

DR. A. W. WINNETT
DENTAL SURGEON.
Corner of Johnson and Wellington Streets
Phone 363

For moving of
FURNITURE, SAFES,
PIANOS, CARTAGE and STORAGE OF
EVERY DESCRIPTION
Kingston Transfer Co.
Phone 377, Everings 2231,
153 WELLINGTON STREET

Dr. Waugh
Dentist
106 Wellington St. Phone 256

When in Kingston stop at
HOTEL RANDOLPH
THE POPULAR HOTEL
Central location.
Rooms with hot and cold running water.
Special attention to Transients.
Meals served on Daylight Saving Time

OGILVIE'S
Insurance and Brokerage Office
AGENT FOR
EXCELSIOR LIFE, ROYAL EXCHANGE, FIRE, SICKNESS AND ACCIDENT, BURGLARY.
G. HUNTER OGILVIE
151 Wellington Street

WATTS
People's Florist
177 Wellington street.
Fresh flowers and plants daily
Funeral designs, and wedding bouquets to order. Phone 763.
Res., 1187.

W. R. McRae & Co.
GOLDEN LION BLOCK
Sold by

COAL
Cheapest quality of Scranton Coal. No other kind sold by us.
BOOTH & CO.
Grove Inn Yard Phone 183

FOR SALE
A beautiful island in Loughboro Lake \$75.00
W. H. GODWIN & SON
Real Estate and Insurance
89 Brock Street Phone 424

GUNN'S MAPLE LEAF COOKED HAM
Made from Pork Sausage. Put up in one pound net tins. Cooked fresh—the flavor is surprisingly different to what one expects. Just the thing for holiday trips and hurry-up meals.
BON MARCHE GROCERY
Corner King and Earl Streets. Phone 1844.

FOR SALE
Military Tents — Bells and Marquees—at reduced prices.
Also new Camp Cots and Chairs.
I. Cohen & Co.
875 Ontario St. Phones 836, 837

VITALITY and HEALTH

New Treatment
Brings Them Quickly
Strong muscles, a keen eye, the most abundant strength and energy, and a splendid proportioned figure are yours almost for the asking. Just take two tablets of Ironized Yeast three times a day. Everyone knows that yeast is a wonderful builder of health, vitality, strength and good solid flesh and muscle. And the new ironization process enables the yeast to do its work twice as quickly. Get Ironized Yeast from your dealer today, and become the strong, well-formed athletic man you've always wanted to be.

IRONIZED YEAST Tablets
THE ONLY YEAST THAT IS GENUINELY IRONIZED

PIANO TUNING
Piano Tuning and Repairing.
Also Organ Work.
All work guaranteed.
PETER D. BROWN
12 Markland St. Phone 2397m.

BUILDING?
REPAIRS OR ALTERATIONS?
Estimates given by
O. Aykroyd & Son
21 Main Street. Phone 1070.
THOMAS COPLEY
Telephone 987.
Wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work. Also hardwood floors of all kinds. All orders will receive prompt attention. Shop 28 Queen Street.

The Telgmann School of Music

Piano, violin and other stringed instruments. Alida V. Telgmann, B.E., teacher of Elocution and Delsarte system of Physical Culture. Pupils may begin at any date. Terms on application.

484 BROCK ST.
Phone 2217J.

PRESTON PORTABLE GARAGES AND COTTAGES
Write for Illustrated Folder
THE METAL FRAME & SIDING COMPANY, LIMITED
58 Guelph St., Preston, Ont.

SUMMER MONTHS BRING ASTHMA AND MANY FEVER AND TREMOR DISTRESSING DISEASES NEED EFFECTIVE TREATMENT.
DR. J. D. KELLOGG'S ASTHMA REMEDY
WHEN BURNED EMITS AN "AGREEABLE" SMOKE, THE INHALING OF WHICH PROMPTLY ALLAYS IRRITATION. A TRIAL WILL CONVINCED YOU OF ITS MERITS.

WHILE AT CAMP
LET US REPAIR YOUR CLOCK
L. C. HEMSLEY
Watchmaker from R. J. Rodger
149 Sydenham St.
Just off Princess

EVERSHARP PENCILS REPAIRED
We are equipped to make any repairs to above pencils.
We carry a supply of parts.
Prompt service.
J. R. C. Dobbs & Co.
41 Clarence Street, Kingston.

SEIDLITZ POWDERS
Fresh and full weight — in sealed packages — 25c. per package.
A Seidlitz Powder will relieve a sick stomach or headache, which is so prevalent during the hot weather.
Buy your Seidlitz Powder from—
M. R. McColl
PRESCRIPTION DRUGGIST
Phone 82.

Kingston and Vicinity

Park Avenue Improved.
Park avenue has received attention from the road patching gang and is now in better shape.

Will Recover.
Engaged in target practice with some companions, Clifton Foxton, Athens, was shot in the left arm by another boy. Physicians extracted the bullet and the boy is recovering.

At a Summer Camp.
A. W. Dean, physical instructor at the local Y.M.C.A., is spending his holidays at a summer camp near Gananoque.

To Improve Ball Diamond.
At the end of the baseball season the diamond in the Victoria park will be put into better condition for next year's games.

George Ada Injured.
George Ada, Arch street, had his ankle severely sprained at the ball game in Cape Vincent, N.Y., and is now laid up at his home for a few days.

Passed Away At Chicago.
There died at the Suburban Hospital, Chicago, July 18th, Winnifred, wife of John Roundell and eldest daughter of Mr. and Mrs. Alfred Pretty, Picton.

Very Heavy Cape Traffic.
Owing to the heavy traffic of motor cars, freight and passengers from Cape Vincent to Kingston, the steamer Waubic has been late on several of her trips lately.

To Prepare For Fall.
A story has been added to the Hogg & Lyth elevator at Picton, doubling its capacity, in preparation for handling Prince Edward county's big grain crop now being harvested.

Parks Are Green.
Due to the large amount of rain this summer, the grass and foliage in the parks have not been affected by the heat as in other years. The grass in the parks is still remarkably green.

Cheese Sales.
London, 105 offered, 14 1-4c bid, no sales.
Cornwall, 1,251, at 14 9-16c to 15 5-8c.
Vankleek Hill, 968, at 14 1-2c.
Belleville, 1,700, at 14 5-8c.

A Miniature Flood.
The heavy rain on Monday afternoon flooded Ontario street near Clarence street to a depth of seven or eight inches. Motor cars had to splash their way through until the excess water was removed.

Were Here For Funeral.
Frederick Offord, Toronto, and Ethelbert Offord, Montreal, were in the city attending the funeral of their mother, on Monday. John Offord, Toronto, another son, was too ill to attend.

Given Offices in Grand Lodge.
V.W. Bro. Rev. F. Louis Barber, Picton, at present summering in Kingston, has been appointed Grand Organist of the Grand Masonic Lodge of Ontario. V.W. P. H. Rider, Kingston, has been made one of the Grand Stewards.

Still More Rain.
The Weather Man is certainly liberal with his showers. Following the downpour of Sunday along came another lively shower on Monday afternoon. For a time it looked as if the storm would be a very serious one.

A Real Snap.
We just received a shipment of Boys' and young Men's suits, splendid quality, all wool, black with white stripes. On sale at a reduced price. Boys' suits worth \$12 for \$7, young men's \$25 for \$18. Prevost, Brock street.

Purchased Fire Wood.
Anticipating a shortage of coal in Smith's Falls next winter, owing to strikes, Messrs. C. H. Crozier and Len. Edmunds, paid a visit to Mountain Grove, Frontenac county, and made a purchase of fifteen carloads of dry maple.

To Get Entrance Certificates.
Freda Scott, Kathleen Howard, Picton; May Darling, Cherry Valley; John Steen, Hillier, unable to write on account of illness or other unavoidable causes, were granted entrance standing on their term's work by the Department of Education.

A Lad Killed.
Mrs. Wilbert Collier, Picton, received word that her little nephew, Orrin Hale, had been instantly killed on July 31st in Washington, D.C. He was the son of Mr. and Mrs. O. G. Hale. His mother was formerly Miss Pearl Wilder, Picton.

Was A Patient Sufferer.
A citizen of quiet ways and good repute was the late Alfred Soper, Picton, who died on Monday in his eighty-fourth year. Eight years ago he suffered a stroke of paralysis and never afterward enjoyed good health. During the last two years and nine months of his life he was confined to his bed.

Got Away With \$50.
According to a report received here Monday morning, Harry Walker, a butcher living at Harrowsmith, was robbed of \$50 by a gypsy on Saturday. Provincial Constable

Clark was notified about the matter, and made an investigation, and the money was recovered, but it is understood that there will be no prosecution in the case.

Return to Quebec.
Mr. and Mrs. J. J. C. Pelletier, who have been enjoying a visit in Kingston, after an absence of twenty-seven months, left Monday afternoon for their home in Quebec City. They resided for years in this city and their many friends were glad to greet them again. Their son-in-law, J. C. E. Tremblay, B.Sc., a graduate of Queen's University, is now chief engineer of the Quebec waterworks, and Mr. and Mrs. Pelletier will make the ancient capital their home for the future. Mr. Pelletier has established a good business there.

Sand For Swimming Hole.
On Saturday afternoon, the tug, Stanton, towed a scow loaded with sand to the "swimmin' hole" at the Richardson bathing house in Macdonald park. The sand will be gladly welcomed by the bathers as the sharp stones have been cutting their feet. It is hoped that the sand will not get washed away. Quite a large number of people were present when

the sand was being dumped in off the scow. A large number of "kiddies" were on hand to join the fun.

Flower Sunday Observed.
Flower Sunday was observed at the morning service of Calvary Congregational church. There was a large quantity of flowers banked around the pulpit producing a splendid display. Special singing for the occasion was rendered by the choir. There was a very large congregation present to listen to the sermon from the text taken from the book of Solomon, "Sweet Flowers."

There were a number of lessons gathered from various flowers given to the people by the speaker, Rev. A. F. Brown. After the service the flowers were distributed among the people who had sick friends or who had no garden.

During the service the infant son of Sergt. and Mrs. Richard Colson was christened. This is the same family of which the little boy was drowned last week and who was a member of Calvary Sunday school.

Calvary people are glad to say that they have found no need of joining up with any other church during the summer to keep their church edifice filled.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- Colds
- Headache
- Rheumatism
- Toothache
- Neuralgia
- Neuritis
- Earache
- Lumbago
- Pain, Pain

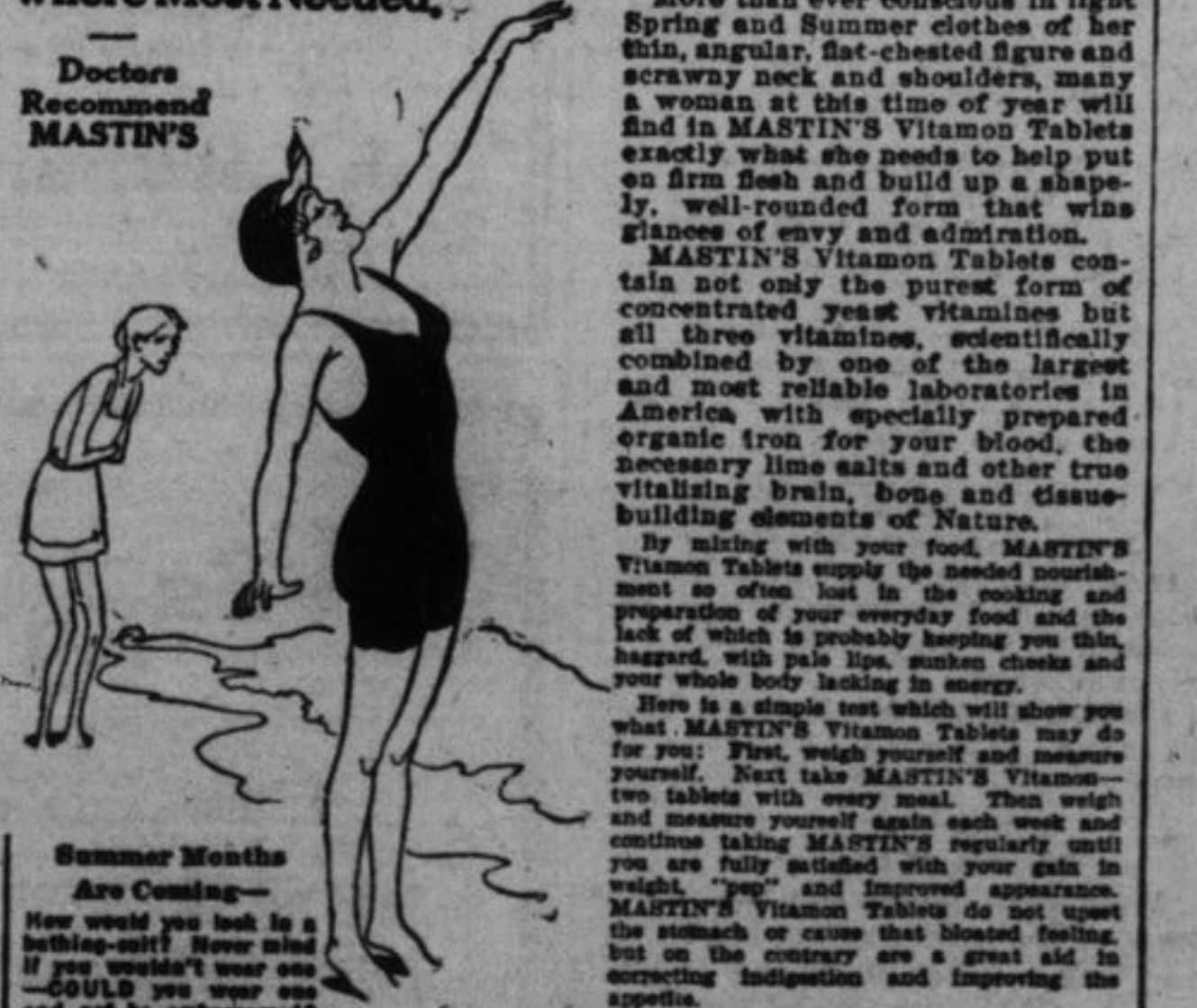
Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

GRAVES BROS.

PLUMBING, TINSMITHING, STEAM HEATING, HOT AIR AND HOT WATER HEATING
All work given our personal careful attention.
HOUSE FURNISHING HARDWARE
211 Princess Street Phone 332

How To Make Your Figure More Youthful and Beautiful

Remarkable Results Obtained By Women Everywhere Prove Amazing Value of MASTIN'S Vitamon Tablets to Fill Out Hollows and Put On Firm Flesh where Most Needed.



More than ever conscious in light Spring and Summer clothes of her thin, angular, flat-chested figure and scrawny neck and shoulders, nearly a woman at this time of year will find in MASTIN'S Vitamon Tablets exactly what she needs to help put on firm flesh and build up a shapely, well-rounded form that wins glances of envy and admiration.
MASTIN'S Vitamon Tablets contain not only the purest form of concentrated yeast vitamins but all three vitamins, scientifically combined by one of the largest and most reliable laboratories in America with specially prepared organic iron for your blood, the necessary lime salts and other true vitalizing brain, bone, and tissue-building elements of Nature.
By mixing with your food, MASTIN'S Vitamon Tablets supply the needed nourishment as often, but in the feeding and preparation of your everyday food and the lack of which is probably keeping you thin, haggard, with pale lips, swollen cheeks and your whole body lacking in energy.
Here is a simple test which will show you what MASTIN'S Vitamon Tablets may do for you: First, wash yourself and measure yourself. Next take MASTIN'S Vitamon—two tablets with every meal. Then weigh and measure yourself again each week and continue taking MASTIN'S Vitamon until you are fully satisfied with your gain in weight and improved appearance.
MASTIN'S Vitamon Tablets do not upset the stomach or cause that bloated feeling, but on the contrary are a great aid in correcting indigestion and improving the appetite.
All testimonials given above are guaranteed authentic and original letters on file for inspection.
WARNING! No matter what anyone says, if you actually want to make sure of the quick, certain results such as countless numbers have obtained you must insist upon the name MASTIN'S to get the Real VITAMON Tablets. You can get MASTIN'S at all good druggists.
DISTRIBUTORS: DUNCAN-KERSEBAW & CO.
287 St. James St., Montreal, Canada

if it MASTIN'S isn't VITAMON The World's Standard Used by Millions

Fibre Board

Solid Fibre Board makes a very stiff, strong Board for Walls, Ceilings, etc. It is a good, sound-deadener.
Sheets are 4-0 x 8-0, and the reduced price is now within reach.

S. ANGLIN & CO.
Woodworking Factory and Lumber Yards, Bay and Wellington Streets, KINGSTON, Ont. Office Phone 66. Factory Phone 1418.

THE A. B. C. WASHER
Let us loan you one free for next washday.
"THE ELECTRIC SHOP"
F. GRACE Phone 1545 115 Brock Street

A SUMMER MENU FOR ALL
Summertime is the hardest time of all the year. During the hot weather it is very difficult to get food daintily arranged and tasty enough to tempt the appetite.
The new England Cafe prides itself on its cuisine and service. Real home cooking, yet put up in dainty form. During the hot weather dine at—

The New England Cafe
231 KING STREET. KINGSTON, ONT., CAN. Private Phone 655. Public Phone 827

Your Wrap For Next Fall and Winter

It is not too early to decide what is to be done about a warm Wrap for the Fall and Winter.
There are just two things to do. Either have the present Fur Coat remodelled or fixed up or else see what can be done about a new Fur Coat.
It will be a pleasure to advise you whichever the case may be.

Gourdier's
BROCK STREET

Klothklad Suits

The only thing in a Suit for a boy who is continually on the go.
They are "Made to wear where others tear"



TWEDDELL'S
131 Princess St.
(One door below Randolph Hotel)

Sweater Coats

We are showing many new styles and colors in this useful and popular garment.
Pullover and Tuxedo styles in wool, silk and mohair. Attractively priced from—

\$2.75 up
SILK AND WOOL SCARFS
In a great variety of styles and colors, for—
\$1.50 each up

W. N. Linton & Co.
Phone 191. The Waldron Store.