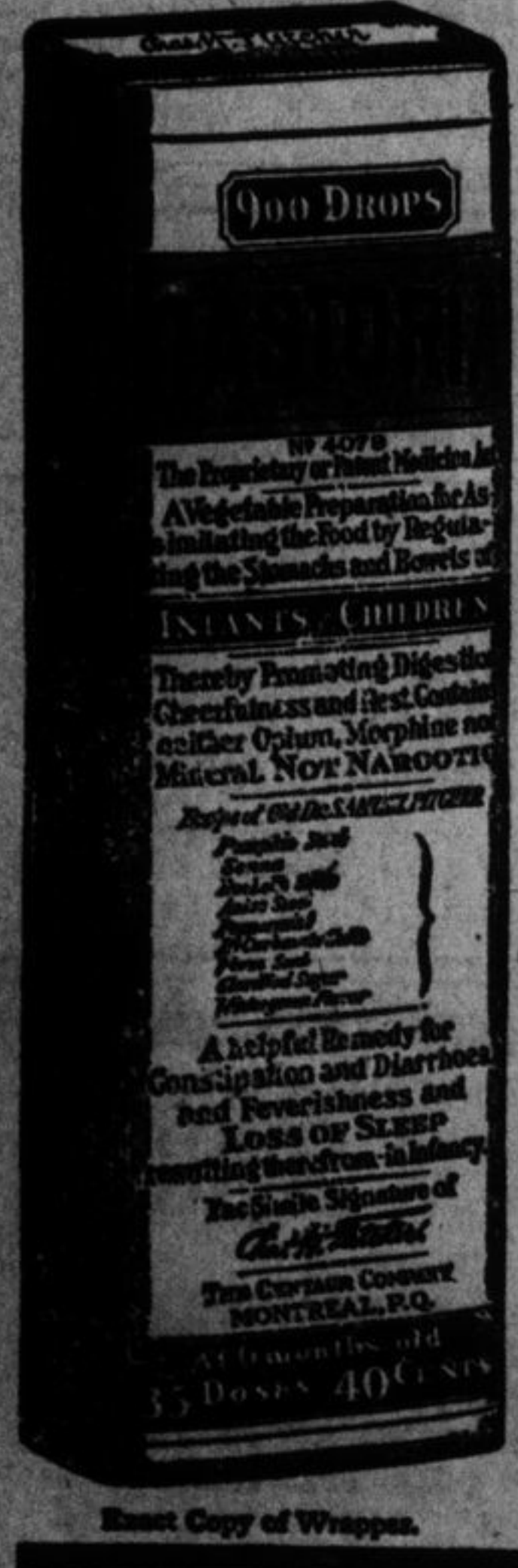
It is as easy to draw water with a sieve as it is to store up happiness in a selfish heart.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for Colds, Headache, Rheumatism, Toothache, Neuralgia, Neuritis, Earache, Lumbago, Pain, Pain. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."



CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of J. C. Atchafalaya. In Use For Over Thirty Years CASTORIA

Genius is one part inspiration and two parts perspiration. It is useless being clever if you don't work. In prosperity calm, in adversity calm. Eccentricity is the reason for other people's failings. Temperament, the excuse for ours. The largest raindrops are about one-fifth of an inch in diameter.