

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 229; Private phone 857w.

Gay indeed, were the crowded verandahs of the Yacht Club on Saturday afternoon, for the regatta tea, for the day was warm, and bright frocks and sport coats made vivid spots of color, and lent a festive air to the scene. Many visitors were present, to whom the freedom of the Yacht Club had been extended, and from them admiring comments were heard on the pretty conventional clubhouse and the harbor with its beauties. The swimming, diving and canoe races, created much interest and late in the afternoon a sailing race between five of the Yacht Club dinghy fleet and five of the visiting yachts, was eagerly watched. Gold-ens, white and bronze flowers were about the rooms and centred the tea-table presided over by Mrs. W. F. Casey, Mrs. Alan Black and Mrs. J. C. Newlands, assisted by Miss Helen Tofield, Miss Agnes Bigelow, (Regina), Miss Clara Farrell and Miss Isabel Mooers. Among those present were, Dr. and Mrs. Ernest Sparks, Mrs. McQuig and Miss McQuig, (Belleville), Dr. and Mrs. L. Dunbar, Stevenson, (St. Louis), Mrs. Teal and Miss Teal, (Toronto), Mrs. Hansford, (St. Louis), Mrs. Arthur Dalton, J. Courtland Elliott, Arthur Dalton, J. H. Brkett, Segsworth, (Toronto), Mrs. Bartlett Dalton, Jr., Mrs. Ernest Cunningham, Mr. and Mrs. Day, (Waterbury, N.Y.), Mrs. W. B. Terry, Miss Loretta Swift, Miss Gairiello, Miss Eleanor Phelan, Miss Laura Kilborn, Miss Nora Martin, Miss Marjorie Uglow, Miss Margaret Taylor, Miss Frances Murray, Miss Caroline Mitchell, Mrs. James Miller, Mr. and Mrs. Gordon Smith, Principal

and Mrs. Bruce Taylor, Mrs. McPhee (Scotland) Mr. and Mrs. A. H. Fair, Miss Lillian Fair, Capt. Henry Col. and Mrs. N. Leslie, Mayor Wotherpoon, Mrs. Hubert Ryan, Mrs. R. E. Burns, Mrs. W. P. Wilgar, Mrs. Charles Dalton, Mrs. Arthur Macnee, Mrs. Walter Hyde, (Montreal), Mr. and Mrs. Walter Steacy, Dr. and Mrs. W. A. Jones, Dr. and Mrs. Halloway Waddell, Mrs. R. F. Knight, Miss Alice Goodwin, (Toronto), Miss Phyllis Spencer, Miss Aileen Folger, Miss Marjorie Williams, Miss Virginia Fair, Miss Douglas, (Belleville), Miss Helen Steacy.

A jolly dance was given at the Yacht Club on Saturday evening, in honor of the Crescent Yacht Club from Chaumont, N.Y., when in addition to the good music, refreshments were served, Mrs. W. F. Casey, Mrs. Hubert Ryan, Mrs. Hansford, Mrs. N. C. Polson, Jr., and Mrs. R. T. Brymer being in charge. A few of those present were Mr. and Mrs. J. C. Newlands, Mr. and Mrs. Walter Steacy, Mr. and Mrs. A. H. Fair, Mrs. Charles McDonough, (Montreal), Mr. and Mrs. C. E. Taylor, Miss Margaret Currie, (Boston), Mr. and Mrs. Solar, Miss Solar, Mrs. Stewart Lansing, Miss Lansing, Mr. and Mrs. Day, (Watertown, N.Y.), Dr. and Mrs. Ernest Sparks, Mrs. W. B. Terry, (New York), Miss Tyrell, (Toronto), Miss Laura Kilborn, Miss Eleanor Phelan, Miss Lillian Fair, Miss Isobel and Miss Mary, Miss Margaret and Miss Lola Taylor, Miss Grace Mooers, Miss Francesca Foulkes, Miss Kathleen Bibby, Miss Frances Murray, Miss Doris and Miss Gwendolyn Folger, Miss Isabel Minnes, Miss Harriet Gardiner, Miss Douglas, (Belleville), Miss Phyllis Spencer, Miss D. McKay, Miss Helen Tofield, Miss Clara Farrell, Miss Bigelow, (Regina), Miss Flo Cunningham, Capt. Henry, Messrs. Miller and Sidney Donnelly, Paul and Gordon Cunningham, J. Courtland Elliott, M. Mair, P. MacLeod, J. Hickey, Dr. Broom, Dr. Howard Folger, Bruce Taylor, Cadets Fair, Rees and Sawyer.

The Yacht Club committee took the Chaumont visitors for a motor drive around the city on Monday, showing them the many historic points of interest.

Mrs. R. W. Rutherford, Stuart street, entertained the Bridge Club on Monday.

Miss Alice Goodwin, Toronto, is with Miss Phyllis Knight, Alice street.

Mr. and Mrs. Wilton Block, Rochester, N.Y., are with the former's mother, Mrs. G. Armine Robinson, Lower Albert street.

Mrs. Teal and Miss Teal, Toronto, are the guests of Mrs. W. B. Dalton, Johnson street.

Miss Douglas was in town from Belleville for the week-end.

Prof. W. P. Wilgar was in town from Toronto for the holiday.

Mr. and Mrs. R. F. Segsworth, Toronto, are with Mrs. W. B. Dalton, Johnson street.

Lieut. Roger Bidwell, H.M.C.S. Aurora, arrived to-day to spend a month's leave with his parents, the Bishop of Ontario and Mrs. E. J. Bidwell, "Bishopcourt."

Mrs. Charles Bate will arrive from Ottawa shortly to visit Mrs. Guy Gamsby, King street.

A. Martin, Corstorphine, Scotland, is the guest of Mr. and Mrs. James Harris, Johnson street.

Mrs. M. McIntyre Hood, Woodstock, Ont., and her two children, are visiting her parents, Mr. and Mrs. James Harris, Johnson street.

Mrs. McPhee, Helmsburgh, Scotland, is the guest of Mr. and Mrs. James Harris, Johnson street.

Efficient Housekeeping

More Answered Letters.

Debutante: "I am going to a formal dance soon and do not know how to fill out my dance-programme. Do I have to provide the pencil or pen? And should I thank my man escort for escorting me to the dance? Also kindly tell me whether canton crepe may be laundered, and if so, how."

Answer: Programme at formal dances usually have small pencils attached to them with a silk cord—that is, the pencil comes right with the programme. Otherwise the young men carry the pencils. It is their anxiety, not the girls'. They seek the girls they wish to dance with, ask if they may have this or that dance, and write down their names. No, it is not necessary to thank your escort for taking you, but it is nice to say that you have enjoyed the evening, as you say goodnight. Send your canton crepe to a dry-cleaning establishment, or dip it in a basin of gasoline at home—not doing the work near heat or flame.

Mrs. M.: "Can you suggest china favors for a China Wedding Anniversary?"

Answer: "Why not dress tiny china penny dolls" as brides and grooms? Simply have a white net veil flowing from the head of each doll given to the ladies; and put gray-striped trousers with black "Prince Albert" coats on the dolls which are given to the men. Stand the dolls upright in individual nut-cups. China "cupie" dolls would also be appropriate, especially if supplied with miniature bows and arrows to symbolize Love.

A Reader: "How can I remove spots on a table caused by an asbestos pad?"

Answer: Rub the spots with hot milk, then polish with a little kero-

sene, followed by equal parts of linseed oil and turpentine.

"Mrs. M. of H.": "How can I dye Persian Lamb furs at home?"

Answer: It is impossible to do it at home. Take the furs to a furrier to have the work done.

Mrs. F.: "Please advise me concerning light mourning, for a recent bereavement. What kind of wash dress, silk dress, hat and veil should I wear?"

Answer: Wear a small, dull-black hat with a crepe-edged veil that falls to your shoulders almost completely around your hat (at least over the face). A black silk dress with a high collar and cuffs is permissible in light mourning, and a black lawn dress relieved with a white organdie collar. In deep mourning nothing shiny may be worn—such as shiny black beads, hat ornaments, or highly-polished shoes. But you may wear these things.

Anonymous: Kindly advise me how to remove paint stains from gingham and leather goods."

Answer: Turpentine, benzine, naphtha and chloroform will all remove paint stains, but care should be taken in using these highly inflammable fluids. If the paint stain is of long standing, it should be softened with grease (cottonseed oil and lard are both good to use) before one of the four above-mentioned solvents are applied.

Tomorrow—Noodles in the Supper Menu.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question—The Editor.



Fry's Iced Chocolate

RECIPE: Keep on hand a syrup made up of one half cup of FRY'S Baking Chocolate, one cup of sugar, one cup of warm water. Stir until smooth. Then boil for 5 minutes—chill and add one half teaspoonful of vanilla extract. To serve, allow two tablespoonfuls of this syrup to a glass with a little chopped ice, and fill with cold milk. Stir well.

Try this cooling, delightful FRY drink. You'll want it often.

FRY'S Cocoa may also be used as above.



To-morrow's HOROSCOPE

By Genevieve Kemble

WEDNESDAY, JULY 5TH. This promises to be a rather quiet and uneventful day, according to the astrological seers. It would be well

Full Flavor and Color in your jams and jellies

The more you boiled the fruit the old way, the less flavor and color remained in the jam or jelly. By using Certo the boiling period is reduced to one minute; thus the full goodness of the fruit is retained.

Your jams and jellies will have the full original flavor and color.

CERTO

is pectin and it is pectin in fruits that makes the jelly "jell." Certo never fails.

You can make perfect jams or jellies with any fruit because Certo supplies the necessary amount of pectin to make them "jell" properly.

—and you get 50% more from the same amount of fruit.

Certo is a pure fruit product—no gelatine, no preservatives, Pres Recipe Book with every bottle. At your grocer's.

How to make delicious Cherry Jam

4 level cups (1 lb.) Pitted and Crushed Cherries.
1/2 cup Water.
8 level cups (1 1/2 lbs.) Sugar.
1 bottle (scant cup) Certo.
Soak cherries give sweet flavor. Wash, pit and thoroughly crush about 1/2 lb. fruit. Measure crushed cherries into large bottle and add water. Tie 2 heaping tablespoonfuls fine in cloth and crush with hammer. Place in bottle with cherries, stir till boiling, cover bottle, simmer 15 minutes, then remove tin. Add sugar and mix well. Stir mixture hard and constantly. Stir to remove half over hottest fire. Boil hard 1 full minute, and add Certo, stirring. Stir it in well. From time jam is taken off fire and stirred 1 minute only, by the clock, before pouring. In hot weather, stir a little to cool slightly, then pour quickly.
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What the Editor Hears

That the Chautauqua will insure a pleasant holiday for the people of Kingston, for rain or shine, the fun will still go on.

That the Prince of Wales has expressed his willingness, subject to the consent of the King, to act as best man to Lord Louis Mountbatten, on the occasion of his marriage on July 18th, to Miss Edwina Ashley, M.P. It has been arranged that the marriage shall take place at St. Margaret's, Westminster, and it is expected that the King and Queen will be present.

That much as the gay bathing suits of the girls are admired when their wearers are swimming or diving, the consensus of opinion from the spectators on both the Yacht Club verandahs is, that not even our pretty Kingston girls look at their best standing on the wharf or sitting in boats in these scanty costumes.

That Russian iced tea, made by allowing the tea to soak for twelve hours in cold water and then adding ice, a slice of lemon or sugar if you wish, is a delicious drink in the warm weather.

That the holidays have now begun, the summer cottages are full once more and the children will store up health and energy for the long winter months on the water and in it.

Presentation to Rev. A. E. Oliver—Frankville, June 29.—Monday evening, June 26th, the congregation of the Frankville and Toledo circuit had a large gathering on the parsonage lawn to bid farewell to their pastor, Rev. A. E. Oliver and family. Large tables were set with a bountiful supply of delicious cooking. Miss Pearl Oliver was presented with a French ivory clock from the Philathea bible class, of which she was president. The boys of the Epworth League also presented her with a well filled purse to show their appreciation of her services in the Sunday school and choir. The family left for their new home in Pendleton, Ont., with the very best wishes of the many warm friends they have made since their stay on the circuit.

Special Sale of Folding Ironing Boards

No housewife should be without one of these convenient FOLDING IRONING BOARDS. They are strongly made of fine grained white wood with hardwood frame and when set up are unusually rigid and sturdy. Easy to fold up and put in a small space when not in use. Each complete with sleeve board. A most attractive offering at \$4.20. Regular price of this board is \$5.75.



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Eat sensibly during the warm weather! **Kellogg's WAXTITE CORN FLAKES** are nourishing-retreshing-delicious

It's a long step for health and riddance of summer drowsiness and that sluggish feeling if you'll all stop eating so much heavy, greasy foods and let Kellogg's delicious "WAXTITE" Corn Flakes do your health a good turn! With cold milk and luscious fresh fruit, Kellogg's "WAXTITE" are extra delightful—so crisp, and appetizing.

Kellogg's "WAXTITE" Corn Flakes are nourishing and supply all the summer energy you need; yet, they digest easily and actually rest the stomach! On such a diet you'll feel so much better; your mind will be keener and you'll accomplish a lot more work—and help yourself keep cool and snappy and cheerful!

Kellogg's WAXTITE CORN FLAKES

Make sure that each package you buy is sealed air-tight with the wax paper jacket

Also makers of KELLOGG'S KRUMBLES and KELLOGG'S BRAN, cooked and krumbled

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FOR THE JUNE BRIDE
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MALTANA BREAD

It makes muscle—and for brain work it is equally stimulating and strengthening.

MALTANA BREAD is made from whole wheat flour, and is not only healthier, but has that delicious "home-made" taste.

Try a loaf to-day.

LACKIE'S

St. John's church, Portsmouth, will hold a strawberry festival on the Rectory grounds, Thursday afternoon, July 6th.

Blood will tell, but sometimes we hate to listen to it.