

# In the Realm of Women--Some Interesting Features

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 See Dr. Green's and Dr. Yalson's, Sold throughout the Dominion. Canadian Depot: Toronto, 340 St. Paul St., W. Montreal, 100 St. James St., W. Health and strength are now up to you.

## Woman Out-Guesses Cynics As to What Public Wants



### Dorothy Donnelly Gives Broadway Schubert's Music and They Like It

New York City.—The man who guesses the riddle of what the public wants is fortunate, for he has a chance to get rich.  
 Dorothy Donnelly, playwright and actress, had a bit of luck of this sort last year when in the face of pessimistic prediction, she insisted that Franz Schubert's music could be made to appeal to the popular audience.  
 "It would go over their heads," misanthropes in musical circles croaked diamally.

"Not if it's presented properly," answered Miss Donnelly, with Irish optimism, going straight on with the adaptation of "Blossom Time," which not only contains the music, but the history of the great master.

When "Tell Me Daisy," from the "Blossom Time" folio, was sung for the photograph by the inimitable Reinald Werrenrath, and the public began to whistle and sing that and the "Song of Love," Miss Donnelly could afford to say "I told you so."

Now, with the piece beginning its second year to larger audiences than ever, she only remarks: "The public likes the best. 'Blossom Time' proves it."



Mother says, "It must be FRY'S."

**Useful Culinary Kinks.**  
 Sponge cake is good flavored with two teaspoonfuls of vanilla, two of lemon juice and three of orange juice.

A little cold water added to the butter and sugar will make the creaming easier.

If heated in a closely covered pan, stale bread becomes almost like new.

When making bread mix up more

dough than necessary. Mold into rolls and put in the refrigerator for baking the next day.

Add a raw prune to the pot when making after dinner coffee. It will give it a piquant touch liked by many.

If your family is large, use two pans when cooking fritters or pancakes. They will save time and always keep a supply on hand.

If a few drops of lemon juice are

squeezed into the food chopper before grinding raisins or other sticky substances, the fruit will not stick to the grinder.

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Fletcher's-Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Peppermint, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort--The Mother's Friend.

**GENUINE CASTORIA ALWAYS**

Bears the Signature of

*Chas. H. Fletcher*

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THE CENTAUR COMPANY, NEW YORK CITY



THREE WELL-KNOWN LADY GOLFERS.

The above picture shows leading lady golfers at the Canadian championship tournament in Toronto last week. From left to right are shown: Miss Sibyl Kennedy, of the Royal Golf Club, Montreal; Mrs. Hope Gibson, of Hamilton, and Miss Helen Pagel, of Ottawa.

## Strength from Ironized Yeast Simply Glorious!

It Follows a Natural Law Which Never Changes or Fails. The Entire Body Quickly Feels New Power!

"I've just about gone to pieces!" Do you know that getting back strength is comparatively easy? But do you realize that it is almost impossible to get back your strength by means of unnatural drugs? Do



Weakness Ironized Yeast Will Build You Up Amazingly and Quickly!

you know that about one woman out of every three is exhausted because of nerve and blood starvation? The remarkable power of yeast-vitamins-ironized has been proven. There is now no further excuse for being weak, sick, run-down. Ironized Yeast contains the tremendous natural building forces of vitamins and iron, and it builds and strengthens in half the usual time. Do you know why? Ironized Yeast is not a mere mixture of yeast and iron, but yeast ironized, which is a substance all by itself. That's what makes Ironized Yeast the most powerful, natural builder in the world today. You will find a new strength coming over you, your cheeks will get rosy, your eyes sparkle, your appetite will be sharp, you will digest what you eat, your blood will become rich, your energy will be more than equal to your ambition. Get a package of Ironized Yeast today, and beware of substitutes. Sold at all drug stores at \$1.00 a package. Each package contains 30 tablets, each tablet is sealed. They never lose their power. Harold F. Ritchie & Co., Ltd., Toronto, Sales Agents. Health and strength are now up to you.