

THE HOME KITCHEN

By Jeannette Young Norton
Author of "Mrs. Norton's Cook Book."

When eggs are plentiful and cheap is the time to make sponge cake, and this always happens around this season. Sponge cake has many uses on the list of desserts. Each section of the country has different ways of making these dessert creations, so general methods are given here which may help the new cook and possibly, also, the old cook.

My Best Recipe.

Break one dozen of the freshest eggs into a dish or bowl without separating them. Add to the eggs two cups of powdered sugar. Set the bowl into a larger vessel of boiling water and place on the range or gas stove, where the temperature of the water will remain at boiling point, and beat the eggs with an egg-beater steadily for half an hour. Remove from the range and stir in one cup of sifted flour and the grated rind and juice of a lemon. Pour into a warm and well-buttered chimney pan,

and bake in a medium oven for a half-hour, testing it with a broom splint. When done, invert the pan over a cake-plate and let it cool. Sometimes the cake slips out itself, sometimes it needs just a little help with a thin-bladed knife or spatula. Frost with a soft frosting flavored with lemon.

Plain Sponge Cake.

Mix two beaten eggs with a cupful of water and add a third of a cupful of sugar and a teaspoonful of vanilla, and beat in one cupful of pastry flour with a teaspoonful of baking-powder. Beat well, then bake in a buttered, square pan. Test with a broom splint and invert the pan to cool the cake. This keeps the cake from falling.

Hot-Water Sponge Cake.

Beat three eggs well, then add a cupful of sugar, mix, and add half a teaspoonful of salt, a cupful of flour, a level teaspoonful of baking-powder and a teaspoonful of flavoring. Stir in a third of a cupful of boiling water, then pour into a buttered and lightly-floured pan. Bake thirty minutes, or until done when tried with a broom splint.

Sponge Strawberry Squares.

Cut the sponge cake into squares,

split the squares and fill with strawberries which have been cut up, sugared and allowed to stand a few minutes to draw out the juice. Cover the top with marshmallow cream and dot with whole berries dipped in powdered sugar. If more convenient, make the filling with canned peaches, pineapple or pears, and cover with whipped-cream. This makes a very nice dessert.

Jelly Roll.

Beat four fresh eggs with a cupful of sugar for twenty minutes. Remove the beater and sift in two cupfuls of flour, a quarter-teaspoonful of salt and a teaspoonful of baking-powder. Mix, and then add four tablespoonfuls of milk and two tablespoonfuls of melted butter. Stir and add a teaspoonful of vanilla. Pour the cake into a well-greased and lightly-floured, shallow, square tin, and bake twelve minutes in a medium oven. Turn the cake onto a lightly-sugared paper, spread quickly with jelly, and roll lightly. If the rolling is not done at once the cake will crack.

Tiny sponge cakes may be made from any of the given batters by baking them in wee cake moulds, then when done they may be variously frosted to serve with ice cream. If sponge cake is kept closely covered in an earthen jar it will not dry out so quickly, and will remain good for three or four days. It is always the best cake for children.

TO-DAY'S FASHION

By Vera Winston.



This Tan Cloth Street Frock Bound in Brown Gains Smartness Through Simplicity.

The smart woman needs in her wardrobe a simple street frock which she can easily don for the shopping tour or morning walk. For spring as well as for fall, shades of brown and tan are always acceptable, and this season promises to give its full measure of popularity to these tones. The frock above is of tan novelty cloth showing an almost imperceptible basket weave and is narrowly bound in plain brown cloth. It buttons at the front, which is an added point in its favor, while the narrow, cloth belt fastens with a brown clasp. The youthful chapeau is of brown felt.

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An electrically heated pen has been invented to prevent checks being altered, the writing being scorched into the paper.

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Music in the Home

Music and the Child.
Upon the school teacher rests most of the responsibility of the child's education, says Along Broadway. It is the teacher's duty to teach the child how to live and how to live well. Music is everywhere, but not always the best music. Unless his attention is drawn to the appreciation of real music, the child soon becomes saturated with the monotonous appeal of too much of the same sort of music and he consequently soon loses his interest in music or may never develop any interest at all. Careful listening and appreciation of a few selections frequently will do more to keep the right sort of music before the child than an occasional long programme, even by the best artists.

Singing is Uplifting Diversion.
In London, England, there is an organization known as the Vocal Therapy Society, under the patronage of H.R.H. the Duke of York, with an executive committee including many of the most distinguished British medical men. This society, which depends upon voluntary contributions, has done a wonderful work in helping to restore men nearly annihilated by the war to a normal condition. It depends first upon song, then upon exercise, speech, breathing and allied treatment to help the men whose nerves are wrecked. In this way it is expected that thousands of men will recover and be saved from a life of invalidism.

Phonograph is Real Educator.
One particularly praiseworthy point about the phonograph as a music teacher is the universality of its service. Its benefits have not gone merely to the select few who needed it, at least, as is usually true of the services of a noted musical instructor. It has brought at least a fair degree of intelligence with regard to matters of music to countless numbers of people, to whom all such knowledge otherwise would have been completely and permanently denied. It has gone to the remotest farm and has found a place in the humblest home. Wherever it has gone it has carried with it the way to the finest work in music that has ever been done at any time or by any person. This is the reason why the phonograph has been so strong a factor in the musical cultivation of Canada. Because of its music it is better understood and more correctly appreciated wherever one may happen to go.

Irish Cop Skeptical.
Who knows but what Marconi will decipher those Martian tapings yet? Unique among entertainments was the wireless concert held in First Methodist church, Hamilton, when a large audience sat and listened to enjoyable music that was played in Pittsburgh, Philadelphia, and New York. Every note was heard distinctly.

Wireless telephone equipment made all this possible and brought home to the auditors just what a wizard the great Italian inventor is. A reporter told a skeptical Irish policeman about the affair. The policeman insisted that an orchestra was secreted in the cellar of some other place. He simply would not believe it possible. "The players wuz in Noo York, ye say? Ach, g'wan now, ye spalpeen," said he.

It is a good thing that our ancestors are not here to refute all the lies we tell in their favor.

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