NEWS AND VIEWS FOR WOMEN READERS

Lite's Social Side

Editor of Women's Page, Tele- ing the progress these clever boys phone 229; Private phone 857w.

gave a pleasantly informal party on Miss Chown. Saturday for Miss Beatrice Bedelland George Bedell, Varsity, Toronto, The first of the dinner dances was Marjorie Gamsby, Miss Flo Cunning. Devlin. ham, Miss Gwendolen Dawson, Miss and Miss Peggy Bidwell, Cadets will be among delegates to the an-

liary of Diocese of Ontario held in Mrs. Nunns and Miss Lily Allen. Miss F. Hentig, Miss E. Waldron, benzee, Miss K. Lyman, Miss F. "Maplewood Farm," New Dublin. Sutherland, Mrs. C. H. Finkle, Mrs. A. N. Lee, Mrs. Leman Guild, Miss Kingston, spent the week-end guests Mary King, Miss Mae Sharpe, Miss, of Mrs. Percy Earl, Lansdowne, Marjorie Holland, Mrs. Woodrow, Mrs. J. Sibbitt, Miss M. Betts, Mrs. Mrs. T. Ashmore Kidd, University Thomas Nicholson.

Kingston Presbyterial Woman's Mis- street. sionary Society held in Napanee on May 25th and 26th are Mrs. John Gow, Mrs. Ramsey Duff, Mrs. D. A. is visiting friends in Rochester, N.Y. Volume, Mrs. John Matheson, Mrs. Donnelly, Mrs. J. W. Stephen, Mrs. street, have returned from their W. H. Penwarden, Mrs. T. H. Stew- away for four months. art, Mrs. James Elder, Mrs. W. J. Paul, Mrs. S. W. Dyde, Miss E. M. Newman, Miss Lillian and Miss Ethelwyn Mowat, Miss Catharine Fair- in town for a few days and will go on ie, Miss Eva Fair, Miss Stewart, to Ottawa to attend the meeting of Miss M. Ross, Miss Jean Duff.

Miss Daisy Chown, University avenue, asked the parents and he one of the Kingston delegates in friends of her pupils to a closing re- Napanee for the annual meeting of cital and tea on Saturday afternoon the W.A. when they had the pleasure of hear-



Purity does it

Take half a cake of Sunlight, pare it into hot water in your washer and stir into a rich suds. Put in the clothes and operate the washer. Later, rinse them thoroughly, and your clothes will be beautifully clean and snowy white.

The rich cocoanut and palm oils blend is the secret of the Sunlight cleansing power. Buy Sunlight -- its purity saves



Cuticura Soap Imparts -The Velvet Touch etternt, Teleum, Mc. oach, Sold overywhere pet: Lyman, Limited, St. Peel St., Montree.



and girls had made since last year. Tea was served, the girls in their Mrs. T. C. D. Bedell, King street, pretty frocks assisting Mrs. and

who is spending a few days in town. given at the Country Club on Satur-Dancing went on in the drawing day evening and was an entire sucroom, where a cosy fire burnt on the cess, and greatly enjoyed by hearth. Supper was served from a the crowds of people present. polished table centred by marsh- Every member was allowed to bring marigolds in a silver basket. Mrs. G. a guest so the numbers grew to B. Rooney, Miss Alma Graham and about sixty. Bridge was played in Miss McCrea assisted the hostess, one of the rooms and dancing went the other guests being Miss Laura on in the dining room to the music Kilborn, Miss Ruth Anglin, Miss of the piano, played by Miss Frances

Mrs. T. G. Nicholson, Portsmouth,

delegates who will attend the an- has returned from Toronto where as tangerine or midnight blue. nual meeting of the Woman's Auxi- she was the guest of her cousins, Napanee on May 23rd-24th and 25th H. M. Coleman, Napanee, is with ered in fine steel beads. It is a sim-

Miss Genevieve Horton, nurse-in- kimono sleeves are banded with

Mrs. Reynolds, Mrs. S. Green, was with Mrs. Frederick Ethering-Miss C. Cooke, Mrs. J. Baxter, ton, University avenue, is now with

The Kingston delegates who will Lakewood, O., are visiting the lat- loose unbelted blouse, completed by anteed not to sag. attend the annual meeting of the ter's father, W. Butlin, Rideau an accordion plaited skirt of crepe

Mrs. J. C. Munsie, George street, Mr. and Mrs. John Nicolle, Barrie R. J. Diack, Mrs. R. J. Wilson, Mrs. Mediterranean trip. They have been Mrs. E. W. Reynolds is in town

> from Brockville. Rev. A. H. Coleman, Napanee, is the synod of that diocese of which he

is one of the senior members. Mrs. Woodrow, Bagot street, will

Mrs. I. H. Breck, Barrie street, and Miss Buhlig, secretary for the

city last week.

Mrs. Hugh Wotherspoon, who has with her husband, Major Wotherspoon, Wellington street, re-

turned to Port Hope today. Miss Mary Robinson, who has been visiting Mrs. H. F. Mooers, Barrie street, returned to St. Catharines on Saturday.

Advice for the Housemother

The Mother Should suckle her baby.

Should obtain directions for feeding it from a doctor or baby's clinic. Should feed it regularly.

it clean. Should boil water for it.

from which it is fed perfectly clean. an unventilated room.

Should not give it milk of doubt- lods. ful quality.

food unauthorized by doctor or baby's and in line."

Do Not: Live in a dark or closed

Do Not: Sleep with closed windows or in rooms with windows opening

Do Not: Allow dirt to remain in the cellar or neighborhood.

Do Not: Allow food to be exposed o dust and flies. Do Not: Live in a new dwelling Chippendale, Sheraton or

by putting garbage in uncovered receptacles. Do Not: Forget to notify the De-

partment of Health if you notice in your vicinity any nuisance whatso-

BARNUM'S BAKERY TUESDAY, THURSDAY, SATURDAY, PRINCESS DAINTY CAKE (Four Layer Cream)

Delicious and dainty with a distinctive taste.

Tunic, Hip-Length and Tuck-In Models Are in Favor.

Beads, Jet Girdles, Flowing Sleev Among Embellishments That Adorn These Garments.

Among the newest offerings in blouses are smart tunic blouses that fall almost to the ankles. Other chic over-blouses drop just to the hips, and there are clever little blouses that hide themselves inside the skirt band. One does not see so many blouses this season as formerly, but the selection at the shops is even more elaborate.

lower section of the blouse is split ai-The Kingston board of officers and Mrs. J. M. Machar, William street, she might attempt a colored slip, such

> henna georgette elaborately embroid- erica owes more than they know so fashionable this season. Mrs. Watson and little son, Jack, henna georgette is tied in the back.

A blouse similar to this comes in steel gray georgette with the bead Miss Sabine, London, Eng., who trimming and is unusually smart worn with a suit of Harding blue duvetyn. Black georgette beaded in the finest gold beads will find a welcome in the wardrobe of the woman who likes Mr. and Mrs. H. C. Van Natter, something a bit different. A long, tumes are knitted to size and guarmakes an interesting costume.

Another type of blouse distinctive for use with a tailored suit is pipings in either red, green, brown or blue silk. A few tucks, and a round collar, cut in square scallops with cuffs and a peplum to match are noticeable features. The scallops are piped in the contrasting silk, and a string tie finishes the neck.

FASHIONS AND ART

AT ROYAL ACADEMY The London season has opened. Everybody who is anybody passed all widows and mothers of soldiers up the flower-decked staircase at Bur- who died subsequent to their dislington House for the private view of the Royal Academy.

Princess Bibesco was among those service. present and one of the wearers of the Y.W.C.A., returned on Saturday long skirted dress. It was of black from Toronto, where they attended charmeuse, and the satin cape acthe Y.W.C.A. convention held in that companying it had collar and revers of chinchilla fur. Her hat was Mrs. Jeremy Taylor is in town graceful wide-brimmed shape from Windsor, Ont., and is at black georgette, simply trimmed with a gift to the Public Library. The fola bow of its own material. Mr. As- lowing officers were elected to carry Rev. A. E. Orchard, Trinity Col- quith, her escort, defied sartorial tra- on this year: President, Mrs. B. Mott, lege school, Port Hope, spent the dition by coming in a navy lounge vice-presidents, Mrs. B. Stickle, Mrs. suit and a grey Trilby hat! Nor W. Latta; secretary-treasurer, Mrs. Mrs. Noble Armstrong, Hamilton, was the Duke of Rutland much more N. H. Weese. is visiting her parents, Mr. and Mrs. of a credit to Savilerow in his jacket John Nicolle, Barrie street, for a suit and a black hat that was not a shiny "topper."

Fringed cloaks were to be seen. That worn by Lady Greenwood, wife of Sir Hamar Greenwood, was fashfoned of black silk jersey, fringed to the depth of half a yard, but Mrs. Winston Churchill, with whom she was in conversation, wore a black satin wrap with a hint of delphinium , blue inside the wide sleeves to match the uncurled ostrich feather round the crown of her small black hat. Mrs. Alfred J. Munnings was another wearer of the black satin cloak.

What the Editor Hears

That the smart new uniforms of should be curbed. the staff captain and officers of the Those whose birthday it is have also the brocades sprinkled with sil-, adorned armhole, the long severely For formal afternoon occasions, Girl Guides, were greatly admired the assurance of a lively and pleas- ver or gold in large design, which designed bodice, underneath which

That Lady Astor, speaking at Ot- ed by the classified advertisements. piece, swathed around the figure and abandon. An imported blouse is fashioned of living on this great continent of Amwill include Mrs. Havelock Price, his aunt, Mrs. Alexander Macphail, ple slip-on affair with the oval neck England long before America was ever thought of at all. The British fought a big fight at Runnymede."

> That knitted fibre silk in the frappe effect is a specialty in bathing suits. Special attention is given to

That the seedling for sale on the market are so plentiful, and reasonagle in price, that everyone who has natural pongee silk, with contrasting a good plot of ground can have a garden this year.

> That the people of Scotch descent who are fortunate enough to have some tartan shawls stored in their cedar chests, should get them out, for they are the last word in smartness, either as wraps, capes, or

That silver memorial crosses are to be issued by the government to charge from the army as the result of injuries received while on active

Has Successful Year.

Frankford Women's Institute has had a very successful year. Two of its latest helpful acts were the dona-

Better go away longing than



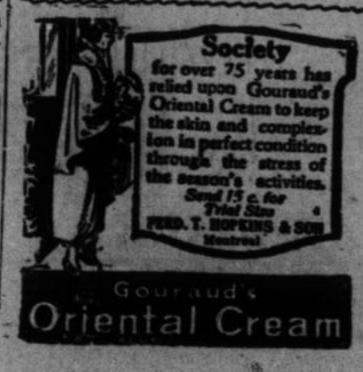
odd pieces of furniture may be ap- styles. Should wash it every day and keep proximately combined in a room?"

Many of these housekeepers who write to me, have a few pieces of Should keep nipples and bottles "period furniture," perhaps, and are complexed as to whether these may Should not let her baby sleep in be mixed with more modern furniture-or with furniture of other per-

To this question I reply: "Yes. Should not give it soothing syrups. Odd pieces of all sorts may be com-Should not give it raw fruits or bined-if they are similar in color

For instance, if you have a "Jacobean" chair with twisted legs, much handcarved and other ornate features, you cannot with taste put this in a room furnished with simple willow furniture or finished wood with pieces that have straight lines an little decoration. The best place to put it, therefore, would be in the hallway, where it may shine in soli

tary glory. If you have some of the old Eng. lish mahogany pieces, however-the without having cleaned it completely. white periods - you will find Do Not: Break the City's by-laws these look not at all out of with willow furniture that is stained



Combining Odd Pieces of Furniture. | pieces or some of the American Col-From the personal letters I re- onial mahogany furniture. For, these ceive from my Column Readers on fine old English pieces are characterthe subject of interior decoration, I ized by a simplicity of line and dechave found that one of the questions oration that allows them to be comthat puzzle women is this: "What bined with all other unpretentious

The American Colonial furniture was made in both mahogany and walnut. If you possess any of the walnut pieces, you will find that willow furniture stained brown combines most attractively with them: also upholstered pieces, and "Mission" or fumed oak pieces.

But perhaps the question that is oftenest put to me in my readers' letters, is this: "Is there any other furniture under the sun that will harmonize with Golden Oak furniture?" And I am always sorry to reply, "No." For, there isn't! Golden Oak does not combine tastefully with willow; nor does it look well with any of the other wood finishes. Unless a room is furnished throughout with Golden Oak, it had better have no odd furniture of this finish in it

Yet, luckily, there is one thing that the housekeeper can do, if she wishes to use a piece of Golden Oak in a room with furniture of another color: she can rub off the golden oak finish with steel wool, or with a reg ular liquid varnish and paint remov er, and then stain the wood any de sired color, then either revarnish it wax it, or give it a soft dull lustre by rubbing with equal parts of linsee oil and turpentine.

Tomorrow-Answered Letters.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question-The

To-morrow's HOROSCOPE By Genevieve Kemble

TUESDAY, MAY 23.

and interesting day in business as tic and romantic activities. All are and prosperous conditions. There is a figure read as bringing much pleasure to the household, but another warns against strife and litigation. There may be a strong disposition to argument or controversy, which

SUMMER DANCE FROCKS

Miss M. Lewis, Miss L. Kirkpatrick. training at the General hospital, is clever design of the steel beads, and autocracy in 1214. King John eagerly by the June bride, for with purple, embroidered either in its own across the front of the blouse great learned then what the poor old kais- the addition of the transparent shade or shades that blend. er had to learn in 1918. Let the sleeves, long or otherwise, the serious worn by a girl with personality would whole world remember that the men solution of the wedding gown is eas- make her divinely subtle. who fought for modern democracy ily solved. Taffeta embroidered or The season's evening gown is bafshot with silver, or the newer or fling in its primitive simplicity. It bread. It is the butter and jam that

This promises to be a very lively well as in all lines of social, domesunder splendid auguries for happy

there is a long tunic blouse of Span- at their fine concert on Friday even- ant year in all their interests, but look supreme on the tall and willows, the real dress appears to give the they should avoid quarrels and liti- but must be tabooed by her shorter proper form. gation .Also important changes sister as it tends to make her even That Napanee will be well inform- should be avoided. A child born on shorter. most up to the hips, and all the ed on the subject of Missions after this day will be clever, enterprising, Rudolf, Morton, Rooney, Holland, nual meeting of the WA. of the side lends becoming Auxiliary of the Diocese of Ontario fond of argument and dispute unless Hart, Burleigh, Macdonald and Diocese of Ontario at Napanee this fullness at a low waistline. One needs and the W.M.S. of Kingston Pres- carefully trained early in life. It will be successful in its undertakings. Your work or your hobby are serv- the skirt of the brocade is of one brightest colors with the utmost

Dance frocks in all their alluring vivid bluish green, which makes jade simplicity have made their summer look yellow, is among the most popuheavier crepes are much in favor, has the bateau neck, the plain un- they are stingy about.

Your Teapot

will demonstrate why

Tea has no equal.

At All Grocers

In Packets Only. Black, Green or Mixed

These brocaded gowns are made caught at one side with a cabochan.

The dinner frocks which will also be seen on the dance floor vary ARE FAVORED BY BRIDE through all the brightest tones.

The tea gown, which has taken the place of the informal dinner gown for home wear, has once more come very simply, draped from a point on into its own. It can be in Greek the shoulder to the opposite hip, over effect and hang, and hang, and hang, a bodice of pearl and crystal ture, or it can dash about through all the

Some of the more practical are made over slips of pleated chiffon of different shade or sometimes the bodice is of the one and the skirt another. The beit or girdle plays an important part, some of which are narrow, heavy, or ropes; others are wide and flat accentuating the loose long appearance which gives the charm and comfortable effect.

Same quality in jars and

tins - at your grocer's.

Why make your own?

OR less than you pay for fruit, sugar and fuel-not to mention your own worry, risk and time-why not enjoy Shirriff's-always palatable and delicious to the last bit used, always uniform consistency and natural color. Made in the most cleanly sunlit factory imaginable and absolutely pure always. Seville oranges (imported by us direct from Spain) and cane sugar only-why make your own when

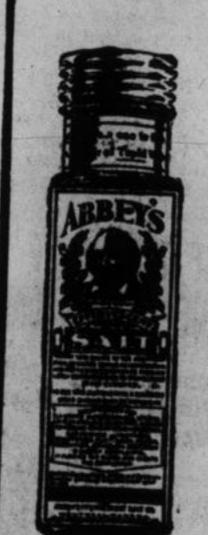
It costs less to enjoy

Shirriff's

Other Household Favorites— Shirriff's Jelly Powders, Shirriff's True Vanilla Essence



40 Years Old—and Over



For forty years, the human machinery has been working without rest. For forty years, the Heart has been pumping blood through the body, every second of every day in all these years. For forty years, the Stomach has been helping to digest three meals a day. For forty years, the Kidneys and Bowels have been carrying off the waste of the body.

After forty years, these vital organs of the human system begin to slow up. Very gradually; almost imperceptibly. But there comes a lack of nimbleness to the limbs, an inclination not to hurry. One notices that favorite dishes do not agree with the stomach. The Liver grows less active and Constipation develops. Sometimes, there are Headaches Pain in the Back, Bilious Attacks, or a Rheumatic twinge makes itself felt. One has to be careful about the diet, avoid draughts and wet feet, and wear heavier clothing. After 40, one begins to believe there is something in this talk about high blood pressure and hardening of the arteries.

What Does All This Mean?

It means that the body needs help to retain its youthful vigor and vitality. It means that the bowels and kidneys must be regulated and digestion kept sound, or the blood will become overladen with impurities. resulting in chronic indigestion, high blood pressure and auto-intoxication.

It means that you need a toniclatative, a reliable saline, like Abbey's Salt. ABBEY'S SALT enables the man and woman over 40 to eat and digest three good meals a day—to do a good day's work and get a good night's sleep-to feel active, vigorous, well-to enjoy the good things of life. Get a bottle of ABBEY'S SALT today—telephone for it now. Take a glass tomorrow morning before breakfast. Try this simple, pleasant method of keeping fit, and see how much better you feel, physically

ALL DRUGGISTS HAVE ABBEY'S SALT

