

—To instantly relieve tired, sore, swollen and tender feet.  
—To stop excessive perspiration and ease the pain of Corns, Bunions and Callouses.

USE THE "BEST"  
**Foot Powder**

—This is an ideal combination of Anti-Chafe and Foot-bath Powder.  
—In large Sprinkler tins .25c.

**L. T. BEST**  
Prescription Druggist  
Open Sundays Phone 50

**DR. BELL'S SHAVING CREAM**  
Brushes up quickly; creamy lather and retains its moisture  
800 shaves .....25c. a tube

**Dominion Meat Store**  
Opp. Y.M.C.A. Phone 1268J

A DAINY DISH!  
TRY OUR GENUINE  
**SPRING LAMB**  
IT'S DELICIOUS!

Prompt Delivery



**Drinking Water**

Now that we are advised to boil our drinking water, we cannot visit our cold water taps just when and as often as we like.

One of our specially priced

**Cut Glass Water Sets**

on the dining table or buffet, filled with boiled water, "chilled," is just what every home requires.

1 Pitcher and 6 or 12 Tumblers comprise a set.

They are very attractive and not necessarily expensive. From

**\$8.50 up**

**SMITH BROS.**  
LIMITED

ESTABLISHED 1840

KING STREET, KINGSTON

**DR. S. E. PORTER**  
Corner Alfred and Johnson Streets  
Phone 1072F.

**GENTLE RAP AT KINGSTON HIGHLAND CADETS RETURN**

Toronto Very Early Outstrip-  
ped This District in Regard  
to Trade.

Bystander in the Toronto Globe of Friday has the following:

If Kingston were a city of boosters instead of a complacent old place with a proud past, it might yet make the claim that the reason for joy on each July 12th, was the founding of Kingston on that day in 1873 instead of the affair at the Boyne exactly fifteen years later. When its two hundred and fiftieth anniversary takes place next year the honors may at least be divided between Count Frontenac and William of Orange. We are apt to remember Frontenac for his bold utterance at Quebec when the messenger from the British Admiral presented a request for the surrender of the city.

"Tell him," said the intrepid Frontenac, "that I shall answer him from the mouths of my cannon."

It was this same Frontenac who came up the St. Lawrence in gally puffed barges to found Kingston. On the next day when he met the Indians he delivered a brief harangue which, for its staccato manner, as well as for the occasion it celebrated, is worth recalling:

"Children! Mohawks, Oneidas, Onondagas, Cayugas and Senecas, I am glad to meet you here, where I have had a fire lighted for you to smoke by, and for me to talk to you. You have done well, my children, to obey the command of your father. Take courage! You will hear his word, which is full of peace and tenderness, for do not think that I have come for war. My mind is full of peace and she walks by my side. Courage, then, children, and take rest!"

It was a different flotilla which came in the 1780's, the Loyalist contingent, headed by Capt. Michael Grass. The French had left little behind them, and the impression of the townships on Grass was that he and his companions had "gained for persecuted principles a sanctuary, and for myself and my followers a home." Hard years followed, including the "famine year" of 1788, but the Loyalists soon were firmly established and important political history was afterward made at Kingston.

Thus Kingston, as a French fort, preceded the foundation of the French Fort Rouille, where Toronto now stands, by three-quarters of a century. Early records show that the residents of Toronto had a genius for trade, and even in the fur dealing the inhabitants of this region began to outstrip Kingston and Niagara, as they afterwards did so signally in the wider fields of commerce.

**MUSICAL EXAMINATIONS OF THE TELGMANN OF MUSIC, KINGSTON**

Successful pupils who passed under the representatives of the London, Eng., College of Music and entered according to merit.

**Violin.**

Primary Grade—First Class, Miss Theo Dodd, Harold Allan.

Elementary Grade—Honors, Isabel Sargent. First Class, Allen Minnie, Gordon Davy, Frank Grimshaw, William Baker.

Intermediate Grade—First Class, William Hysop, Archie MacDonald, Thomas Wood.

Senior Grade—Honors, Harold Salesbury, Jackson Telgmann. First Class, Henry Mylks.

Advanced Senior Grade—Honors, Dorothy Neilson, Marjorie Thompson. First Class, Charles Neilson, Jean Turner.

**Piano.**

Primary Grade—First Class, Myrtle Brown, Emily Henry, Laura Nickel, Jessie Kilanor, Catherine Fraser. Pass, Marguerite Galt, Pearl Lexsmith, Jean Asselstine, Winifred Rutledge.

Elementary Grade—Honors, Blanche Deldesfield, Bernard Truman. Pass, Allan Pollock, Novma Tillmore.

Intermediate Grade—First Class, Helen Truedell, Olive Sharp.

Advanced Intermediate—First Class, Leola Telgmann, Thelma Dier. Pass, Annie Corkey, Dorothy Bailey. Diploma, A. L. C. M., Edna Hagerman.

**Intends to Re-Open.**

C. H. Finkle, whose livery was wiped out by fire last week, intends to re-open as soon as he can find a suitable site. He says he will operate a taxi livery and may keep some saddle horses, as horseback riding is coming into favor. The site of the burned livery is likely to be used for a drygoods storehouse by the owners, who are thinking of erecting a structure on it.

John Mallory, Smith's Falls, died on Wednesday aged sixty-eight years. He was ill for eight weeks.

**Stomach Treatment Futile for Catarrhal Trouble**

Impossible to properly treat Catarrh in the nose or throat by dosing the stomach. To rid the system of Catarrh, send the healing vapor of Catarrhose after the germs, and you accomplish real results. When you inhale the rich piney essence of Catarrhose and get its healing balsams circulating all through the breathing organs, the cough is eased, sneezing stops, the nostrils are cleared, the throat is healed and freed from discharge. If you want permanent relief from Catarrh, irritable throat, Bronchitis, use Catarrhose several times every day. Safe and sure. Two months treatment, one dollar. Small size, 50c. All dealers or The Catarrhose Co., of

From Their Camp After a Very  
Enjoyable Week in the  
Open.

After a colorful week of drilling, scouting, boating, fishing and swimming, with occasional hours enjoyed lazily under shady trees and evenings spent in camp singing, the Highland cadets return to Kingston, Saturday, their enthusiasm renewed and their bodies refreshed after a few days of companionship in the open.

The cadets camp has been a real success, and the boys will return more efficient in every way and with their esprit-de-corps and love for their little unit developed to a greater degree than ever before.

A humorous incident, but one with a splendid moral impressing itself on the cadets, was when the camp officers acted as kitchen fatigue, designated to show that an able officer never asked a subordinate to do that which he himself was not prepared to perform should occasion arise.

A number of friends of the cadets motored out to the camp on Wednesday and on Thursday evening a welcome visitor was Rotarian Minnes, who made an inspection of the camp and seemed pleased with its appearance.

Drills will continue throughout the summer, for it is the cadets' proud boast that they drill twelve months in the year and consistently strive for the greater efficiency of their corps in every way. There are at present vacancies for four recruits in the Highlanders, and it is expected that, with the reputation the unit has richly earned, they will be speedily filled.

**WORRIED WOMEN  
NEED RICH BLOOD**

If the Blood is Not Kept Pure Health Will Break Down.

It is useless to tell a hard working woman to take life easily and not to worry. To do so is to ask the almost impossible. But, at the same time, it is the duty of every woman to save her strength to meet any unusual demands. It is a duty she owes herself and family, for her future health may depend upon it.

To guard against a complete breakdown in health the blood must be kept rich, red and pure. No other medicine does this so well as Dr. Williams' Pink Pills. This medicine strengthens the nerves, restores the appetite and keeps every organ healthily toned up. Women cannot always rest when they should, but they can keep their strength by the occasional use of Dr. Williams' Pink Pills. Among those who have found benefit from this medicine is Mrs. Cora Conrad, Broad Cove, N. S., who says: "My system was very much run down, and my blood poor and watery. I suffered a great deal from headaches and dizziness; my appetite was poor, and I tired easily. I decided to try Dr. Williams' Pink Pills and have every reason to be glad that I did so. Soon I felt better, and under the continued use of the pills the headaches and dizziness were gone, and my blood seemed in a better condition than before. For this reason I recommend Dr. Williams' Pink Pills."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Raspberries Plentiful.  
Perth Road, July 13.—Haying is in full progress. The berry-pickers report a light yield of huckleberries, but the raspberries are more plentiful. It is thought that the late frost damaged the huckleberry blossoms. The violent electric storm of Wednesday evening did little damage throughout the vicinity, other than strike a few trees.

The carpenters are at work at the house of H. McCadden, Miss F. Peters, Kingston, is the guest of Mrs. R. Harris. J. Harris visited the city Thursday. Mr. and Mrs. J. Votary and Mrs. T. Votary, Kingston, are visiting here. Mrs. H. Buck is visiting her daughter, Mrs. J. S. Roberts. Little Jane Hennigar is some better. William Guthrie has returned from Elgin. Miss J. Clough spent a few days here. Mrs. J. Middleton spent a day recently at Mrs. R. Thompson. Mr. and Mrs. William Shales, Smith's Falls, and John Shales, British Columbia, are the guests of William Shales.

The M.L.M. circle met on Thursday afternoon at Mrs. William Garbutt's. The Ladies' Aid held the fortnightly meeting on the shore of Indian Lake, and a large number were in attendance. The L.O.L. attended the celebration at Harrowsmith on the 12th. The Belfast Mills Lodge passed through en route for Harrowsmith.

Liberals Appoint Delegates.  
Brockville, Ont., July 15.—The executive of the Leeds Provincial Riding Liberal Association, which met in the Grand Central hotel, deferred action with regard to the holding of a convention for provincial purposes. The following were appointed delegates to the Ontario Liberal Association: Frank Halliday, Elgin; Omer Brown, Delta; Frank Stone, Forfar; Mrs. Richard Johnston, Gananoque; Mrs. A. W. Mallory, Mallorytown, and Mrs. S. De Wolfe, Elgin.

There passed away at the home of her daughter in Ottawa on Wednesday, Susanna White, widow of the late George Nichols, formerly of Lombardy.

PROBS:—Sunday, fine and warm.

Store Open Until 9.30 O'clock To-night

**STEACY'S  
SENSATIONAL  
MIDSUMMER**

**SALE!!**

**Continues to-night  
and all next week**

With a host of exceptional bargain opportunities, on wanted seasonable merchandise.

Every department is represented in this stupendous clear-away sale, and the price concessions in each case are little short of marvelous.

**SEE OUR WINDOWS TO-NIGHT**

for some of the many attractive bargains. Read our full page posters, then come inside and see the many unadvertised specials that through lack of space were excluded. Every one is of extraordinary merit.

**Read this Ad. daily**

during the course of this stupendous clearance sale, and your dollars will do double duty.

**To-night and  
Monday Morning**

As an added feature to this great festival of bargains

**Double Discount  
Stamps!**

YOU SAVE 10%

On all regular cash purchases.

**HOLIDAY  
PAINTING**

Many will be getting holidays this month and next. Perhaps there is some spot at your home that you wish to paint. A coat of B. & H. Paint will freshen it up.

Buy Brandram-Henderson B. & H. Lead and Oil Paint:

Colors, per gal. \$5.00; per qt. \$1.40.

White, per gal. \$5.25; per qt. \$1.50.

Buy your Paint to-day.

McClary's Electric Ranges and Hot Plates with the protected elements give satisfaction. Get one. We are the agents.

**McKelvey & Birch, Limited**

General Contractors, Heating Specialists, Steam Fitters and Plumbers, Jobbers of Plumbers' and Gas-Fitters' Supplies, Stoves, Shelf, Heavy and House Furnishing Hardware, Tools, Oil, Boat Supplies, Sheet Metal and Tin Work, Electric work, Painting and Paper Hanging. Special work of all kinds undertaken.



**CLEAR-OUTS**

After the Spring months we find a number of odd pieces of FURNITURE on our hands. We are clearing these at greatly reduced prices.

Take advantage of these special offerings to brighten up your home.

Odd Chairs, Chesterfields, Tables, Rugs,  
Curtains, Mats

Victrolas—Pianos—Sewing Machines—  
Records and Piano Rolls.

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