

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Woman's Page, Telephone 243. Private phone 837w.

Miss Mary James, University avowed a few of her friends to come in on Thursday evening, to meet her cousins, Miss Bessie and Lawrence James, Memphis, Tenn. Among those present were Mr. and Mrs. J. Lawless, Mr. and Mrs. Derry, Mr. and Mrs. Muchmore, Mrs. R. James, Mrs. J. James, Misses Francis Devlin, Evelyn Stokes, Mae and "Kit" Millan, Mae James, Gertrude Ganah, and Messrs. I. James (Memphis), Chester Yued (St. Thomas), Stanley Driver, "Bill" Shaw, Bliss Barnum, Vincent Lawless, Bert Daly, Chas. Hannab, Claire Devlin and Thomas James, Jr.

Mrs. Sandford Calvin, "Rutland House," was the hostess of a pleasant musicale on Friday afternoon, for her niece, Miss Hilda Calvin, and Miss Helen Gilmour, Toronto. During the afternoon Miss Waldron, Miss Calvin, Miss Gilmour and Miss Harriet Gardiner sang charmingly and Miss Phyllis Knight played several delightful piano numbers. At the tea hour, Miss Marsh, Quebec, made the tea and Mrs. Jack Calvin, Toronto, cut the loaves, at the rose-decked tea table.

Miss Caroline Mitchell entertained at luncheon at the Catarauqui Golf Club on Thursday for Mrs. J. A. Campbell, Vancouver, B.C.

GIRLS! WHITEN SKIN WITH LEMON JUICE

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter pint of harmless and delightful lemon bleach. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day, then shortly note the beauty and whiteness of your skin.

Famous stage beauties use this lemon lotion to bleach and bring that soft, clear, rosy-white complexion, also as a freckle, sunburn, and tan bleach because it doesn't irritate.



ONTARIO COLLEGE OF ART School for Girls. Drawing, Painting, Modelling, Design, Diploma Course, Junior Course, Teachers' Course, Commercial Art, G. A. Reid, R. C. A. Principal.

The Bishop Strachan School College Heights Toronto. A Church Residential and Day School for Girls. Established over Fifty Years.

Batescourt School. WILL RE-OPEN SEPT. 5, 1922. Pupils received in all grades, including Primary and Collegiate classes.

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Mrs. MARTEL'S SPECIAL PILLS FOR WOMEN'S AFFLICTIONS. 25 years standard for Delayed and Painful Menstruation. Sealed tin package only, all druggists or direct by mail. Price \$1.00. Knickerbocker Kennedy Co., 71 E. Front St., Toronto.

Advertisement for Wilson's Fly Pads. WHEN USING WILSON'S FLY PADS. Best of all Fly Killers 10c per Packet at all Druggists, Grocers and General Stores.

Advertisement for Barnum's Bakery. BARNUM'S BAKERY. FRESH EVERY DAY. PIES—Blueberry, Raisin, Apple. PASTRIES—Blueberry, Honey. DELICIOUS CAKES AND PASTRY.

Delicious New Recipe!

Serve Icy-Cold for Hot Day Breakfasts. To make ROMAN MEAL BROSE-O stir one rounded cup Roman Meal into four cups boiling salted water. Boil ten minutes in a single boiler. Stir well and set in a cool place over night. Serve cold with milk or cream and sugar, honey, preserved or fresh fruits. "Cools the blood," clears the skin, relieves constipation.



More Contributed Recipes From Readers. The following Column Readers have very generously sent in their best recipes, for me to publish to help other women:

Mrs. G. H.: "Johnny Cake": Mix together one heaping-teaspoon of cornmeal, one-half cup of white flour, one teaspoon of baking soda and one teaspoon of salt; sift these dry ingredients thoroughly. Now add one large tablespoon of sour cream and wet the mixture with sweet milk, using enough to make quite a soft dough. Turn it into buttered pans and let it stand a few hours before you bake it. I find it is all right to wet it with sour milk and set it away from noon till supper-time, then bake it for 20 minutes.

Brooke, Que., who have spent the summer at their camp, "Rest Inn," Port Burwell, motored down this week. While in Rochester, N.Y., they were the guests of Dr. Norman Denbison.

Mrs. G. Coburn and Mrs. F. M. Johnston were among the Sudbury hostesses who entertained at tea in honor of Miss Mildred Fitz, Kingston.

Mrs. R. N. F. McFarlane entertained at bridge at the Catarauqui Golf Club on Thursday afternoon, in honor of Mrs. Horbert Walters, Port Colborne.

Mrs. George McGowan was the hostess of a small tea at the Catarauqui Golf Club on Thursday for Mrs. J. A. Campbell, Vancouver, B.C.

The Red Cross workers have arranged a picnic for the soldiers at Collin's Bay this afternoon.

Mrs. William Nicholls, Clarence street, spent a few days this week the guest of Miss Moutrey, Stella, Amherst Island.

A. F. Newlands and two daughters motored from Ottawa yesterday and are spending the week-end with his sisters, the Misses Newlands, 333 Barrie street.

Mr. and Mrs. Hobart Dyde and Miss Jessie and Miss Dorothy Dyde, who have been in Hamilton with Dr. and Mrs. Stewart, returned to town today.

Mrs. James MacLennan, Toronto, is visiting Mrs. Campbell Strange, Barrie street.

Mrs. Sidney Kirby and her children, who have been with Mrs. F. R. Phillips, Johnson street, will return to Toronto early in the week.

Mr. and Mrs. W. H. Craig, Gore street, left by motor for Toronto today, and will return on Monday, bringing Miss Elizabeth Craig with them.

Miss Gertrude Whitehead, King street, returned from "Ivy Lea," today.

Philip DuMoulin, Bank of Montreal, will return from Algonquin Park next week.

Efficient Housekeeping by Laura A. Kirkman. Includes an illustration of a woman cleaning.

When well kneaded, let the mass rise again, till very light, then either cut into biscuits one inch high, or shape it into small rolls with the hands. Place these rolls or biscuits in a greased pan and let them rise again, till almost double in bulk. Then bake for 35 minutes in a good oven. They should be a nice brown when done.

A Reader Friend: "My Favorite White Cake: Cream one-fourth cup of butter with one cup of granulated sugar; add one-half cup of sweet milk, two egg-yolks, one and one-half cups of flour sifted with two teaspoons of baking powder, then fold in the stiffly-whipped whites of two eggs. Use any flavoring desired. Turn into two buttered layer-cake pans and bake for 30 minutes in a hot oven.

Spice Cake: Cream together one cup of butter (or lard) and one cup of sugar. Stir one cup of sour milk and one-half teaspoon of soda dissolved in a very little hot water. Now add two cups of flour with which you have sifted one teaspoon of baking powder, one teaspoon of ground cinnamon and one-half teaspoon each of ground nutmeg, cloves and allspice. Either bake in layers, as above directed or in cup-cake tins for 15 minutes in a hot oven, or in loaf form for 40 minutes in a moderate oven." (Tuesday—Answered Letters.)

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question—The editor.

Miss Margaret Bain and Miss Iley Cane, two English teachers who are exchanging with Canadian teachers under the provision made by the League of Empire, spent a few days at the "Y," Johnson street, this week, and left on Friday for Toronto, where they will teach the classes in the city schools of the teachers who have exchanged with them.

Mrs. Farrant Pringle and her children, who have been with Rev. A. O. Cooke and Miss Cooke, St. Mark's rectory, Barrie, returned to Montreal today.

Prof. Symons and Mrs. Norman Symons will return from England in September, and will occupy their home on Lower Union street, this winter.

Miss Betty Potter is spending her vacation in Toronto, the guest of Mr. and Mrs. J. M. Hunter.

Mr. and Mrs. S. J. Moes and baby, Campbellford, are visiting Mrs. Moss' parents at Harrowmth.

Mr. and Mrs. Daniel Smith and son, Loren, and Master Joe O'Brien, King street, are in Toronto attending the exhibition.

Mrs. Roy Ward and children of Kingston, are visiting Mrs. Nettie Burr, Waring's Corners.

Miss A. G. Servent, Stratford, and Miss Ethel Hodges, Picton, are enjoying holidays at Kingston and Thousand Islands.

Mr. Clark and Mrs. Macdonald who have been on pension with Mrs. Lloyd, Johnson street, left today for San Francisco.

Mr. and Mrs. P. Boyce of Kingston, spent the week-end with Mr. and Mrs. Ben Bishop, Lake Shore, Prince Edward.

Mrs. O. F. Telgmann, who has been visiting her mother, Mrs. Jackson, Picton, returned to Kingston on Friday.

Miss Dorothy McQuaid, Rochester, N.Y., who has been visiting in the city, the guest of her uncle, Charles Lyons, Ordanance street, left on Saturday to visit in Toronto.

Vincent Lyons, of the Northeast Electric Company, Rochester, N.Y., is visiting in the city over the week-end.

George Newlands, Portland, Oregon, is the guest of his parents, Mr. and Mrs. William Newlands, at their summer home, Wolfe Island.

Mrs. A. McCartney and daughters, Misses Evelyn and Alice, University avenue, left today for Toronto and will be the guests of Mrs. S. Menary, Lansdowne avenue.

After spending the past ten days with her grandfather, George W. Shibley, Napanee, Miss Irene Cowan is spending the remainder of her holidays in Morven with Mr. and Mrs. J. Bailey Hamm, after which she returns to Toronto on Sept. 4th by way of Kingston.

YOU SHOULD PRESERVE FRUIT OF THIS QUALITY AND PRICE. The prices are so reasonable and the quality so high, of the peaches and plums now on the market that you should preserve an extra supply. The best varieties of preserving plums are now obtainable, together with Crawford peaches. The mark of Niagara Peninsula Growers, Limited, on containers stands for carefully packed, evenly graded fruit. If you cannot purchase this fruit from your dealer, write us direct. Niagara Peninsula Growers, Limited, Grimsby, Ontario.

For best results use EGG-O Baking Powder. A trial will convince. ORDER FROM YOUR NEIGHBORHOOD GROCER.

2IN1 BROWN Shoe Polish. Goes farther—Buy it for value. More Shines and better Shines in the boot. Keep Your Shoes Neat! F. F. DALLEY COMPANY OF CANADA LIMITED HAMILTON CANADA.

J. H. Howell, Welland, Ont. The marriage will take place at the end of September. Mr. and Mrs. Lewis A. Wartman, Collin's Bay, announce the engagement of their only daughter, Vera May, to John Edward (Roy) Gibson, son of Mr. and Mrs. E. E. Gibson, Ottawa. The marriage to take place quietly about the middle of September.

Every Bean a Berry by Itself. All the nourishment of the dainty little white bean, with tender, juicy fat pork. Cooked with scientific precision. Every bean perfect. Rich—Nourishing—Appetizing. Chili or Tomato Sauce—five sizes—all grocers—try them today. Only choice meats, Dominion Government inspected, are used in Victory Canned Products. Made in Canada.

Keep a shelf of Victory meals on your shelf. NATIONAL CANNED MEATS LIMITED, TORONTO, CANADA.

Dr. Du-Maurier Beauty Preparations. DURING THE WEEK OF Sept. 4 at Mahaod's Drug Store. with every purchase of any Du-Maurier preparation, samples of Face Powder and Old English Lavender Skin Food Soap, will be given away—FREE. Skin Food, Vanishing Cream, Cold Cream, Face Astringent, Hair Tonic, Massage Cream, Skin Food Soap, Tooth Paste, Face Powder. Mahaod Druggist.