In the Realm of Women---Some Interesting Features



Four persons out of every five past forty, and thousands younger, contract Pyorrhea. Bleeding gums are the danger signal. Heed it for the sake of sound teeth and health.

Brush your teeth with

More than a tooth paste -it checks Pyorrhea 35c and 60c in tubes

SULPHUR CLEARS UP ROUGH OR RED SKIN

Face, Neck and Arms Easily Made Smooth, Says Specialist

Any breaking out of the skin, even flery, itching eczema can be quickly overcome by applying a little Mentho-Sulphur, declares a noted skin specialist. Because of its germ destroying properties, this sulphur preparation begins at once to soothe irritated skin and heal eruptions such as rash, pimples and ring worm.

It seldom fails to remove the torment and disfigurement, and you do not have to wait for relief from embarrassment. Improvement quick-Sufferers from skin trouble should obtain a small jar of Mentho-Sulphur from any good druggist and use it like cold cream.



It Rests the Wrist

When using the Hotpoint Electric Iron the thumb rests on a firm project-ion, thus, entirely eliminating the tense grip, and severe strain on the wrist ob-tained by using the old style irons.

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" Made in Canada."

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DR. H. A. STEWART Dental Surgeon

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Real Good Soap

A Big Bar of Good Soap—Bright, solid soap with fine lathering and cleansing qualities for the family wash and household use.

For use in washing machines shave or slice a portion of the "SURPRISE" ber direct to the machine-It will do fine work.



anxiety, for if Cayley assented, he

an expiration which

Bill dropped into a chair and thought. Antony must be warned. Obviously. But how? How did one signal to anybody? By code, Morse code. Did Antony know it? Did Bill know it himself, if it came to that? He had picked up a bit in the Army -not enough to send a message, of course. But a message was impossible, anyhow: Cayley would hear him tapping it out. It wouldn't do to send more than a single letter. What letters did he know? And what letter would convey anything to Antony?

C for Cayley. Would Antony understand? Probably not, but it was just worth trying. What was C? Long, short, long, short. Umptyiddy-umpty-iddy. Was that right? C-yes, that was C. He was sure of that. C. Umpty-iddy-umpty-iddy.

Hands in pockets, he got up and vaguely to himself, the picture of a ly enough that it was all right. man waiting for another man (as # "Well, I must be off," said Cayley. might be his friend Gillingham) to "You're going down to the village?" come in and take him away for a walk or something. He wandered across to the books at the back of to Jallands for me?" Cayley, and began to tap absent- "Of course." mindedly on the shelves, as he Thanks very much. looked at the titles. Umpty-iddy- shall see you later." umpty-iddy. Not that it was much like that at first; he couldn't get the

Umpt-y-iddy-impt-y-iddy. That was better. He was back at Samuel Taylor Coleridge now. Antony Umpt-y-iddy-umpt-y-iddy; just the simless tapping of a man who is panted, "I've been running." wondering what book he will take out with him to read on the lawn. Would Antony hear? One always think I got back here?" heard the man in the next flat knocking out his pipe. Would Antony the other end?" understand? Umpt-y-iddy-umpt-y-iddy. C. for Cayley, Antony, Cayley's

here. For God's sake, wait. "Good Lord! Sermons!" said Bill. lus." with a loud laugh. (Umpt-y-iddyumpt-y-iddy) "Ever read 'em, Cay-

"What?" Cayley looked up sud- Cayley?" along, his fingers beating a tattee after you had been so brilliant. You on the shelves as he walked. "Er-no," said Cayley, with a time." fortable little laugh, it seemed to think it was."

mons now-past the secret door- Beverley explained his qualifi

burst out Cayley. "Or go outsi if you want to walk about." Bill turned round in astonishmen "Hallo, what's the matter?"

"Sorry, Bill," he apologised. "My

point and fidesting about-Tapping?" said Bill with an

"Tapping on the shelves, and humming. Sorry. It got on my nerves." "My cear old chap, I'm awfully erry. I'll go out in the hall." "It's all right," said Cayley, and

Bill sat down in his chair again. enyhow, there was nothing to do now but wait for Cayley to go. "And y. You're driving, I much pleased, "I ought to be on the stage. That's where I ought to

> A minute, two minutes, three minutes . . five minutes. It was safe now. Antony had guessed "Is the car there?" asked Cayley,

Bill strolled into the hall, called He was facing the secret door; if back "Yes," and went out to talk it opened he would see it. At any to the chauffeur. Cayley joined him.



and they stood there for a moment. "Hallo," said a pleasant voice be-

hind them. They turned round and saw Antony. "Sorry to keep you waiting, Bill."
With a tremendous effort Bill restrained his feelings, and said casual-

"Thats' the idea."

He nodded and got into the car. As soon as they were alone Bill turned eagerly to his friend. "Well?" he said excitedly.

"Come into the library." They went in, and Tony sank down "You must give me a moment." he

"You don't mean you went out at

Antony nodded "I say, did you hear me tapping?" "I did, indeed. Bill, you're a gen-

"I knew you'd understand," he said. "You guessed that I meant denly. Bill's back moved slowly "I did. It was the least I could do

must have had rather an exciting little laugh. An awkward, uncom- "Exciting? Good lord, I should As modestly as possible, Mr.

fect Watson that ever lived. my lad," he went on dramatically. rising and taking Bill's hand in his. "there is nothing that you and I Cayley was slightly ashamed of could not accomplish together, if we gave our minds to it." "Silly old ans."

HOUSEKEEPING

polish it with a clean square of the following:

By Laura A. irkman,

Answered Letters.

Mrs. P. F. "My freshly done over

hall ceiling has been discolored by

rain which came through a leak in

to cover the unsightly mark?"

faded carpets?"

EFFICIENT

"That's what you always say when I'm being serious. Well, anyway, thanks awfully. You really saved us this time."

"Were you coming back?" "Yes. At least I think I was. was just wondering when I heard you tapping. The fact of the door being shut was rather surprising. Of ourse the whole idea was to see if it could be opened easily from the other side, but I felt somehow that coming back. Well, then I heard the taps, and I knew it must mean something, so I sat tight. Then when C began to come along I said, 'Cayley, b'Jove'-bright, aren't 1?and I simply hared to the other end of the passage for all I was worth. And hared back again. Because I thought you might be getting rather involved in explanations about where I was, and so on."

"You didn't see Mark, then?" "No. Nor his- No, I didn't see

Antony was silent for a moment. "I didn't see anything, Bill. Or rather, I did see something; I saw a door in the wall, a cupboard. And it's locked. So if there's anything we want to find, that's where it is." "Could Mark be hiding there?"

"I called through the keyhole-in whisper-'Mark, are you there?'he would have thought it was Cayley. There was no answer." "Well, let's go down and try again. Wo might be able to get the

door open." Antony shook his head Well, look here, as we said we were going into the village, and as we promised to leave that letter, I imost think wo'd better do it."

"Oh! . . Oh, very well."
"Jallands. What were you telling me about that? Oh, yes; the Widow Norbury." "Cayley used to be rather keen on he daughter. The letter's for her."

"Yes: well, let's take it. Just to e on the safe side. "Am I going to be done out of that ecret passage altogether?" asked till fretfully.

"There's nothing to see, really, I "You're very mysterious. What's

pset you? You did see something down there, I'm certain of ft." "I did, and I've told you about it." "No, you haven't. You only told me about the door in the wall." "That's it, Bill. And it's locked. And I'm frightened of what's behind

"But then we shall never know what's there if we aren't going to "We shall know tonight," said An-

tony, taking Bill's arm and leading him to the hall, "when we watch our "I wonder if you'd take this letter dear friend Cayley dropping it into CHAPTER XV

THEY left the road, and took the path across the fields which sloped gently downward to-ward Jallands, Antony was silent, and since it is difficult to keep up a conversation with a silent man for any length of time, Bill had dropped into silence too. Or rather, he hummed to himself, hit at thistles in the grass with his stick and made uncomfortable noises with his pipe. "What about tonight?" he said finally after a lengthy blow at his

"Try a piece of grass," said Antony, offering ft to him. Bill pushed it through the mouthpiece, blew again, said, "That's better." and returned the pipe to his

"How are we going to get out without Cayley knowing?" "Well, that wants thinking over. I wish we were sleeping at the inn. . . . Is this Miss Norbury, by any chance?"

Bill looked up quickly. They were close to Jallands now, an old thatched farmhouse. "Yes-Angela Norbury." mured Bill. "Not bad-looking, is

The girl who stood by the little white gate of Jallands was something more than "not bad-looking." and condemned, by all that distinguished her from Betty Calladine. To Antony, unhampered by these standards of comparison, she seemed, quite simply, beautiful.

(Continued in Our Next Issue)

something that will mend glass?"

I have never heard about before.

in bread-if there is such a thing."

one-half teaspoons of baking powder

egg, then add 1 teaspoon fo melted

of bread flour, 4 teaspoons baking

the dry ingredients together and add

also be mended with it.

Answer: You can cover the mark Will you kindly print a good Johnny y rubbing it with a square of mag- cake recipe and one for a quick rais-

Mae: 'How can I clean the leather | Answer: Thank you, Reader

seats on our dining room chairs?" It always make he happy to receive

Answer: Rub the leather with praise from a housekeeper of long ex-

equal parts of oil and vinegar, then perience. I take pleasure in printing

cheesecloth until the oil is rubbed Johnny Cake: Mix and sift one and

Young Reader: "Our stove has be- with one cup of flour and I cup of come rusty, and hard layers of old corn meal, Stir in 1/2 cup of gran-

blacking form a crust on parts of it. ulated sugar, 1/2 teaspoon of salt, 2

What can I do to remove this crust cups of sweet milk, I elightly beaten

caked blacking by rubbing it with a a sheet, for 20 minutes in a hot oven.

coarse grade of sandpaper. Remove | Quick Raisin Bread: 2 eggs, 1 cup

the rust spots by rubbing them with of granulated sugar, 2 cups of sweet

winegar just before blacking the milk, I cup of seedless raisins, 4 cups

Peggy: "How can I brighten my powder and % teaspoon of salt. Sift

Answer: Clean them well then go the well-beaten eggs and the milk;

over them with a stiff brush dipped last, add the raisins, pour into two in hot water that has had a very lit- greased bread pans, let stand for 20

tle turpentine added to it-not more minutes to become light, and bake

than a few drops. It is surprising from 35 to 40 minutes in a moderate

what a difference this treatment will oven. Chopped walnut-meats may

too old and worn it may not be ef- Tomorrow-Supper on the Chafing

often make, although if the carpet is be substituted for the raisins.

Answer: You can remove the old butter. Bake in cup-cake pans, or in



Prettier-every time they are washed!

Just as fresh and dainty as the day they came from the store-your delicate crepes and chiffons, soft satins and silks. No matter how often they are washed-each cleansing only makes them prettier.

Don't say-"no, this can't be true"-but buy a package of Palmolive Princess Soap Flakes and wash out your favorite fancy blouse or elaborate negligee. Then once and for all, when you know the secret, wear your best things every day. No need to save them when cleansing is easy, quick and perfectly harmless.

Cleanses and freshens

Palmolive Princess Flakes are the purest. mildest soap modern science can producereally fine enough for toilet use.

In color they are snowy white, in form a curly flake which neither packs nor mats and dissolves to the last particle.

These wafer flakes produce the thickest and stiffest of creamy suds which dissolves dirt and freshens material

Woolens won't shrink and they dry soft as new when washed with Palmolive Princess Flakes. Sweaters, leggings, caps and mittens, blankets-how soft, warm and sweet-smelling because Palmolive Princess Flakes are refined with a touch of perfume!

. No waste-No wear

Clothes wear out quickly because the ingredients of common laundry soap weaken the threads and start breaks in the fabric which surely means a hole. If washed with pure soap like Palmolive Princess Flakes, you will get proper wear.

Ordinary laundry soap is wasteful because it is more than half moisture and filler. Palmolive Princess Flakes are pure, whole soap and therefore go so much farther that their use is actual economy aside from their saving of clothes.

You should use them for every laundry and household purpose. They are the ideal soap for use in washing machines.

Convenient and economical

Palmolive Princess Flakes come in hardy pound packages.

Begin using today-for fancy washing and general laundry work. Palmolive Princess Flakes are the last word in soap - your money's worth in quality, convenience and actual soap value.

THE PALMOLIVE COMPANY OF CANADA, Limited

PRINCES'S SOAP



-tired and hungry.

Just when everyone can so heartily enjoy a nice hot

-Get Victory Pork and Beans from your Victory

Hot and ready to enjoy by the time the table is spread.

Keep your shelf filled al-

Keep a shelf of

Victory Pork and Beans

Lunch Tongue Compressed Corn Beef Corned Beef Luncheon Beefsteak and Onions Roast Beef Oxford Sausage Spaghetti Boiled Dinner Hamburger Steak and Onions Potted Meats Assorted.

Beans

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