

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 229; Private phone 837w.

Mrs. George Webster, with her daughters, Mrs. Richardson, Toronto, and Mrs. Somerville, Montreal, who were in Lansdowne for the Webster reunion, spent a day in Kingston...

The members of the local Women's Institutes lunched together at "Hazeldehl," the home of Mr. and Mrs. A. W. Sirrett, Portsmouth, when Miss Chapman, Toronto, assistant secretary of the Women's Institute department of Agriculture, was the principal speaker.

A pleasant luncheon was arranged at the Cataract Golf Club today.

Mr. and Mrs. George Fex, Kingston, and their daughter, Mrs. Schabach, Chicago, spent the week-end in Brockville, the guests of Mrs. A. Luchapelle.

Mrs. Neally and daughter, Toronto, and Mr. and Mrs. Robert McMillan, Kingston, spent Sunday with Mr. and Mrs. F. L. Tooker, Point Pleasant.

Rev. W. W. Giles, wife and son, East Orange, N.J., have arrived to spend the summer at their cottage, Charleston Lake.

Miss Norma V. Trotter, who has been home for the past twelve weeks during the illness and death of her mother, the late Mrs. C. W. Trotter, has returned to her home in Toronto.

Major and Mrs. Horace Lawson, Johnson street, have left for Barrie to spend the summer months.

A number of Kingston people will motor to Prinyer's Cove for the regatta, which takes place this week.

Rev. J. de P. Wright and family spent last week motoring in Hastings and Addington counties, where he visited his old parishoners at Roslin, Thomaburg and Moneymore.

Miss McDougall, Ottawa, who is in town for Queen's summer school, is at 37 Division street.

Mrs. Ami and Miss Stewart, who have been in Kingston, will return to Ottawa this week.

Mr. and Mrs. W. J. Renton, University avenue, are at their cottage on the St. Lawrence.

Col. Bedell, King street, has returned from Picton.

Miss Jean Richardson, Johnson street, is with the Misses McTear at their camp near Bath.

Miss Wright, Kingston, is visiting at the home of Mr. and Mrs. David Weir, Lakefield.

Sir Henry and Lady Burstall and their children are spending the summer at Cacouna.

Fred White, Kingston, is a guest of his parents, Mr. and Mrs. J. White, Ballieboro.

H. A. McGrath, Baltimore, and his sister, the Misses, McGrath, Brock street, have left for a trip to Quebec.

Travel De Luxe. The perfection that has been reached in the modern transcontinental train was recently the subject of much interested comment by those who were privileged to go through the private train carrying Lord and Lady Byng to the coast.

The drawing-room was a picture of summer coolness with its grey and rose chintz lounges and wicker chairs, and large urns of pink and white peonies. The dining-room has a seating capacity for ten, and four-poster beds mark the various bedrooms, which have private bathtubs attached. Such luxury on wheels starts a train of thought, that runs back to the pioneer days when the only transportation across the prairies was by means of Red River carts.

Johnson street, returned to New York to-day.

Miss Helene Corrigan is home from the Ursuline Academy of Music to spend the vacation with Mr. and Mrs. Charles J. Corrigan, Johnson street.

Mrs. L. M. McDougall and family, Brooklyn, N.Y., are visiting relatives in Brockville. They are en route to spend the summer at Kingston.

Dr. and Mrs. McRae, New York, are with the former's sister, Mrs. R. K. Kibborn, King street.

Miss Margaret Christie, Belleville, is the guest of her aunt, Mrs. T. W. Rowland, Earl street.

Cape Vincent is a gay place this year, many Watertown people motoring in for dinner and the dance at the Yacht Club.

Mrs. William Skinner, Earl street, has returned from Thousand Island Park.

Ex-cadets Osler and Macdonald, who spent the week-end in town, motored back to Toronto on Monday.

Mr. and Mrs. D. G. Laidlaw, Earl street, spent the week-end in Toronto.

Mrs. Thomas Bothwell, Perth, has left on a trip to the coast with Mrs. Donald G. McPhail and Miss Katherine McPhail, Kingston.

Mr. and Mrs. F. W. Jackson and their little son returned to Oawego last week, after being the guest of Mr. and Mrs. P. Daly.

W. A. Bearance, Princess street, has left for Duluth, Mich.

Major and Mrs. Horace Lawson, Johnson street, have left for Barrie to spend the summer months.

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Don't try to warp the truth to fit yourself to the truth.

MAGIC BAKING POWDER

Magic Baking Powder has been known and used all over Canada for more than 25 years. It has set and maintained the standard for goods of its class. Its use is increasing daily because of its strength, purity and universal satisfaction. Pure food insures good health. Magic Baking Powder insures pure food. CANADIAN MADE. EWINGLETT COMPANY LIMITED TORONTO, CANADA.

ASOP'S Fables THE FARMER AND HIS CAT



The Farmer's cat yowled like the deuce. He chased her up—but she got loose; He gassed her in the village pound, But when he got back home, he found The cat came out the parlor jett! He dynamited her—and yet The cat came sailing back again With ten small kittens—count 'em—ten!

Moral—This story seems to prove To lose a cat you have to move! —Asop, Jr.

Efficient Housekeeping

Answered Letters. Mrs. N.: "Will you kindly give instructions for the old-fashioned turning—the finish for the top of knitted woollen bedroom slippers?" Answer: I do not happen to have these directions, but wonder if any of my other readers have them? If so, would somebody just write them on a post card and mail them to me in care of this paper? I am sure Mrs. N. will appreciate it. A Reader Friend: "Someone recently asked in the column for directions for making rick-rack trimming. It is rather hard to describe, but this is how I make it: How to Make Rick Rack Trimming: Measure the garment to be trimmed, allow about two inches, and cut braid. Crochet four chain stitches and put into point of braid; crochet four chain stitches again and put in first point of another row of braid. Put row of chain stitches across top from one point to another for lace. If you want to make insertion, repeat on other or lower edge. Fine for pillow cases. It wears forever." Answer: Thank you, Reader Friend. There is always someone big-hearted enough to take time to answer such a request. I hope we can do something for you, sometime, in return. Mrs. A.: "My husband has dropped some iodine (we think) on his white shirt. What will remove it?" Answer: If it is iodine, ordinary household ammonia should take it out. But if it is some other medicine, you will have to try chloroform, alcohol or ether. Hydrogen peroxide may be mixed with a little ammonia in equal parts, to help bleach the stain out. "Mrs. K.: "Please tell me the proper way to decorate a room for a baby shower, and what to serve." Answer: White, "baby blue" and "baby pink" colors should predominate in the room decorations. There are many flowers to be had in these delicate shades. I would also suggest a large picture of stork hung from lighting fixtures or stood in a conspicuous place. At the refreshment table, the place cards might be in the shape of small storks (you can trace these from a child's story-book). Serve fruit salad, coffee, "pink sandwiches" (these merely have a pink filling made of cream cheese colored with a little crab-apple jelly), pink-trimmed cup-cakes, and strawberry and vanilla ice cream mixed. You can get the blue note on the refreshments table with crepe paper, flowers, or favors of rattles with blue bows. Mrs. H. E.: "Will you kindly print a few recipes for cakes, cookies, bread—indeed anything—made with sour milk?" Answer: On Monday next—July 17th—I will print a number of such recipes. "June": "How can I keep white linen embroidered in white, from tarnishing yellow? Also silver from tarnishing when stored away?" Answer: Linen wrapped in blue tissue-paper will not turn yellow. A wrapping of paraffine paper keeps silver from tarnishing. If you put blue paper outside of the waxed paper of absorbent cotton over that, you will make the silver absolutely tarnish-proof. Tomorrow—Cookies and Stewed Fruit for Dessert. All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question.—The Editor.

To-morrow's HOROSCOPE

By Genevieve Kemble. WEDNESDAY, JULY 12. While this promises to be a very active day for all business and mercantile transactions, astrologers do not predict it will be a profitable one, since Jupiter, the planet governing finances, is in unfriendly aspect. Under the Lunar trine to Mercury, the abilities are splendid, the wit sharpened, and all trading and professional instincts are stimulated. With Venus under severe affliction, there is not to be expected much harmony or prosperity in the household. Those whose birthday it is may look for an active and possibly a brilliant year, but without much in the way of financial return for their splendid efforts. The domestic and affectional affairs should be cherished. A child born on this day, although it may be clever and versatile, is likely to be careless unless well trained. Play the game with classified advertisements and the odds are with you.

What the Editor Hears

That the lake shore, along the front road, is crowded with picnickers every Sunday afternoon, this beautiful waterfront with the certainty of a cool breeze and splendid bathing places, attracting many people from the city. That the Kingston girls who have visited Alexandria Bay this summer have gazed with astonishment at the knickerbocker suits worn by some Americans, but with their usual good sense, will stick to their pretty frocks. That Kingston's "Y" is fulfilling its duty to the young women of Queen's Summer school and serving forty excellent dinners daily at a moderate cost. That the latest word from Paris is that the henna shampoo is a back number, and dusky locks of the hue of the raven's wing, are the new decree of dame fashion. That as it is not permissible to wear anything but silk stockings, we want to be able to buy desirable ones, made in Canada. That the slogan of the Child Welfare workers is "Swat the fly and save the babies." That the gay sweaters and sports coats worn this year give the clubs and summer resorts a festive air. At Alexandria Bay, N.Y., on July 8th Dr. Donald F. Hutton of Eaton Rapids, Mich., formerly of Gouverneur, and Miss Stella M. Ackley, daughter of Mr. and Mrs. Clarence S. Ackley, were married. There is more trouble in having nothing to do than in having much to do.



Fry's Iced Chocolate

RECIPE: Keep on hand a syrup made up of one half cup of FRY'S Baking Chocolate, one cup of sugar, one cup of warm water. Stir until smooth. Then boil for 5 minutes—chill and add one half teaspoonful of vanilla extract. To serve, allow two tablespoonfuls of this syrup to a glass with a little chopped ice, and fill with cold milk. Stir well. Try this cooling, delightful FRY drink. You'll want it often. FRY'S Cocoa may also be used as above.



LIPTON'S We grow it—We blend it We pack it Your Grocer Sells It

Sold in Sealed Packets at 55c., 65c., 80c. and 90c. TEA

REMEMBER If you want doing done, don't call on us, but if you want first-class decorating, then telephone 2092, for painting and decorating is our business. W. H. FRANCIS 35 SIXTH ST. Phone 2092.

The Telgmann School of Music Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts accepted. 216 Frontenac Street. Phone 1325j.

Bad education is the kind that exalts a dollar-and-a-half head above two-dollar hands.



A summer taste thrill! Kellogg's WAXTITE Corn Flakes with raspberries!

Compare such a breakfast or lunch with a heavy, greasy diet on a hot day! Realize the health and cooling refreshment of Kellogg's "WAXTITE" Corn Flakes and raspberries, or other fresh fruit! You'll feel so much better, work and play better! And Kellogg's "WAXTITE" Corn Flakes are so appetizing. They appeal wonderfully to finicky folks—just the food for hot, uncomfortable weather. Yet Kellogg's "WAXTITE" are as nourishing as they are delightful. Just use plenty of cold milk and fresh fruit and you have a fine, satisfying meal! Keep the little tots on a Kellogg's "WAXTITE" diet and see how they benefit!

WAXTITE CORN FLAKES. Also makers of KELLOGG'S KRUMBLES and KELLOGG'S BRAN, cooked and krumbled.



Makes sure that each package you buy is sealed air-tight with the wax paper jacket.

Be As Plump As You Please

Would you like to have a body, deliciously alluring in its attractive curves? With soft, velvety cheeks, curving shoulders free from hollows and a beautifully-filled-out well-rounded neck. These are easily secured. Just take two pleasant-tasting tablets of Ironized Yeast three times a day. Yeast, as you know, puts clear, firm flesh exactly where it is lacking at present, imparting a beautiful plumpness to limb, bust and neck and bringing rich rosy color to the cheeks. This is because it contains certain vital elements—essential to health yet lacking in the modern diet. These elements have a wonderful effect in building new cells and tissue. The secret "ironization" process used in Ironized Yeast enables the yeast to accomplish its results twice as quickly. Get Ironized Yeast today. The rapid improvement in your figure will astound and delight you. To try Ironized Yeast entirely free, simply mail postal card for Famous 3-Day Test. Address Harold F. Ritchie & Co., Ltd., Dept. 93, Toronto. Ironized Yeast is recommended and guaranteed by all good dealers.

How You Can Remove Every Trace of Hair

(Toilet Talks) A stiff paste made with some powdered delatone and water and spread on a hairy surface about 2 minutes will, when removed, take every trace of hair with it. The skin should then be washed to free it from the remaining delatone. No harm can result from this treatment, but be sure it is delatone you get and you will not be disappointed. Mix fresh as wanted.



Men who work hard require nutritious food, but easily digested food. PARIS PATE is a spicy, deliciously flavored meat paste—that is wholesome and sustaining. At all grocers.

MENNEN'S TALKUM POWDER Whatever be the Talkum you use personally Remember Baby must have MENNEN'S

BARNUM'S BAKERY FRESH BLUEBERRY PIES CHOICE CAKES, always fresh. Try them!

To increase and preserve thy beauty so that thou shalt be well favoured in the eyes of men, anoint thy face daily with CAMPANA'S ITALIAN BALM it will beautify and enrich thy complexion