NEWS AND VIEWS FOR WOMEN READERS

Lite's Social Side

Editor of Woman's Page, Telehone 243. Private phone 837w.

Miss Mary James, University avenue asked a few of her friends to come in on Thursday evening, to meet her cousins, Miss Bessie and Lawrence James, Memphis, Tenn. Among those present were Mr. and Mrs. J Lawless, Mr. and Mrs. Derry, Mr. and Mrs. Muchmore, Mrs. R. James Mrs. J. James, Misses Francis Devlin, Evelyn Stokes, Mae and "Kit" Millan, Mae James, Gertrude Ganah, and Messrs. I. James (Memphis), Chester Yued (St. Thomas), Stanley Driver, "Bill" Shaw, Bliss Barnum, Vincent Lawless, Bert Chas. Hannah, Claire Devlin and Thomas James, Jr.

Mrs. Sandford Calvin, "Rutland and euchre. House," was the hostess of a pleasant musicale on Friday afternoon, for her neice, Miss Hilda Calvin, and Johnston were among the Sudbury brooke, Que., who have Miss Helen Gilmour, Toronto. Dur- hostesses who entertained at tea in summer at their camp, "Rest Inn," flour, and one teaspoon each of soda of sugar. Stir one cup of sour milk ing the afternoon Miss Waldron, bonor of Miss Mildred Filtz, Kings- Port Burwell, motored down this and salt. Wet up with sour milk and one-half teaspoon of soda disand Miss Phyllis Knight played several delightful piano numbers. At ed at bridge at the Cataraqui Golf the tea hour, Miss Marsh, Quebec, Club on Thursday afternoon, in honor made the tea and Mrs. Jack Calvin, of Mrs. Herbert Walters, Port Col-Toronto, cut the ices, at the rose- borne. decked tea table.

GIRLS! WHITEN SKIN

to a bottle containing three ounces of Orchard White, which any drug store will supply for a few cents, shake well, and you have a quarter pint of harmless and delightful lemon motored from Ottawa yesterday and bleach. Massage this sweetly frag- are spending the week-end with his rant lotion into the face, neck, arms sisters, the Misses Newlands, 333 and hands each day, then shortly barrie street. note the beauty and whiteness of

soft, clear, rosy-white complexion, leach because it doesn't irritate.



Grange Park · Toronas

DRAWING · PAINTING · MODELLING · DESIGN

DIPLOMA COURSE · JUNIOR COURSE

TEACHER'S · COURSE · COMMERCIAL ART

G · A · REID R · C · A · Principal

Bishow Strachan Schoo Sollege Heights Toronto

A Church Restbenttal and Box Ochual for Strip Established over Pily Years. All Departments from Kindergarten to University Matriculation. Principal : Miss Walsh, M.A., Dublis eacher's Certificate, Univ. of Cambs., Eng. School re-opens Sept. 14th. Boarders returning Sept. 13th. New Boarders Sept. 12th.

FOR CALENDAR APPLY TO THE BURBAR

Batescourt School

WILL RE-OPEN SEPT. 5, 1922. Pupils received in all grades, in-uding Primary and Collegiate Pupils moving to other cities take rst, second and third places in pri-ate and public schools.

For terms, etc., apply to:—
ADA J. BATES

MARTEL'S PEMALE PILLS FOR WOMEN'S AILMENT ckage only, all druggists or direct Price \$2.00. Knickerbocker emedy Co., 71 R. Front St., To-



of all Fly Killers 10c er Packet at all Druggists. cers and General Stores

Club, on Thursday, in honor of her cousins, Miss Alevia, Miss Elizabeth and Miss Agnes Bute, Texas. The guests included Miss Doris McKay, Miss Katie and Miss Nora Bermingham, Miss Cecil Macnee, Miss Marion Kirkpatrick and Miss Isabel Mooers.

A Dutch tea and bridge has been arranged at the Country Club this afternoon by Mrs. W. H. Macnee, Mrs. F. W. Hill, Mrs. T. Seccombe. Mrs. H. J. Dawson, Mrs. T. D. R. Hemming, Mrs. Halloway Waddell, Mrs. R. E. Kent and Miss Hora.

Miss Garfield Carr, Sudbury, cntertained on Monday evening at her lovely home on Albert street, in nonor of Miss Mildred Filtz and Mrs. J. E. Glover, Sudbury. A vary enjoyable evening was spent in dancing

Mrs. G. Coburn and Mrs. F. M.

Mrs. R. N. F. McFarlane entertain- nison.

Mrs. George McGowan was the hos-Miss Caroline Mitchell entertained tess of a small tea at the Cataraqui at Juncheon at the Cataraqui Golf Club on Thursday for Mrs. J. A. Campbell, Vancouver, B.C.

> The Red Cross workers have arranged a pionic for the soldiers at

Mrs. William Nicholls. Clarence Squeeze the juice of two lemons in- street, spent a few days this week the guest of Miss Moutray, Stella, Amherst Island.

A. F. Newlands and two daughters

Jessie and Miss Dorothy Dyde, who with friends at Kingston and Violet. Morton at the Hotel Dieu. Famous stage beauties use this have been in Hamilton with Dr. and

Mrs. James Maclennan, Toronto, is North, Picton. visiting Mrs. Campbell Strange, Barrie street.

to Toronto early in the week. Mr. and Mrs. W. H. Craig, Gore

street, left by motor for Toronto today, and will return on Monday, bringing Miss Elizabeth Craig with

Miss Gertrude Whitehead, King King street west. street, returned from "Ivy Lea," to-

real, will return from Algonquin Bay, returned to town on Friday. Park next week.

guest of Mrs. Joseph Hiscock, Col- Que., where she was with her sister, lingwood, for the Mack-Hiscock wed- Mrs. Frederick Merritt, Montreal.

where they will leave for a trip through the Great Lakes.

town, motored home to Toronto on Mr. and Mrs. E. J. Metcalf, Princess street, motored to Toronto this week to attend the exhibition.

Miss Geraldine Daly, who is with her staters, the Misses Daly, Albert street, will return to Montreal on

Miss Hattle Chown, who has spent the summer abroad, will return to town early in the week.

Mrs. Ambrose Shea has returned from a most enjoyable motor trip through the state of New York, Mr. and Mrs. Shea have purchased a resience at the corner of Union and Reverley streets and will shortly

25 years standard for Delayed and Mrs. J. Russell Forster and family returned to Stella today. Mrs. H. A. Betts has taken an

apartment at "Park View," Kingston Mrs. J. Bell Carruthers, Miss Edith Carruthers and Major Colin Carruthers, India, will return to

"Annandale" from Metis Beach, Que., on Monday. Mrs. Frederick Carson, India, who has been with Mrs. Van Lesslie at Ingersoll, is now with Mrs. R.

Carson, "Romilly House." Col. and Mrs. Valentine Stockwell. Alice street, will return to town next week. Mrs. Stockwell and her children, have spent the summer at Niagara-on-the-Lake.

Capt. J. C. Murchie and Capt. J. F. Preston will return from Nova Scotia on Monday.

Mrs. James Dennison and their family, Brock street, Rev. and Mrs. Bright and their children. Sher-

BARNUM'S

BAKERY

FRESH EVERY DAY

berry, Honey. DELICIOUS CAKES AND PASTRY.

Delicious New Recipe!

Serve lcy-Cold for Hot Day Breakfasts TO make ROMAN MEAL L BROSE-O stir one rounded cup Roman Meal into four cups boiling salt-

ed water. Boil ten minutes in a single boiler. Stir well and set in a cool place over night. Serve cold with milk or cream and sugar, honey, preserved or fresh fruits. "Cools the blood," clears the skin, relieves constipation.

Miss Eisie Jones, Albert street, re-

to town from Toronto this morning. from baking bread; add to the yeas: for 40 minutes in a moderate oven.

fore returning to Kingston.

today to pay visits in Detroit and one cup of flour on the board, to be enclosed with the question-The

Rev. G. A. and Mrs. Foote and Jessie Hutton, Albert street. daughter, Lilian, Lorraine, N. Y., Mrs. Morton, Crysler, is visiting few days with her grandson, D. M.

at the home of Mr. and Mrs. Charles holidays with Mrs. Henry Wilkinson,

Mrs. Sidney Kirby and her chil- ronto and are residing at 597 Hurch the Principal's Residence. dren, who have been with Mrs. F. R. street. Mrs. Heward is a daughter Phillips, Johnson street, will return of the late General C. W. Drury, Kingston.

> Mrss. C. W. C. Bate, Ottawa, will arrive in town on Monday, to spend Dr. and Mrs. R. J. Wilson, Earl

street, and their family, who have changed with them. Philip DuMoulin, Bank of Mont- been at their cottage at Go-Home

the Commandant's Quarters, Royal Mrs. Lawrence Bohm, who was the Military College, from Metis Beach, Montreal today.

ding street, has returned to Detroit, Mr. and Mrs. Noel Gill and Linton September, and will occupy their Gill, Aberdeen Avenue, who spent home on Lower Union street, this Mr. and Mrs. H. C. Welch, King the summer at their home on the winter. on Friday for Toronto, Trent river, have returned to town.

Dr. and Mrs. Bruce Hopkins, King Mr. and Mrs. Stuart Anderson and street, and their little daughter, retheir son, who have been visitors in turned from Sturgeon Point today. Miss Dorothy Cotter, Toronto, 's spending her holidays with Miss HOW FAT ACTRESS

> WAS MADE SLIM tirely upon Marmola Prescription Tablets for reducing and controlling fat. One clever actress tells that she reduced steadily and easily by using this new form of the famous Marmola Prescription, and now, by taking Marmola Tablets several times a year, keeps her weight just right. All good druggists sell Marmola Prescription Tablets at one dollar for a case, or if you prefer you can secure them direct from the Marmola Co., 4612 Woodward Ave., Detroit, Mich. If you have not tried them do so. They are harmless and effect.
>
> Mrs. Roy Ward and children of Kingston, are visiting Mrs. Netties Burr, Waring's Corners.
>
> Miss A. G. Servent, Stratford, and Miss Ethel Hodges, Picton, are enjoying holidays at Kingston and Thousand Islands.
>
> Mr. Clark and Mrs. Macdonald who

They are harmless and effec-

DURING THE WEEK OF Sept. 4 at Mahaod's Drug Store

with every purchase of any Du-Maurier preparation, samples of Face Powder and Old English Lavender Skin Food Soap, will be given away-FREE. Skin Food.

> Vanishing Cream. Cold Cream. Face Astringent. Hair Tonic. Intsage Cream. Skin Food Soap.

Pace Powder,

Mahood Druggist

Efficient

mass rise again, till very light, then

A Reader Friend: "My Favorite

pans and bake for 30 minutes in

powder one teaspoon of ground cin-

namon and one-half teaspoon each of

(Tuesday-Answered Letters.)

street, have returned to town.

latter part of September.

More Contributed Recipes From |ing. When well kneaded, let the

The following Column Readers either cut into biscuits one inch high, have very generously sent in their or shape it into small rolls with the best recipes, for me to publish to hands. Place these rolls or biscuits help other women: in a greased pan and let them rise

Mrs. G. H.: "Johnny Cake": Mix again, thi almost double in bulk. together one heaping teacup of corn- Then bake for 35 minutes in a good meal, one-half cup of white flour, one joven. They should be a nice brown teaspoon of baking soda and one tea- when done." spoon of salt; sift these dry ingredients thoroughly. Now add one White Cake: Cream one-fourth cup large tablespoon of sour cream and of butter with one cup of granulated wet the mixture with sweet milk, us- sugar; add one-half cup of sweet ing enough to make quite a soft milk, two egg-yolks, one and onedough. Turn it into buttered pans half cups of flour sifted with two and let it stand a few hours before teaspoons of baking powder, then you bake it. I find it is all right to fold in the stiffly-whipped whites of wet it with sour milk and set it away two eggs. Use any flavoring desired. from noon till supper-time, then bake Turn into two buttered layer-cake it for 20 minutes. Brown Bread: Mix and sift to- | hot oven.

gether one cup each of rye (or gra- Spice Cake: Cream together one spent the ham) flour, cornmeal and wheat cup of butter (or lard) and one cup week. While in Rochester, N.Y., they about like 'stirred cake,' and bake solved in a very little hot water. Now were the guests of Dr. Norman Den- for one hour in a moderate oven (the add two cups of flour with which you time of baking is less in a gas have sifted one teaspoon of baking

Mrs. F.: "Bread Rolls: Put into turned from Poughkeepsie, N.Y., this your mixing bowl two pints of bread ground nutmeg, cloves and allspice. flour. Make a hole in the centre of Either bake in layers, as above di-Mr. and Mrs. J. M. Campbeil, this flour and put into the hole one rected or in cup-cake tins for 15 min-"Glen Lyon, Emily street, returned cup of yeast (good strength) saved utes in a hot oven, or in loaf form Miss Florence Jackson and Joseph one cup of sweet milk which has been D. Jackson, have returned to New scalded and then cooled to the luke-York after spending the past month warm stage, and also one tablespoon with their uncle, William Jackson each of sugar and sait. Let this Kirkman in care of the "Efficient and Mrs. Jackson, William street sponge rise, in the middle of the Housekeeping" department will be flour, till light; then add two beaten answered in these columns in their Mrs. Douglas Young, King street, eggs and two tablespoons of melted turn. This requires considerable who has been at Metis Beach, Que., butter, and stir all the contents of time, however, owing to the great will spend some time in Quebec be- the bowl well together (flour includ- number received. So if a personal or ed). Now turn the dough out onto quicker reply is desired, a stamped Mrs. M. Joyce, Charles street, left a floured board and knead well. Have and self-addressed envelope must be worked into the dough during knead- | matter.

Mr. and Mrs. Hobart Dyde and Miss have been spending their vacation her daughters, Sisters Michael and Jemmett. lemon lotion to bleach and bring that Mrs. Stewart, returned to town to- and, Kingston, are enjoying a visit Buffalo, N.Y., are spending their cago, where they will spend a month. Misses Mary and Dorothy Row!- Mr. and Mrs. Arthur Wilkinson, Napanee, left on Thursday for Chi-

Bagot street. Mr. and Mrs. S. A. Heward, who Miss Leslie Taylor has returned Mrs. J. C. Murchie is at "Denshave been living in Halifax for the from a Chautauqua tour, and is with mere House", Sydenham street. past eight years, have moved to To- Principal and Mrs. Bruce Taylor at

Miss Margaret Bain and Miss Iley in Detroit. Cane, two English teachers who are exchanging with Canadian teachers under the provision made by the League of Empire, spent a few days at the "Y," Johnson street, this week, some time with Mrs. Guy Gamsby, and left on Friday for Toronto, where they will teach the classes in the city schools of the teachers who have ex-

Mrs. Farrand Pringle and her children, who have been with Rev. A. O. Lady Macdonell has returned to Cooke and Miss Cooke, St. Mark's rectory, Barriefield, returned to

Prof. Symons and Mrs. Norman

Miss Betty Potter is spending her vaction in Toronto, the guest of Mr. and Mrs. J. M. Hunter.

Mr. and Mrs. S. J. Moss and baby, Campbellford, are visiting Mrs. Moss' arents at Harrowsmith. Mr. and Mrs. Daniel Smith and son.

Loren, and Master Joe O'Brien, King street, are in Toronto attending the

Mr. Clark and Mrs. Macdonald who have been en pension with Mrs. Lloyd, Johnson street, left to-day for San Francisco.

Mr. and Mrs. P. Boyce of Kingston, spent the week-end with Mr. and Mrs. Ben Bishop, Lake Shore Prince Edward.

Mrs. O. F. Telgmann, who has been visiting her mother, Mrs. Jackson, Picton, returned to Kingston on Friday.

Miss Dorothy McQuaid, Rochester, N.Y., who has been visiting in the city, the guest of her unole, Charles Lyons, Ordnance street, left on Saturday to visit in Toronto.

Vincent Lyons, of the Northeast Ciectric Company, Rochester, N.Y., is visiting in the city over the week-

George Newlands, Portland, Oregon, is the guest of his parents, Mr. and Mrs. William Newlands, at their summer home, Wolfe Island.

Mrs. A. McCartney and daughters, Misses Evelyne and Alice, University avenue, left today for Toronto and will be the guests of Mrs. S. Menary, Lansdowne avenue.

After spending the past ten days with her grandfather, George W. Shibley, Napanee, Miss Irene Cowan is spending the remainder of her holidays in Morven with Mr. and Mrs. J. Bailey Hamm, after which she returns to Toronto on Sept. 4th by way

Miss Elsie Knapp, Kingston, spent a week at J. M. Spafford's, Napanee Mrs. Robert Mill, Napance, came ! YOU SHOULD PRESERVE FRUIT OF THIS QUALITY AND PRICE

The prices are so reasonable and the quality so high, of the peaches and plums now on the market that you should preserve an extra supply.

The best varieties of preserving plums are now obtainable, together with Crawford peaches.



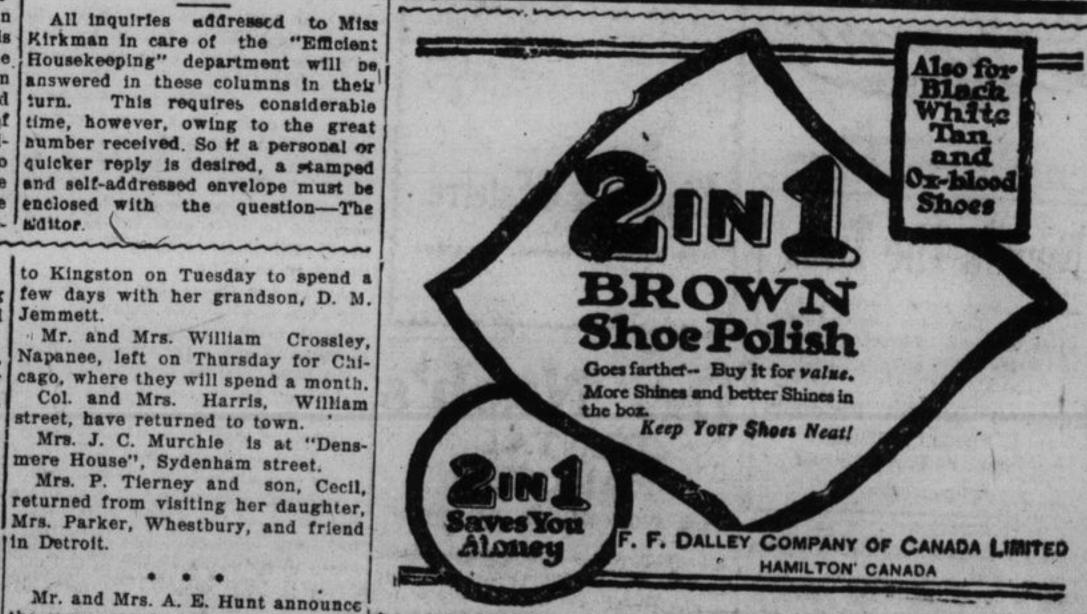
The mark of Niagara Peninsula Growers, Limited, on containers stands for carefully packed, evenly graded fruit. If you cannot purchase this fruit from your dealer, write us direct

Niagara Peninsula Growers,

Grimsby, Ontario

For best results use LGG-U Baking Powder

A trial will convince ORDER FROM YOUR NEIGHBORHOOD GROCER.



the engagement of their only daugh- J. H. Howell, Welland, Ont. The take place quietly about the middle tor, Lillian Pearl, to Stanley Allon, marriage will take place at the end of September. Toronto, formerly of Allandale, the of September. marriage to take place quietly the

Collin's Bay, announce the engage- Cross Society, will be held in the Mrs. David Murray announces the ment of their younger daughter, grounds of the Red Cross Lodge, engagement of her elder daughter, Vera May, to John Edward (Roy) Sydenham Hospital, on Saturday, Lillie Isabel, to Dr. James Harrison Gibson, son of Mr. and Mrs. E. E. Sept. 9th, from 3 to 6 p.m. Home-

A garden party, under the auspices Mr. and Mrs. Lewis A. Wartman, of the Kingston branch of the Red



fat pork.

Cooked with scientific precision.

Every bean perfect.

Rich-Nourishing-Appetizing.

Chili or Tomato Sauce-five sizes all grocers-try them today.

Victory

Pork and Beans Lunch Tongue Compressed Corned Beef Corned Beef Luncheon Beefsteak and Onions Cambridge Sausage

Only choice meats, Dominion Government inspected, are usea in Victory Canned Products. Made in Canada.



And de sand in the sand in the

NATIONAL CANNED MEATS LIMITED, TORONTO, CANADA