

DO YOUR BOWELS MOVE REGULARLY, OR DO THEY Become Constipated

There is no medium through which disease so often attacks the system as by allowing the bowels to become constipated...

MILBURN'S LAXA-LIVER PILLS will regulate the flow of bile to act properly on the bowels, thus making them active and regular...

Price, 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



LITERARY COMMENT

'What is your favorite novel?' 'Jack the Giant Killer,' replied Miss Cayenne. 'That is only a fairy tale.'



Corns?

—just say Blue-jay to your druggist Stops Pain Instantly

The simplest way to end a corn is Blue-jay. A touch stops the pain instantly. Then the corn loosens and comes out.

Pasture good. Moisture sufficient. Acreage wheat in Alberta larger than last year. Saskatchewan—Wheat practically all seeded.

Province of Quebec. Seeding nearly completed in some sections and in others is well under way.

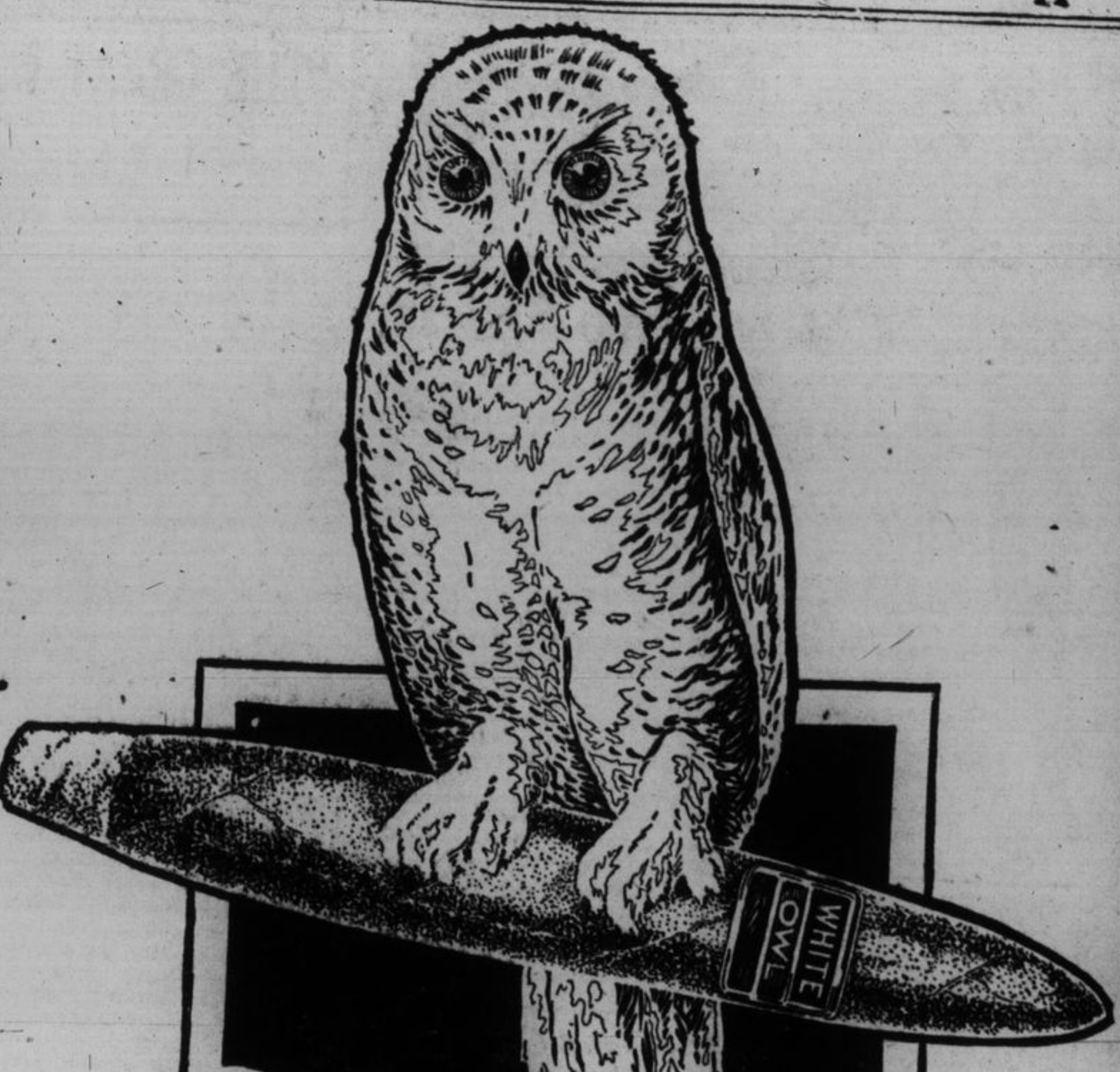
Province of Ontario. Recent general rains and warm weather have proved very beneficial. Seeding conditions have been ideal.

Maritime Provinces. Seeding is well advanced and general conditions are good, although the season is one to two weeks late.

Province of British Columbia. Season two to three weeks late. Moisture everywhere sufficient. Grains generally growing rapidly.

Now It's Firpo. Following the receipt of the news of Louis Firpo's five-round knockout of Jack Herman in New York.

More men die of idleness than of hard work. Quebec officials blame campers for forest fires.



For Quality & Value SMOKE WHITE OWL CIGARS 3 for 25c

General Cigar Co. Limited Controlled and Operated by Imperial Tobacco Co. of Canada Limited

QUEER FEELINGS AT MIDDLE AGE

Women Should Know How Lydia E. Pinkham's Vegetable Compound Helps at This Trying Period

Sheboygan, Wisconsin.—'I was run down, tired and nervous. I could not even do my own housework, could not sleep at night and all kinds of queer thoughts would come to me.

For the woman entering middle age Lydia E. Pinkham's Vegetable Compound can be of much benefit.

Melancholia, nervousness, irritability, headache and dizziness are some of the symptoms. Lydia E. Pinkham's Vegetable Compound is a natural restorative.

The Telgmann School of Music

Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application.

216 Frontenac Street. Phone 1325j.

INVESTIGATE

The Special Policy ISSUED BY THE EXCELSIOR INS. LIFE CO'Y

SOLD BY H. D. WIGHTMAN 151 WELLINGTON ST.

FEATURES High Guarantee Low Premium Illustrations: Age 30 \$5,000.00 Premium \$190.50, Guarantee to return in Cash in 21 years \$2,500.00 or \$5,000.00 paid-up insurance.

INSURE NOW TO-MORROW MAY BE TOO LATE

You are in perfect health today. To-morrow accidents or illness may lower your vitality to such an extent that no insurance company would accept you as a risk.

S. Roughton City Manager, The Mutual Life of Canada Phone 416, 66 Breech St., Kingston



A HELPFUL SPOUSE

Hubby—What did you do with all those unpaid bills. Wifey—I saw they were beginning to worry you, dear, so I destroyed them.

Ups and Downs in Milking. 'That stubborn cow,' said Ezra Boggs. 'Makes me feel like a clown—' 'Because, when I've made her give up, I'm darned if she'll give down!'

Self Defense. 'Why is it,' said Mrs. Naggem, 'I say, why is it that men like you always snip and bite at your wives?' 'I dunno,' said Naggem, disconsolately. 'I reckon it's the same instinct of self-defense that makes a dog growl at his flea!'

The Touch in Boston. The wayfarer accosted the Boston man on Commonwealth avenue. 'Sir, could you spare me a dime?' 'Do you take me for an easy mark?' 'No, sir; I was in hopes you were an altruist.'

The Latest. 'There is an enormous demand for space in our new building.' 'What is unusual about your new building?' 'We have installed freight elevators and you park your car on the roof.'

A Home Protective Union. Wife—John, if Mrs. Nextdoor gets a new suit I must have one also. Hub—Well, my dear, don't worry about that. Naybor and I formed a protective union today and neither of you is to have one.

Relativity in Politics. 'What do your constituents say about your latest speech?' 'They regard it as the most profound effort of my life,' answered Senator Sorghum, ruefully. 'Nobody pretends to understand it.'

A Moment of Harmony. 'The court decided that there was collusion in their divorce proceedings.' 'Wasn't it too bad!' exclaimed Miss Cayenne. 'It's the first time they ever agreed about anything!'

LOOKED LIKE IT. 'Bug—My, that must be the chorus from one of those Broadway shows!'

Progress. Who gains in touch upon his goal May still be far from it. But he is nearer than the man Who started out and quit.

You Never Can Tell. 'And so yet another artist's model means to write her memoirs—' 'Poor stuff, I daresay!' 'I know. But there may be good illustrations.'

Apprehensive. 'This is a fashionable grillroom.' 'Yes, Tessie, all the other ladies are smoking.' 'So I see. Do you think they will put us out for not smoking?'

Had to Be Sharp. 'But why did the speaker make such pointed remarks?' 'Had to, to get his meaning through their heads, I suppose.'

A Divorce Granted. After many years of patient suffering, you can be divorced from corns, you can get rid of them completely by applying Putnam's Corn Extractor.

Putnam's Corn Extractor. This wonderful old remedy acts in 24 hours, and never fails. Refuse a substitute and remember 'Putnam's' is the only Painless remedy. 25c. everywhere.

CROP CONDITIONS ARE FAVORABLE

The Opinions Given in Telegrams to the Montreal Bank Head Office.

Montreal, June 1.—Throughout the prairie provinces conditions are favorable, and crops making good headway. Wheat seeding completed and seeding of coarse grains nearly finished.

Prairie Provinces. Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

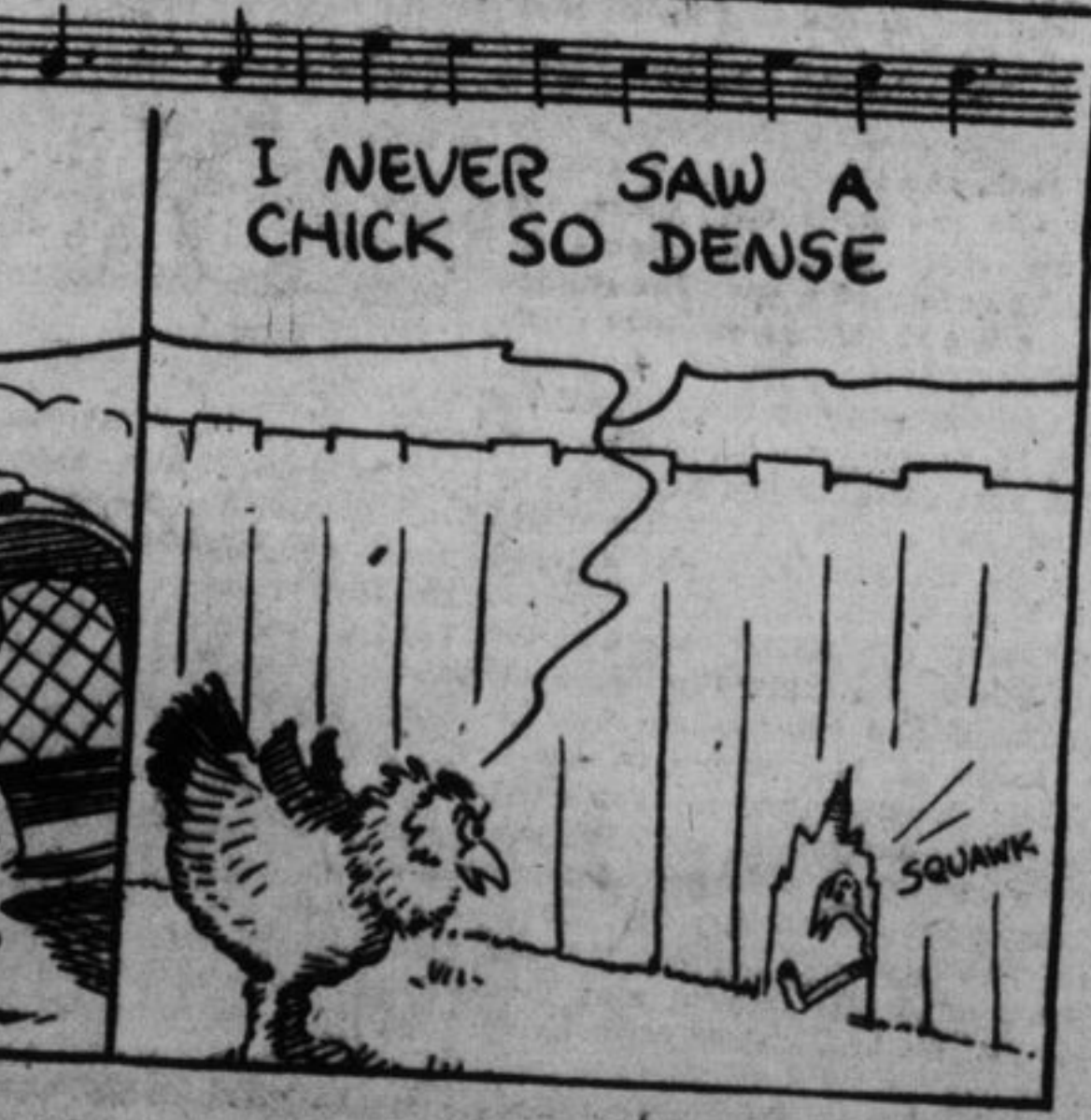
Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

Edmonton—Wheat seeding completed. Growth two to four inches. Oats 75 per cent seeded. Fall rye winter killed some points.

THEM DAYS IS GONE FOREVER



YOU USED TO SHOW SOME COMMON SENSE



Some of the attractive features of a Briscoe Light-Weight Touring Car.

- 1. A strongly built Car with seven inch frame. 2. A quiet-running motor. 3. Low Gas consumption. 4. Non glare lens. 5. Smart pleasing body lines. 6. Easy riding and comfort due to long springs. 7. A price several hundred dollars below its actual value in the automobile market.

ANGLIN BROS. Bay Street, Kingston, Ont.

NEW SKIFFS and FISHING BOATS FOR SALE

H. KNAPP, BARRIEFIELD

Absolute Evidence in Favor of Ground Cylinders

All high grade automobile engines manufactured in this country as well as in Europe have their cylinder bores finished by grinding. Some of the American cars that might be mentioned are:

- Apperson, Brewster, Cadillac, Cunningham, Dorris, Franklin, Hayes, Holmes, Hudson, Kissel, LaFayette, Lincoln, Locomobile, Marmon, Mercer, Packard, Peerless, Pierce Arrow, Rolls Royce, Standard, Stevens Duryea, Stutz, Tempair, Winton.

In fact, 84% of all the manufacturers of pleasure cars use engines with ground cylinder bores, and 91% of the commercial motors are ground. Heald Machines are used exclusively.

Automobile owners we have one of these Heald Cylinder Grinding Machines, and can guarantee first class work. Ground cylinders is a selling point with many cars.

Automotive Grinders R. M. CAMPBELL, Corner of Queen and Wellington Streets.