

In the Realm of Women---Some Interesting Features

Fill Out Those Hollow Spots

Try Ironized Yeast To Put On Firm Flesh

Here is a quick easy way to acquire firm, smooth, velvety cheeks, a well-rounded neck, and beautifully curved shoulders free from hollows. Just take two pleasant-tasting tablets of Ironized Yeast three times a day. The yeast adds new firm flesh, fills out the hollows, and gives the soft delicate curves which true beauty requires.

The new secret "ironization" process used solely in Ironized Yeast, enables the yeast to impart these benefits twice as quickly. And the iron brings a wonderful color to the cheeks. Get Ironized Yeast today. In a few days the wonderful improvement in your figure will astonish you.

To try it entirely free, simply mail postal card for famous 3-day test. Address Harold F. Ritchie & Co., Ltd., Dept. 101, Toronto. Ironized Yeast is recommended and guaranteed by all good dealers.

How To Get Rid of Skin Pore Impurities

Science has exploded the old idea of taking internal remedies for getting rid of blackheads, pimples and other skin impurities.

It is now done externally by the use of a simple, harmless powder that dissolves away every particle of dust, dirt, excessive oil and other disease-forming impurities in the pores of the skin.

Just get from your druggist a small package of peroxine powder and at night, just before retiring, take your wash cloth, wet it with plenty of hot water, sprinkle a little of the peroxine powder on it and rub it over the face, neck, arms and bust, working up a little lather.

You will notice a delightful tingling sensation while this is on the skin. Leave on for a minute or two, then wash off with warm water and finish with cold—the colder the better. Dry the skin—look in the mirror and notice its wonderful refreshing appearance.

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25 years standard for Delayed and Painful Menstruation. Sealed tin package only, all druggists or direct by mail. Price \$2.00. Knickerbocker Remedy Co., 71 E. Front St., Toronto.

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Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted.

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Miss M. Bayington Tells How Cuticura Healed Her Scalp

"I was troubled with a scalp trouble for several weeks. It broke out in pimples and my hair fell out. My head itched and burned a great deal. I tried different remedies without success. I saw Cuticura Soap and Ointment advertised and sent for a free sample which helped me. I purchased more, and after using one cake of Cuticura Soap and one box of Cuticura Ointment I was completely healed." (Signed) Miss Marian Bayington, Freeville, Maine, Feb. 27, 1921.

Keep your skin clear by using Cuticura Soap and Ointment for every-day toilet purposes and Cuticura Talcum to powder and perfume. Bathe with Cuticura Soap and hot water. Before bathing, touch pimples and itching, if any, with Cuticura Ointment. Dry and dust lightly with Cuticura Talcum, a powder of fascinating fragrance.

There were 3,868,000 pounds of unshelled, and 49,500 pounds of shelled walnuts exported to the United States from Rumania during the year 1921.

WHITE CREPE FAILLE OUTFIT



This striking sport costume is of white crepe faille and the jacket of scarlet green, the contrast giving a stunning effect.

CLOTHES FOR LITTLE GIRLS

Dotted Swiss One of Favorite Materials; Care in Combination of Fabric Essential.

For the six to ten-year-old girl a very dainty, smart and practical dress is of red and white dotted swiss—bright, red, dotted with white—trimmed with a crisp white organdie. The wide neck frill and the narrow ruffle that trim each outer sleeve are of organdie bound with swiss. Pockets, sleeves and front of the frock are trimmed with cluster of pearl buttons and a dash of wide black cre ribbon finishes the frock at the waistline, a small bow of narrower ribbon appearing at the neck. The dress buttons in the back.

Dainty pipings and bindings, small tucks, handwork where possible, and care in the combinations of fabrics and colors, rather than radically new styles, are the points to be looked for in garments for the younger generation.

Wash dresses are by all odds the best things to choose for girls of twelve years or less, and each year sees these garments enjoying a longer season demand. They are no longer designed for summer wear only, but are worn the year through.

Gingham, chambrays and tissues are in high favor at present, with saten, English plint and pongee also very much approved. The figured saten and English prints come in a wide range of colors and patterns and really make very charming dresses both for children and grown-ups. Pongee is also a splendid choice if a good quality is purchased.

FASHION IN BRIEF

Palm Beach veils of Shetland silk are strong favorites just now. Novel shoes of black patent leather have gray suede tops reaching a little above the ankle bone.

A frock of red velvet has an overskirt of brown net caught in a chou on one side at the waistline.

Vertical trimming of fringe in self-color is solely responsible for the charm of a mauve crepe gown.

Polart displays a three-piece suit of white romaine with a black quilted satin coat lined with tangerine taffeta.

Many of the evening gowns worn at Palm Beach this season are of white canton crepe beaded in yellow beads in an all-over design.

Black moire is to be one of the best selling materials for the one-piece costume this coming season. It is at its best when trimmed with black monkey fur.

Neckwear is made up in bold, splashing colors of linen rather than in sheer batiste and lace. The tendency for sport effects is probably causing this change.

Vails with small dots are preferred at the moment to the larger meshed ones with the chenille dots. The mesh is usually taffy or sand color with brown dots. Henna and putty are also good.

Season's Top Coats. The wing or cape sleeve is featured in a good many of the season's top coats. One smart model, made of plaid wool material in a heavy weave, had sleeves cut to flare from shoulder to lower edge and much longer than the arm. These sleeves were seamed together on the under arm to wrist length and below this they fell away from the arm to form a decided cape. The coat was full length, belted and finished at the front with a Tuxedo revers.

Shoe Style. Bands of black leather are stitched over a pair of brown satin shoes which taper with black moire ribbon.

CHECKS IN FAVOR

Many Kinds of Weaves Ready for the New Season.

Outfit Requires Belt, and Paris Often Advocates the Use of Three, Writer Says.

Surely it's a checkered spring. There are checks in woven block patterns and checks made by single barred lines. There are tiny checks, big checks, in-between checks. Some checks show two colors, others three, and then again there are the more subdued one-color fabrics where the weave makes the check. You may use the checks on the bias or on the straight; but use them you must, for something checked you should have if you want to look smart this spring.

Besides the French voiles checked in sponges, there are others in woven block checks in color combinations so attractive—copper and beige, or strawberry and cream. Then there are the smaller, daintier checks of rose and white, Harding blue and tan, lemon yellow and gray. They all make the prettiest of frocks and require but little trimming. Sometimes a belt is all that is necessary; but to get the smart effect the belt must be dropped low, often as low as the hips. And Paris is advocating not only one belt, but often three, warns a writer in the Woman's Home Companion.

Simple slip-on dresses of checked Japanese crepe are too smart for anything, worn with hats of the crepe in



Black and White Check.

the same checked pattern. Or if not an all-checked hat, then perhaps one of the new, cute little poke shapes. It may be of white pineapple straw with the checked note introduced in two or three cotton tissue or gingham flowers.

THE TAILORED STREET FROCK

Interesting Fabric Combination is Featured in Winsome Frock for Spring Wear.

An interesting fabric combination is featured in a tailored street frock for spring. The dress is of navy canton crepe, with waistline a trifle lower than the normal waist, a straight, slightly gathered skirt and full-length flaring sleeves. It is trimmed with a lighter blue duvetyne which forms narrow side panels, each panel approximately three inches wide. The lighter blue duvetyne also binds the wide batteau neck and the sleeves. These panels are slashed from wrist to shoulder, and the duvetyne binding extends around every edge. A line embroidery in red appears just inside of the duvetyne binding, and the panels are embroidered in red.

This dress is sufficiently different to be noticeable, but it is conservative, and the type of frock that a well-dressed woman who is not interested in freak styles or bizarre effects would wear.

Incidentally, the use of duvetyne or other heavy fabric as a trimming for a sheer material may come as an acceptable suggestion to the woman who is making over a last season gown.

The duvetyne panels on the dress are two or three inches longer than the skirt proper, and the ends are folded under as a finish.

The continued vogue of crepe weaves of all sorts is one of the present season fashion points, with unusual fabric and color combinations also noticeable. A wool fabric frock may be trimmed with organdie, a heavy silk, such as faille, with handkerchief linen, and a sheer silk may find a fabric such as duvetyne a desirable selection as a trimming touch.

Crepes Tub Frocks. Cotton crepe is being used for tub frocks for small children, and there is a rage for natural color pongee. Wool jersey is playing an increasingly strong role in the development of dresses for small girls, one smart little model recently seen being made dresy by having an accordion-plated skirt bound all around with a narrow silk braid in contrasting color.



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Bridal Fair Unique Event.

At Ecaussines, a village in Hainaut, Belgium, there is held a bridal fair.

The young girls who don't want to remain spinsters assemble in the village square and receive prospective husbands.

The spectacle is certainly charming and joyous. One can imagine the delicious indecision of these lucky celibates who are invited to select among a thousand brunettes, blonde or auburn flowers those that seem to them the most charming.

Paris, on Mont Ida, had only to decide among three goddesses, and for so little he has entered into legend. At Ecaussines the celibates find themselves otherwise embarrassed.

There is an encumbrance of goddesses!

"It is in a name," says Maurice Prax, in Le Petit Parisien, "a 'bride's fair,' but it would be more appropriate to call it a husbands' fair. For while the girls make the polite pretence of inviting the men there to choose their brides, the fact is that the men are invited to be looked over and chosen by the girls."

"The poor bachelors who have penetrated the large wedding garden, who find themselves suddenly in the presence of a redoubtable battalion of resolute young girls—resolved not to remain young girls—must not for a long time keep up their confidence and sangfroid; they must not for a long time imagine that they are gentlemen of the court of the shepherd Paris. . . . It is the young ladies who, in truth, must make their mischievous or rational choice from the infatuated troop of hapless bachelors. . . . It is the young ladies who must 'pluck' the bearded, mustached or shaved bridegrooms. . . . And the gathering must not be much more difficult than that of certain fruits that ripen in September.

"So they say. But when the bachelors go upon the field of the fair they suddenly throw out the casting net."

While men see that things are not what they should be, there is often the readiness to let all go by with the placing of blame upon other people's shoulders.

If those who are the enemies of innocent amusement had the direction of the world, they would take away the spring and youth—the former from the year and the latter from the human life.

A sunny, cheerful view of life, resting on truth, with practical aspiration to make things, men and self better than they are—this is the true poetry of existence.

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- 50 yards only, Beautiful Swiss Embroidery with Maltese edge, 27 inches wide, regular \$1.50 a yard \$1.00
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- Wools for flowers, 8 yd. skeins 20 Skeins for \$1.00
- Full line of D.M.C. and Cordonnet Crochet Cotton in colors.
- Kiddies' White Dresses \$1.00 up
- Stamped Card Table Covers in Black and White, \$1.00 up
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