

# NEWS AND VIEWS FOR WOMEN READERS

## Life's Social Side

Editor of Woman's Page. Telephone 243. Private phone 837w.

A merry party of the younger set arranged a surprise party which claimed the hospitality of Mrs. Philip Du Moulin, Sydenham street, on Saturday evening. A good orchestra was secured, and the dancers spent some delightful hours in the spacious rooms. Among those present were Miss Alison Macdonald, Miss Louise Hill, Miss Frances Foulkes, Miss Doris McKay, Miss Clara Farrell, Miss Isabel Moores, Miss Helen Tofield, Miss Eleanor Mandell, ex-Cadets DuMoulin, Ross, Macintosh, Macdonald, Panet, Gillespie, Kirkpatrick, Cadets Ogilvie and Simmons, Messrs F. Torrance and Kenneth Taylor.

Miss Ruth Evanson, Prescott, was the hostess at a charmingly arranged kitchen shower at her home in honor of Miss Jean Macpherson, whose marriage has taken place to Hugh Stanley Van Patte, M. A., B. Sc., Montreal. The guests numbering twenty-five assembled at eight o'clock and progressive euchre was enjoyed till 10.30 when refreshments were served. Miss Macpherson was then presented with a large basket artistically decorated and laden with a variety of useful gifts.

Mrs. A. Hopkins, Stuart street, entertained on Monday evening in honor of her guests, Mr. and Mrs. Walter Hopkins, New York, when two tables of bridge and one of five hundred were in play. Mr. and Mrs. L. Murphy, Miss Mooney, Mrs. LaChance, Mr. Hopkins, Mr. O'Donnell, Mr. and

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**Gouard's Oriental Cream**

### Best Home Treatment for All Hairy Growth

(The Modern Beauty)  
Every woman should have a small package of delatone handy, for its timely use will keep the skin free from beauty-marring hairy growth. To remove hair or fuzz from arms or neck, make a thick paste with some of the powdered delatone and water. Apply to hairy surface and after two or three minutes rub off, wash the skin and it will be free from hair or blemish. To avoid disappointment, be sure you get real delatone and mix fresh.

### Blackheads Go Quick By This Simple Method

Blackheads—big ones or little ones—soft ones or hard ones—on any part of the body, go quick by a simple method that just dissolves them. To do this get about two ounces of peroxide powder from your druggist—sprinkle a little on a hot, wet sponge—rub over the blackheads briskly for a few seconds—and wash off. You'll wonder where the blackheads have gone. Pinching and squeezing blackheads only open the pores of the skin and leave them open and unsightly—and unless the blackheads are big and soft, they will not come out, while the simple application of peroxide powder and the water dissolve them right out, leaving the skin soft and the pores in their natural condition.

You can get peroxide powder at any drug store and if you are troubled with these unsightly blemishes you should certainly try this simple method.

### DR. MARTRE'S FEMALE PILLS FOR WOMEN'S AFFLICTIONS

25 years standard for Delayed and Painful Menstruation. Sealed tin package only, all druggists or direct by mail. Price \$2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto.

Mrs. E. G. Barrett, Mrs. Reid, New York and Mr. Forrest, were the prize winners. Dainty refreshments were served and a most enjoyable evening spent by the guests.

Mrs. John McKay, Sydenham street, entertained at dinner on Monday evening, when her guests included Miss Alison Macdonald, Miss Frances Foulkes, Miss Louise Hill, Ex-cadets Du Moulin, Gillespie, de L. Panet, Macintosh, Kirkpatrick.

Mrs. Philip Du Moulin, Sydenham street, had a house party for the week-end, which included ex-Cadets Anthony Du Moulin, de Lobiniere Panet, Aian Macintosh and Macdonald.

Mr. and Mrs. Edward Murray and their daughter, Miss Mary Alice, spent Labor Day in Toronto.

Mr. and Mrs. W. W. Cliff, Carleton Place, have been spending a few days in the city.

Mrs. J. M. Machar, William street, is spending the week at "Kowayin" with Miss Betts.

Miss Kathleen Lett and her brother, Mr. Lett, motored from Ottawa, on Friday, to spend the week-end with Mrs. E. J. Bidwell at her camp on Cartwright's Point.

Col. Cleaver Sullivan was in town for the week-end with Mrs. Sullivan and his daughters, Albert street.

Col. G. H. Ogilvie, Gore street, is in Winnipeg.

Fortescue Foulkes, who spent the week-end with Col. and Mrs. J. F. Foulkes, "Calderswood," has returned from Montreal.

Mrs. A. R. B. Williamson and her family have returned from their summer home at Loughboro Lake.

Mrs. Alexander Cartwright, who has spent the summer in England returned to Ottawa last week.

The Bishop of Ontario, who has been at Metts Beach for a month, will return to Kingston on Wednesday.

Major and Mrs. Garnet Greer, King street, returned from Peterboro on Saturday.

Miss Katie and Miss Nora Bermingham, "Otterburn," will leave for Chatham this week, to attend the marriage of Miss Phyllis Coale and Reginald Stratford, which takes place on Sept. 9th.

Canon Walter Loucks, All Saint's church, Winnipeg, is with his mother, Mrs. Edwin Loucks, Division street.

Mayor and Mrs. Hubert Stethem and their son, Carson, who were with Mrs. R. J. Carson, "Rondly House," have returned to Montreal on their yacht.

Mrs. M. Rodden and Master Billy, who were with Mr. and Mrs. W. H. Wornath, Earl street, will return to Toronto on Monday.

Mrs. Wurtels and Miss Rhoda Wurtels, Royal Military College, have returned from Quebec.

Mrs. Dobell, who was with her sister, Mrs. Cleaver Sullivan, Albert street, has returned to Montreal.

Miss Evelyn Nickle and Miss Helen Nicol returned on Monday from a visit to Mr. and Mrs. Harold Hughes, Syracuse, N.Y.

Cadet Simmons, Vancouver, B.C., is at 189 Earl street.

Mr. and Mrs. A. C. Denike and their sons motored from Havelock to spend the week-end with Mrs. Denike's brother, Prof. Jolliffe, and Mrs. R. O. Jolliffe, Frontenac street, returning on Monday, accompanied by Miss Jolliffe, who has been visiting her brother.

H. D. Dower was in Kingston to spend the week-end with his wife and family. Mrs. Dower has been spending the summer here.

Mrs. Robinson, with her daughter, Joan, St. Louis, Mo., visiting her mother, Mrs. D. Robertson, in Ottawa, is now in Kingston.

Miss Margaret Fortescue, Ottawa,

**ROYAL YEAST CAKES**  
RICH IN VITAMINES

MADE IN CANADA

The importance of Vitamines in food is being recognized at the present time to a greater extent than ever before. It has been conclusively demonstrated that yeast is rich in this all important element. Many people have received great benefit physically simply by taking one, two or three Royal Yeast Cakes a day. Send name and address for free copy "Royal Yeast Cakes for Better Health."

E. W. GILLET COMPANY LIMITED  
WINNIPEG TORONTO, CANADA MONTREAL

**Efficient Housekeeping**  
BY Laura A. Kirkman



Answered Letters.  
Housewife: "Kindly publish recipe for Dill Pickles, Plain Cucumber Pickles and Apple Chutney."  
Answer: Next Saturday (Sept. 9th) I will publish the Apple Chutney recipe. But send me a stamped and self-addressed envelope for my two-page multiplied set of pickle recipes ("Eight Popular Pickles," it is called) which contains the long recipes for Dill Pickles and Plain Cucumber Pickles.

Beginner: "I am learning to knit and would appreciate your publishing simple directions for a three-year-old child's 'Teddy Bear Suit.'"  
Answer: Directions for a three-year-old child's knitted suit, consisting of sweater, drawer-leggings and cap, were published in this paper last December 15th and 16th (1921). Buy a back copy of the paper for that date. On this coming Friday, however (Sept. 8th), I shall print, in this column, directions for such a Teddy Bear Suit for a child from one to two years old, giving the drawer-leggings directions this Friday, and the sweater and cap directions the following Friday (Sept. 15th). Many women enlarge such directions, so you might be able to adhere to them.

Bride Savings Bank Depositor: "I don't believe in using expensive things when reasonable things will answer as well, so I am coming to you for an inexpensive floor stain. Can you publish one?"  
Answer: I enjoyed opening your letter. I wish all brides would begin as you have! So many prefer luxuries to bank balances, not being willing to begin where their parents began.

Collin's Bay, where they spent the summer.  
Miss Grace Martin, who has been with her sisters, the Misses Martin, Clergy street, returned to Montreal on Monday.

Rev. W. A. McIlroy and Mrs. McIlroy, Hamilton, announce the engagement of their elder daughter, Elsie, to Harold Allan Rogers, eldest son of Charles F. Rogers and Mrs. Rogers, Hamilton.

Miss Rayson, Queen's University, is the guest of Mrs. J. Farrar, Cornwall.

Laurie Buckley, Toronto, is the guest of John Barrett at "The Grange," Barriefield.

W. B. Roadhouse and Mrs. Roadhouse, Toronto, spent the week-end with Mr. and Mrs. W. F. Nickle, "The Shelling."

Prof. and Mrs. Spencer Melvin, are spending a few weeks at "Elm Lodge," Collin's Bay.

Mr. and Mrs. W. S. Richardson, Montreal, announce the engagement of their second daughter, Frances, to Colin C. MacKellar, son of Mr. and Mrs. James MacKellar, Gananoque, Ont. The wedding is to take place the latter part of September.

Mr. and Mrs. William Y. Cannon, 59 West street, announce the engagement of their only daughter, Adah, to Dr. Keith B. Suddaby, son of Mr. and Mrs. Thomas Suddaby, of this city, the marriage to take place quietly in September.

That no man ever was satisfied with the size of his bank roll—and no woman with the color of her hair.

### BRAN RECIPES.

Bran Griddle Cakes—1 cup Kellogg's Bran, 1 cup flour, 1 tablespoon sugar, 1-2 tablespoon butter substitute, 1-2 teaspoon salt, 1 teaspoon baking powder, 1 cup milk, 1 egg. Mix dry materials, add egg slightly beaten and milk and butter substitute. Beat thoroughly and bake on a hot griddle. Serve with butter and syrup. This will make 20 cakes.

Mr. and Mrs. W. S. Richardson, Montreal, announce the engagement of their only daughter, Adah, to Dr. Keith B. Suddaby, son of Mr. and Mrs. Thomas Suddaby, of this city, the marriage to take place quietly in September.

### What the Editor Hears

That Kingston is going to have the special clinic car of the Provincial Board of Health, with a doctor and nurse, at the Industrial Exhibition, so all the mothers will have a chance to find out what fine babies they have.

That for the first time in the history of the Methodist church of Canada eleven women delegates will be present at the general conference.

That the people who were not allowed to keep pigs within the city limits are accusing the city fathers of favoritism, since the air has been poisoned with the vile odor of decaying grain.

That the mayor of one Canadian city has decided to supply the householders with hard wood cut in September, and has made an arrangement to meet their needs.

That the Red Cross tent will be one of the many attractions of the Kingston Industrial Exhibition.

That the first day of September was so warm and bright, that we forgot that summer was over.

That the rejoicing is great over the absence of the objectionable odor from the wet grain.

That Saturday's market was very large, and the display of vegetables, fruit and flowers remarkably fine.

That the Red Cross and the Kingston Humane Society will both have tents on the fair ground at the Industrial Exhibition with their members on hand to interest the crowds in their humane work for man and beast.

That Henry Prince, a grandson of the great Indian Chief Reguis, says

Remember The Name  
**"SALADA"**  
TEA  
ITS STRENGTH, PURITY AND FRAGRANCE ARE UNEQUALLED  
The Sealed Packet is your safeguard

To-morrow's HOROSCOPE  
By Genevieve Kamble

WEDNESDAY, SEPT. 6.  
This may be deemed an unfavorable day, with anxiety and uncertainty prevalent, according to the astral ruling. It may be especially critical for those in the employment of others, and these should do nothing to jeopardize their positions. Also, all changes, removals or journeys are under baneful sway and should be deferred until more auspicious conditions prevail. A similar unfavorable planetary government obtains over domestic, social and affectional affairs.

Those whose birthday it is may be under rather anxious and fluctuating conditions. They should safeguard their employment and avoid change of every nature. A child born on this day, although clever, industrious and generous, may be proud and meet with reverses in life unless carefully trained.

Use the classified advertisements for a prosperous month.

Those books are the most valuable that set men's thinking faculties in the fullest operation.

Get out this message and hand it to some sufferer from constipation!

Nature has provided the one sure, permanent relief from the horrors of constipation—BRAN—Kellogg's Bran, cooked and branched! Bran will correct the severest case of constipation if it is eaten regularly. For Bran, as a nature's wonderful "roughage" food, clears the eliminative tract in a positive way, leaving it clean and purified.

Do not let constipation get the upper hand; do not neglect the mildest symptoms because constipation is only the forerunner of disease, premature old age, and many forms of child illness! Ninety per cent of all sickness can be traced to constipation, which is the direct cause of such diseases as diabetes and Bright's. Fight constipation with Kellogg's Bran! We guarantee results if you eat at least two tablespoonfuls daily; in chronic cases, with each meal!

Kellogg's Bran is not only a permanent corrective for constipation, and a very delicious cereal, but it is one of nature's most valuable foods because of its richness in mineral salts. It stimulates brain and nerve cells in grown people; it aids children to become strong and robust! Kellogg's Bran will correct a simply complexion and an obnoxious breath.

Kellogg's Bran is not only an unequalled health aid, but delightful as a cereal or sprinkled over your favorite muffins or raisin bread or macarons or countless other bakery batches as made with bran! Prove out Kellogg's Bran today. Buy it at all grocers! It's wrapped "WAXTITE."

Help Your Hair to grow in the natural way by keeping your scalp free from dandruff and other irritations—use  
**KOREEN**  
"Nature's Own Remedy" for Scalp Troubles—eradicates Dandruff, stops the hair from falling and restores its natural health and beauty.  
MAHOOD DRUG CO.—M. R. McCOLL.

**BARNUM'S BAKERY**  
FRESH EVERY DAY  
PIES—Blueberry, Raisin, Apple. TARTS—Blueberry, Honey.  
DELICIOUS CAKES AND PASTRY.

**Taylor's** So alluringly fragrant is Infants-Delight—such a mild, refreshing Toilet Soap—you will surely find a pleasure in its daily use, and a constant delight in the charm of your complexion.

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**INFANTS DELIGHT**  
IT'S WHITE  
**TOILET SOAP**



You will enjoy the smoothness and fragrance of Infants-Delight BOTTLED TALCUM.

Jam and jellymaking without waste

WHY continue the wasteful, laborious, old-fashioned process of making your jams and jellies? Use Certo and cut your task in two.

You will enjoy jams and jellies so perfect that you will want to make them from all your favorite fruits. And you can make them from any fruit you like if you use Certo. You will get

- 50% more jam or jelly,
- all the original flavor of the fruit,
- natural sparkling fruit color,
- correct texture—not too thin—not too stiff—just right.

Certo is pectin, and pectin is the natural element in fruit that makes jelly "jell."

With Certo you boil the fruit and sugar just one minute; the flavor you formerly boiled away now stays in. The Certo process is simple—economical—and never fails. Certo contains no gelatin or preservatives. Free Recipe Book with every bottle. At your grocer's.

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How to make delicious Peach Jam

4 level cups (2 lbs.) Crushed or Chopped Fruit.  
8 leveled cups (3 1/2 lbs.) Sugar.  
1 bottle (scant cup) Certo.

Use fully ripened fruit for finest flavor. Peel, remove pits and thoroughly crush about 3/4 quart, or 3 lbs. Measure crushed fruit into large kettle. Add sugar, mix well, stir hard and continuously, and bring to a vigorous boil over hottest fire. Boil hard 1 minute with continual stirring. Take from fire, add Certo, and stir in well. Skim and pour quickly.

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