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watch well for chafing and irritations of the skin. Many skin troubles will be avoided by careful washing with

BABY'S OWN SOAP



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Recommended

"Vaseline" Petroleum Jelly benefits all bumps, sores, bruises, sunburn, blisters, cuts and chafed skin. Never be without a bottle of it in the house. It's safe, always effective and costs but a trifle.



Vaseline Petroleum Jelly



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Regular shampoos with Cuticura Soap will keep your scalp clean and healthy. Before shampooing touch spots of dandruff and itching, if any, with Cuticura Ointment. A healthy scalp means thick, glossy hair.

NOTES FROM GLENVALE.

Mr. Cramer, a Visitor After an Absence of Thirty-five Years. Glenvale, Sept. 20.—H. Campsall and R. B. Gibson have erected new silos. Corn cutting and silo filling is the order of the day. Rev. Mr. Sisco delivered a very interesting address on "Missions," in the Methodist church Sunday afternoon. Edwin Clark had the misfortune to get his finger caught in a wheel while cutting corn on Saturday so that the end of it had to be removed at the general hospital. Mrs. J. Cooper, also Mrs. Purvis and Phyllis, have returned from Trenton, where they visited for several days. Miss Orser is to be congratulated on the success her pupils made at the school fair on Thursday. Mrs. McCullough left last week for a trip to New Ontario where she will visit friends. Mr. Cramer, Brandon, Man., is here visiting his brother, J. Cramer, after an absence of thirty-five years.

Johany Buff was knocked out by Mickey Delmont in three rounds in 1920.

OLD DAYS LAID ALONGSIDE NEW

The International Sunday School Lesson for September 24th is a Review of the Exile and the Restoration

By William T. Ellis.

"One thing I have been interested in," writes a noble woman who is a hopeless invalid, "is a theory (original with myself, so far as I know) that many of the Psalms show that the writer had at some period a nervous breakdown. Which is but another way of saying, what has been repeated thousands of times, that the most contemporaneous book in the world, and the one that best expresses the experience of every individual and generation, is the Bible. A thoughtful person can get more light upon the world's present perplexities from reviewing the history of the Hebrew nation, as the Sunday Schools have studied it for the past year, than from a careful reading of the average newspaper. This wonderful book is always a present lamp for the traveller's feet."

A review is a long look backward. It is an opportunity to consider things in the large. Old-fashioned Sunday School teachers often try to confine themselves to verse-by-verse moralizings upon the assigned portion of Scripture. Thus they miss the larger meanings of Holy writ. Here we have the whole of the Kingdoms of Judah and Israel in review; and we find that the story is fraught with deepest significance to our own dark day. The review should stiffen the moral backbone of everyone who truly studies it; for as we read of the Hebrew people we find the analogy of history pressing close to our own land.

The Times Are Going Somewhere. It is easier to discern in the story of the Jews than in the perplexities of today the paramount truth that the times are moving steadily toward some definite goal. Even when affairs seem most muddled, they are really getting somewhere. And nobody is prepared to think intelligently about his own or any other period who does not believe that

Through the ages one increasing purpose runs. And the thoughts of men are widened with the process of the suns."

This year of our Lord, 1922, sorely needs men and women who will "see life clearly and see it whole." Our thinking must be in larger units. The mind for the times is an International mind. The best preparation for a grasp of the welter of one of the groups of current Old World problems—say the Near East situation—is a clear apprehension of what took place around the Mediterranean in the times of the Bible. The reader of Wells' Outline of History is in a mood to realize that the life of a nation has vast and moving significance. A clear look at old Israel will equip us to see straight as we confront our own difficult day. Things are not "happening" in our bewildering generation any more than in the time of Israel. A Sovereign Will is at work. Vast designs are being wrought out. We see only a small part of the pattern, and usually the reverse side, but it will in the end be beautiful. The Master Workman wants us to co-operate with him; but either by our help or despite us. His purposes will be accomplished. In the long run, despite all its stragglings and stumblings, Israel did become a people weaned from paganism and the world's inter-pret of the One God. While the Jews made a mess of their nation, they nevertheless fulfilled their mission as the formulators of a pure Monotheism.

Best, and Second Best. This would be a good time to play a game of "supposing." Suppose Israel had been true to her first revelation, and had maintained the simple democracy of the day of the Judges, refusing to conform to the general

fashion of having a king over them; would the day of world democracy have been hastened by centuries? Suppose Prince Rehoboam had not been a vain young fool, listening to the "hard" advice of courtiers as shallow-brained as himself, would the united nation have succumbed to Assyria and Babylonia or would it have grown into imperial greatness? Suppose the succession of Hebrew kings had been brave enough and big enough and loyal enough to keep the faith that made them a nation instead of wandering off into the sensuality of heathenism would the Jews have won their world to the worship of Jehovah?

Suppose the prophets had been heard and heeded, and that the time had obeyed its highest truth, how many centuries would have been saved in the world's religious development? Who dares to estimate the many-sided loss to the world of men's failure to be true to their loftiest perceptions?

Suppose that even after the exile the Jews had been united in loyalty to a noble ideal of their nation's mission and faith, would the restoration of the people to the Land of Promise have had larger, sublimer results? For though a large group of the dispersed came back from captivity, the Jews never again really became a nation, comprehending the bulk of their race.

Suppose, finally, that the Messiah had been accepted by the Jews; what would have been the probable effect upon the character of the Children of Abraham, and upon their place in history since?

Best On Brotherhood.

"The one far-off, divine event, Toward which the whole creation moves" is the acceptance everywhere of the beautiful will of God and the establishment of a new era of human brotherhood and happiness. Through the centuries of old Israel's history may be traced the presence and persistence of this purpose; even as in all the ages since. The Heavenly Father's principal concern with the human race is to shape it into the family likeness. He wants good will and peace and justice and happiness more than any reformer or prophet. Only the depth of His desire can account for His exhaustless patience with us.

There is an increase of reckless talk upon current social questions; and it is timely to declare that our best human aspirations take their rise from the Holy Scriptures. Not Russia, but Palestine is the place where the great promise for the race has its spring. The voices that are clearest in heralding the new day are Christian voices. The pulpits of the world are resounding with appeals for justice, righteousness and brotherhood. The line of God's prophets has not been broken. It is Christian hymns that best express the world's deepest hope. Christian literature is vibrant with the social message.

Last Sunday we sang in church, from the Presbyterian Hymnal, Dr. Louis F. Benson's song of "Brotherhood," one stanza of which comprehends what all prophets of the dawn are trying to say:

"Who shares his life's pure pleasures, And walks the honest road, Who trades with heaping measures, And lifts his brother's load, Who turns the wrong down bluntly, And lends the right a hand; He dwells in God's own country, He fills the Holy Land."

After nine months spent in studying the decline and collapse and partial restoration of the Jewish nation, we find just one clear, compelling word for our own era. Keep Faith With God. Loyalty to Jehovah, and to his word, is the only way of deliverance, for nations as for individ-

uals. As we next week take up the study of the life of Christ, it is the conviction that the Son is but the fuller expression of the Father. What God said through his prophets, to the utmost capacity of their hearers, he says more clearly in the life and words of Jesus. (Copyright, 1922, by The Ellis Service.)

PUMPING AN OCEAN DRY.

Dutch Engineers Are Now at War With Nature.

A wonderful engineering feat is being carried out in Holland. It is nothing less than an attempt to reclaim a large portion of the Zuider Zee. Where at present fishermen sink their nets there will rise villages, poplar-bordered roads, and sleepy canals, and new farms and homes for thousands of people. Holland has always been at war with the sea. More than a third of the total area of the kingdom lies below sea-level, and would be flooded were it not for its dykes and sand dunes. Indeed, the Zuider Zee itself is a result of the bursting of the dykes. This happened in the thirteenth century, and, in addition to Holland being cut in two, and Friesland being separated from the rest of the country by a large sheet of water, hundreds of villages were submerged and about 80,000 persons were drowned.

Dutch engineers are building a great dam, or embankment, across the northern end of the sea, from Wieringen, in North Holland, to Plaam, in Friesland. It will have a length of about fifteen miles, and will carry a double-line railway and road for ordinary traffic, thus affording a ready access between North Holland and Friesland. Communication with the North Sea will be maintained by thirty-three large sluice gates and a couple of locks for shipping.

Within the embankment four areas, known as the northwestern, southwestern, northeastern, and southeastern, are to be drained and reclaimed. It will result in adding 827 square miles, an area almost as large as the county of Cornwall, to Holland. The construction of the embankment alone is expected to occupy nine years, and a sum of \$75,000,000.

How to Get a House.

Look into almost any pool upon the rocky parts of the beach and you will see wrinkle and whelk shells scuttling about with amazing activity. None of the little snails that built the shells could move so rapidly.

As a matter of fact, the original builder has in almost every case been devoured by the present tenant of the house. The cousins of the hermit crab are provided by nature with a solid armor plating for their bodies, but he possesses a long soft tail which has no protection, and for this reason he is regarded by most fish as a delicacy. His only hope is to find some unsuspecting whelk, whose shell is so admirably as a protection for his tail. His long claws enable him to haul out the shellfish, and having dined on the late tenant he proceeds to occupy his unprotected tail.

If you look at a hermit crab, you will notice that one of his claws is larger than the other. This arrangement provides him not only with a deadly "right" in battle, but also with a ready-made front door for his stolen house. When he retires into the shell the big claw is used to close the entrance so that no other house-hunter can evict him.

Trespassers Will Be Prosecuted.

During the holiday months many people wonder what they may and may not do in the way of crossing land or rowing on rivers. No one boards warn them that trespassers will be prosecuted.

As a matter of fact, most of these boards are quite meaningless if you do no damage. To cross another man's field or park is no crime in the eyes of the law, provided that you do not break down fences or trample upon growing crops. In any case you cannot be prosecuted for merely walking on private land; all that the owner can do is to sue you for any damage you may have done.

If he meets you and threatens you consent to withdraw, and offer ten cents as compensation for the havoc you have wrought. If this is done no prosecution will follow.

When crossing private property, be careful to close gates after you. If, in consequence of your carelessness, sheep or cattle stray and do damage to crops, you may be held liable and made to pay. There is a right of way up and down all tidal rivers, but that does not mean that you may loiter. If you moor your boat to the bank you may become a trespasser.

Ping-Pong.

Nobody seems to know who invented the game of ping-pong. It is said to have been first played forty years ago in an Oxford student's rooms, where two young men started to play it with cigar-box lids for bats, champagne corks for balls, and a row of books for a net. They invented the rules as they went along. But we have no record of their names.

From this impromptu beginning evolved a game called table tennis, which originally was played with a small india rubber ball. Eventually a celluloid ball was introduced, and the game was then called panna. It made little or no progress until 1899, when it occurred to someone to christen it ping-pong. In two years it became a craze, and now that it is becoming popular again there is a suggestion that it should be known by the more dignified name of table tennis.

Sneezing.

Sneezing was the subject of much superstition in the ancient world, and almost always endowed with sinister import. Jewish folklore has it that in the first ages of the world sneezing was always a presage of death until the coming of Jacob. That astute patriarch, anxious lest he himself should perish from such an insignificant cause, besought the Almighty to endow sneezing with more beneficent attributes, and since then it has been lucky to sneeze between noon and midnight.

1847 ROGERS BROS. SILVERPLATE. Furnishing the home with silverware. ASK yourself these questions before you purchase silverplate: Is it attractive? Is it well known? Has it stood the test of years? Is it the best of its kind? Can other pieces be added later in the same pattern? This year's celebration of the seventy-fifth anniversary of "1847 Rogers Bros." answers "yes" to the above questions. Time has proved its quality, its desirability—and a wide variety of "open stock" patterns has long been one of its distinctive features. For any kind of a gift this year, "1847 Rogers Bros." is particularly appropriate. Remember the date, 1847, as a symbol of finest quality. Emphasize it when you buy. See the attractive chests and gift box assortments at your dealer's. No extra charge for the colorful packages. MERIDEN BRITANNIA CO., LIMITED, HAMILTON, ONT. Made in Canada by Canadians and sold by leading Canadian dealers throughout the Dominion.

Sold by Mahood Bros.

Health and Comfort. EVERY winter, more and more people enjoy the health and comfort of Stanfield's Unshrinkable Underwear. Stanfield's is health underwear because it is made in Canada for Canadian winters by Canadians, who know the climatic conditions of every section. Stanfield's Unshrinkable Underwear retains the natural warmth of the body and prevents the skin from becoming chilled—two essentials for health in winter. Stanfield's is comfortable because it fits—and it keeps right on fitting right because it is unshrinkable. Stanfield's never breaks on the seams, because of the special over-cast stitching. Made in combinations and two-piece suits, in full length, knee and elbow length, and sleeveless, for Men and Women. Stanfield's Adjustable Combinations and sleepers for growing children (Patented). Sample Book, showing weights and textures, mailed free. Write for it. STANFIELD'S LIMITED TRURO, N.S. It wears longer.

Late Miss Maggie Head. Pictou, Sept. 18.—Miss Maggie Head, Pictou, passed away at Rockwell hospital on Sunday, September 10th, in her fifty-fourth year. Deceased had been in poor health for some time, but had only been in the hospital since June. She leaves one sister, Mrs. Edith Wadsworth, Milford, with whom she lived, and her brothers, Levi, David and Stephen, Pictou. The remains were sent to Pictou and the funeral was held from the home of her brother Stephen Head, on Tuesday. Interment took place in Cherry Valley cemetery. Larmer, of England, still holds the world's records for walking 2, 3, 4, 5, 6, 8, 9 and 10 miles.

Food for thought— YOUR thoughts are largely the result of what you eat. Grape-Nuts, the wholesome, healthful cereal made from wheat and malted barley, is a perfect food for constructive thinking. The delicate, nut-like flavor, and the natural sweetness developed from the grains in the 20-hour baking process, are a joy to the taste. Rich in the elements required to build and maintain sturdy strength and robust health, Grape-Nuts with cream or milk is a complete food for body and nerves—a delicious breakfast, luncheon or supper treat. "There's a Reason" for Grape-Nuts. Sold by grocers everywhere! Made by Canadian Postum Cereal Co., Ltd., Windsor, Ontario.