

### GIRLS! KEEP YOUR SKIN CLEAR AND FRESH

No matter how well you dress, how attractive your personality, or how talented you may be—one little pimple or blackhead can rob you of all your charm. For nothing is more offensive to the masculine eye than skin eruptions in a woman. Thousands now realize that the quickest way to banish irritating skin defects is through Irontabz Yeast. These wonderfully effective tablets supply your system with certain vital elements lacking in your food—the very elements needed to keep your skin clear and fresh. Simply take two tablets with each meal. Before you know it you have a clear, fresh, youthful complexion—free from even the slightest defect. You won't believe what a wonderful change Irontabz Yeast can bring in your appearance until you try it. Get it today. To try it entirely free, mail postcard for Famous 3-Day Test. Address Harold F. Ritchie & Co., Ltd., Dept. 84, Toronto. Irontabz Yeast is recommended and guaranteed by all good dealers.

### The Safe Laxative



Phenolax  
Wafers



Wash With Cuticura Soap and Have a Clear Skin

### SAVED HER FROM AN OPERATION

So Thinks Mrs. Tracy of Ontario, Regarding Lydia E. Pinkham's Vegetable Compound

Knightsbridge, Ontario.—"I took Lydia E. Pinkham's Vegetable Compound at the change of life for troubles that women often have at that time. I had not been well for a year and was not really able to do my work. A friend who had taken the Vegetable Compound herself recommended it to me and think it saved me from an operation. I highly recommend it to all women who have troubles like mine, and am willing for you to use my testimonial."—Mrs. D. Tracy, J. Tracy, Knightsbridge, Ontario.

Some female troubles may through neglect reach a stage when an operation is necessary. But the more common ailments are not the surgical ones; they are not caused by serious displacements, tumors or growths, although the symptoms may appear the same.

When disturbing symptoms first appear take Lydia E. Pinkham's Vegetable Compound to relieve the present distress and prevent more serious troubles.

### EVERSHARP PENCILS REPAIRED

We are equipped to make any repairs to above pencils. We carry a supply of parts. Prompt service.

J. R. C. Dobbs & Co.  
41 Clarence Street, Kingston.

### Miss Drake Refuses

By JANE OSBORNE.

When Mrs. Turner joined her father for breakfast he was pretty sure that she had come to ask him to go on some errand or other for her down town. Much as she doted on Jimmy and great as was the pride she felt in his remarkable success in business, she still held the same notion concerning what business actually demanded of a man that she had had during the life of James Turner, Sr. To her there was always left time in the business man's busiest day to write business letters, telephone and go on shopping expeditions for the woman at home. Jimmy was right in the shopping section—why shouldn't he match the silk? He had a telephone right on his desk—why shouldn't he telephone the plumber about the roof leaking? He was so used to writing letters—why shouldn't he attend to the social correspondence?

But on this particular morning Mrs. Turner's commission was a little unusual and she approached her son with something of a cajolery.

"I'm giving that tea this afternoon, Jimmy dear, and everything seemed to be coming off splendidly. You promised to get home by five, you know. Mrs. Standish has been making such a spurge of late that I must have this perfection. Now, of course, there is Hannah in the kitchen, and Alice is sending me her Violet to help in the dining room, and there will be Benson at the door, with Ilta helping upstairs, but Jane has just told me she couldn't be here. It's her regular afternoon off and she has made some sort of date. She has given notice, anyway, or I should discharge her for it. And she is so indispensable in the pantry. I must have some one with taste to make the sandwich plates attractive and put the finishing touches on things and keep the rest of them from losing their heads. That is why Jane was indispensable."

"So I am to help in the pantry?" Jimmy asked as soon as he could find a chance to interrupt.

"Silly," said Mrs. Turner, still with a cajoling voice. "I was only thinking that one of your girls could come and help out. There seems to be such a lot of them and they never have much to do." It was one of Mrs. Turner's firm beliefs that any business man could manage to get along with half as many stenographers and clerks as he did, but Jimmy did not dispute her.

"There is that nice looking girl that seems to be your secretary or something," went on Mrs. Turner, too intent on her own interests to notice the look of annoyance that came on Jimmy's face at hearing Alice Bushy spoken of by his mother as she might have spoken of a bit of office furniture.

"Your idea was to have Miss Bushy come here and help out?" he asked, then hesitated a moment, giving time for his idea to formulate, an idea that changed his look of annoyance to one that showed real pleasure in anticipation. "Perhaps she might. Of course it is most unusual to get a young woman of that sort to do that sort of thing. She would only do it as a favor."

"I don't see that at all," came back Mrs. Turner. "She is a working girl and you employ her to do what you want her to do. There is nothing disgraceful about this work. I would give her a big apron to put over her dress and she would just have to stand in the pantry seeing that things go right; that none of the servants get excited and that the sandwiches don't look as if they had been thrown on the plates."

"What time shall she be here?" was Jimmy's only response.

"Oh, three. There'll be things to do beforehand." Mrs. Turner called as Jimmy made his exit from the breakfast room.

Jimmy Turner was not a man of many theories and abstract ideas, but he had formulated one theory that he usually kept to himself—that was that the girl in business usually made a more congenial, all-around companion as a wife than the girl whom men such as Jimmy met in society. He had even made up his mind that if he ever married it would be a girl who worked in an office. Of course such an idea as this would have been incomprehensible to Mrs. Turner. So Jimmy didn't say anything about it and remained a bachelor. Of late, however, he had given Miss Bushy, his secretary, more than a second thought. He had found some little satisfaction in the fact that his mother had called her a "rather nice looking girl." Between conceding that and thinking of her as a possible daughter-in-law there was a long way.

Jimmy broached the subject to Miss Bushy with all the tact he could summon. Miss Bushy's rejoinder left no possibility of hope. And in the cheap sort of hauteur that she affected in refusing, Jimmy Turner felt that he saw something in her nature that he had never seen before. It did not enhance her desirability as a wife in Jimmy's eyes.

Still there was the thought of the empty pantry, the cakes and sandwiches looking as if they had been thrown on the plates, servants losing their heads at the last moment. He lured not his mother's come without sending his mother some one to help. It was another of Jimmy's few theories that in case of what seemed

### Black Mass Said Again in Paris

Among the post-war outbursts of new cults and revivals of old ones, from spiritualism to auto-suggestion, it was fairly certain that black magic would again become conspicuous.

The oldest of all religions and one which still survives more or less unchanged over half the world, devil worship, which is another name for it, is always certain of a hearing whenever the human mind gets shaken out of its accustomed rut, writes a Paris correspondent of the New York Post. The cave dweller, when first he heard a thunderstorm, was probably the first devil worshipper; the latest, though, though the truthfulness of the devil's existence is not at all certain, have their headquarters almost within hearing of the Madeleine—in an extremely respectable street just off the Grandes Boulevards, that is to say. The Black Mass, familiar to all students of demonology, has never altogether lacked its votaries in Paris. They were very much in evidence in the days when the French monarchy was dying. The Pompadour was accepted, on her truthful evidence may be doubtful, as being a distinguished votary; the Regent was among the most august of its patrons.

In its simplest form this ritual is merely a blasphemous parody of the mass. Such it has been since the beginning of the Christian era. Before, it took many forms, as it does among savage people to-day. But almost as soon as the Christian mass was instituted, the opposite of good, naturally those who worshipped it chose exactly opposite methods. In mediaeval descriptions of witches' Sabbaths you find precisely the same ritual described which is gone through that off the Grandes Boulevards to-day. That is to say, everything is done as in the mass, but contrariwise. The service is said backwards, for instance, and not be mentioned details which need not be mentioned here are all based upon the various services of the church as looked at through the eyes of infidelity. These details need not be interesting part about this new revival is its post-war history. It is said to have begun in Russia, in the early days of the war, when the troops called from various Asiatic districts brought their inherited devil worship with them.

But there was one very striking difference between the devil worship of the eighteenth and nineteenth centuries and that of the twentieth. In the days of the Pompadour it was merely a parody of the Christian mass, in parodying religion, with details as offensive as possible, none of the votaries took either themselves or their parody seriously. It provided a means towards vigils with possibilities of hysterical, vicious or other obscenity not to be found elsewhere. So it was in the days before the war, when it merely formed a subsection in the annals of the police des mœurs, with a little claim to be classed as a cult as the cocaine habit or the "slave" traffic. But in the new devil worship all this

### Black Mass Said Again in Paris

is changed, just as it is changed in fifty other cults which in pre-war days were frankly regarded as results of unbalanced minds, but are now taken seriously and professed by eminent and virtuous authors and scientists. There is, however, the distinction that, whereas the majority of the new cults only lead up to irrationality, the adherent of black magic is more or less made, or let us say, that he is extremely "devout" and meticulous in his adherence to dogma may be because, unlike, for instance, spiritualism, devil worship has not only a very ancient tradition behind it, but a ritual which has varied only very slightly since the beginning of Christianity.

We are told that the female mind of Europe, as a whole, has suffered greater and more permanent evil results from war strain than the male. Certain it is that the new devil worship has more women than men among its devotees. Its high priestess is a woman. This, it is true, is only in consonance with tradition, the celebrant of the Black Mass having always been a woman, for the simple reason that the Christian priest was a man. So it is with various assistants in the "service." The present high priestess is a woman of Polish antecedents, the widow of a French soldier. It is only within the past few months that she has been raised—or lowered—to her present dignity. While recently she lacked the "diabolic succession," her present position can only be inherited from an "arch priestess," if that be the right name for it, of the cult, and when the "revival" came it was impossible to discover the last holder of the succession.

Truth to tell, they are not particularly inspiring, except for those that like that sort of thing—they suggest, rather disappointingly, the old-fashioned fortune teller's den. The "Temple" is a fair-sized Parisian salon, capable of accommodating perhaps fifty "worshippers," though the "congregations" are limited to twenty and seldom exceed ten in number. The room is windowless and hung with black walls, ceiling, and floor. The unplesant smell, representing the form of incense supposed to be dear to the devil. There are rather feeble magic-lantern effects of red or purple light peeping down from the ceiling or so forth. A place is kept clear on the "altar" on which the devil is supposed to make his incarnate appearance, and it will be easily believed by those familiar with post-war psychology that quite a number of his "flock" profess to have seen and held converse with him.

### The Natural Wealth of Canada

Grain

THE Northwest was a barren waste only forty-odd years ago. Today, in a thousand-mile belt across the three prairie provinces, is one of the greatest grain-producing areas in the world. For the year 1921 the total value of the wheat, oats, barley and rye produced throughout Canada was estimated by the Government at \$432,984,750.

The Bank of Montreal has a service adapted to the needs of the farmer and a system of branches reaching to all districts.

## BANK OF MONTREAL

Established over 100 years

### Take Mastin's Vitamon To Build "Stay-There" Flesh and Clear Skin

Easy and Economical To Take—Results Quick

This run-down folks should find this simple test well worth trying: First weigh yourself and measure yourself. Next take MASTIN'S Vitamon—two tablets with every meal. Then weigh and measure yourself again each week and continue taking MASTIN'S Vitamon regularly until you are satisfied with your gain in weight, "pep," energy and improved appearance. MASTIN'S Vitamon Tablets contain highly concentrated yeast-vitamins as well as the two other still more important vitamins (Vitamin A and Water Soluble C) combined with iron, organic iron and the necessary lime salts, all of which science says your body must have to keep you strong, vigorous, well-fortified and fortified against the germs of disease. By increasing the nourishing value of what you eat, MASTIN'S Vitamon helps you get just what your body needs to feed the abundant tissues, strengthen internal organs, clear the skin and renew shattered nerve forces without upsetting the stomach or causing gas. Pimples, boils and skin eruptions seem to vanish as if by magic under its healthful, purifying influence. But it is not only a question of how much better you look and feel, or what your friends say and think—the scales and tape measure will tell their own story. A two weeks test will surprise you.

WARNING: Your safety and protection depend upon getting MASTIN'S Vitamon Tablets—if it isn't MASTIN'S it isn't the Original and Genuine Vitamon, cheap substitutes or so-called "yeast vitamin tablets." You can get MASTIN'S at all good druggists.

If it isn't MASTIN'S it isn't VITAMON  
The World's Standard Used by Millions

DISTRIBUTOR, Duncan-Kershaw & Co.,  
207 St. James St., Montreal, Canada

### CHOICE POTTED FERNS

For choice Potted Ferns it will pay you to see our big variety. Cut Flowers and Funeral Designs a specialty.

P. C. LAWSON  
THE LEADING FLORIST  
STORE: Corner Wellington and Brock Streets. Phone 776.  
CONSERVATORIES: 44 Centre Street, Phone 11747.



### The First Meal You Ever Had

Milk was your first food. It's your best food now. It gave you strength when you were learning to walk. It helped you to grow. Shakespeare talks of the Seven Ages of Man. Milk is the best food for every age—for the young, the middle-aged, the old. Drink a quart a day—at any age from one to a hundred. Notice how good you feel. PRICE'S PASTEURIZED MILK insures you of the purest Milk it is possible to get. Phone your order to-day.

### PRICE'S DAIRY

At North Vancouver, B.C., Ethel Fuller, aged fifteen, fell into Caplan River from a height of 100 feet. The shallow water broke her fall, but she sustained severe bruises and lacerations.

The Russian government is declared to have been for some time accumulating a platinum reserve with the purpose of establishing a coinage which will replace the gold standard.

### MYSTERY IN ANCIENT TOOLS

Ingenious Explanation as to Why Iron Implements Should Have Been Coated With Bronze.

The National Museum of Wales possesses an interesting show case containing a collection of tools and weapons made in Britain at a time when Britain, swing to her vested interests in copper and tin, was still using bronze, though iron was already known in the Continent. In this collection of implements some are pure bronze, some are of iron coated with bronze, and all are of the same patterns as the bronze implements in current use in Britain at the time.

Mr. Q. G. S. Crawford offers the interesting explanation that there was an enterprising merchant of radical tendencies who could make tools of iron but was unable to sell them to his conservative customers, so making his wares exactly like in shape those in general use, he dipped them in molten bronze, and mixing up the counterfeits with genuine articles of solid bronze he started on a journey to dispose of them, but with a mishap and dropped his whole bagful into a lake. Owing to his loss the goods were never dispersed but were preserved for us just as he left them. The explanation is a possible and an ingenious one but surely not the only one imaginable.—Exchange.

### Origin of Slang Term "Masher"

The slang term "masher" is purely an Americanism. There is some doubt as to its exact origin, although three or four plausible sources are available. The most acceptable explanation is advanced by Barrie and Leland, who claim it is derived from the gypsy word "masher-ava," meaning to fascinate by the eye. In 1860 the word "mash" was heard only in theatrical parlance. If an actress recognized a friend in the audience or attempted to pick up an acquaintance by smiling or by winking her eye, the management fined her for "mashing." A troupe of actors of Romany stock are thought to have originated the word.

### Bottom of North Atlantic

The bottom of the North Atlantic ocean is one of the widest and most even plains in the world. If the sea were drained off, a wagon might be driven all the way from Valentia, on the west coast of Ireland, to Trinity Bay, in Newfoundland.

From Valentia the road would lie down hill for about 500 miles to the point at which the bottom is now covered by 1,300 fathoms of sea water. Then would come the central plain, more than 1,000 miles wide, the inequalities of the surface of which would be hardly perceptible, though the depth of water upon it now varies from 10,000 to 15,000 feet.

The United States government, in response to an appeal made by British officials, is now considering the advisability of prohibiting the exhibition of the film "How Kitchener Was Betrayed" in the United States. W. J. Collinson, Wilkie, Sask., was struck by lightning during a storm and instantly killed.

### Sure Way To Get Rid of Blackheads

There is one simple, safe and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this get two ounces of peroxide powder from any drug store—sprinkle a little on a hot wet sponge—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little are, simply dissolve and disappear, leaving the parts without any mark whatever. Blackheads are simply a mixture of dust and dirt and secretions from the body that form in the pores of the skin. Planching and squeezing only cause irritation, make large pores, and do not get them out after they become hard. The peroxide powder and the water simply wash right out leaving the pores free and clean and in their normal condition. Anybody troubled with these unsightly blemishes should certainly try this simple method.

DR. MARTEL'S FEMALE PILLS FOR WOMEN'S AILMENTS  
25 years standard for Delayed and Painful Menstruation. Sealed tin package only, all druggists or direct by mail. Price \$2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto.

### For the Home Hotpoint A New Angle in Electric Ironing

IT RESTS THE WRIST  
When you take hold of a Hotpoint Electric Iron, and place your thumb on the special rest the pressure you use goes directly to the clothes you are ironing.

This feature reduces tending to a matter of minutes the strain of heavy ironing.

Sold by all Dealers.

Canadian General Electric Co., Limited  
Head Office: Toronto  
Sole Branches in all Large Cities

### When Things Stick

There are times when the cap of a fountain-pen vies with the limpet in sticking power. Sometimes, again, it is the screwed portion containing the nib that refuses to move when you want to fill your pen in a hurry. Either of these can be removed in a very simple way. Don't use force; get a broad rubber band and wrap it round the part that has stuck. Rubber grips well on even slippery vulcanite, and you will find that with its help your fingers will obtain such a firm hold that unscrewing is a matter of a moment.

If the metal lid of a screw-topped glass jar refuses to move, wrap round it a strip of sand-paper with the rough side inwards. The rough surface bites into the smooth metal, enabling the hand to get a splendid purchase.

When a glass stopper sticks, try tapping it gently on all sides with the back of a knife. Usually this will loosen it. But if it still remains fixed wind a thick piece of string round the neck of the bottle and pull its ends backwards and forwards half-a-dozen times. The heat set up by the friction of the string will warm the glass, causing it to expand and loosening the stopper.

The Asiatic buffalo is a very valuable animal, its milk containing three and a half times as much butter fat as that of the cow.

The British parliament in any one must be dissolved before December, 1922.