with them.

phone 229; Private phone 857w.

arranged at the Country Club on Thursday, when those present were and Mrs. J. C. Newlands, are spend-Miss Alison Macdonald, Miss Kath- ing the summer at their cottage at leen Wallace (Toronto), Miss Louise Garden Island. Hill, Miss Kitty Torrance, Miss Barbara Bidwell, Miss Kathleen Lett, Ottawa, Messrs. R. Bidwell, R. Mingay, and F. Torrance.

A surprise party which claimed the hospitality of Mrs. J. T. Sutherland, Clergy street, was arranged for Wednesday evening, when the pretty prizes were won by Mrs. Charles Mc- gattas at Prinyer's Cove and Massas-Kax and Mrs. George McGowan.

Miss Margaret Browne entertain-Club on Thursday, for Mrs. Regan, London, Ont., and Mrs. C. W. Crookall. New York.

Prof. and Mrs., E. F. Scott and Miss Nona Scott, have arrived in

Mr. and Mrs. Arthur, Lingham, Hilda Calvin. Gore street, are at their cottage on the St., Lawrence river.

Dr and Mrs. Frederick Ethering- Fowler, Mount Chesney. ton, motored to Toronto today.

Mrs. W. T. Minnes, "Hillcroft," returned from Brockville on Wed- couver to-day with her two daugh-

Phenolax Wafers -

The Safe Laxative Packaged to suit your needs The Ten Water Package Vest pocket size The Thirty Wafer Package



les Agents, Toronto, Ont

Montmorency) Arriving daily in & gt. and 11 gt. baskets and prices are very reasonable. Leave your order here.

100 bags in, to sell at \$2.75 Bag

Lemons

Large juicy. 29c. doz.

Libby's Rose Brand Red Salmon

lb. tins

Bananas

Large, ripe. Only 29c. Dozen

Stores "Stores of Better Value" er Princess and Barrie Sts. Cor. Montreal and Ragian Rd. Groceteria: 175 Princess Street

Editor of Women's Page, Tele- their daughter, Schenectady, N.Y., are expected in town this week, to visit Mr. Rose's mother, Mrs. Georga A pleasant little tennis party was Bateman, University avenue.

Mrs. Hudon, Miss Hudon and Mr.

Judge and Mrs. O'Rielly, Cornwall, will arrive in town on Sunday. Mrs. John Bain and Miss Norma Bain, who have been spending a few days with friends in Rochester, N.Y., arrived home this morning. Principal Bruce Taylor and his daughters returned on the yacht "Thistle" on Thursday from the resaga Point, bearing their prizes

Jack Baker, Centre street, left for ed at luncheon at the Cataraqui Golf St. Catharines today, to visit his grandmother, Mrs. W. Workman. Miss Laura Kilborn and Miss Helen Strange left for Birdsall, Ont. today to visit Col. and Mrs. Birdsall.

Mrs. Sandford Calvin, "Rutland the city to spend the summer. Prof. House," King street, gave a small Scott is on the faculty at the Union tea on Thursday for Mrs. C. J. Crook-Theological Seminary, New York, all, New York, when Mrs. Charles and was formerly on the staff of Parker poured tea and Miss Frances Quéen's theological college. Mrs. Sullivan cut the ices, assisted by Scott has taken rooms on Johnson Miss Lilla Callaghan, Miss May Bolger, Miss Jessie Smith and Miss

Mrs. McGoun and daughter, Miss Reada, Belleville, are visiting James

Mrs. Walter N. Gordanier, Electron, Washington, is leaving Vanters to visit Mrs. R. J. McClelland, Mr. and Mrs. Sidney Rose and 185 Clergy street, Kingston. Mrs. Gordanier was formerly Miss Grace Greaves of this city.

Miss Luella Scholes arrived this week from Winnipeg to spend the

Sullivan, Villa St. Clare Apartments, lar affairs. returned to New York to-day. Mrs. E. Ronald Van Luven, Alfred turn to town on Saturday.

Mrs. Henri Panet, Toronto, will That Kingston is proud of the Monday.

Mr. and Mrs. J. W. Robinson, who cup, four shields and three flags. motored from Napanee to-day for the recital in St. George's cathedral,

home at Norway Bay, Que. G. Osborne Hayne, who has been That after all the flappers are most

been with her sister, Mrs. Hubert weather. Ryan, Maitland street, left for New

Prof. and Mrs. C. W. Drury, Queen's University, were the week end guests of their grand-perents, Mr. and Mrs. W. I. Jones, 330 Gale street, Watertown, N.Y. Mrs. George Boomer is spending

fork to-day.

the summer at Bigwin Inn. Mr. and Mrs. William Drury and Miss Olive Drury, Kingston, Ont., the guests of Mrs. Drury's parents, Mr. and Mrs. W. I. Jones, of 330 Gale street, Watertown, N.Y., have returned to their home.

Mr. and Mrs. Alfred Carter, who were in town for a day on their way from Buffalo to Montreal, were "Densmere," Sydenham street. Mrs. J. H. Putty, Mrs. W. Putty,

Hudson Heights, N.Y., were visitors at the Y.W.C.A., this week. Mrs. Albert Daly, Detroit, Mich. and young daughter are visiting with Mrs. Daty's mother, Mrs. N. Amey,

Earl street. Mr. and Mrs. Phillip Gilbert, Toronto, left to be the guests of Sir John and Lady Hendrie, at their houseboat on French River, returning on August 1st.

Mrs. F. S. Lazier, Hamilton, is at Densniere," Sydenham street. Miss Vivian McCartney, University avenue, has gone to Niagara Falls, Ont., to visit Mr. and Mrs. Nelson

McCartney. Mr. and Mrs. F. G. Lockett and Miss Edna Lockett, Stuart street, left for Kennebunk Port, Maine, today.

Miss Kathleen Wallace, Toronto. is visiting Lady Macdonell at Commandant's Residence, Military College.

Miss Jessie Torrance, 'Alfred street, left for Montreal today. Miss Kathleen Lett, Ottawa, is the guest of Mrs. E. J. Bidwell, at her camp on Cartwright's Point Mr. and Mrs. F. W. Moore, De-

troit, are spending the summer the cottage of Mr. and Mrs. W. Crothers, McDonald Cove. Mrs. W. Morgan, Barrie street, has

returned from a trip to the Maino coast. Miss Esselment, who was Kill them all, and the with her aunt, has gone on to Fort grarms too 1

The Misses Goldsmith, who have at Druggists, been visiting Dr. and Mrs. Frederick Etherington, University avenue, left for Toronto today.

Magic Baking Powder is scientifically made and has never failed to give the maximum leavening efficiency. Because of this

and the uniformly A Satisfactory results obtained by its use we recommend it as Canada's perfect baking powder -



What the Editor Hears

That visitors in Kingston greatly enjoy the yacht club teas and dances.

That the Cataraqui Golf Club fills up the jar by the glass cover alone; week from Winnipeg to spend the summer with her sister, Mrs. F. J. a long felt want socially. Every day if the cover does not come off, the aumber received. So if a personal or Charles Crookall, who has been in ed with golf or bridge afterwards, town with his aunt, Miss Frances and the dinner dances are most popu-

That Thursday's market was unstreet, who has been visiting Mr. and usually large for a mid-week market. Mrs. Roy Gibson, Chatham, will re- and plenty of fresh vegetables were for sale.

remain with Mr. and Mrs. William yacht "Sylvia," who won the eight Bermingham, "Otterburn," until races she sailed in, at the recent regattas, coming home with a big silver

are with Mrs. W. J. Fair, "Roland known East Indian merchant, Sir must be construed as a rather uncer- he said; but, like any girl of healthy David Yule, with her daughter, Miss tain day. While the mind will be un- tastes, she enjoys the greater free-Miss Marie Van Luven, Nelson Gladys Yule, have arrived in Mont-

in Ottawa for a few days returned attractive, especially when they don't









germs too. 10c a packet Grocers and General Stores

Efficient & Favorite; size jars for 20 minutes instead of

The following sirup is the proper above for berries, except in the pro-

sorts, currents and pears: Put into your preserving kettle utes, to real. three pounds and nine ounces of Pears: Select ripe, but not soft. granulated sugar and add to it one years. Seekel pears are cathed gallon of cold water. Bring to a boil whole, but the Burtlett pas: 's p eand continue to boil until the sugar forred to other varieties, for can-

blackberries, raspberries and Loganberries are canned in exactly the same way. "Sterikize" quart-size the empty jars and their glass covers in clear water for 10 or 12 minutes) of freshly-picked whole berries. Cover them with sirup made by the crushed berries in the top of a doubof boffing water, place these on the jars, adjust glass cover (putting top wire over but not pressing down side wire) and put the jars on a rack in your wash-boiler. Add hot water, but do not let it come over the top

wires after it has cooled, and pick

of the jar. Bring to a boil, and

count the time after it first begins

to boil. "Process' (that is let the

Currents: Follow directions given

one to use in canning berries of all cessing. Quart-size jars containing currants are processed for 15 min-

is dissolved—then strain at once, ing, occause of its texture and flavcr. Pare, "blanch" for 15 seconds To Can Berries: Dewberries, (by "blanch" I mean put the fruit into builing water, in a cheumain'h bag, for the 15 seconds), then "cold-dip" as follows: Prepare a glass jars (by "sterilize" I mean boil soda bath by dissolving one te: spoon of soda in one gallon of water, and dip the cheesecloth bag containthen drain them and pack them full ing the pears into this cold soda bath immediately after blanching. Do the dipping quickly (just once above-given recipe. Sirue for ber- in and out), then drain the fruit and ries, howeve, is much more satisfactory if berry juice is used instead of
water; to get the berry juice, put the recipe given above, put on ruble boiler with a little water; a few gers, covers, put top wire up but minutes of cooking will extract the do not press down sidewire, and juice. Dip new rubbers in and out process in the wash boiler for 25 minutes. Completely seal, let cool, test for leaks, and store.

Note: Take care to keep the pear halves submerged 'in cold water after you have pared them, ready for the blanching, or discoloration will follow. Tomorrow - Helpful Contributions

From Readers.

water continue to boil around the jars) in this way, for 12 minutes, All inquiries addressed to Miss remove jars, completely seal, test Kirkman in care of the "Efficient and store. To test a jar, remove the Housekeeping" department will be answered in these columns in their quicker reply is desired, a stamped Gooseberries are canned in exactly and self-addressed envelope must be the same way, except that they are enclosed with the question-The processed in the wash-boiler in quart- Editor.

A HAPPY PRINCESS.

A London Sketch correspondent

"Everyone just now is commenting

on Princess Mary's good looks and

her air of happiness. Someone I

know, who can be described as

To-morrow's HOROSCOPE

By Genevieve Kemble

SATURDAY, JULY 22. friend of the royal family, made a According to the contradictory na- whimscal remark the other day. That Lady Yule, wife of the well ture of the planetary positions this 'The princess was a model daughter,' street, is visiting her aunt, Mrs. D. real on their way to hunt big game in clear and the judgment good, yet married woman. To begin with, der splendid stimulus and the vision dom and independence of the young there is likely to be some stubborn when she and Lord Lascelles came obstacle to overthrow or to obstruct through Paris recently, the princess ment. The health may prove to be

tience and perseverance. Their herself at Goldborough Hall, the turies. Within, there is fine Jacobean first Lord Harewood, and ultimately minds will be clear, and their plans Harewood property which has been stone carving and woodwork, and came to the heard of the family." realth is well guarded. A child born on this day may be of an inventive turn of mind, and clever and original in its ideas.

What do you want? Get it through the classified advertisements.

White Hats With Summer Frocks. The girls now are wearing the white felt hats.

They are all the rage in Paris and they are fast sprouting out here. The French women consider them smart and exactly right for the midsummer

Last year in Paris they were nothing but black. You will remember how we heard reports to that effect and then how the etyle burst upon New York and America in general until you saw almost nothing but black for a while. Now there seems to be in the offing a reign of white, so that if you were thinking of having a white hat you cannot make any mistake by going right ahead with your idea.

The white felts are the smartest for some reason or other, And while the fashion started with the little, closely fitting white felt hats, it has now gone into the field of the spreading picture variety of chapeau.

As for trimming, there is very little of that, except for the wreath of sweet peas which, while it spreads about a good deal, still keeps th flowers very sparse and free as they go along. After all the effect is that of a suggestion of decoration rather than of any overweight

On the other hand there is seen that inevitable band of hand-made towers placed enugly next to each other. Their one relief is that they are provided with very vivid, almost time yellow centes, which, nestled in the whiteness, give an extensly cool and lovely effect,

White hats of lacy materials are another good looking variety of this newer fashion. And then there are some of white felt with lace straw edges applied to the drooping brims. They are a quite nice fancy to suit the girt who would rather indulge in a compromise than to adopt immsdiately the all felt-hat for the middle of summer.

BARNUM'S

BAKERY

FRESH BLUEBERRY PIES

CHOICE CAKES, always fresh. Try them!

"Say, Mother! I'm Hungry"

For those between meal snacks, when Bill and Tom come in for something to eat

TUST HITS THE SPOT.

Boys like Huck Finn and Tom Sawyer would say that MALTANA BREAD is "Better'n cake any day."

Every mother knows that growing kids are always hungry. Why not give them MALTANA BREAD?—"the bread that's healthy."

LACKIE'S



The one great factor of any business now is the service it renders the public. Price's Dairy does that—and more. Daily hundreds of Kingon families are benefiting by the service that our dairy renders to them our second service—but not the least by any means is the process that our milk undergoes before leaving the dairy.

It is first Pasteurized, Clarified, Bottled in Sterilized Bottles to insure sanitation to the greatest extent, and then comes the delivery. Call us up to-day and give us a trial. You'll be satisfied.

PRICE'S DAIRY



decided upon as her and Lord Las- some richly moulded ceilings of that

celles' country home. For the last period. twenty-five years it has been let to From the queen, Princess Mary Mr. and Mrs. W. R. Lamb, who only has inherited not only an interest the best laid plans. There is defin- was allowed to buy twenty-five new left it two days before the princescs in, but an understanding of, house-

Mrs. W. Harty, "Roselawn," left This may be a just world, but we tor. Run no risk, and keep matters strength road, about two miles from Knares- has no cognizance. Goldsborough "Princess Mary began her present lowed red brick, standing close to the dred details of which the mere male on Thursday to spend a few days at claim too much attention is showered well in hand until the disturbing foron the girl graduate and too little on ce be overcome and more construction is showered laws,' Hon. Edward and Mrs. Lascelsix-foot wall and great beech and lene gas, but electric light is to be Miss Marguerite King, who has the woman who has to cook in hot tive planets reign, is the advice of les (sister of Capt. Balfour, A.D.C. walnut trees. The leaded windows installed, and, in addition, consider-Those whose birthday it is have the promise of a year calling for pa
Those whose birthday it is have the bricks of the walls and chimneys, by Daniel Lascelles, a brother of the

keeping, and her day in her new

READY TO EAT

HKKellog

BRAN for you every morning!

A little of KELLOGGS BRAN eaten every day will permanently and naturally relieve constipation.

Insist upon Kellogos "the original Bran Cooked and Krumbled in the WAXTITE Package

It's about time you quit getting out of bed feeling frazzled and faded! EAT BRAN-KEL-LOGG'S BRAN, cooked and krumbled, because it will do what pills and cathartics never will! Kellogg's Bran will not only relieve constipation

but it will permanently relieve your system of constipation—if you eat it regularly? Don't confound Kellogg's Bran, cooked and krumbled, with "remedies." BRAN is nature's food and it naturally keeps the intestinal tract free of congestion! BRAK sweeps the bowels; cleanses the bowels; purifies the bowels! Physicians indorse bran!

Don't delay another day! Eat Kellogg's Bran, cooked and krumbled, and get the relief you need so badly. Its nut-like flavor is delightful. Or you can use it in innumerable appetizing ways such as in muffins, bran bread, cookies, macaroons, pancakes, and so on. Tomorrow morning-Kellogg's BRAN, cooked and krumbled, for the family! IN-SIST THAT YOUR GROCER SUPPLIES YOU WITH

