DO YOUR BOWELS

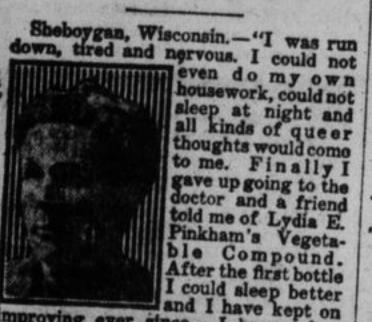
Become Constipated There is no medium through which disease so often attacks the system as by allowing the bowels to become constipated, and there is no other trouble which flesh is heir to that is more liable to be neglected, because material inconvenience may not be felt, at once, from irregular action of the bowels. When there is not rigular action the retention of the ecayed and effete matter, with its oisonous gases, soon poisons the whole system by being absorbed into it, causing violent sick and bilious headaches, internal bleeding or protruding piles, heartburn, jaundice,

MILBURN'S LAXA-LIVER PILLS will regulate the flow of bile to act properly on the bowels, thus making them active and regular, and removing the constipation and all its allied Nobody is going to get you into an

che, N. S., writes: - "For over a year Isn't the philosophy a wonderful reve-I suffered with constipation. I took lation of the human soul!" but could only get temporary relief. was told to try Milburn's Laxa-Liver Pills. 1 procured two vials of them, but after I had taken one 1 found that I was relieved of my Gulch. trouble. I do not hesitate to recommend Laxa-Liver Pills for any kind quired Three-fingered Sam.

Price, 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, play bridge whist. That's Plute

Women Should Know How Lydia E. Pinkham's Vegetable Compound Helps at This Trying Period



mproving ever since. I have taken even bottles now and am so happy that I am all over these bad feelings. —Mrs. B. Lanser, 1639 N. 3rd St., Sheboygan,

For the woman entering middle age
Lydis E. Pinkham's Vegetable Compound can be of much benefit. During
this time of life certain changes take
place which sometimes develop into
serious trouble.

Melancholia, nervousness. irritability neadache and dizziness are some of the symptoms. Lydia E. Pinkham's Vegetable Compound is a natural restorative, especially adapted to assist nature in carrying you safely past this time. Why not give it a fair trial?

The Telgmann School of Music

Piano, violin and other stringed instruments; elocution and dramatic art. Pupils may begin at any date. Terms on application. Engagements for concerts ac-

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finstration: Age 30 \$5,000.00 Premium \$180.20, Guarantees to return in Cash in 21 years \$2,830.00 or \$5,000.00 pald-up

TO-MORROW MAY BE TOO LATE

You are in perfect health today. To-morrow accident or illness may lower your vitality to such an extent that no Insurance Company would accept you as a risk. Moreover, you will certainly save money by prompt action, since during every year of your life the cost of life insurance increases. It is true economy to insure early in life. These are the two reasons that in life insurance compel us to take action

S. Roughton

City Manager, The Mutual Phone 610. 60 Brock St., Kingston

It's all right to love your enemies, but don't slight your friends.



LITERARY COMMENT

"What is your favorite novel?" "'Jack the Giant Killer,' " replied Miss Cayenne.

"That is only a fairy tale." "Which is my reason for liking it. argument about it by saying: 'How Mr. Samuel Buckler, Tatamagou- true to life the characters are!' and

> Unmistakable Signal. "There must be trouble across the street!" said the stranger in Crimson

> "What makes you think so?" in-"I just heard a pistol shot." "Don't let it skeer you. The boys



A HELPFUL SPOUSE

Hubby-What did you do with all those unpaid bills. Wifey-I saw they were beginning to worry you, dear, so I destroyed

Ups and Downs in Milking. "That stubborn cow," said Ezra Boggs, "Makes me feel like a clown-"Because, when I've made her give up, I'm derned if she'll give down!"

Self Defense. "Why is it." said Mrs. Naggem, "I say, why is it that men like you always snap and bite at your wives?" "I dunne," said Naggem, disconsolately. "I reckon it's the same instinct of self-defense that makes a dog growl at his fleas!"

The Touch in Boston. The wayfarer accosted the Boston man on Commonwealth avenue.

"Sir, could you spare me a dime?" "Do you take me for an easy mark?" "No, sir; I was in hopes you were an altruist."

This got him a quarter.

The Latest. "There is an enormous demand for space in our new building. "What is unusual about your new

"We have installed freight elevators and you park your car on the roof."

A Home Protective Union. Wife-John, if Mrs. Nextdore gets a new suit I must have one also. Hub-Well, my dear, don't worry about that. Naybor and I formed a protective union today and neither of you is to have one.

Relativity in Politics. "What do your constituents say

about your latest speech?" "They regard it as the most profound effort of my life." answered Senator Sorghum, ruefully. pretends to understand it."

A Mement of Harmony. "The court decided that there was collusion in their divorce proceed-

"Wasn't it too bad!" exclaimed Miss Cayenne, "It's the first time they ever agreed about anything!"



LOOKED LIKE IT

-Bug-My, that must be the chorus from one of those Broadway shows!

Who gains an inch upon his goal May still be far from it. But he is nearer than the man Who started out and quit.

You Never Can Tell. "And so yet another artist's model means to write her memoirs-" "Poor stuff, I daresay?" "I know. But there may be good Illustrations."

"This is a fashionable grillroom." "Yes, Tessie, all the other ladies are

"So I see. Do you think they will put us out for not smoking?" Had to Be Sharp. "But why did the speaker make such pointed remarks?" "Had to, to get his meaning through

their heads, I suppose." A Divorce Granted After many years of patient suf-fering, you can be divorced from corns, you can get rid of them com-pletely by applying Putnam's Corn Extractor. This wonderful old remedy acts in 24 hours, and never fails. Refuse a substitute and remember "Putnam's" is the only Painless rem-

edy. 25c. everywhere.

Pasture good. Moisture sufficient. Acreage wheat in Alberta larger than last year. Saskatoon-Wheat practically all seeded. Acreage slightly less than last year. Increased acreage expected in oats and barley. Seed bed in excellent condition. Ample moisture. No insect pests. Regina -Wheat seeding completed. Acreage estimated 15 per cent. less with corresponding increase in coarse Igrains. Moisture abundant and no soil drifting or insect pest. Winnipeg-Conditions continue favorable. Wheat shows growth and oat seeding nearly finished. Good crop fall rye promised. Pasture good, Warm weather and plenteous rain have given crops an excellent start.

Corns?

Blue-jay

to your druggist

Stops Pain Instantly

The simplest way to end a corn is

Blue-jay. A touch stops the pain instantly. Then the corn loosens and

comes out. Made in two forms-a

colorless, clear liquid (one drop does it!) and in extra thin plasters. Use

grams to the Montreal

Bank Head Office.

Prairie Provinces.

general last ten days. Calgary-

scil drifting. Grasshoppers threaten,

looking well. Wheat seeding com-

pleted and oats about 60 per cent.

DODD'S

Province of Quebec Seeding nearly completed in some sections and in others is well under way. Prospects for a good hay crop fairly bright and with warm rains these prospects should be improved. This also applies to grass pasture. The season is late throughout the

whichever form you prefer, plasters or the liquid - the action is the same. Province of Ontario. Safe, gentle. Made in a world-famed laboratory. Sold by all druggists. Recent general rains and warm weather have proved very beneficial. Pree: Write Bauer & Black, Toronto, Dept. 714 Seeding conditions have been ideal for valuable book, "Correct Care of the Feet." Fall wheat has greatly improved and a good average crop is indicated. Spring wheat, oats and barley are well up and looking promising. Hay -a large crop in sight; grass in splendid condition. Fruit trees have had abundant bloom. The general tenor of reports is that prospects are bright and that the present condition of the crops is well up to or The Opinions Given in Tele- above the average.

province.

Maritime Provinces. Seeding is well advanced and general conditions are good, although Montreal, June 1-Throughout the the season is one to two weeks late. prairie provinces conditions are fav- Hay promises well everywhere. Fruit orable, and crops making good head- trees in Annapolis Valley show heavy way. Wheat seeding completed and bloom. A somewhat smaller acreage seeding of coarse grains nearly finish- of potatoes is planted in New Bruns-Weather warm. Moisture ample. wick than was the case last year. In In Ontario seeding was carried out Cape Breton conditions are very backunder ideal conditions. Fruit trees ward as the ice has just moved off have abundant bloom. Hay promises coast. to be a large crop. In Quebec seed-

ing is being completed. Prospects are fairly bright for good hay crop. Province of British Columbia. but more rain is needed. In mari- Moisture everywhere sufficient. time provinces the season is two Grains generally growing rapidly. weeks late. Fruit trees in Annapolis Hay just under average. Alfalfa 60 Valley show heavy bloom. In Brit- per cent. winter killed. Potatoes ish Columbia the season is two weeks good average. Okanagan apples, late. Crops are in fair condition. De- judging from blossoms will be 75 per cent, of last year's crop. Stone fruits above average. Damage by frost to small fruits in Fraser valley offset by Edmonton-Wheat seeding com- increased acreage. pleted. Growth two to four inches.

Oats 75 per cent. seeded. Fall rye winter killed some points. Rainfall Now It's Firpo. Following the receipt of the news of Louis Firpo's five-round knockout Wheat seeding completed. Growth of Jack Herman in New York, "El good. Gats 25 per cent. seeded. Some Télegrafo," afternoon newspaper of Buenos Aires, cabled Firpo an offer but municipalities prepared to com- of -1,000,000 pesos (\$450,000) for bat this pest. Lethbridge-Fall rye a fight with Jack Dempsey for the world's championship, the fight to be held in Buenes Aires if the Argentine authorities will permit.

The wildest scenes of enthusiasm followed receipts of the news in Buenos Aires. Great celebrations were staged and Firpo was hailed as the greatest of all Argentine heroes. The population looks ready now to wager all it possesses that Firpo can beat Dempsey.

Cheering crowds carrying a great picture of Firpo paraded the streets which were prompty decorated with flags. His admirers sang a jubilant song ending: "He will not stop until he is champion of the world." Hawkers did a thriving business selling Firpo's pictures .

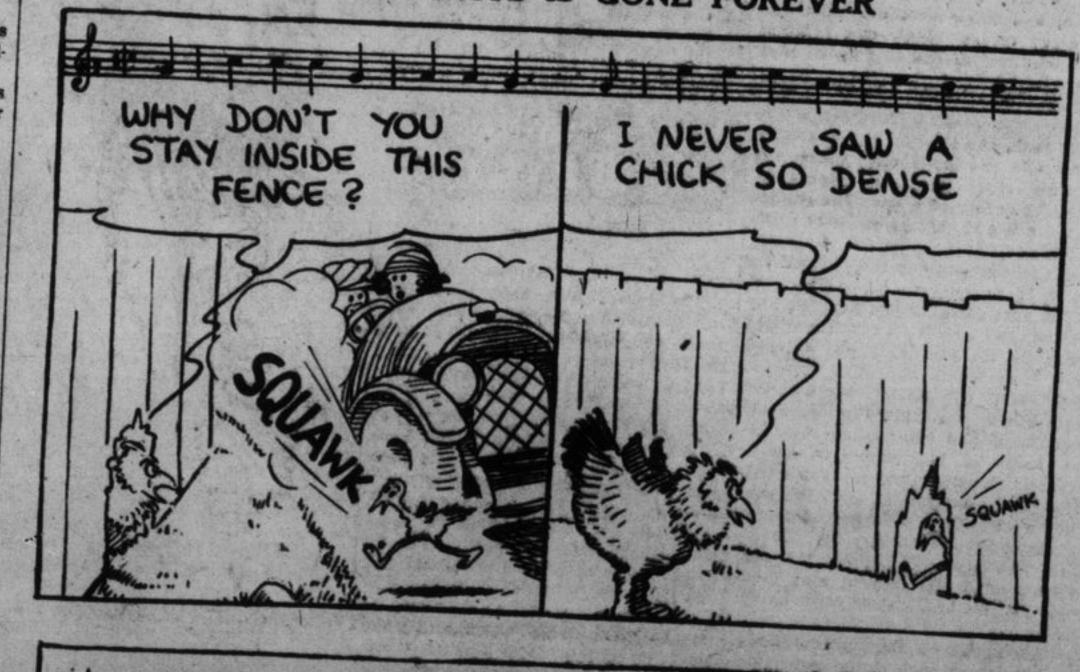
More men die of idleness than of



General Cigar Co. Limited Controlled and Operated by Imperial Tobacco Co. of Canada Limited

Quebec officials blame campers for

THEM DAYS IS GONE FOREVER





Some of the attractive features of a

Briscoe Light-Weight Touring Car which we are now offering:-

A strongly built Car with seven inch frame.

A quiet-running motor.

Low Gas consumption.

Non glare lens.

Smart pleasing body lines. Easy riding and comfort due to long springs. A price several hundred dollars below its actual value in the automobile market.

ANGLIN BROS. Bay Street, Kingston, Ont.

NEW SKIFFS and FISHING BOATS FOR SALE H. KNAPP, BARRIEFIELD

Absolute Evidence in Favor of Ground Cylinders

All high stade automobile engines manufactured in this country as well as in Europe have their cylinder bores finished by grinding. Some of the American cars that might be

Cunningham Franklin

Hudson Kissel LaFayette Marmon

Peerless Pierce Arrow Rolls Royce Standard Stevens Duryes Templar

In fact, 84% of all the manufacturers of pleasure care use engines with ground cylinder bores, and 91% of the com-mercial motors, are ground. Heald Machines are used ex-

Automobile owners we have one of these Heald Cylinder Grinding Machines, and can guarantee first class work. Ground Cylinders is a selling point with many cars.

Automotive Grinders R. M. CAMPBELL, Corner of Queen and Wellington Streets.