

NEWS AND VIEWS FOR WOMEN READERS

Life's Social Side

Editor of Women's Page, Telephone 229; Private phone 857v.

Miss Alice Macnee, Barrie street, entertained at bridge on Thursday afternoon for Miss Jessie Smith, when Mrs. Arthur Macnee, Miss Millie Ferris and Miss Frances Sullivan were the winners of the pretty prizes. A few more people came in for a cup of tea, which was made by Miss Aileen Rogers at the dainty table decked with fragrant pink roses. Miss Lilla Callaghan cut the loaves. The guests included Mrs. Francis Macnee, Mrs. R. T. Brymer, Mrs. Ernest Cunningham, Mrs. Keith Hicks, Mrs. Hansford Hora, Mrs. H. Dawson, Mrs. Holloway Waddell, Mrs. Frederick Carson, Mrs. W. E. Kidd, Miss Isabel Ross and Miss Ritchie.

Mrs. H. E. Day, president of the Victoria school Home and School Club, entertained her executive and the teachers of the school, at tea at her cottage on the lake shore on Thursday afternoon. In spite of the showers, twenty-five guests drove out and enjoyed a delightful hour in the living room and on the veranda.

The home of Miss Kitty Ledford, Rideau street, was en fête last evening for a shower given to Miss Cecilia Rochefort, daughter of Mr. and

Mrs. Anthony Rochefort, Division street, who is to be married on Monday next in St. Mary's cathedral. About fifty young girls assembled for the occasion and the popular bride-to-be was deluged with many gifts. Dainty refreshments were served and the time passed in dancing and general merriment until shortly before midnight.

On Thursday, Mrs. T. A. McGinnis entertained at luncheon at the new Catarqui Golf Club, in honor of Mrs. Frederick Carson, Lahore, India, when her other guests were, Mrs. T. Ashmore Kidd, Mrs. Francis Constantine, Mrs. Bruce Hopkins, Mrs. Cuthbert Gummer, Miss Jessie Smith and Miss W. Gordon.

Mrs. C. H. Boyes, Alfred street, entertained at the tea hour on Wednesday for her guest, Mrs. W. Y. Montgomery, Port Arthur.

Dr. and Mrs. H. E. Day, Alfred street, have gone to their cottage on the lake shore.

Mrs. E. J. Bidwell will return to town from Victoria, B.C., on Saturday.

Mr. and Mrs. W. Y. Montgomery, Port Arthur, who have been with Mr. and Mrs. C. H. Boyes, Alfred street, left today for Ottawa to visit the latter's niece, Mrs. C. J. Macpherson and Dr. Macpherson.

Miss M. G. Rowland, New York, is visiting Mr. and Mrs. T. W. Rowland, Earl street.

Mrs. George Denyes, who was in town this week, returned to Shannonville today, taking her mother, Mrs. F. A. Walsh, with her for a visit.

Miss Caldwell, Port Hope, is visiting her sister, Mrs. J. W. Kelly, 245 Albert street.

The Earl and Countess of Minto have been in London for the season, and are the guests of Lady Violet Astor. Lady Minto was presented by the Dowager Countess of Minto, who is lady-in-waiting to the Queen, at the first drawingroom of the season, on June 8th, at Buckingham Palace.

Mrs. Guy Ross, Montreal, is at Metis Beach for the summer and will be joined at the end of the week by Miss Vardon Ross, who was in town for the Royal Military College ball.

Mrs. Henry Joseph, Montreal, will sail for England on July 14th.

Canon Woodcock, who was in town for a few days with his daughter, Mrs. W. E. Kidd, Wellington street, has returned to Brockville.

Judge MacLean, Picton, is the guest of Mr. and Mrs. T. A. Kidd, Stuart street.

Mrs. Page Moorhouse, who has been visiting Mrs. Frederick Cays, Wellington street, has returned to Oswego, N.Y.

Mrs. McKeown and her little daughter, Nancy, London, Ont., are the guests of Dr. and Mrs. W. A. Jones, University avenue.

To-morrow's HOROSCOPE

By Genevieve Kamble

Saturday, June 24. This may not be a particularly important day, judging by the Lunar transits. Business may proceed as usual, with trading and all mercantile and commercial transactions favored. All matters relating to writings, publishing and advertising are also well aspected under the reign of Mercury. It would be well, however, not to be too confident, as there is a slight menace of deception or misrepresentation.

Those whose birthday it is may find affairs progressing in normal channels but they should beware of some slight fraud or deception.

child born on this day will be clever, versatile and industrious, and will make a success of its undertakings. It may be developed along literary or professional lines with prospect of success in this direction. The classified advertisements are valuable summer and winter.



MISS DOROTHY McCLATCHIE, 18-year-old daughter of former Mayor of Montreal west, and an expert swimmer, who died when her leg was severed while bathing, by a barracuda at St. Petersburg, Florida.

What the Editor Hears

What the editor hears

That the delegates to the Orange convention are enjoying the hospitality and the beauties of Kingston.

That the cushions lent to the cadets for the ball, and stolen from the pier, will no doubt be recovered by the police.

That the ragweed growing beside the pavement near the post office will be a touch of home for the rural delegates in town for the Orange convention.

That the rain has made the grass in the parks beautifully green and it will be a great pity if it is let get brown during the heat of July and August.

That the dinghy races and the swimming and diving of the boys and girls, provide plenty of interest for the people who sit on the Yacht Club verandah on Wednesday afternoon.

That the educational features of the Chautauqua will be of great interest and benefit to the children.

HAS FOUND A GOOD MAN. I have been going steady with a young man who is now to be my husband. Just the other night he proposed, and as I love him I accepted. We are both young and have a couple of years ahead of us in which to prepare for marriage.

I just want to say a few words about him as I want some of these girls who want decent, respectful men to see what kind of a girl you have to be to get one. You know the old saying, "Birds of a feather flock together."

I met my sweetheart at a party. Of course, we were introduced. I never went with a man who wasn't properly introduced to me. You know, girls, if you "pick up" a man they're bound to throw it up to you some time or other. But, anyway, I went out with him a few times. He never acted fresh, always carrying himself like a gentleman that he was.

One night when we were out together and just before he left after taking me home, he took my hand in his and looking into my eyes, said: "Do you know, I have the greatest respect for you? You are all that any man would care to make his wife, and I surely envy the man that gets you. You are a good girl although you dress in style, wear short skirts, powder and a little rouge, which I admire if it isn't carried to the extreme. A man wants a good, clean-hearted and clean-minded wife and you will fit some man's ideal."

He is now the one that will have that kind of a wife, and all this was said during our friendship days.

I know if the girls carry themselves right they, too, will realize their "dream man," as I have.

A HAPPY FLANCEE. Yes, there are plenty of good men in the world. Any girl can find them. All that is necessary is to look. Sometimes a girl can hold a man by kissing him, but he soon tires of her. To hold a man you have to be a companion. Any girl who will learn to think, talk and be a friend to man, not merely looking on him as an escort to take her around and pay her expenses, need never fear of making real friends. When she can interest a man in this way she will not have to pay for good times in cheap places which, in time, will make her common in his eyes.

Her Mistake.

"I tell you," went on the elderly woman at the hotel, getting quite huffy, "I won't have this room. I ain't going to pay my money for a place that isn't big enough to swing a cat, and for sleeping in one of them folding beds. I simply won't do it!"

The boy could stand it no longer. "Get on in, mum," said he, with a weary expression on his face. "This ain't your room; it's the elevator."

Efficient Housekeeping

BY Laura A. Kirkman

Serve Plenty of Vegetables for Dinner. Are you serving plenty of vegetables for dinner? You should. For summer time is vegetable-time. Nature provides them in abundance now because we need an abundance of them in the warmer months. Try the following dinners:

- Beef Loaf
- Brussels Sprouts au Gratin
- New Potatoes
- Artichoke Salad
- Coffee
- Lemon Pie

Brussels Sprouts au Gratin: Trim, wash and cook one and one-half pounds of Brussels sprouts in rapidly-boiling, salted water till tender. Then melt four tablespoons of butter in a saucepan, add the drained, cooked sprouts and toss them over a hot fire without browning them. Season to taste with salt and pepper, turn them into a greased baking dish, sprinkle with finely-chopped American cheese and bread crumbs, dot with tiny bits of butter, bake in a moderate oven only long enough for the cheese to melt and crumbs to brown, and serve at once.

Artichoke Salad: Wash and scrape one-fourth peck of Jerusalem artichokes and boil them in salted water till tender (the water should contain a little lemon juice and butter). Drain, slice, and pour over them, at once, the following French Dressing: Mix together one and one-half cups of olive oil, one-half cup of vinegar; one teaspoon of grated horseradish, one-half teaspoon of salt and a dash of pepper. Place in the refrigerator till very cold, then serve.

- Beef-Ham Roll
- New Potatoes
- Peas en Casserole
- Tomato Salad
- Coffee
- Chocolate Pudding

Beef-Ham Roll: Buy from your butcher two and one-half pounds of round or "apron" steak and a one-and-one-half-pound slice of raw ham. Spread out the steak, line it with the ham, roll the two pieces of meat together like a jelly roll, and tie firmly with a strong string. Place a wire iron rack in the bottom of a kettle of boiling water (this keeps the meat from sticking to the bottom of the kettle) and put the roll of meat on the rack in the water. Add one bay-leaf, one teaspoon of salt and one-eighth teaspoon of pepper to the water, and let simmer slowly until the meat is tender. Good served either hot or cold. (Fine to take on a picnic.)

- Peas en Casserole: Peel 12 small onions and put them into a casserole or any baking dish; also add two quarts of shelled peas, four tablespoons of butter, one cup of hot water, one-fourth teaspoon of finely-chopped mint leaves, one teaspoon of salt, a dash of pepper and one small bunch of parsley (if desired). Place cover on the dish and let simmer in a very hot oven for one hour.

Perfect Shoulders and Arms
Nothing equals the beautiful, soft, nearly white appearance of Gouraud's Oriental Cream rendered to the shoulders and arms. Covers skin blemishes. Will not rub off. Far superior to powders. Send 15c for Trial Size.

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Every 10c Packet of WILSON'S FLY PADS WILL KILL MORE FLIES THAN \$8 WORTH OF ANY STICKY FLY CATCHER.

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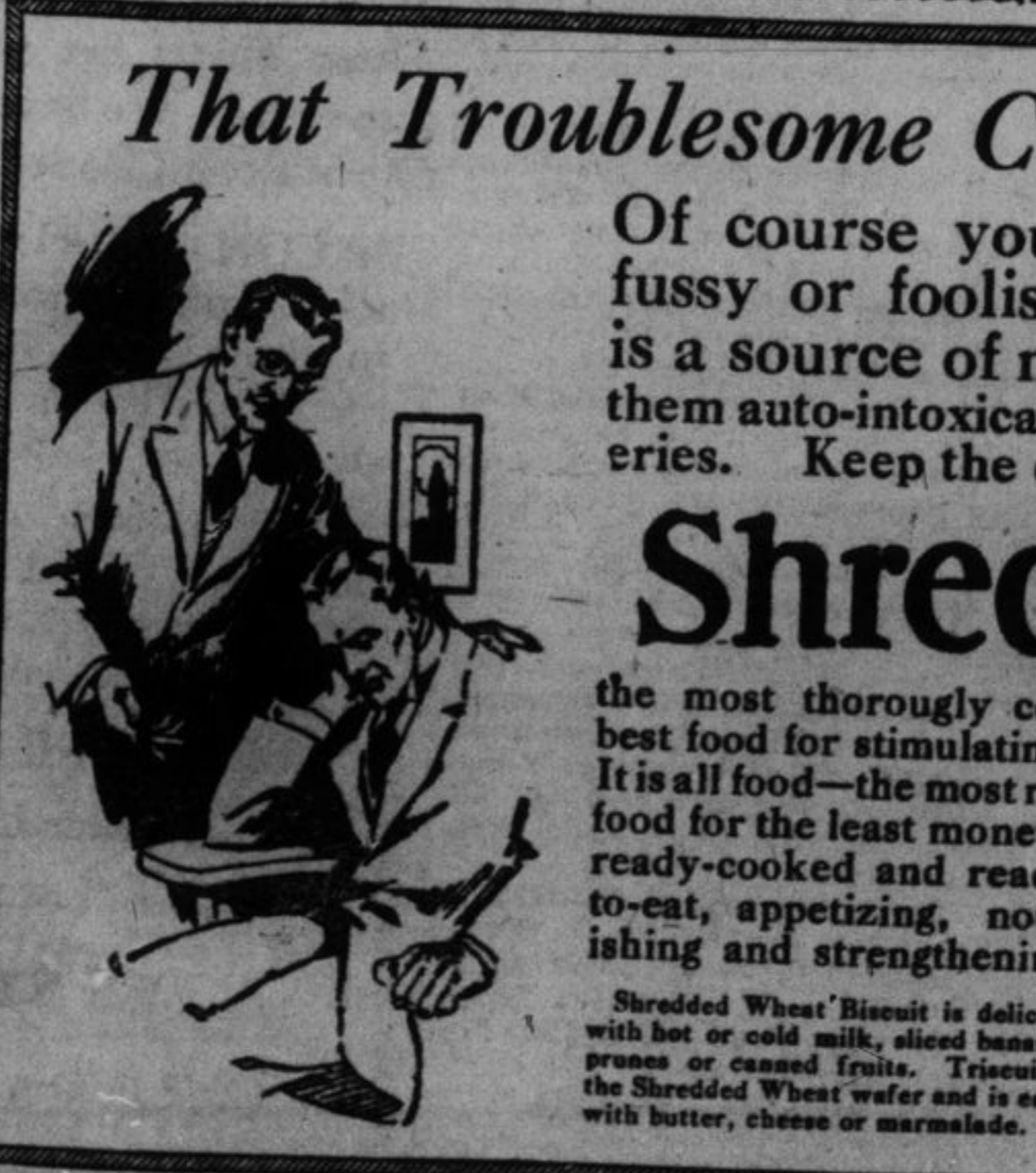
That Troublesome Colon

Of course you have a colon. No use being fussy or foolish about it. When neglected it is a source of many distressing ailments, among them auto-intoxication, which leads to hardening of the arteries. Keep the colon clean, healthy and active by eating

Shredded Wheat

the most thoroughly cooked of all whole wheat cereal foods and the best food for stimulating peristalsis (bowel exercise) in a natural way. It is all food—the most real food for the least money—ready-cooked and ready-to-eat, appetizing, nourishing and strengthening.

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